



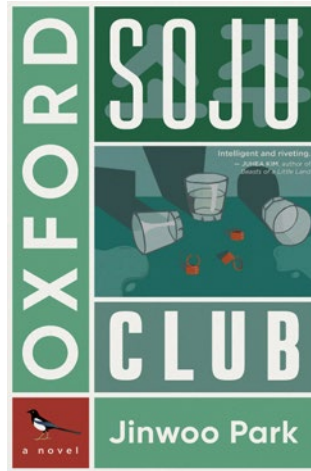
DUNDURN  
PRESS

FALL 2026

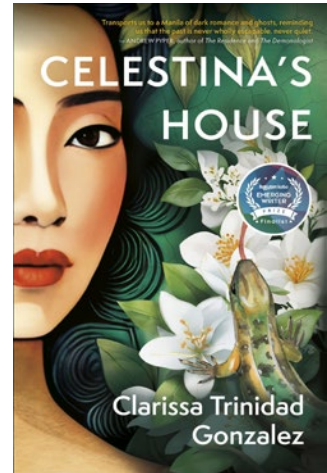
## Recent Highlights



**The Great Canadian Bucket List**  
978-1-4597-5398-3 PBK  
**A National Bestseller**



**Oxford Soju Club**  
978-1-4597-5510-9 PBK  
**CBC Canada Reads, Longlisted**



**Celestina's House**  
978-1-4597-5400-3 PBK  
**CBC Canada Reads, Longlisted**

How to order

### IN CANADA UTP Distribution

416-667-7791 • 800-565-9523  
fax: 416-667-7832 • 800-221-9985  
utpbooks@utpress.utoronto.ca

### IN THE UNITED STATES Publishers Group West

866-400-5351  
fax: 800-838-1149  
ips@ingramcontent.com

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The catalogue cover image is from *Monsters* (see page 2).

Image credit: Person Dressed as Bear on Roller Skates, Castlemaine, Victoria, circa 1915: [unsplash/museumsvictoria](https://unsplash.com/photos/museumsvictoria)

Printed and bound in Canada.



[dundurn.com](http://dundurn.com)  
[@dundurnpress](https://twitter.com/dundurnpress)



Canada Council  
for the Arts

Conseil des arts  
du Canada



ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO  
an Ontario government agency  
un organisme du gouvernement de l'Ontario



ONTARIO  
CREATES



## Publisher's Note

Geopolitics continues to berate and exhaust what remains of our understanding of rules-based order and, as Prime Minister Mark Carney noted at the World Economic Forum in Davos in January, we can no longer assume that the post-World War II reality between countries can or will continue as-is. When reality is no longer reliable, where do we turn? Dundurn's answer: to the past and to the future.

The Fall 2026 list from Dundurn Press is partly an homage to our storied publishing program of years past. We're delighted to welcome back Steve Burrows with the tenth book in the Birder Murder Mystery series, *A Murmuration of Starlings*. Returning author Dayle Furlong's new novel *Unto the Day* explores the people around George Brown, a famous Canadian media darling from the 19th century who met a gruesome end. James A. Thompson introduces readers to the storied history of Toronto's culinary past in *Dining Out*. Barbara Dickson returns with *Courage and Grit*, showing how, no matter what, women were the backbone of the war effort in the 1940s. And Jeremy Appel turns his laser-focused journalism on one of the most polarizing politicians in office today — Alberta Premier Danielle Smith — in *Dark Phoenix*.

Rare Machines gifts us a new anthology of unsettling short fiction, *Monsters*, with contributions from a wide variety of Canadian writers. Things get spookier with *Unseen Thing*, Christopher Dodd's breakout book on an infamous Canadian poltergeist.

In the present, we hope to provide a reprieve from the challenges of the world with lighthearted and nostalgic looks at two of our favourite subjects: hockey and cats. Nancy Silcox spotlights famous Canadian cats, including Prime Minister Carney's pet Nico, in *The Cat Did It*. And hockey historian Steve Currier brings us a wild and wacky set of stories from the world of 1970s hockey in *Mucking in the Corners*.

And we look ahead through the struggles of our present to the kind of world we want to live in in the future. John Conrad walks us through the importance of military logistics in wartime with *Our Dry Cellar*. Contributors to the anthology, *Imperfect Ideal*, break down the complexities of liberal democracy in the 21st century with knowledge and care. We hear from Elder Bill Jones and the Forest Defenders on the front lines of the race to protect old growth forest in BC in *Listening Once Again to Our Great Mother*. Vera Tarman's third edition of *Food Junkies* provides new insights and research on a complex and challenging addiction. And Vincent Francoeur, host of the podcast *Mental Health Much?*, offers anyone feeling lonely a way through in *Alone at the Party*.

Past, present, and future all show us our way forward and provide a baseline from which to build our fortitude, our creativity, and our hope.

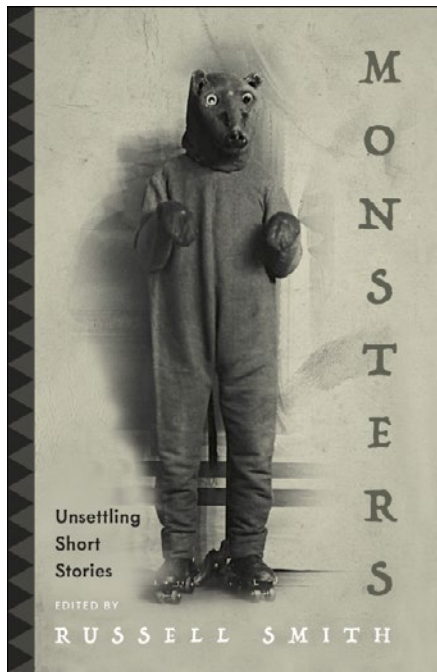
Thank you for all your support.

Yours sincerely,

Meghan Macdonald, Chief Publishing Officer (Publisher)  
Dundurn Press

## Fiction

Rare  
Machines



A bold, unsettling, and sinister collection of stories that asks what *monster* means.

