

# SPRING '26





## Notice of Distribution Relocation

Dear Valued Customers and Partners,

We're excited to share an important milestone for Heritage Group Distribution: **effective June 16, 2025, we will be relocating our warehousing and distribution operations from Surrey, British Columbia, to Guelph, Ontario.** This transition reflects our commitment to continuous improvement and to strengthening our service across Canada.

This strategic relocation — including titles currently distributed through UTP — is made possible through our new partnership with Fraser Direct Distribution. It will significantly enhance our logistics and strengthen service across Canada, delivering clear benefits to retailers and our core publishing partners: **Heritage House Publishing, Rocky Mountain Books, and TouchWood Editions.**

<b>Fulfillment &amp; Distribution (Guelph, ON)</b> <i>Heritage Group Distribution</i> c/o Fraser Direct Distribution 65 Quarterman Road, Unit 1 <b>Guelph, ON N1C 0A8</b>	<b>Returns (Acton, ON)</b> <i>Heritage Group Distribution</i> c/o Fraser Direct Distribution 124 Guelph Street <b>Acton, ON L7J 0A9</b>	<b>Orders, Accounting &amp; Inquiries (Surrey, BC)</b> <i>Heritage Group Distribution</i> T: 800-665-3302 / 604-881-7067 F: 800-566-3336 / 604-881-7068 E: <a href="mailto:orders@hgdistribution.com">orders@hgdistribution.com</a> EDI SAN #: S1158287
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### Returns Information

- **Until June 1, 2025:** Returns will continue to be accepted at our Surrey, BC, warehouse.
- **After June 1, 2025:** Returns must be directed to our Acton, ON, returns centre.

### What's Not Changing

Our Accounting, Customer Service, and Sales teams remain fully operational — there are no changes to your contacts or existing terms. Ordering processes at HGD, including Bookmanager, EDI, and online ordering, will continue as usual. Greystone Books will remain primarily available through UTP, with HGD continuing to support select and non-traditional accounts.

Thank you for your continued trust and support as we embark on this exciting new chapter.

Sincerely,

**Patrick Helme**

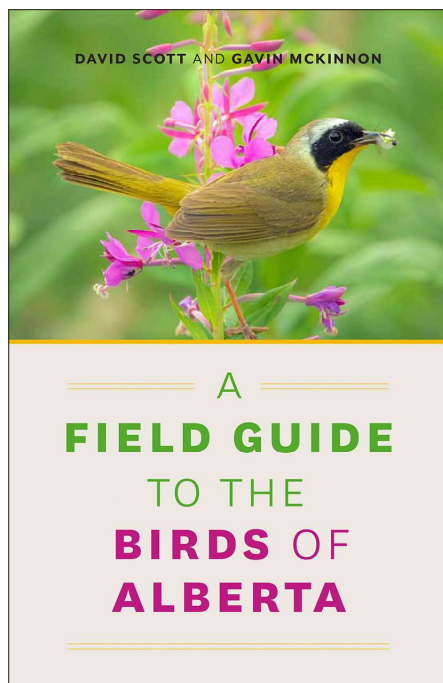
President, Heritage Group Distribution  
[patrick@hgdistribution.com](mailto:patrick@hgdistribution.com)

## Contents

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# A Field Guide to the Birds of Alberta

David R. Scott  
Gavin McKinnon

A comprehensive, user-friendly, full-colour guide to more than 300 bird species found throughout the province of Alberta.

Situated at the convergence of the Great Plains, Rocky Mountains, and North America's vast boreal forest, Alberta boasts a great diversity of landscapes and habitats. From turquoise glacier lakes nestled between towering peaks, to spruce- and sphagnum-dominated muskeg, to labyrinthine badland canyons, to expansive grassland dotted with sagebrush, to islands of greenspace amidst sprawling cities, this province has much to offer outdoor enthusiasts, including birders!

More than 300 species of birds occur every year in the province, and well over 400 have been observed at least once within its borders. This guide aims to assist those who wish to find, observe, identify, and better understand the birds around us—whether it be an American Robin nesting in a city park, a White-tailed Ptarmigan foraging in the alpine tundra, or a Turkey Vulture soaring over the badland hoodoos.

With clear descriptions designed to be accessible for beginner and intermediate birders, this extensive guide is also useful for experts in the field. User-friendly features include a glossary, tips on equipment and observation techniques, information on habitat and species conservation, and recommendations for further reading. With so many birds to see and hear in every region of the province, *A Field Guide to the Birds of Alberta* is the definitive guide for locals and visitors alike.

Born and raised in northern Ontario, **David R. Scott** began venturing from home to find birds at age sixteen and has been an avid birder and naturalist ever since. After moving to southern Alberta, he came to love the birds of the prairies, badlands, foothills, and mountains as well as those of the boreal forest on the Canadian Shield. A librarian by trade, David works at the University of Lethbridge and serves as chair of the Alberta Bird Record Committee and the Christmas Bird Count editor for the province. He has also spent several years on the board of Nature Lethbridge and has authored and coauthored articles published in *Nature Alberta Magazine*, *North American Birds*, and *Western Birds*. David resides in Lethbridge, Alberta, with his wife, Emma, and son, Lewis, who recently received his first pair of binoculars.

Born in Regina, Saskatchewan, **Gavin McKinnon** began birding at the age of seven while living in Southern Ontario. Now based in Calgary, McKinnon has ventured across the province of Alberta in search of birds, particularly localized and difficult-to-find species. He has built his knowledge of bird identification and distribution in Alberta from time spent in the mountains, foothills, boreal forest, and prairies. McKinnon holds a diploma in Renewable Resource Management from Lethbridge Polytechnic and has experience in environmental consulting. Currently a professional birding guide, he owns and operates Meadowlark Birding Tours, where he specializes in offering high-quality birding and bird photography tours in Alberta, across Canada, and around the globe.

Local Interest (AB) / Birds

April 2026 \* \$34.95

9781772035681 \* softcover

5.5" x 8.5", 464 pages, full colour

Scott's home: Lethbridge, AB

McKinnon's home: Calgary, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

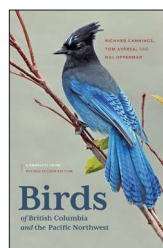
Ebook also available

## MARKETING & PROMO:

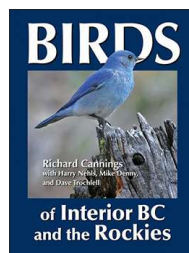
- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews,
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- Outreach to subject-specific organizations, markets and festivals,
- Outreach to travel and tourism organizations,
- Electronic ARCs,
- Excerpts available

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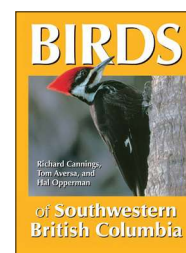
## OF RELATED INTEREST



Birds of British Columbia and the Pacific Northwest  
9781772035704, \$34.95

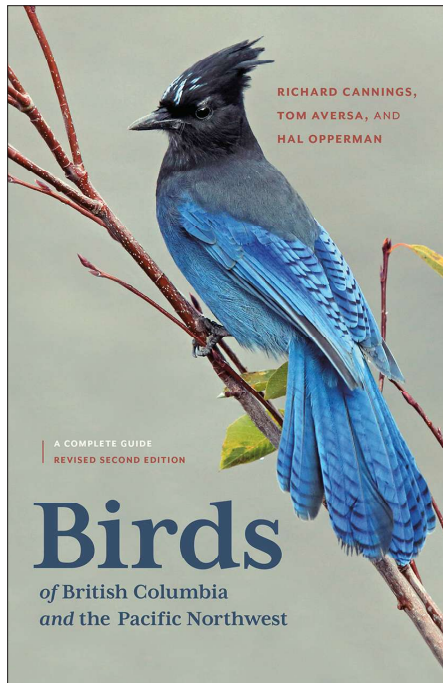


Birds of Interior BC and the Rockies  
9781894974592, \$19.95



Birds of Southwestern British Columbia  
9781894384964, \$19.95





# Birds of British Columbia and the Pacific Northwest

## A Complete Guide—Revised 2nd Edition

Richard Cannings

Tom Aversa

Hal Opperman

A newly revised and updated edition of the bestselling field guide to birds of the Pacific Northwest bioregion.

Discover more than 400 bird species in *Birds of British Columbia and the Pacific Northwest*, the quintessential guide for serious birders or those who are ready to take their bird-watching to the next level. Newly updated, this bestselling guide follows the latest taxonomic standards and avian sequencing, consistent with current print and online resources.

Join renowned bird experts Richard Cannings, Tom Aversa, and Hal Opperman as they illuminate key identification traits, vocalizations, seasonal status, habitat preferences, and feeding behaviours. Compact full-page accounts include maps and nine hundred photographs by the region's top bird photographers. With a wide territorial range that covers much of BC through to southern Oregon and the Rocky Mountain crest west beyond the Pacific coast, this is the most complete portable guide of its kind on the market.

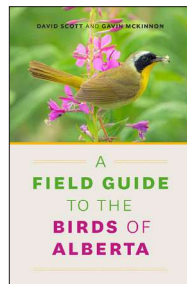
Born and raised in the Okanagan Valley, **Richard Cannings** is a renowned biologist, author, and politician. He curated the Cowan Vertebrate Museum at the University of British Columbia for 17 years, then worked with Bird Studies Canada for 16 years, coordinating Canadian Christmas Bird Counts, the eBird program, and the British Columbia Owl Survey. He was a founding director of the Okanagan Similkameen Conservation Alliance and has also served as a board member for the Nature Conservancy of Canada. He has written over a dozen books on the natural history of British Columbia, including *Birds of Interior BC and the Rockies* and *Birds of Southwestern British Columbia*. He served two terms as Member of Parliament for South Okanagan–West Kootenay.

Born in Boston, **Tom Aversa** has worked as a zookeeper, avian trainer, and educator. His lifelong curiosity about the natural world focuses on bird behaviour, status, and distribution, which led to his service on the Washington Bird Records Committee. He is the co-author of four books on Pacific Northwest birds. Now based in Maine, he participates in citizen science and enjoys teaching about wildlife and mentoring young naturalists while working to conserve land for the Sebasticook Regional Land Trust.