What is a monster? The word encompasses the grotesque, the immoral, or the merely wondrous. Mythical creatures, corrupt executives, and cruel exes are all monsters. Monsters live among us. Sometimes the monster *is* us.

What do monsters mean to writers? Here is a literary grab-bag: fourteen writers from diverse genres – literary, mystery, horror, the experimental – interpret monsters either literal or metaphorical. The result is a snapshot of contemporary fiction.

Stories from: Sifton Tracey Anipare, Steve Burrows, Brenda Chapman, Chinenye Emezie, Barbara Fradkin, Zsuzsi Gartner, Liz Harmer, Babak Lakghomi, Pasha Malla, Andrew Pyper, Naben Ruthnum, Alexis Stefanovich-Thomson, Andrew Sullivan, and Emily A. Weedon.

**Russell Smith** is a novelist and acquiring editor at Dundurn Press. His most recent novel is *Self Care*. He lives in Toronto.

## MONSTERS

### Unsettling Short Stories

edited by Russell Smith

Paperback

978-1-4597-5742-4

208 pages, 5.5 x 8.5

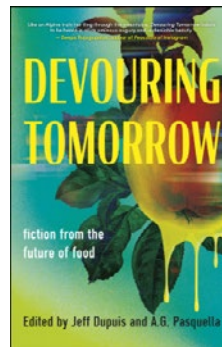
**CANADA** October 6, 2026 • \$25.99

**U.S.** October 13, 2026 • \$19.99

**Rights** World, All Languages

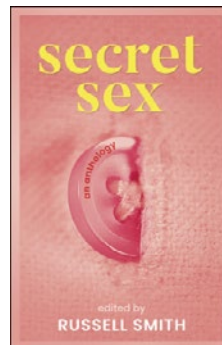
FICTION / Anthologies (multiple authors)

Of related interest:



*Devouring Tomorrow*

978-1-4597-5498-0

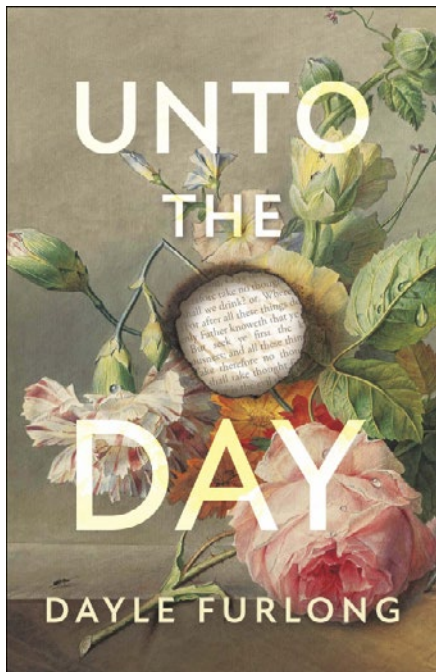


*Secret Sex*

978-1-4597-5242-9

## Fiction

Dundurn  
Press



**Life changes dramatically for suffragist Anne Brown after her husband's death.**

In the spring of 1880, wealthy politician and *Globe* editor George Brown was at the height of his career when he was shot by a disgruntled poet who worked in the newspaper's boiler room. Brown left an undeniable legacy as a founder of the modern Liberal Party, fierce abolitionist, industrialist, and preeminent Father of Confederation. Yet he was not without his flaws: Brown infamously disliked the Irish and arrogantly declared that women should not vote.

In this deeply imagined work of historical fiction, narrated through the perspective of characters most impacted by his formidable presence, readers witness the struggle of a motherless Irish domestic in fear and awe of Brown; his wife, Anne, a suffragist who is caught between devotion and defiance of her husband's authority; and the world-weary poet who seethes with resentment, harbouring notions of revenge. Immersive, epic, and emotionally moving, *Unto the Day* is an intelligent, captivating literary feat.

**Dayle Furlong** is the author of *Lake Effect & Other Stories*, the novel *Saltwater Cowboys*, and a collection of poetry, *Open Slowly*. She has a M.A. in creative writing from the University of Edinburgh and works as a librarian. Originally from Newfoundland, Dayle lives in Toronto.

## UNTO THE DAY

by Dayle Furlong

Paperback

978-1-4597-5712-7

328 pages, 5.5 x 8.5

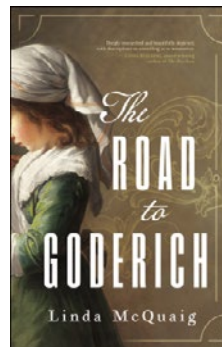
**CANADA** September 15, 2026 • \$24.99

**U.S.** October 13, 2026 • \$19.99

**Rights** North America, English only (world audio)

FICTION / Historical / 19th Century / General

Of related interest:



*The Road to Goderich*

978-1-4597-5489-8

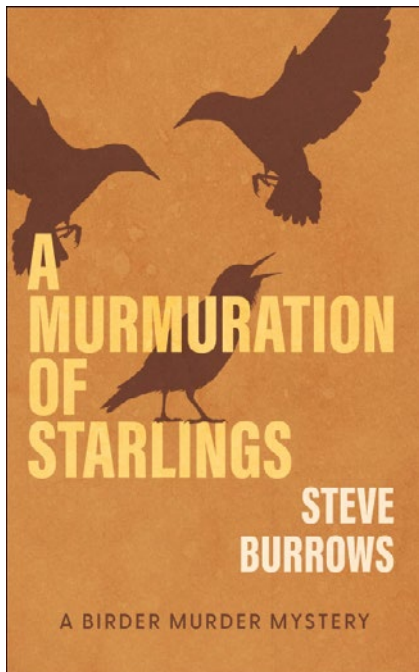


*Saltwater Cowboys*

978-1-4597-2197-5

## Fiction

Dundurn  
Press



**In the 10th Birder Murder Mystery, demons from the past await down under ...**

DCI Domenic Jejeune visits DCS Colleen Shepherd in Australia to discuss his future. Or so he tells his partner, Lindy Hey. Drawn into a case involving Lindy's nemesis, Ray Hayes, Jejeune becomes torn between upholding the law and protecting Lindy from harm.