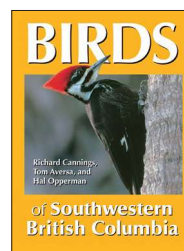
A longtime student of bird life, **Hal Opperman** has authored, co-authored, edited, and contributed to numerous publications and online resources on birds and birding, including *BirdWeb* and the *Sound to Sage* breeding bird atlas, both hosted by the Seattle Audubon Society. He has served as a member of the Technical Advisory Committee of Important Bird Areas in Washington and the board of the Washington Ornithological Society. He holds a BA in biology from Knox College and PhD in art history from the University of Chicago. He is Professor Emeritus of Art History at the University of Washington, where he taught from 1967 until his retirement. His core research area is animals and nature in art.

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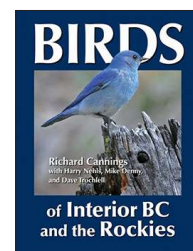
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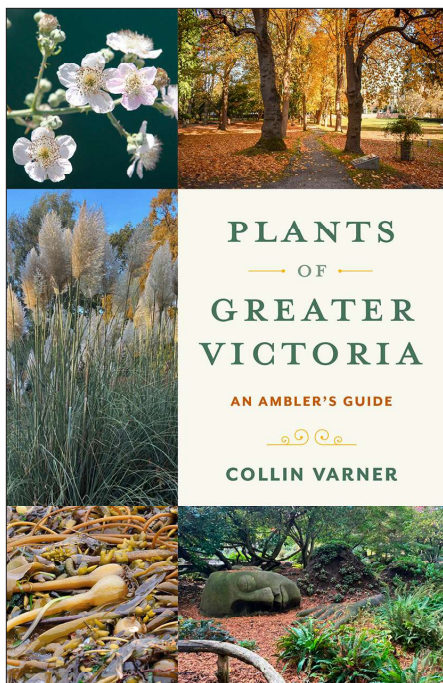
A Field Guide to the Birds of Alberta  
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Birds of Southwestern British Columbia  
9781894384964, \$19.95



Birds of Interior BC and the Rockies  
9781894974592, \$19.95



# Plants of Greater Victoria

## An Ambler's Guide

Collin Varner

A full-colour guide to more than 200 species of wild plants found throughout the parks, forests, mountains, waters, and urban green spaces of Greater Victoria, BC.

Greater Victoria, BC, located within the the traditional territories of the ɬəkw̓əŋən (Esquimalt and Songhees), Malahat, Pacheedaht, Scia'new, T'Sou-ke, and ʷsÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) Peoples, boasts not only the warmest year-round climate in all of Canada, but also contains distinct micro-climates throughout the region. This unique corner of Vancouver Island is naturally suited to a flourishing variety of wild native plants, towering forests, lush gardens, rocky beaches, and vibrant urban greenspaces.

*Plants of Greater Victoria*, a companion to the popular guidebook *Trees of Victoria*, features more than 200 species of wild flowers, berries, ferns, bushes, and marine plants to observe and enjoy—as well as a number of toxic invasives. Covering the capital region from Victoria proper to Sooke, Metchosin, Langford, Oak Bay, Uplands, Saanich, and Sidney, this easy-to-use guide highlights the taxonomic origins, key characteristics, traditional uses, and best viewing spots. With clear, concise descriptions and stunning photography, this guide is a must for nature-loving locals and visitors alike.

Local Interest (BC) / Nature

March 2026 \* \$26.95

9781772035667 \* softcover

5.5" x 8.5", 272 pages, full colour

Author's home: Victoria, BC

Heritage House Publishing

RIGHTS HELD: World, all languages

Ebook also available

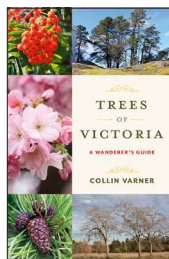
**Collin Varner** is a horticulturalist/arboriculturalist. Over his forty-year career, he worked at the University of British Columbia's Botanical Garden, assumed responsibility for conserving 25,000 trees across campus, and taught courses in native plant studies. Now retired, Varner is an avid photographer, world traveller, and author of several bestselling nature guides, including *The Flora and Fauna of Coastal British Columbia and the Pacific Northwest*, *Trees of Victoria*, *Edible and Medicinal Flora of the West Coast*, and *50 Keystone Flora Species of Coastal British Columbia and the Pacific Northwest*.

### MARKETING & PROMO:

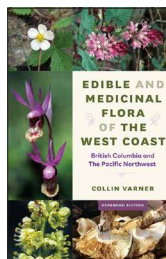
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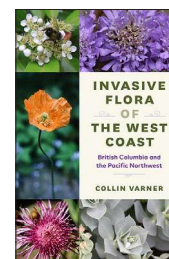
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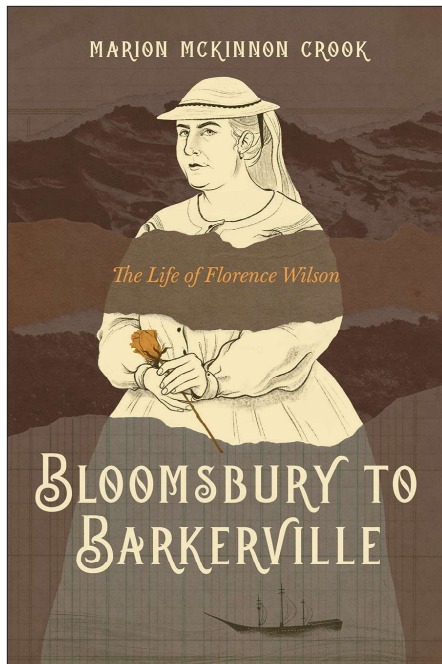
Trees of Victoria  
9781772035339, \$26.95



Edible and Medicinal Flora of the  
West Coast  
9781772034394, \$26.95



Invasive Flora of the West Coast  
9781772034134, \$24.95



Biography & Autobiography / Historical

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9781772035643 \* softcover

6" x 9", 272 pages, b&w maps

Author's home: Gibsons, BC

Heritage House Publishing

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Ebook also available

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- Excerpts available

# Bloomsbury to Barkerville

## The Life of Florence Wilson

Marion McKinnon Crook

From the literary circles of Charles Dickens to gold-rush saloons in the Cariboo, this remarkable true story chronicles the fascinating life and intrepid spirit of Florence Wilson (1823–1902).

In 1862, thirty-nine-year-old Florence Wilson embarked on the *ss Tynemouth*, a so-called brideship destined for the Colony of British Columbia. She was one among sixty women, most much younger than Wilson, who were travelling halfway around the world to become the wives of gold miners seeking their fortunes in the Cariboo gold rush. But unbeknownst to her fellow passengers, Florence had no intention of marrying; she was there to pursue her own fortune.

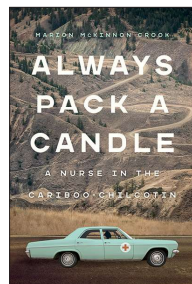
By the time she set sail on the *Tynemouth*, Florence had already experienced more of life than most women and men twice her age. She had grown up as part of the gentry in central London's Bloomsbury district, had become a published poet as a young woman, and moved in the same literary circles as Charles Dickens. After being cheated of her inheritance, she fell into debilitating poverty. She eventually found work as a governess in imperial Russia, only to be shipwrecked and robbed of her meagre savings, leaving her with few options, until news of a gold rush in Western Canada and a ship full of single women gave her an idea—and an opportunity to change her life.

*Bloomsbury to Barkerville* is the incredible true tale of an intrepid, ambitious woman. From poet to prospector to entrepreneur, Florence is best remembered in the frontier mining town of Barkerville, BC, as a saloon owner and founder of the Theatre Royale. She was the heart of the community, bringing entertainment and culture to a town almost entirely inhabited by transient male miners. In Barkerville, her fortunes rose, fell, and literally went up in flames in the great fire of 1868. But she always rebuilt and regrouped. Eventually Florence—with new husband and child in tow—departed the Cariboo for California, ultimately returning to literary life in San Francisco before her death in 1902. This sweeping yet intimate portrait of her life reveals a heroine whose name should be better known.

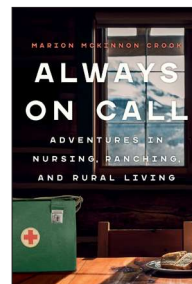
**Marion McKinnon Crook** is the author of more than twenty-five books, including her bestselling memoirs *Always Pack a Candle*, winner of the BC Historical Federation's Community History Book Award, and *Always on Call* a finalist for the Bill Duthie Booksellers' Choice Award, BC and Yukon Book Prizes. McKinnon Crook holds a nursing degree, a master's in liberal studies, and a PhD in education. Now a full-time writer, she also writes the British Book Tour mystery series under the name of Emma Dakin. She lives on the Sunshine Coast in BC. For more information, visit [marioncrookauthor.com](http://marioncrookauthor.com).

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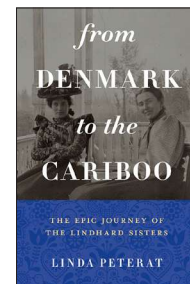
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Always Pack a Candle  
9781772033625, \$26.95

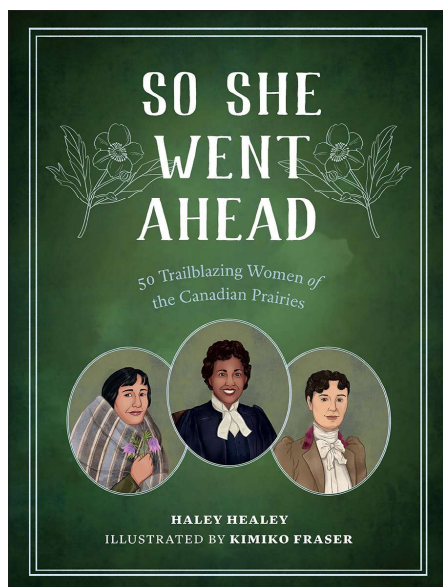


Always on Call  
9781772034691, \$26.95



From Denmark to the Cariboo  
9781772033939, \$26.95





YA Nonfiction (ages 12+) / Women

March 2026 \* \$22.95

9781772035728 \* hardcover, paper over board

6" x 8", 128 pages, colour illustrations

Healey's home: Nanaimo, BC

Fraser's home: Victoria, BC

Heritage House Publishing

RIGHTS HELD: World, all languages

Ebook also available

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# So She Went Ahead

## 50 Trailblazing Women of the Canadian Prairies

Written by Haley Healey

Illustrated by Kimiko Fraser

An uplifting, beautifully illustrated collection of short biographies of fascinating historical women from the Canadian Prairies.

*So She Went Ahead* introduces young readers to a group of powerful, diverse women who followed their dreams, challenged norms, and lived life on their own terms. This inspiring collection of concise biographies reveals the under-reported history of Alberta, Saskatchewan, and Manitoba through the stories of female artists, writers, entrepreneurs, adventurers, pioneers, doctors, midwives, activists, politicians, journalists, community leaders, and more!

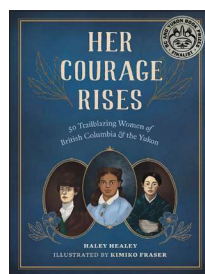
The incomparable women in this collection include: war veteran and Indigenous-rights activist Bertha Clark-Jones, prolific northern photographer Geraldine Moody, Anishinaabe inventor Olivia Poole, Canada's first Black female lawyer Violet King Henry, silk merchant and business owner Kimi Wakabayashi, and iconic suffragist and politician Nellie McClung. Although they came from different backgrounds, these women all faced obstacles and inequalities on their path to success. Some broke glass ceilings, rose to fame, or became immortalized in history books and popular culture, while others lived quietly, finding personal fulfillment through meaningful work and creative pursuits. All deserve to be remembered and celebrated in this stunning collection designed for the next generation of trailblazers.

**Haley Healey** is a high school counsellor, registered clinical counsellor, and the bestselling author of books for all ages about extraordinary historical women and nature. Her books include *Her Courage Rises: 50 Trailblazing Women of British Columbia and the Yukon* (a finalist for the 2023 Sheila A. Egoff Children's Literature Prize), the Trailblazing Canadians Series, *Huxley's Island Adventure*, *On Their Own Terms*, and *Flourishing and Free*. A self-proclaimed trailblazing woman, she enjoys exploring Vancouver Island's trails, waters, and wilderness. She has an avid interest in wild places and lives in Nanaimo, British Columbia.

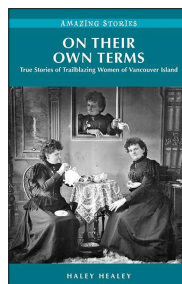
**Kimiko Fraser** is an illustrator and historian-in-training. She grew up constantly making—drawing, painting, knitting, sculpting, bookbinding, etc.—and has never learned how to stop. She is the illustrator of the Trailblazing Canadians Series, *Her Courage Rises: 50 Trailblazing Women of British Columbia and the Yukon*, and *Huxley's Island Adventure*. She holds a bachelor of arts (honours History, major Visual Arts) from the University of Victoria. She works with many mediums to create her illustrations, including watercolour, digital, ink, and tea. Most of her work is inspired by her interest in plants, history, and folktales. She lives in Victoria, British Columbia.

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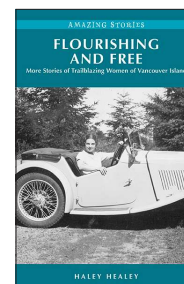
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Her Courage Rises  
9781772034257, \$22.95

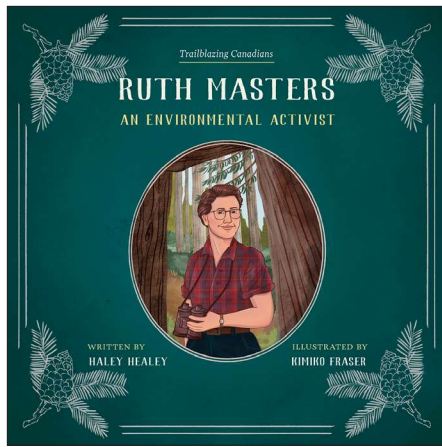


On Their Own Terms  
9781772033250, \$9.95



Flourishing and Free  
9781772033533, \$9.95





Children's Picture Book - Nonfiction (ages 4-8) / Activists  
 March 2026 \* \$19.95  
 9781772035742 \* hardcover, paper over board  
 9" x 9", 32 pages, full colour  
 Healey's home: Nanaimo, BC  
 Fraser's home: Victoria, BC  
 Heritage House Publishing

RIGHTS HELD: World, all languages  
 Ebook also available

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# Ruth Masters

## An Environmental Activist

Written by Haley Healey  
 Illustrated by Kimiko Fraser

The empowering true story of Ruth Masters (1920–2017), a lover of nature and pioneer in Canada's environmental movement.

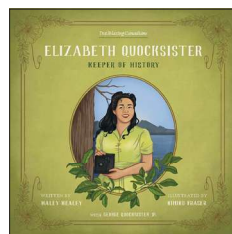
Born in a rustic cabin surrounded by mountains, lakes, and forests, Ruth Masters grew up with a deep love and respect for the natural world. As an avid mountaineer and backcountry guide in the wilderness of Strathcona Provincial Park on Vancouver Island, she knew firsthand how precious the land was and how important it was to protect it. For years, Ruth fought against the harmful practices of logging, damming, mining, and trophy hunting. She was always on the frontlines of protests, raising her voice against those who wanted to exploit the environment for profit. Even when people got angry at her, Ruth never gave up her cause. This inspiring picture book celebrates Ruth's passion for the environment and encourages young readers to find their inner activist!

**Haley Healey** is a high school counsellor, registered clinical counsellor, and the bestselling author of books for all ages about extraordinary historical women and nature. In addition to the Trailblazing Canadians Series, her books include *Huxley's Island Adventure*, *Her Courage Rises* (a finalist for the 2023 Sheila A. Egoff Children's Literature Prize), *On Their Own Terms*, and *Flourishing and Free*. A self-proclaimed trailblazing woman, she enjoys exploring Vancouver Island's trails, waters, and wilderness. She has an avid interest in wild places and lives in Nanaimo, British Columbia.

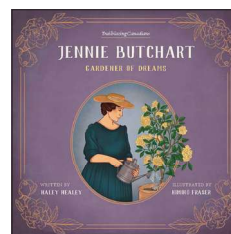
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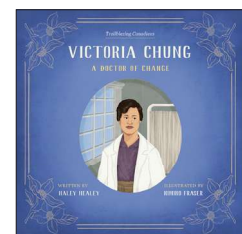
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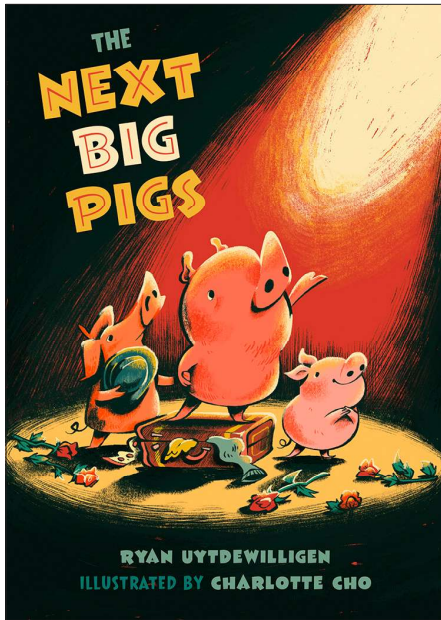
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 9781772034851, pb, \$12.95



Jennie Butchart  
 9781772034813, hc, \$19.95;  
 9781772034820, pb, \$12.95



Victoria Chung  
 9781772035452, hc, \$19.95



# The Next Big Pigs

Written by Ryan Uytendewilligen

Illustrated by Charlotte Cho

A farm boy with dreams of becoming a Broadway star acquires three talking, singing, dancing pigs and hatches an outrageous plan to escape to the big city.

Ten-year-old Mikey is a farm kid who doesn't want to farm. He wants to perform! But as an only child living in an isolated location, he has no one to talk to, let alone perform for. Life is pretty lonely until the day Mikey's parents give him three pigs to care for and raise.

As Mikey soon finds out, these are no ordinary pigs! Humphrey, Bianca, and Moo (yes, a pig named Moo) can talk! And dance! And put on show! Life on the farm transforms into a rehearsal space as Mikey and the pigs get ready for the big time—Broadway here they come!

But will they make it off the farm in time to escape the evil Mr. Baconmaker? And will their dreams of fame and fortune come true? *The Next Big Pigs* is a zany adventure that will encourage young readers to find their voice and pursue their talents.

**Ryan Uytendewilligen** was raised on a family farm outside Coaldale, Alberta. There were always indeed a great many pigs around, and he was a proud member of the agricultural youth program 4-H. But, as for this book's main character, the bright lights of film and theatre came calling. Ryan acted in after-school productions and worked in radio and print journalism, before studying creative writing at Vancouver Film School. He has written for the stage and screen, published numerous books on film history, including *Killing John Wayne*, and several novels, including *Tractor*, *Akela*, and *He's No Angel*. Ryan's first children's picture book, *This Is Not My Story*, was published by KidsCan Press in 2023. He currently lives in Toronto with his partner, Mariana, and golden retriever, Fleetwood.

**Charlotte Cho** is a Vancouver-based illustrator and graduate of Emily Carr University of Art + Design. Charlotte has been drawing ever since she can remember, though her current focus is on storytelling and creating illustrations for young readers. When not in the studio, Charlotte can be found knitting or making lattes.

Juvenile Fiction (ages 7-9) / Animals

March 2026 \* \$12.95

9781772035766 \* softcover

5" x 7", 144 pages, b&w illustrations

Uytendewilligen's home: Toronto, ON

Cho's home: Vancouver, BC

Heritage House Publishing / Wandering Fox

RIGHTS HELD: World, all languages

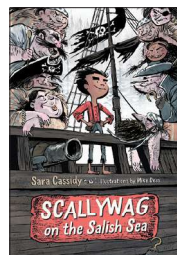
Ebook also available

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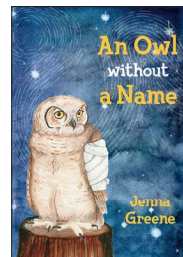
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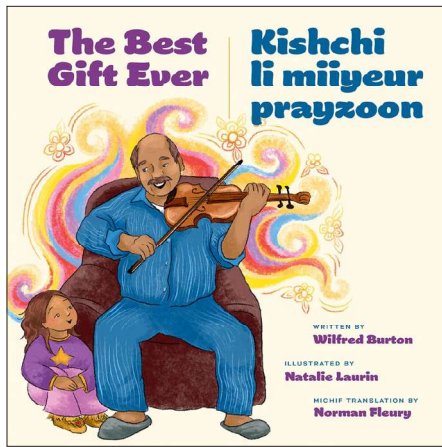
Sallywag on the Salish Sea  
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9781772035780 \* hardcover, paper over board

10" x 10", 48 pages, full colour

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Laurin's home: Bedford, NS

Fleury's home: Regina, SK

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- Electronic ARCs

# The Best Gift Ever / Kishchi li miiyeur prayzoon

Written by Wilfred Burton

Illustrated by Nathalie Laurin

Michif translation by Norman Fleury

A heartwarming story of the love between a Métis grandfather and granddaughter, expressed through the gift of a fiddle.