Back in Norfolk, the murder of the CEO of a lithium battery manufacturer sets Sergeant Danny Maik on a collision course with Jejeune. Maik's investigations into the company's ties to an Australian mining operation mean that success for either detective can be achieved only at the expense of the other.

Set against a backdrop of Australia's current environmental initiatives and echoes of its colonial past, these cases challenge loyalties and long-held beliefs. No one doubts an aboriginal elder's prophecy that the situation will ultimately end in death. Will anyone be left standing afterward?

### **Praise for Birder Murder Mysteries:**

"Burrows smoothly integrates bird conservation concerns with a complex mystery plot... Readers who like their whodunits with an ecological tinge will be happy."

— **Publishers Weekly**

"A murder plot built around birdwatching doesn't, at first, seem plausible or even possible. But Burrows pulls it off." — **Globe and Mail**

**Steve Burrows** has pursued his birdwatching hobby on all seven continents. He is a former editor of the *Hong Kong Bird Watching Society* magazine and a field editor for *Asian Geographic*. The first Birder Murder Mystery, *A Siege of Bitterns*, won the Crime Writers of Canada Best First Novel Award and was selected for *Globe and Mail's* top 100 books of the year. He lives in Oshawa, Ontario.

## A MURMURATION OF STARLINGS

**A Birder Murder Mystery**

by Steve Burrows

Paperback

978-1-4597-5659-5

360 pages, 5 x 8

**CANADA** September 15, 2026 • \$22.99

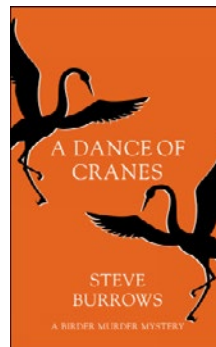
**U.S.** September 22, 2026 • \$17.99

**Rights** World, All Languages (ex. film/TV)

*A Birder Murder Mystery #10*

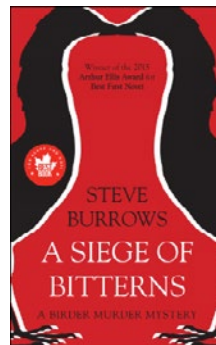
FICTION / Mystery & Detective / Police  
Procedural

In the same series:



*A Dance of Cranes*

978-1-4597-4081-5



*A Siege of Bitterns*

978-1-4597-0844-0

## Non-Fiction

Dundurn  
Press



**An inspiring personal transformation through rediscovery of Indigenous self.**

“I was lost before I was born”: the starting point of Pacheedaht Elder Bill Jones’ lifelong journey of decolonization. “You were all Indigenous once”: the starting point for ending a world based on exploitation and greed.

At Port Renfrew, British Columbia, in 2020, both settlers and First Nations experienced a re-indigenization and became reacquainted with our Great Mother during the fight to save some of the last remaining old growth forest at the Fairy Creek Blockades. As Elder Bill sat in a tent during a West Coast storm at the height of the protests, he experienced the final phase of his personal decolonization, his absolute re-indigenization, when he realized: “I know what happened!”, a revelation that has informed his life ever since.

Combining the story of Elder Bill’s personal life and ancestors, elder wisdom, settler feminism, and the inspirational story of the Fairy Creek Blockades – the largest act of civil disobedience in Canada – *Listening Once Again to Our Great Mother* is wisdom weaving to motivate those towards their own self-awakening, even after Elder Bill is gone.

**Elder Bill Jones**’s life spans the spiritual and emotional devastation of the cultural genocide of Indigenous peoples in Canada. From a childhood and early adulthood on the Pacheedaht First Nation reservation navigating the fall out of trauma from the residential school system, to the racism he experienced working in the colonized world, he became a ?uuṣtaqyu through his own spiritual awakening and is a holder of First Nations traditions and ritual. He lives in Sooke, BC.

**Karen Moe** is an artist, feminist activist, and author of *Victim: A Feminist Manifesto from a Fierce Survivor*. She lives in Lantzville, BC.

## LISTENING ONCE AGAIN TO OUR GREAT MOTHER

The Fairy Creek Blockades and the  
Life Story of Pacheedaht Elder Bill  
Jones

by Bill Jones and Karen Moe

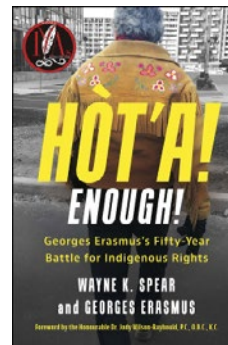
Paperback  
978-1-4597-5791-2  
280 pages, 6 x 9  
20 b&w illustrations

**CANADA** September 1, 2026 • \$27.99  
**U.S.** September 29, 2026 • \$23.99

**Rights** World, All Languages

BIOGRAPHY & AUTOBIOGRAPHY /  
Indigenous

Of related interest:

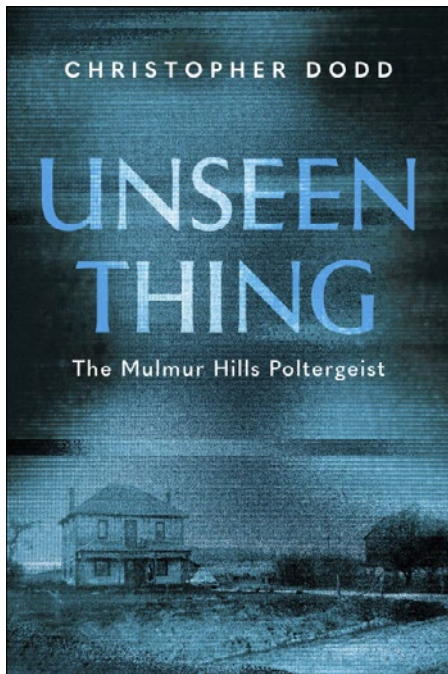


*Hòt'a! Enough!*

978-1-4597-5290-0

## Non-Fiction

Dundurn  
Press



**Ghostlore, folkloric patterns, and science collide in the tale of the infamous Mulmur Hills poltergeist.**

In the aftermath of the Great War, the Dobson family retreats to a quiet farm in Mulmur Township, seeking peace from urban life. Their tranquility is shattered when terrifying horse mutilations signal the presence of an unseen thing. Soon the sinister force grows stronger, turning the farmhouse into a battleground of inexplicable phenomena: shaking floors, phantom knocks, and objects that defy gravity. The Dobsons flee after years of terrifying disturbances, but their ordeal captivates newspapers, drawing journalists and thrill-seekers to the now-famous “Spook Farm.”

As rumours swirl about family intrigue, buried secrets, and occult influences, Ivan Hutchins, a Toronto-based spiritualist and investigator, joins the Dobsons to unravel the mystery through seances and investigations. The story unfolds against a wider tapestry of rural Canadian poltergeist cases, comparing the Dobsons’ ordeal with other forgotten hauntings and the folkloric patterns they share.

This true story reclaims a forgotten chapter of Canadian paranormal history while exploring why such occurrences echo through our folklore, our fears, and our enduring fascination with the unexplained.

**Christopher Dodd** is a writer, filmmaker, and educator drawn to history, folklore, and the unexplained. He wrote the feature film *Wrecked* (2011) and co-wrote the thriller *Kill For Me* (2013). His work explores forgotten mysteries. He divides his time between Richmond Hill and Mulmur, Ontario.

## UNSEEN THING

### The Mulmur Hills Poltergeist

by Christopher Dodd

Paperback  
978-1-4597-5834-6  
280 pages, 6 x 9  
10 b&w illustrations

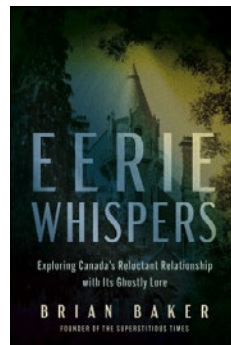
**CANADA** October 13, 2026 • \$25.99

**U.S.** October 20, 2026 • \$21.99

**Rights** World, All Languages

BODY, MIND & SPIRIT / Supernatural  
(incl. Ghosts)

Of related interest:

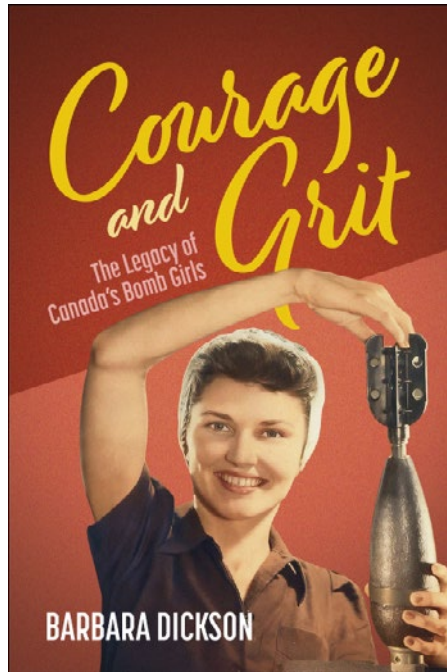


*Eerie Whispers*

978-1-4597-5474-4

## Non-Fiction

Dundurn  
Press



**Uncover the stories of ninety intrepid Canadians who served on the home front from 1939 to 1945.**

On September 10, 1939, CBC Radio interrupted their broadcast with the historic announcement that Canada had declared war on Nazi Germany. From that moment, hundreds of thousands of war workers – predominantly women – conclusively forged a new culture within the nation’s labour, home, and political environs.

*Courage and Grit* offers ninety amazing stories of these women, gleaned from every corner of society, from farmers’ daughters to lawyers, from impoverished immigrants to Rosedale elite, from high school students to great-grandmothers, with every narrative unique, intimately personal, and painstakingly examined. In this book, you’ll find stories of faith, loss, love, sacrifice, and devotion to family and country.

These never-before-told stories offer a culturally rich history of the women who served at home during the Second World War.

**Barbara Dickson** is an award-winning author, historian, public speaker, and documentarist who has entertained and educated audiences for over twenty-five years. In 2023, she founded the Bomb Girls Legacy Foundation to commemorate contributions made by Canadian war workers. She lives in Scarborough, Ontario.

## COURAGE AND GRIT

### The Legacy of Canada's Bomb Girls

by Barbara Dickson

Paperback  
978-1-4597-5730-1  
380 pages, 6 x 9  
50 b&w illustrations

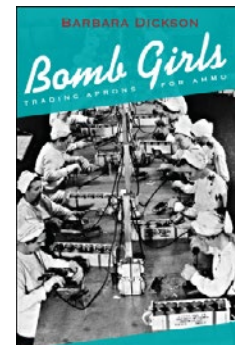
**CANADA** October 20, 2026 • \$27.99

**U.S.** November 17, 2026 • \$22.99

**Rights** World, All Languages

HISTORY / Wars & Conflicts / World War II  
/ General

By the same author:



*Bomb Girls*

978-1-4597-3116-5

Dundurn  
Press



**Twice resurrected from political death, Danielle Smith now serves as the friendly face of MAGA-style populism in Canada as Alberta's premier.**

From her short-lived tenure as a Calgary school board trustee to her decision to blow up the Wildrose Party and her most recent re-emergence as the conspiracy-minded, separatist-adjacent premier of Alberta, Smith has always demonstrated a penchant for following the prevailing winds within the conservative movement.

With a little help from her friends in the mainstream media and corporate world, as well as her undeniable populist charisma and talents as a communicator, Smith successfully used pandemic anxieties and a uniquely Albertan style of grievance politics to mount her seemingly improbable comeback.

In *Dark Phoenix*, Jeremy Appel charts how Smith has risen from the ashes in alignment with dark, authoritarian forces, who are using the spectre of U.S.-backed Alberta separatism to restructure the state as a corporate entity, with Smith as its CEO.