Gabby loves her big Métis family more than anything in the world. She especially loves her Mooshoom and Koohkoom, whose house is always of warmth, joy, good food, and traditional fiddle music.

One year, Mooshoom gives Gabby her own fiddle, a gift she treasures. But before he can teach her how to play it, Gabby and her mom have move away from their beloved home community. Every year, when they return for a visit, Mooshoom asks Gabby if she has learned how to play yet. Every year, she has to admit that she hasn't—until one special holiday, when Gabby gives the best gift ever to her Mooshoom.

*The Best Gift*, written in English and Michif, is a beautifully illustrated testament to the enduring bonds of culture, tradition, and family.

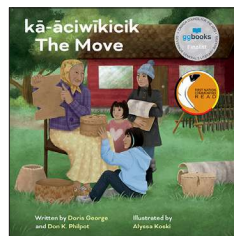
**Wilfred Burton**, a proud Michif, grew up in the Midnight Lake area of Saskatchewan. He was an elementary teacher, university instructor and literacy coordinator for over 30 years. He is currently retired in Saskatoon and spends his time with his old cat, Leo. He enjoys writing, reading, gardening, beading, rug hooking, and doing volunteer work in the community. He is a published author of several Métis-specific picture books. His love of storytelling, fiddle music, and dance was a gift from his mother, Georgina Nolin—a gift he loves to share with others through presentations and writing.

**Natalie Laurin** is a Métis and white settler illustrator and designer. Natalie holds a Bachelor of Design from NSCAD University, where she majored in Interdisciplinary Design and minored in Illustration. Her Métis family roots (the Dusome-Clermont and Labatte family lines) belong to the Georgian Bay Métis community centred at Penetanguishene. In her spare time, she enjoys learning French-Michif—a language her pèpère speaks—and walking her dog in the woods.

**Norman Fleury** was born and raised in St. Lazare, Manitoba. Previously director of Michif Languages for the Manitoba Métis Federation, he is a strong leader in the battle to preserve the Michif language. He has translated more than 20 children's books and other resources, including the comprehensive Canadian Michif Language Dictionary, into Michif. He has been a special lecturer and Michif advisor in the Department of Curriculum Studies at the University of Saskatchewan and received an honorary doctorate from Brandon University in recognition of a lifetime spent preserving, teaching, and developing the Michif language.

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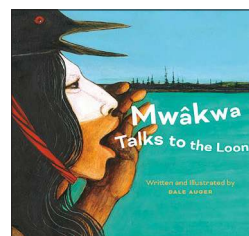
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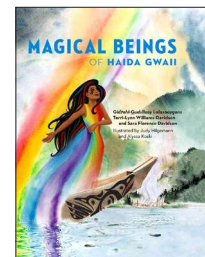
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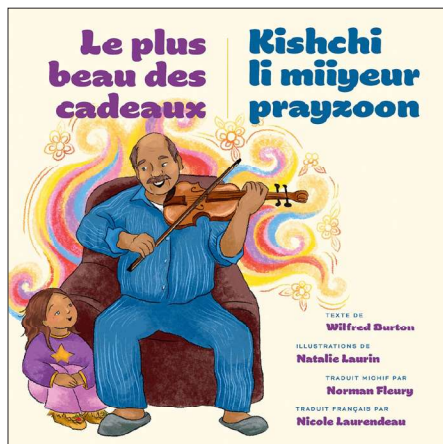


Magical Beings of Haida Gwaii

9781772032963, hc, \$22.95;

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Children's Picture Book - Fiction (ages 4-8) / Indigenous  
March 2026 \* \$24.95

9781772035803 \* hardcover, paper over board

10" x 10", 48 pages, full colour

Burton's home: Saskatoon, SK

Laurin's home: Bedford, NS

Fleury's home: Regina, SK

Laurendeau's home: Sherbrooke, QC

Heritage House Publishing

RIGHTS HELD: World, all languages

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- Electronic ARCs

# Le plus beau des cadeaux / Kishchi li miiyeur prayzoon

Texte de Wilfred Burton; illustrations de Natalie Laurin

Traduit michif par Norman Fleury; Traduit français par Nicole Laurendeau

Un récit touchant sur l'amour d'un grand-père métis pour sa petite-fille, à qui il offre un violon.

Gabby chérit sa grande famille métisse plus que tout au monde. Elle adore son Mooshum et sa Kukum, et leur maison chaleureuse où joie, délicieux mets et musique de violon traditionnelle abondent. Un jour, son Mooshum lui offre un violon bien à elle, un véritable trésor. Hélas, avant même qu'il lui apprenne à en jouer, Gabby et sa mère doivent quitter la communauté qui leur est chère. Quand elles y reviennent chaque année, Mooshum demande toujours à Gabby si elle sait jouer de son instrument. La fillette secoue tristement la tête – jusqu'à un certain été, où elle lui réserve le plus beau des cadeaux. *Le plus beau des cadeaux*, écrit en anglais et traduit en michif et en français, est un merveilleux récit illustré qui rappelle les liens indéracinables de la culture, de la tradition et de la famille.

**Wilfred Burton**, un Michif fier de l'héritage de son peuple, a grandi en Saskatchewan, dans la région du lac Midnight. Sa carrière de plus de 30 ans inclut son rôle d'enseignant dans les écoles élémentaires, d'instructeur universitaire et de coordonnateur en littérature. Maintenant à la retraite, il vit à Saskatoon avec son chat Léo. La pratique de l'écriture, de la lecture, du jardinage, du perlage, du tapis au crochet et du bénévolat avec et dans sa communauté continue de le nourrir. Il a publié plusieurs albums illustrés portant sur la nation métisse. Ses talents de conteur, de violoneux et de danseur lui viennent de sa mère, Georgina Nolin – talents qu'il adore partager dans ses livres ou devant un public.

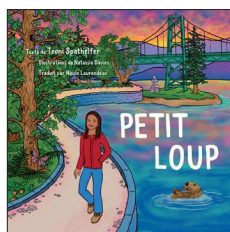
**Natalie Laurin** est illustratrice et designer d'origine métisse et coloniale européenne. Elle est titulaire d'un baccalauréat en design de l'Université NSCAD, avec majeure en design interdisciplinaire et mineure en illustration. Ses racines métisses (familles Dusome-Clermont et Labatte) sont ancrées dans la communauté de la baie Georgienne, centrée autour de Penetanguishene. Dans ses temps libres, elle apprend le michif français – une langue parlée par son *pépère* – et se promène en forêt avec son chien.

**Norman Fleury** est né et a grandi à Saint-Lazare, au Manitoba. Anciennement directeur des langues michif à la Fédération métisse du Manitoba, il est un ardent défenseur de la préservation de langue michif. Il a traduit en michif plus de 20 livres jeunesse et autres ressources, dont un dictionnaire complet du michif canadien. Il a été conférencier et conseiller au département d'études pédagogiques de l'Université de la Saskatchewan, et a reçu un doctorat *honoris causa* de l'Université de Brandon en récompense de son dévouement pour la préservation, l'enseignement et l'enrichissement de la langue michif.

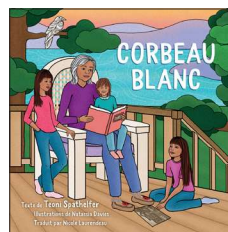
**Nicole Laurendeau** est traductrice et vit à Sherbrooke, au Québec, sur le territoire ancestral de la Nation W8banaki (*Peuple de l'aurore*). Elle a été enseignante au programme d'immersion française en Colombie-Britannique pendant près de 20 ans, ce qui lui permet d'adapter dans sa langue maternelle des livres pour jeunes enfants et pour un public jeunesse. Elle s'intéresse particulièrement aux récits mettant en lumière l'histoire et la culture autochtones, ayant vécu dans des communautés métisses et chipewyan du nord de la Saskatchewan. Elle est reconnaissante de tous les enseignements qu'elle y a reçus et souhaite vivement participer à la réconciliation.

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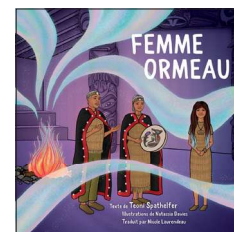
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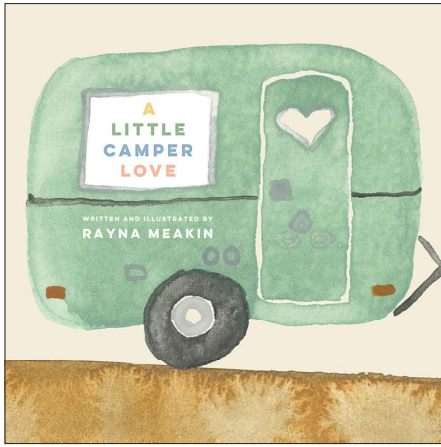


Corbeau Blanc  
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Femme Ormeau  
9781772035148, \$14.95





# A Little Camper Love

Rayna Meakin

An adorable board book that spreads joy and teaches kindness through whimsical illustrations of vintage campers.

Capturing the quirky designs and adventurous spirit of vintage campers, affectionately known as “eggs on wheels,” this cheerful board book spreads love and affirmations on every page. Each illustration shows a different model of vintage camper receiving a unique compliment from a friendly bird. This simple concept teaches young children to celebrate what makes each person special and loveable and to share love and positivity with their friends and family wherever they go. This is the perfect board book to bring along on family camping trips.

Board Book (ages 0-3) / Camping  
March 2026 \* \$14.95

9781772035827 \* board book

6.5" x 6.5", 24 pages, full colour

Author's home: Winnipeg, MB

Heritage House Publishing

RIGHTS HELD: World, all languages

Ebook also available

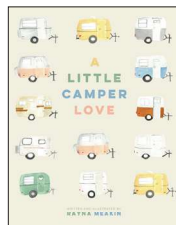
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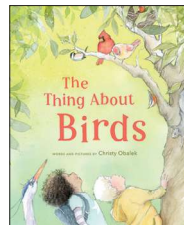
**Rayna Meakin** is an illustrator and lover of vintage things, including vintage fibreglass campers. She expresses herself through many artforms, including painting, pottery, and floral design. She is the author/illustrator of the picture book *A Little Camper Love* and illustrator of *Planted: Stories from Manitoba's Natural World*, by Kaitlin Vitt. Her 1977 Surfside inspired her to complete the series of watercolour illustrations of vintage campers at the kitchen table, surrounded by her children.