**Jeremy Appel** is an independent journalist covering Alberta politics and author of *Kenneyism: Jason Kenney's Pursuit of Power*. He writes *The Orchard* newsletter on Substack, and his work has appeared in the *The New York Times*, *Toronto Star*, *Canada's National Observer*, *Jacobin*, and *The Tye*. He lives in Edmonton.

## DARK PHOENIX

**The Rise, Fall, and Re-emergence  
of Danielle Smith**

by Jeremy Appel

Paperback

978-1-4597-5724-0

340 pages, 6 x 9

10 b&w illustrations, 3 graphs

**CANADA** October 13, 2026 • \$27.99

**U.S.** November 10, 2026 • \$24.99

**Rights** World, All Languages

POLITICAL SCIENCE / World / Canadian

By the same author:

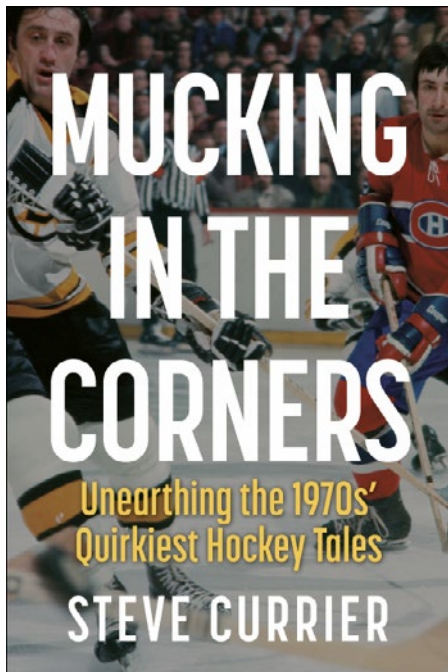


*Kenneyism*

978-1-4597-5265-8

## Non-Fiction

Dundurn  
Press



**Just when you thought hockey couldn't get any weirder, here come the fights, face plants, and far-out tales you never saw coming.**

NHL history is much more than the collection of tales about its legends and champions. In this book, you'll discover long-forgotten journeymen, one-game wonders, and back-up goaltenders who have their own fascinating stories to tell. Steve Currier delves into the quirky history of forgotten franchises, obscure players, and head-scratching experiments that defined the 1970s. By focusing on the overlooked oddities and misfits of the sport, *Mucking in the Corners* offers a fresh perspective on hockey's most chaotic decade.

Stories of the legendary teams and players take a back seat to the less-heralded standouts of the era: Swedish sensation Hardy Åström, the streaky Ross Brooks, the trailblazing London Lions, the fifteen-day Ottawa Civics, the phantom Taro Tsujimoto, and more, who shaped the game in unpredictable ways.

**Steve Currier** is a hockey historian, author, and member of the Society for International Hockey Research. He lives in Ottawa.

## MUCKING IN THE CORNERS

**Unearthing the 1970s' Quirkiest  
Hockey Tales**

by Steve Currier

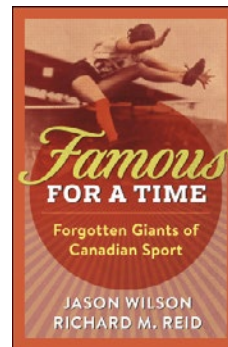
Paperback  
978-1-4597-5715-8  
360 pages, 6 x 9  
23 b&w illustrations

**CANADA** October 27, 2026 • \$26.99  
**U.S.** November 24, 2026 • \$21.99

**Rights** World, All Languages

SPORTS & RECREATION / Winter Sports /  
Hockey

Of related interest:

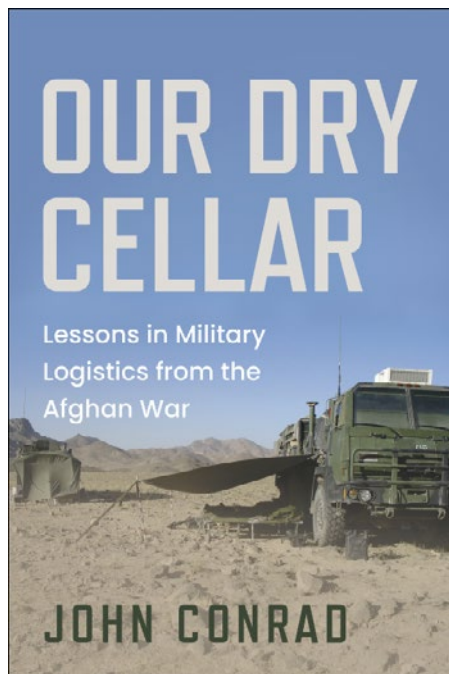


*Famous for a Time*  
978-1-4597-4995-5



*Hockey 365, The  
Second Period*  
978-1-4597-4844-6

Dundurn  
Press



**Timeless insights into military logistics sprang out of the hardship and sacrifices of Canadians who fought in Afghanistan.**

Good battlefield logistics have always been more about people than things. Military logistics in the Canadian Armed Forces have long suffered in a dry cellar, as the under-appreciated bottom heap of the institution. Yet Canadian logistic soldiers were called upon mightily in the summer of 2006 to sustain an infantry battle group in one of the world's harshest theatres. Afghanistan burned as a pyre of quiet desperation for the soldiers of the Canadian logistics battalion, the National Support Element, sustaining Task Force Orion in combat through endless days and over-extended lines of communication. This crucible yielded lessons of war that have never been shared and are offered here for the first time.

John Conrad, a retired colonel who served in the Canadian Army during the Afghan War, makes a case for strengthening the logistic underpinnings of the Canadian Armed Forces while putting human faces on the service and sacrifice of the revered art of battlefield logistics.

**John Conrad** is a retired army colonel with thirty-three years experience in the Canadian Armed Forces, including twenty-five years as a logistics officer. He commanded the Canadian logistics battalion in Kandahar in 2006 and has been decorated with the Meritorious Service Medal. His previous book was the PTSD memoir *Among the Walking Wounded*. He lives in Hastings Lake, Alberta.

## OUR DRY CELLAR

**Lessons in Military Logistics from the Afghan War**

by John Conrad

foreword by Peter MacKay

Paperback

978-1-4597-5718-9

300 pages, 6 x 9

10 b&w illustrations

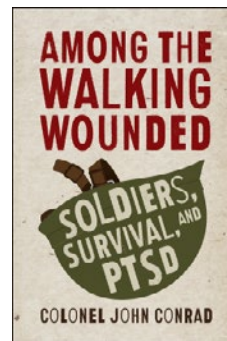
**CANADA** November 3, 2026 • \$27.99

**U.S.** December 1, 2026 • \$22.99

**Rights** World, All Languages

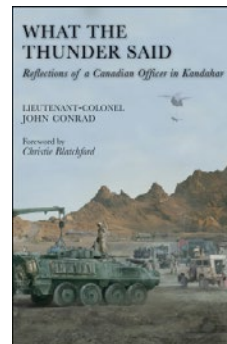
HISTORY / Military / Canada

By the same author:



*Among the Walking Wounded*

978-1-4597-3513-2

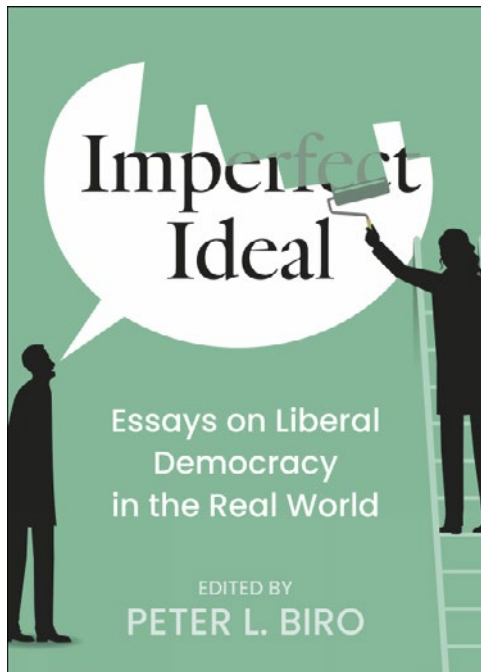


*What the Thunder Said*

978-1-5548-8408-7

## Non-Fiction

Dundurn  
Press



**With liberal democracy in crisis, nine experts examine democratic backsliding and offer opportunities for citizens to take action.**

With liberal democracy in crisis around the world, nine contributors – all experts in their respective fields of political science, philosophy, law, cultural institutions, and diplomacy – explain the why and how we find ourselves in a state of democratic backsliding.

What are the intellectual origins of liberalism? Has liberal democracy ever been fully realized? Is it fear that is driving the democratic process into inertia? Are we as citizens simply less informed and educated on the importance of active participation? Or is it a case where we find ourselves like a frog in boiling water, not realizing how bad things are until we start to feel it personally?

This anthology provides a deep dive into some of the key systems and structures that define our liberal democracy and whether these can or should be strengthened to preserve it. The agency of the citizen will ultimately shine through as the vital organ that allows a liberal democracy – both the ideal and the practical – to function effectively and do what it's supposed to do for the people who live within it.

**Peter L. Biro** is the founder of democracy think tank Section 1, a senior fellow of the Raoul Wallenberg Centre for Human Rights and of Massey College, a professional associate of the UBC Research Group on Constitutional Law and Legal Studies, and chair emeritus of the Jane Goodall Institute. He is an adjunct professor at the University of Toronto Faculty of Law, where he teaches constitutional law.

## IMPERFECT IDEAL

**Essays on Liberal Democracy in the Real World**

edited by Peter L. Biro

Paperback

978-1-4597-5788-2

192 pages, 5 x 7

5 charts

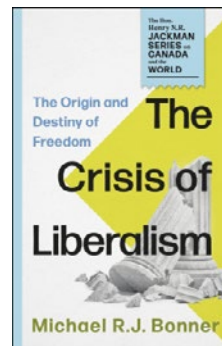
**CANADA** November 10, 2026 • \$24.99

**U.S.** December 8, 2026 • \$19.99

**Rights** World, All Languages

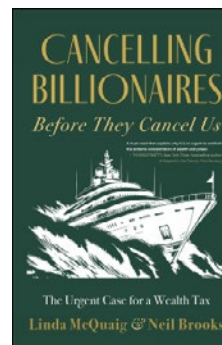
POLITICAL SCIENCE / Comparative Politics

Of related interest:



*The Crisis of Liberalism*

978-1-4597-5621-2

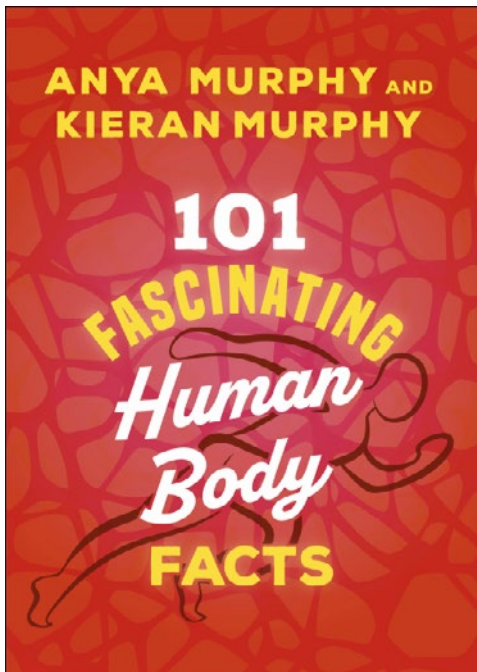


*Cancelling Billionaires Before They Cancel Us*

978-1-4597-5483-6

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**101 facts about the human body that will surprise and amaze you.**

Did you know you shed approximately six hundred thousand skin particles every hour? That yawning cools the brain? Or that the appendix plays an important role in gut health?