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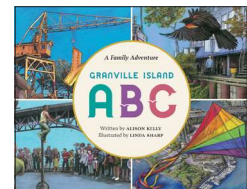
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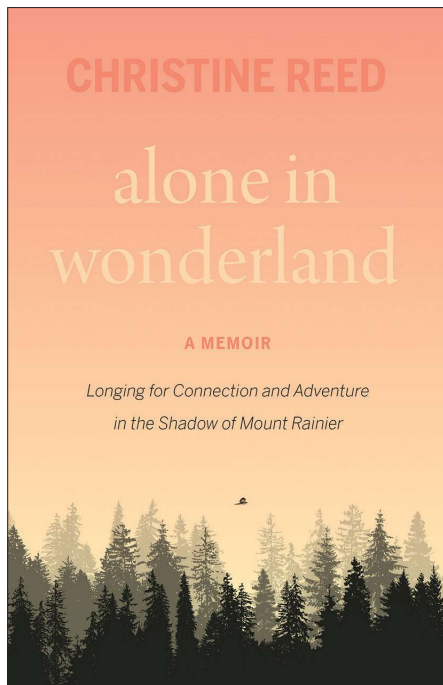
A Little Camper Love  
9781772035414, hc, \$24.95;  
9781772035414, pb, \$16.95



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9781772035506, \$24.95



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Travel Writing / Women  
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 9781771607902 \* softcover  
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 Author's home: New Mexico, USA  
 Rocky Mountain Books

RIGHTS HELD: World, all languages  
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- Outreach to travel and tourism organizations
- Festival appearances
- Electronic ARCs
- Excerpts available

# Alone in Wonderland

## Longing for Connection and Adventure in the Shadow of Mount Rainier — A Memoir

Christine E. Reed

A woman leaves behind the expectations of conventional life to walk solo into the wild — and discovers far more than just the miles ahead.

When Christine Reed first stumbled across a long-distance hiking blog at her office desk, she never imagined it would change her life. With little outdoor experience and no real plan, she decided to thru-hike the Appalachian Trail. That single decision sparked a journey of thousands of miles and countless transformations.

Years later, newly single and questioning everything she thought she knew about herself and her relationships, Christine sets out to hike the 93-mile Wonderland Trail around Mt. Rainier. Alone. Battling rough terrain, unpredictable weather, and the emotional weight of her past, she reclaims her identity as a woman capable of doing hard things and learns that sometimes, solitude is the only place we truly hear our own voice.

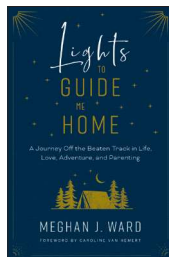
*Alone in Wonderland* is more than a backpacking memoir. It's a raw, relatable story of independence, vulnerability, and the healing power of wild places. With honesty and humour, Christine explores what it means to define yourself on your own terms and reminds us that sometimes, the person you've been looking for has been with you all along.

Perfect for fans of Cheryl Strayed's *Wild*, Carrot Quinn's *Thru-Hiking Will Break Your Heart*, and anyone who's ever wanted to pack a bag, walk into the woods, and see what happens.

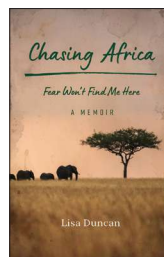
**Christine Reed** is a long-distance backpacker, climber, and trail runner whose writing blends adventure with emotional honesty. Her outdoor journey began on a whim—and quickly became a way of life. She has since hiked the Appalachian Trail, the Colorado Trail, and the Wonderland Trail, accumulating thousands of miles on foot and countless lessons along the way. Her "Rugged Outdoors Woman" persona, once just a tongue-in-cheek hashtag, has evolved into a symbol of her commitment to living boldly and authentically. Christine's work resonates with readers seeking stories of independence, resilience, and breaking free from expectations. When she's not on the trail, she's often traveling in her van, speaking at events, or working on her next book. She lives in New Mexico, USA.

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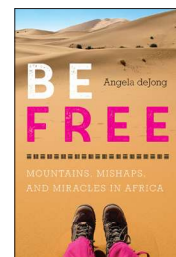
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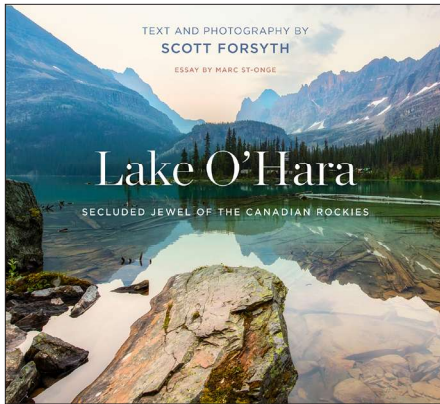


Chasing Africa  
 9781771605816, \$25.00



Be Free  
 9781771605175, \$25.00





# Lake O'Hara

## Secluded Jewel of the Canadian Rockies

Text and Photography by Scott Forsyth  
Essay by Marc St-Onge

| An intimate portrait of one of the most stunning alpine landscapes on Earth.

Tucked within Yoho National Park in the Canadian Rockies, Lake O'Hara is a place of rare beauty and deep history. In *Lake O'Hara: Secluded Jewel of the Canadian Rockies*, award-winning photographer Scott Forsyth captures this backcountry paradise in breathtaking detail — from mirrored reflections on the lake's surface to the rugged silhouettes of Wiwaxy Peaks and Odaray Mountain.

More than a photographic showcase, this book is a rich exploration of place. Geologist Dr. Marc St-Onge brings Lake O'Hara's dramatic landscapes to life with clear and compelling insights into their ancient origins. Learn how shifting continents, vanished oceans, and the immense power of time carved the peaks and valleys of this alpine sanctuary.

Readers will uncover stories of the people drawn to these mountains: Indigenous communities with deep-rooted ties to the land, and early explorers and artists — including Group of Seven painter J.E.H. MacDonald — who sought inspiration in the sublime.

Detailed chapters featuring over 200 stunning photographs highlight Lake O'Hara's most iconic hiking routes and vantage points, including Lake Oesa, the Opabin Plateau, Lake McArthur, the Lake O'Hara Alpine Circuit, and a climb up Wiwaxy Peaks. Whether you're planning a visit or seeking a stunning armchair escape, this book offers an unforgettable journey into one of Canada's most cherished wilderness areas.

**Scott Forsyth** is a celebrated landscape photographer and storyteller with a lifelong passion for capturing the wild heart of Canada. He is a Fellow of both the Royal Canadian Geographical Society and The Explorers Club, and currently serves as Canadian Geographic's Photographer-in-Residence. His previous book, *The Wild Coasts of Canada*, earned accolades from the Banff International Film and Book Festival. When not behind the lens, Scott works as an aviation medical examiner at Springbank Airport near Calgary and is training for his private pilot's licence — seeking new views from above the Rockies.

**Dr. Marc St-Onge** is a renowned geologist and veteran field researcher with over 135 published scientific papers and 120 geological maps to his name. During his 37-year career at the Geological Survey of Canada, he led expeditions from the Canadian Arctic to the Himalayas. A recipient of the Royal Canadian Geographical Society's Gold Medal and the Geological Society of America's Geologic Mapping Award, Marc was named one of Canada's 90 Greatest Explorers of All Time. He lives in Ottawa, where he continues his research as a Senior Emeritus Scientist.

Local Interest (AB) / Photography

April 2026 \* \$40.00

9781771605946 \* softcover

10" x 10", 288 pages, colour photographs

Forsyth's home: Calgary, AB

St-Onge's home: Ottawa, ON

Rocky Mountain Books

RIGHTS HELD: World, all languages

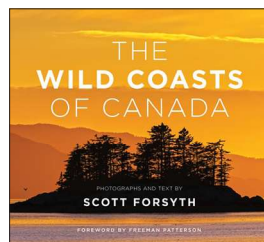
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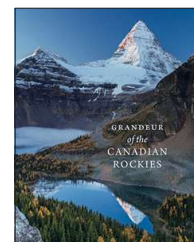
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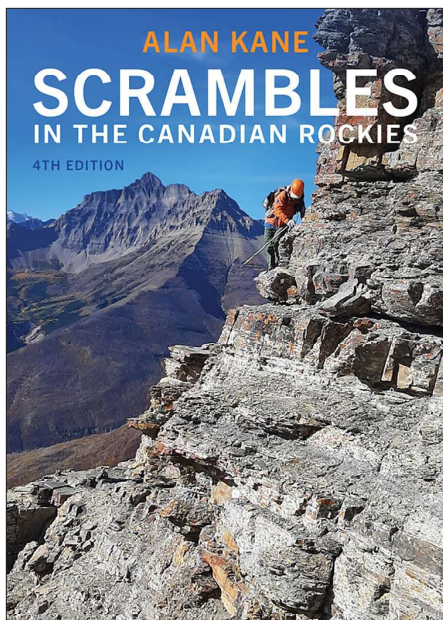
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Grandeur of the Canadian Rockies  
9781771602068, \$35.00







Sports / Mountaineering  
 February 2026 \* \$40.00  
 9781771607650 \* softcover  
 5" x 7", 448 pages, colour photos, maps  
 Author's home: Calgary, AB  
 Rocky Mountain Books

RIGHTS HELD: World, all languages  
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- Outreach to travel and tourism organizations
- Electronic ARCs
- Excerpts available

# Scrambles in the Canadian Rockies, 4th Edition

Alan Kane

The definitive guide to mountain adventure in the Canadian Rockies — revised and updated.

With more than 50,000 copies sold, *Scrambles in the Canadian Rockies* has inspired a generation of outdoor enthusiasts to reach new heights. Now fully revised and updated, this classic guidebook returns with everything today's scramblers need to reach the summit of more than 175 peaks in the Rockies.

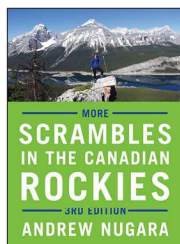
From Waterton Lakes in the south to Jasper in the north, Alan Kane covers a wide range of ascents — from steep hikes to hands-on, low-grade climbs — all accessible without ropes or technical climbing gear. Detailed route descriptions, clear directions, trailhead and parking info, and equipment tips are paired with photos and maps to help you reach the summit with confidence.

More than just a route guide, Kane's expert commentary includes historical tidbits, place name origins, and a touch of humour throughout. Whether you're a seasoned scrambler or a strong hiker ready for the next challenge, this book is your essential companion for unforgettable days in the high country.

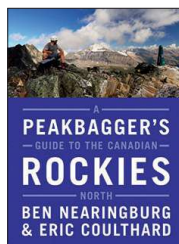
**Alan Kane** was born in Banff, Alberta, and grew up in Golden, British Columbia. In 1991, RMB published his original *Scrambles* guidebook, which to this day is almost solely responsible for the widespread popularity of non-technical mountain ascents, or scrambles, in western Canada and the United States. When he isn't hiking or scrambling, Alan may be found wandering along streams pursuing his other passion, fly-fishing. Alan is married to his very tolerant wife, Diana, and lives in Calgary, Alberta.

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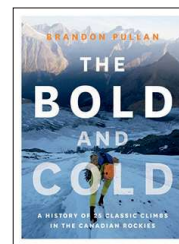
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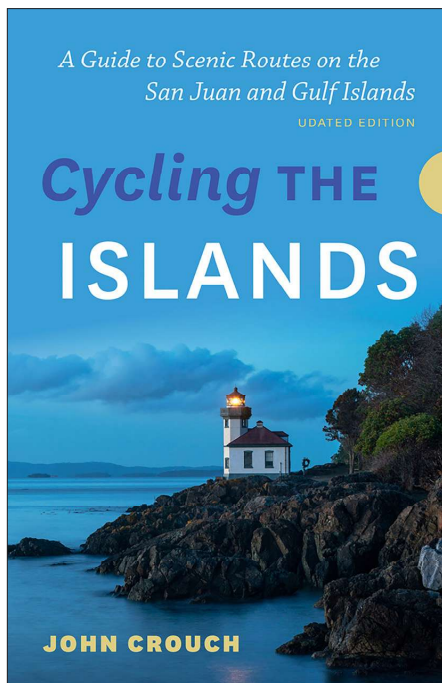
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 9781771601986, \$35.00



The Bold and Cold: A History of 25 Classic  
 Climbs in the Canadian Rockies  
 9781771601153, \$45.00







#### Local Interest (BC) / Guidebook

March 2026 \* \$25.00

9781771607759 \* softcover

5.5" x 8.5", 192 pages, colour photos & maps

Author's home: Victoria, BC

Rocky Mountain Books

RIGHTS HELD: World, all languages

Ebook also available

#### MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Excerpts available
- Electronic ARCs

# Cycling the Islands, Updated Edition

John Crouch

The essential companion for exploring the stunning landscapes and coastal charm of the Gulf Islands and San Juan Islands — now updated with the latest route details and travel tips.

With more than 30 carefully curated cycling adventures across 11 unique islands, this full-colour guidebook offers everything you need to plan your ride: detailed maps, local history, scenic highlights, points of interest, road types, route conditions, difficulty ratings, and start-and-end directions. Full of vibrant photographs and written in a clear, friendly tone, it's both inspiring and easy to use.

Whether you're pedalling through rolling farmland, hugging dramatic coastlines, or discovering local culture along the way, you'll find unforgettable routes in both Canada (Salt Spring, Pender, Mayne, Galiano, Gabriola, Denman, and Hornby) and the U.S. (San Juan, Lopez, Orcas, and Shaw).

Ideal for casual riders, seasoned cyclists, and anyone craving a slow-travel escape, *Cycling the Islands* is the ultimate guide to discovering these iconic islands by bike.

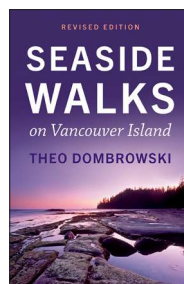
**John Crouch** has cycled for most of his life. As an adult, cycling has become one of his abiding passions. He has toured extensively throughout Western Canada, including riding from Whitehorse in the Yukon to Victoria, British Columbia's capital; crossing the province in five days; and exploring the back roads of southern Alberta. He has also toured through western Washington State and once rode from Victoria to San Francisco just to attend a friend's birthday. All of the long tours in this book he has completed more than once. As a competitive athlete, John has won both the Canadian Masters' long-distance triathlon and duathlon championships in his age group, and he claimed the World Endurance Duathlon Championship in the 60–64 age category. John lives in Victoria with his wife, Lorinda. In addition to cycling, he enjoys walking in his local neighbourhood and hiking in the hills surrounding the city. He has written five guidebooks: *Walk Victoria*, *Hike Victoria*, *Bike Victoria*, *Cycling the Islands*, and *Cycling Vancouver Island*, along with a cycling memoir, *Six Highways to Home*.

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#### OF RELATED INTEREST



Cycling Vancouver Island  
9781771605618, \$30.00

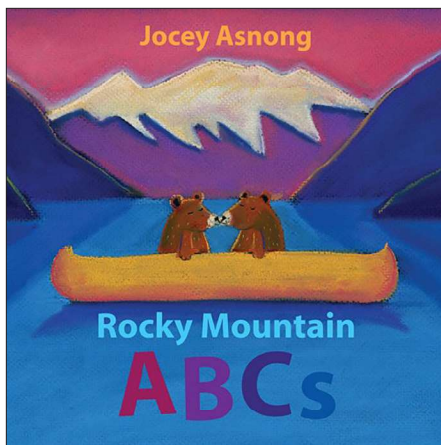


Seaside Walks on Vancouver Island –  
Revised Edition  
9781771606974, \$22.00



Popular Day Hikes: Vancouver Island –  
Revised Edition  
9781771607025, \$25.00





Children's Picture Book - Nonfiction (ages 4-8)  
 March 2026 \* \$20.00  
 9781771607797 \* hardcover picture book, no dustjacket  
 8" x 8", 24 pages, colour illustrations  
 Author's home: Belfast, PE  
 Rocky Mountain Books

RIGHTS HELD: World, all languages  
 Ebook not available

#### MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs

# Rocky Mountain ABCs

Jocey Asnong

Climb aboard for a joyful journey through the Canadian Rockies in this beautifully updated hardcover edition of Jocey Asnong's beloved alphabet adventure!

Bursting with colour, charm, and imagination, this lyrical ABC book introduces young readers to mountain animals of Western North America while exploring some of the region's most iconic natural landmarks. Paddle across Lake Louise, ski down snowy slopes with a grizzly bear, and scale alpine peaks with a sure-footed mountain goat — all while learning the alphabet.

With whimsical rhymes and vibrant illustrations, award-winning illustrator Jocey Asnong brings the magic of the mountains to life. Perfect for toddlers, preschoolers, and early readers, this sturdy new edition is a celebration of nature, outdoor play, and the joy of discovering letters — one majestic mountain scene at a time.

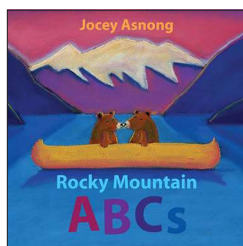
A wonderful companion to *Rocky Mountain 123s*, this hardcover edition of *Rocky Mountain ABCs* is perfect for young adventurers, families who love the outdoors, and anyone who dreams of the mountains.

Also available as a board book or paperback edition.

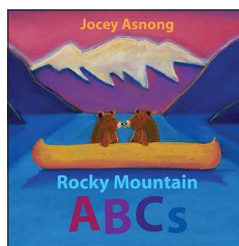
**Jocey Asnong** was raised by a pack of wild pencil crayons in a house made out of paper and stories. After finishing several years of illustration school at Sheridan College, she left the land of maple trees in Ontario and moved to the mountains of Alberta so she could wear mittens most of the year. When she is not chasing her cats around her art cave, she might be caught in a blizzard near Mount Everest, or running away from wild dogs in Mongolia, or peeking out castle windows in Scotland, or sleeping under the stars in Bolivia. Jocey's books for children include *Nuptse and Lhotse in Nepal* (winner of a Purple Dragonfly Award), *Nuptse and Lhotse Go to the Rockies*, *Nuptse and Lhotse Go to Iceland*, *Nuptse and Lhotse Go to the West Coast*, *Nuptse and Lhotse in the Land of the Midnight Sun*, *Nuptse and Lhotse Go to the Prairies*, *Nuptse and Lhotse in the Land of the Great Lakes*, *Explore Canada*, *Rocky Mountain ABCs*, *Rocky Mountain 123s*, *West Coast ABCs*, *West Coast 123s*, *Prairie ABCs*, *Prairie 123s*, and *Ontario ABCs*. She lives in Belfast, PEI.

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#### OF RELATED INTEREST



Rocky Mountain ABCs (board book)  
 9781771601634, \$12.00

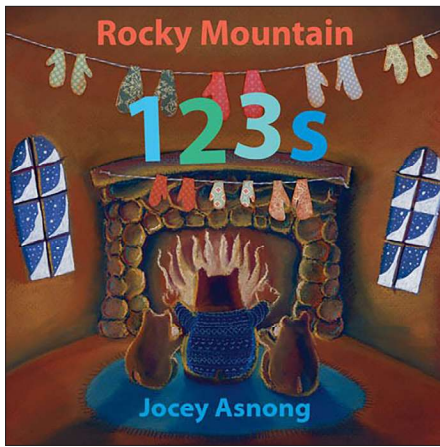


Rocky Mountain ABCs (softcover)  
 9781771605007, \$10.00



Explore Canada (hardcover)  
 9781771607193, \$20.00





Children's Picture Book - Nonfiction (ages 4-8)

March 2026 \* \$20.00

9781771607803 \* hardcover picture book, no dustjacket

8" x 8", 24 pages, colour illustrations

Author's home: Belfast, PE

Rocky Mountain Books

RIGHTS HELD: World, all languages

Ebook not available

#### MARKETING & PROMO:

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- Social media campaigns, blogger outreach, digital collateral for online use
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- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs

# Rocky Mountain 123s

Jocey Asnong

Now available in a beautiful new hardcover edition, this joyful counting book takes young readers on an imaginative adventure through the Canadian Rockies.

From one eagle soaring over snow-capped peaks to twenty marmots playing hide-and-seek, Rocky Mountain 123s teaches number recognition and counting from 1 to 20 with the help of playful alpine animals and whimsical mountain scenes. Children will giggle as they spot three bears sliding down scree, six lynx showing off snowboard tricks, and eight elk learning to skate.