The human body is a marvel – one that can grow, repair itself, and last for eighty to ninety years. In *101 Fascinating Human Body Facts*, Dr. Kieran Murphy and Anya Murphy explain the functions of this extraordinary machine, from how we process memories to how the liver works and from why we fart to why we can't tickle ourselves.

**Anya Murphy** is a medical student at RCSI, and has a Masters from Cambridge University in the history of medicine.

**Dr. Kieran Murphy** is a high-tech Professor of Interventional Neuroradiology at the University of Toronto. He went to medical school at the Royal College of Surgeons in Ireland (RCSI) where he also taught anatomy. This book was written together as an expression of their fascination with the human body and the excitement they derive from sharing their knowledge.

## 101 FASCINATING HUMAN BODY FACTS

by Anya Murphy and Kieran Murphy

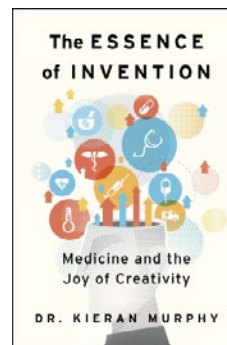
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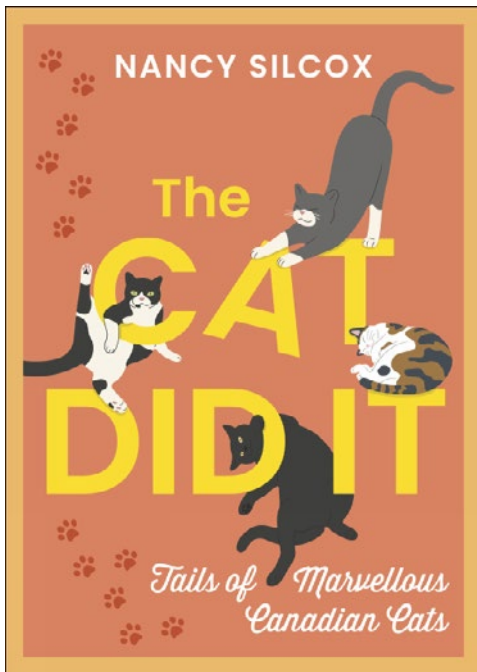


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**Nancy Silcox**, a former secondary school teacher, university counsellor, and newspaper columnist, has always been hooked on real life Canadian stories – whether they be people or pets. She has written 18 books from her rural home west of Kitchener Waterloo.

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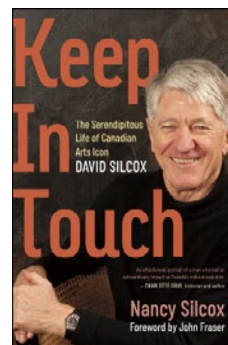
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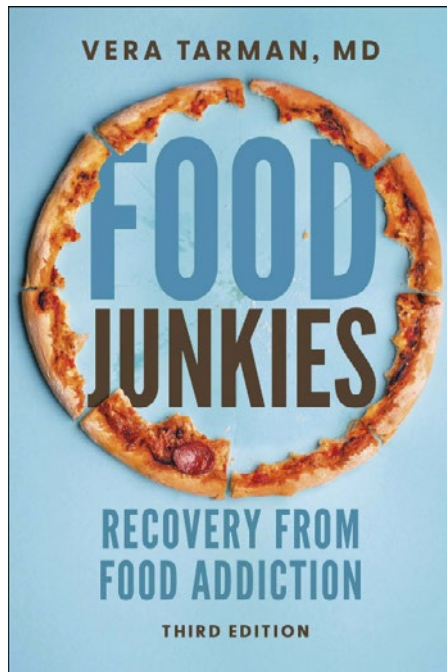


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**All you need to know about food addiction and recovery.**

Overeating, binge eating, obesity, anorexia, and bulimia – *Food Junkies* tackles the complex, poorly understood issue of food addiction from the perspective of a medical clinician and dozens of survivors. What exactly is food addiction? Is it possible to draw a hard line between indulging cravings for “comfort food” and engaging in substance abuse? For people struggling with food addictions, recognizing their condition remains a frustrating battle.

The third edition of the bestselling book includes the latest research on all aspects of food addiction and an expanded section on practical strategies for breaking free from it, offering supportive and manageable steps toward healthy, lasting habits.

**Vera Tarman, MD, MSc. FCFP, ABAM**, is a specialist in addiction medicine. She is the medical director of Renascent, an addictions treatment centre. She is herself a food addict in recovery. Vera lives in Toronto.

## FOOD JUNKIES

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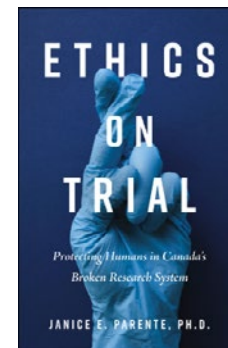
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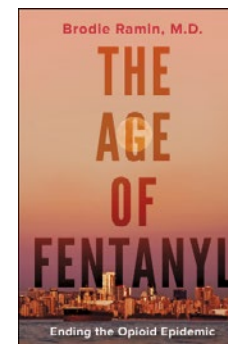
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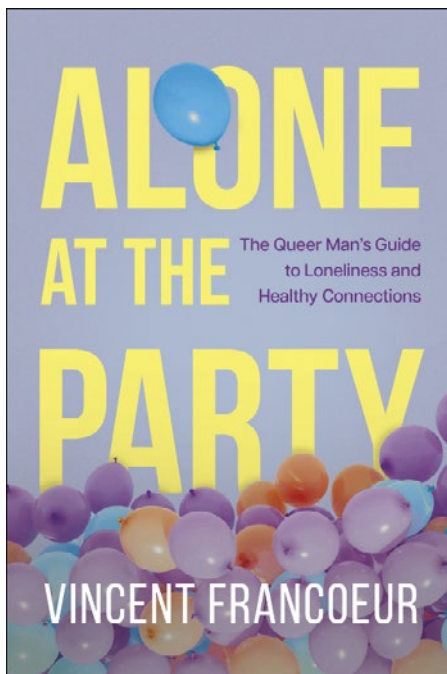


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## Non-Fiction

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**A practical guide for queer men experiencing loneliness with ten strategies to help build relationships and strengthen social resilience.**

Ever felt like you are on the outside looking in? Or that nobody wants more than a quick sexual hookup? You are not alone.