Beloved author and illustrator Jocey Asnong brings her signature blend of vibrant colour, energy, and imagination to each page, while showcasing iconic mountain destinations like Takkakaw Falls, Lake Louise, Fernie, Maligne Canyon, and Banff.

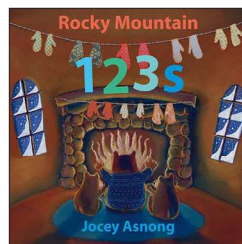
A cheerful companion to Rocky Mountain ABCs, this hardcover edition of Rocky Mountain 123s is perfect for young adventurers, families who love the outdoors, and anyone who dreams of the mountains.

Also available as a board book or paperback edition.

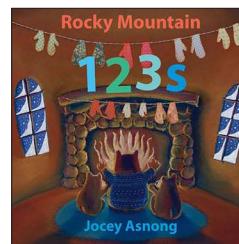
Jocey Asnong was raised by a pack of wild pencil crayons in a house made out of paper and stories. After finishing several years of illustration school at Sheridan College, she left the land of maple trees in Ontario and moved to the mountains of Alberta so she could wear mittens most of the year. When she is not chasing her cats around her art cave, she might be caught in a blizzard near Mount Everest, or running away from wild dogs in Mongolia, or peeking out castle windows in Scotland, or sleeping under the stars in Bolivia. Jocey's books for children include *Nuptse and Lhotse in Nepal* (winner of a Purple Dragonfly Award), *Nuptse and Lhotse Go to the Rockies*, *Nuptse and Lhotse Go to Iceland*, *Nuptse and Lhotse Go to the West Coast*, *Nuptse and Lhotse in the Land of the Midnight Sun*, *Nuptse and Lhotse Go to the Prairies*, *Nuptse and Lhotse in the Land of the Great Lakes*, *Explore Canada*, *Rocky Mountain ABCs*, *Rocky Mountain 123s*, *West Coast ABCs*, *West Coast 123s*, *Prairie ABCs*, *Prairie 123s*, and *Ontario ABCs*. She lives in Belfast, PEI.

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#### OF RELATED INTEREST



Rocky Mountain 123s (board book)  
9781771602112, \$12.00

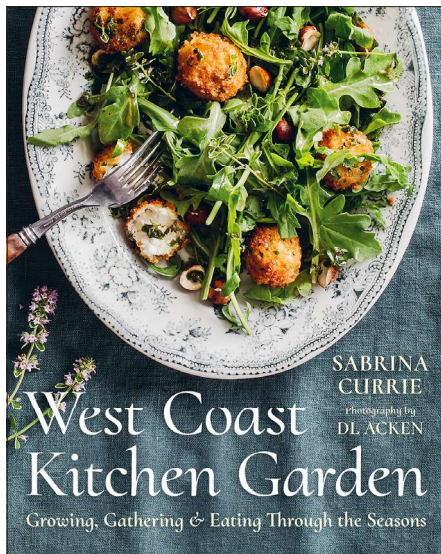


Rocky Mountain 123s (softcover)  
9781771605014, \$10.00



Explore Canada (hardcover)  
9781771607193, \$20.00





# West Coast Kitchen Garden

## Growing, Gathering, and Eating Through the Seasons

Sabrina Currie

Photography by DL Acken

"Currie teaches us not just what (and when) to grow, forage, and harvest, but how to cook and preserve it all beautifully . . . it makes me want to drop what I'm doing and get started on my dream garden!" —Rebecca Wellman, author of *First, We Brunch* and co-author of *Bisous & Brioche* and *Crust*

With a background in culinary school and sommelier training, Sabrina Currie has always been comfortable in the kitchen, but living on Vancouver island—a rich landscape for food growing, foraging, and fishing—inspired her to get comfortable in the dirt. After years of trial-and-error gardening and learning to apply her formidable cooking skills to food grown with her own hands, Currie gave us *West Coast Kitchen Garden*: the perfect guide to eating local, in season, and deliciously all year round.

Covering appetizers, main courses, snacks, desserts, and drinks, *West Coast Kitchen Garden* is full of nourishing whole food recipes to realign our kitchens with the land around us. From seeding, to tending, to harvesting, to the table, Currie follows West Coast plants through their life cycle and helps you incorporate them into your cooking. Each season opens with a gardening guide to make sure you're on track in your yard, followed by lovingly crafted seasonal menus to bring the outdoors to your kitchen. You'll find these recipes bursting with flavour and already perfectly paired into courses for scrumptious summer dinner parties, fall harvest celebrations, cozy winter feasts, and refreshing spring picnics.

Food & Drink / Cooking

May 2026 \* \$49.00

9781771514781 \* hardcover, paper over board

8" x 10", 384 pages, full colour

Currie's home: Campbell River, BC

Acken's home: Salt Spring Island, BC

TouchWood Editions

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

### MARKETING & PROMO:

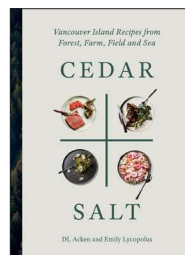
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- Outreach to travel and tourism organizations
- Electronic ARCs
- Excerpts available

**Sabrina Currie** is a writer and photographer, and the creator of the popular food and gardening blog West Coast Kitchen Garden. She is a regular contributor to *Edible Vancouver Island* and often offers her writing and photography services to food and beverage based businesses. With a background in culinary school, photography and sommelier training, she is passionate about encouraging her readers and community to grow, forage, and source food as locally as possible. You can find her online at [sabinacurrie.com](http://sabinacurrie.com).

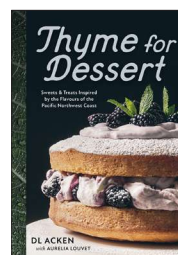
**Danielle (DL) Acken** is a Canadian-born international food writer and photographer who splits her time between London, UK and her farm studio on Canada's beautiful Salt Spring Island. See her work at [dackenphotography.com](http://dackenphotography.com).

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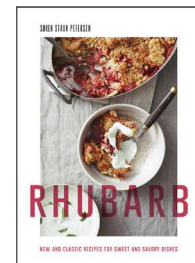
### OF RELATED INTEREST



Cedar and Salt  
9781771512947, \$49.00



Thyme for Dessert  
9781771514804, \$30.00



Rhubarb  
9781771514040, \$25.00





# Building a Sustainable Kitchen

A Practical Guide to Prioritizing the Planet from the Heart of Your Home



**Naomi Hansen**

Foreword by Elizabeth May, M.P.

Home & Garden/ Sustainability

April 2026 \* \$35.00

9781771514736 \* softcover

6" x 9", 368 pages

Hansen's home: Saskatoon, SK

TouchWood Editions

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

## MARKETING & PROMO:

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# Building a Sustainable Kitchen

## A Practical Guide to Prioritizing the Planet from the Heart of Your Home

Naomi Hansen

Foreword by Elizabeth May, OC MP

"With a thoughtful, evidence-based approach, Naomi empowers everyday Canadians to take practical steps toward a greener kitchen, without guilt or overwhelm." —Lori Nikkel, Chief Executive Officer of Second Harvest

When Canadian food writer Naomi Hansen first started a "sustainability" blog, she was overwhelmed by conflicting advice, shiny advertisements, and unrealistic recommendations. *Building a Sustainable Kitchen* is her antidote: a thoroughly researched and refreshing step-by-step guide every climate-conscious Canadian needs to make the heart of their home more planet-friendly.

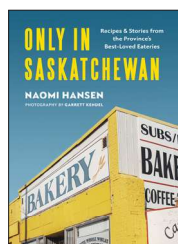
In each chapter, Naomi invites you on her journey to build a planet-friendly kitchen, with help from her husband Paul and their dog Rue. Drawing on wisdom from hundreds of expert interviews, academic studies, books, and more, *Building a Sustainable Kitchen* demystifies the science behind how what we do in the kitchen every day affects our Earth, and most importantly, shows you what you can do about it.

Each chapter contains a wealth of flexible recommendations for achievable, evidence-based changes that make a real impact for the planet. Chapters on reducing food waste, understanding plant-based, local, seasonal, and organic eating, and gardening teach us about the food on our plates. Chapters on the potential and pitfalls of composting and recycling, learning what it really means to send waste to a landfill, and navigating the nitty gritty of disposable and reusable items help us reduce garbage and grow toward a circular economy. From water use, to cleaning, to choosing appliances, to our beloved coffees and teas, *Building a Sustainable Kitchen* leaves no stone unturned. This heartfelt, practical guide proves that building a sustainable kitchen is not just possible, but that it can also be joyful and transformative.

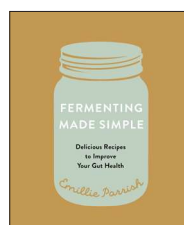
**Naomi Hansen** is an author, writer, and editor. Her first book, *Only in Saskatchewan* (2022) was the winner of two 2023 Saskatchewan Book Awards—the First Book Award and the Book of the Year Award. She is a regular contributor for many publications, including *Canadian Living* and *Chatelaine*, and is also the Saskatoon Bites food columnist for *CBC Saskatchewan*. When she's not writing, Naomi enjoys reading, cooking, hiking, and travelling. She lives on Treaty 6 Territory in Saskatoon, Saskatchewan with her partner, Paul, and their dog, Rue.