With our forced separation during the pandemic and the inescapable influence of modern demands and technologies, people are often lonelier than they care to admit. And queer men are not the exception. From internalized stigma to the complexities of navigating the world as an invisible minority, they are confronted with unique challenges that can leave them struggling when trying to make healthy and durable connections.

Drawing from his own experience and research, registered psychotherapist Vincent Francoeur delves into the issues with which queer men must grapple and provides ten practical strategies for building meaningful relationships and fostering a sense of belonging. With his supportive words and empathetic approach, Francoeur offers readers the tools to ensure no one finds themselves alone at the party again.

**Vincent Francoeur** is a teacher and registered psychotherapist, with a degree in sexology from Université du Québec à Montréal and a Master's in psychotherapy from the University of Toronto. He has volunteered with numerous LGBTQ+ organizations and hosts the queer experience podcast Mental Health Much. He lives in Toronto.

## ALONE AT THE PARTY

**The Queer Man's Guide to Loneliness and Healthy Connections**

by Vincent Francoeur

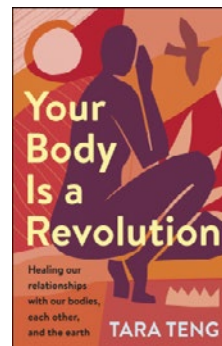
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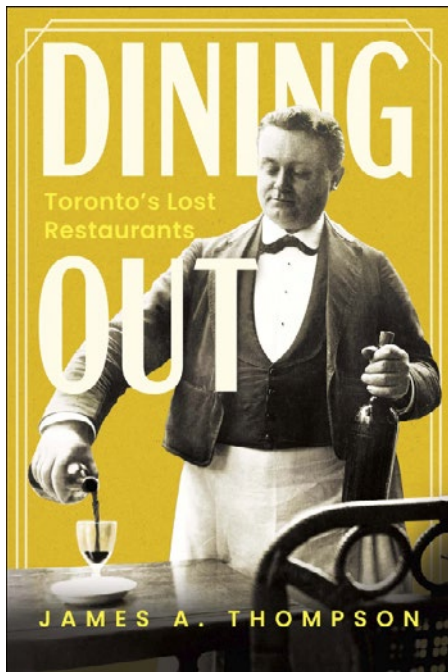
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**Exploring Toronto's history through its vibrant restaurant scene.**

From taverns to tea rooms, soda fountains to sushi bars, and everything in between, Toronto's dining trends in days of yore say a lot about the history of the city.

Beginning from the early days in the Town of York, where eateries also had to serve as houses of worship, to today's trendy restaurants opened by newcomers and inspired by outside influences, *Dining Out: Toronto's Lost Restaurants* vividly describes many of the long-forgotten restaurants that had a profound impact on the city and the people who called it home.

Thompson shows that while the locales where Torontonians eat out may have changed through the years, the quest for good food and good company continues to define the city.

**James A. Thompson** is a writer and history instructor, who teaches at various universities in Toronto in continuing studies courses. In 2000, he republished a book written by his late father, Austin Seton Thompson, *Spadina: A Story of Old Toronto*. He lives in Toronto.

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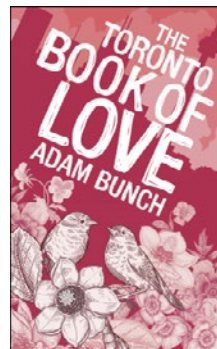
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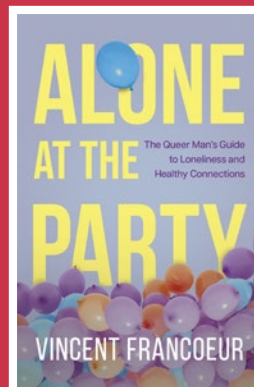
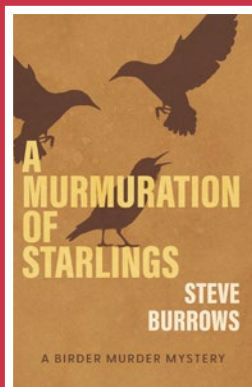
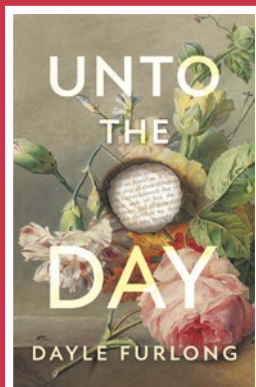
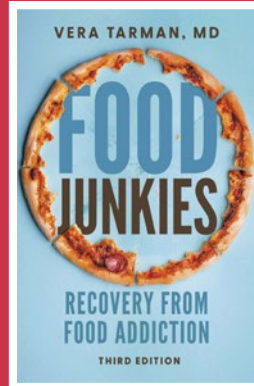
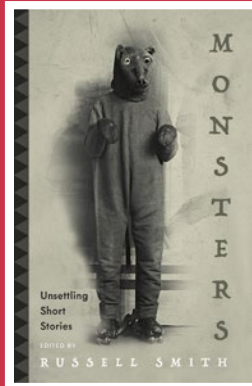
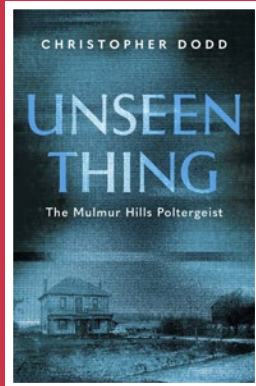
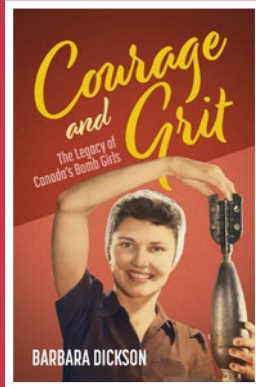
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