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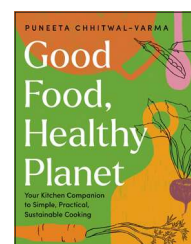
## OF RELATED INTEREST



Only in Saskatchewan  
9781771513555, \$45.00

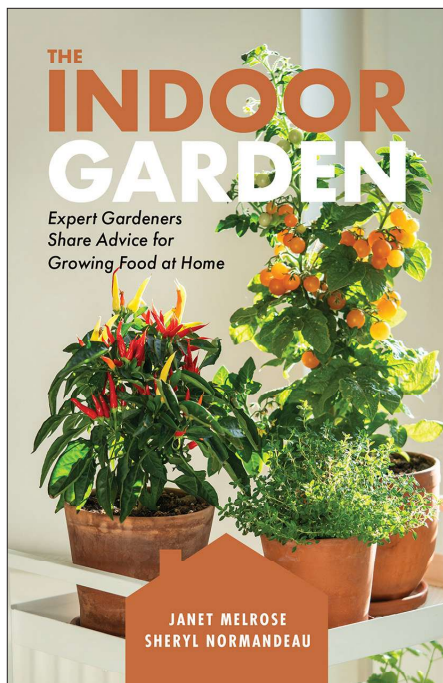


Fermenting Made Simple  
9781771513647, \$32.00



Good Food, Healthy Planet  
9781771514064, \$45.00





#### Gardening

April 2026 \* \$20.00

9781771514699 \* softcover

5.5" x 8.5", 160 pages

Melrose's home: Calgary, AB

Normandeau's home: Calgary, AB

TouchWood Editions

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

#### MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts and review coverage
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- Excerpts available

# The Indoor Garden

## Expert Gardeners Share Advice for Growing Food at Home

Janet Melrose

Sheryl Normandeau

**"You don't need to be an expert gardener or invest in a lot of fancy equipment to grow food indoors. The Indoor Garden is packed with easy and effective techniques for growing a wide assortment of edible plants like microgreens, tomatoes, mushrooms, citrus, and spices!" —Niki Jabbour, author of *The Year-Round Vegetable Gardener***

Whether plagued by a short growing season or a lack of outdoor space, or inspired by a love of edible greens, there are a dozen reasons to bring the garden indoors. In their signature accessible question-and-answer style, Janet and Sheryl explain that indoor plants require a totally different kind of tender love and care than outdoor plants, the and cover everything you need to know to have a thriving garden right inside your home.

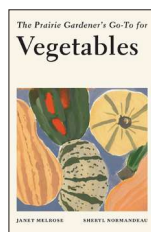
After a strong foundational chapter in essentials like natural and artificial light, temperature, tools, and growing medium, you'll be fully equipped to learn about techniques like hydroponics, aquaponics, vertical growing, and grow tents. If you're daydreaming about what you can grow for the dinner table, dive into chapters on microgreens, veggies and root veggies, herbs and spices, and fruits. After the harvest, learn about making more with less by growing from kitchen scraps. And if things go wrong, Janet and Sheryl help you tackle pests and mould, brighten up leggy plants and less-than-abundant harvests, and troubleshoot more complex growing systems. Full of valuable tips and tricks and heartening enthusiasm, *The Indoor Garden* is the perfect companion for first-time and experienced indoor gardeners alike.

**Janet Melrose** is the co-author of the Guides for the Prairie Gardener series, *Staying Alive*, *The Houseplanter*, and *Decking the Halls*. She is a garden educator and consultant, and holds a Prairie Horticulture Certificate and Home Farm Horticultural Therapy Certificate. She is a regular contributor to *The Gardener for Canadian Climates* magazine. She lives in Calgary where she runs her education and consulting company, Calgary's Cottage Gardener.

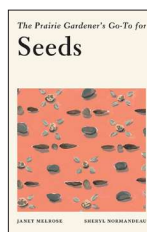
**Sheryl Normandeau** is the co-author of the Guides for the Prairie Gardener series, *Staying Alive*, *The Houseplanter*, and *Decking the Halls*, and author of *The Little Prairie Book of Berries*. A life-long gardener, she holds a Prairie Horticulture Certificate and a Sustainable Urban Agriculture Certificate and is a freelance writer specializing in gardening writing with hundreds of articles published. She is a regular contributor *The Gardener for Canadian Climates*, *The Prairie Garden Annual*, *Herb Quarterly*, and many more. She lives in Calgary.

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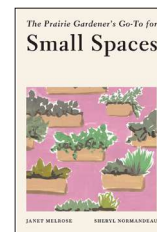
#### OF RELATED INTEREST



The Prairie Gardener's Go-To for Vegetables  
9781771513128, \$15.00

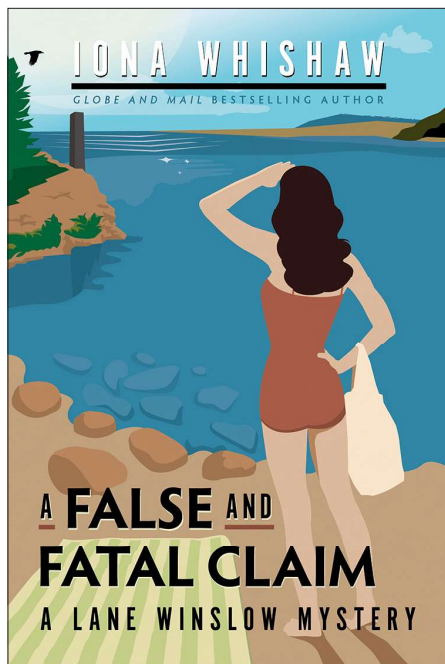


The Prairie Gardener's Go-To for Seeds  
9781771513449, \$15.00



The Prairie Gardener's Go-To for Small Spaces  
9781771513463, \$15.00





Fiction / Mystery

April 2025 \* \$21.95

9781771514668 \* softcover

5" x 7.5", 476 pages

Wishaw's home: Vancouver, BC

TouchWood Editions

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: Yes

Ebook also available

#### MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Festival appearances
- National author tour
- Electronic ARCs
- Excerpts available

# A False and Fatal Claim

## A Lane Winslow Mystery

Iona Wishaw

"Lane Winslow, an unlikely but resilient heroine, is someone to follow and someone to root for." —J. A. Jance, *New York Times* bestselling author

Lane Winslow is known in her idyllic British Columbia lake town of King's Cove for a bad habit of finding dead bodies. This time, all she's found is a suspiciously well-made hat abandoned in the brush, but she's certain there's a mystery afoot.

While Lane is overtaken by the urge to snoop around for clues, her husband, Inspector Darling, and his team at the Nelson Police Station find their straightforward case of a stolen boat suddenly complicated when a fourteen-year-old boy is reported missing from the local school. When the search for the boy, the hat's mysterious owner, and the boat lead them to the sudden disappearances of the local café cook, a visiting wealthy investor, and seventy thousand dollars in cash, the case quickly turns into a snarled tangle of missing people and scant, circumstantial evidence.

Desperate to keep a vulnerable and possibly violent young boy safe, Lane recruits the neighbours as Darling, Ames, Terrell, and April scour the local towns and wildernesses for answers—all while Ames struggles to focus through wedding jitters, and April and Terrell chafe under the questionable advice of meddling old "friends." At first, the daily dramas of King's Cove unfold uninterrupted around the simmering questions at the heart of this far-reaching mystery, but as the case reveals its roots in both the glitzy high society and criminal underground of 1920s Toronto, it soon becomes clear all hands will be needed on deck to get everyone to the coming wedding alive in one piece.

**Iona Wishaw** is a former educator and social worker whose mother and grandfather were both spies during their respective wars. She is the award-winning author of the *Globe and Mail* bestselling Lane Winslow Mystery series. She lives in Vancouver, British Columbia, with her husband.

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A Season for Spies  
9781771514828, \$19.95



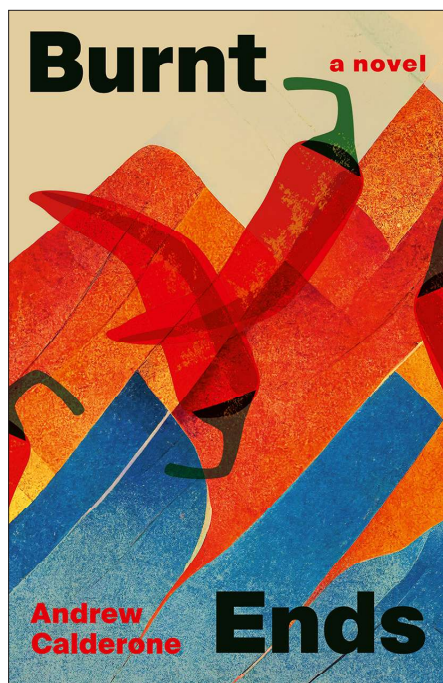
A Killer in King's Cove  
9781771511988, \$21.95



The Cost of a Hostage  
9781771514545, \$21.95







# Burnt Ends

## A Novel

Andrew Calderone

*"If you love *Parts Unknown*, *High on the Hog*, *Cooked*, or *Salt Fat Acid Heat*, you'll love *Burnt Ends*. It's a bittersweet search for belonging and noir thriller told with luscious food descriptions and wry wit."* —Annabel Lyon, author of *Consent* and *The Golden Mean*

Like many passionate cooks, Luca Russo learned to love food at his mother's elbow. But Luca's mother is no ordinary cook: she's a talented sous-chef at their renowned Toronto restaurant, and Luca finds himself daydreaming less about the dishes he'll conjure up than about winning a Michelin Star.

When Luca's mother finally tires of Canadian frigidness and takes her talents back to her hometown in Sicily, Russo is sure his prospects are obliterated, until a journalist suggests his long-lost father, once a renowned cook in his own right, may be alive and living on the West Coast—not lost, as he once thought, to the fire that destroyed his parents' first restaurant.

Without cash or company, Luca sets out to find his father, a quest that brings the young cook face-to-face with drug-running tree-planters, wild bears, treacherous waves, forest fires, mouth-watering recipes, and the harrowing secrets that split his family. *Burnt Ends* takes the reader on a culinary adventure across Canada, following one cook's journey to discover the land he comes from and the land he was raised on, and to understand what that means when he rolls up his sleeves to get cooking.

**Andrew Calderone** is an author and filmmaker from Toronto. His first novel, *Thirsty Scholars*, was crafted at the Humber School for Writers and his second novel, *Borders in the Sand*, was written whilst roaming Central America and the Dominican Republic. Andrew also wrote and co-directed the award-winning films *Cold Is My Brother* and *Exit Interview* (CBC). He has studied at University College Cork in Ireland, the University of the West Indies in Barbados, and York University in Toronto, and served as an editor for *PRISM International* at the University of British Columbia. Food and storytelling have taken Andrew across the globe. Find him online at [andrewcalderone.com](http://andrewcalderone.com).

### Fiction

May 2026 \* \$26.00

9781771514897 \* softcover

5.5" x 8.5", 264 pages

Calderone's home: London, ON

TouchWood Editions

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AVAILABLE VIA UTP: No

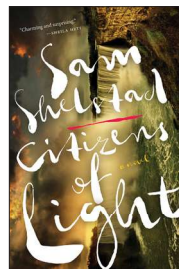
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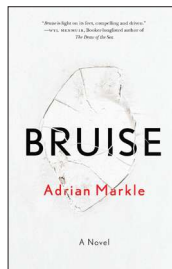
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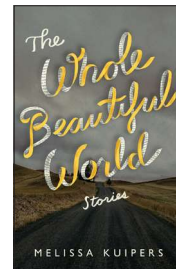
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