



FALL 2025 BOOKS CATALOG

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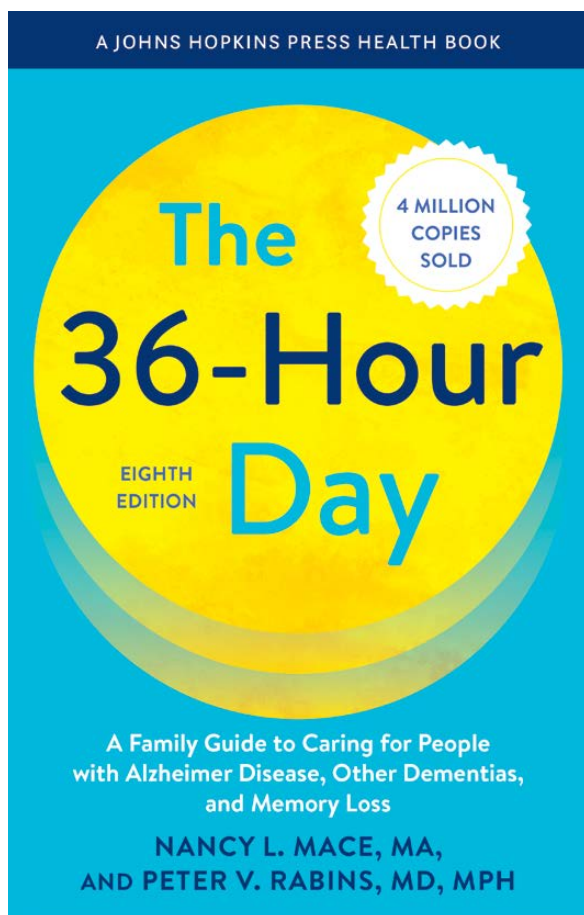
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**TRADE &
GENERAL INTEREST**



The 36-Hour Day

A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory Loss, Eighth Edition

NANCY L. MACE, MA, AND PETER V. RABINS, MD, MPH

For 40 years, *The 36-Hour Day* has been the leading work on the care of people with dementia and their family members. Written by experts with decades of experience caring for individuals with memory loss, Alzheimer disease, and other dementias, the book's authoritative and compassionate approach to care features discussions of the causes of dementia and the management of its symptoms from the early stages to late-stage disease.

This edition highlights the significant advances in diagnostic testing, treatment, and research that have occurred in recent years. Offering useful takeaway messages and informed by the latest practices in dementia care, this new edition has been thoroughly updated. The book features:

- updated information on prevention, new diagnostic methods and criteria, and advances in medication therapy;
- essential insights on everything from home care aides to useful apps to promising preventive techniques and therapies; and
- practical advice for avoiding caregiver burnout—plus tips for when and how to get additional help.

Like earlier editions, the eighth edition focuses on improving the lives of those with dementia and memory loss as well as those who love and care for them. The definitive guide to dementia care, *The 36-Hour Day* offers readers compassionate guidance and a ready resource for every step of the journey.

HEALTH & FITNESS / Diseases & Conditions / Alzheimer's & Dementia

Available 09/16/2025

\$59.95 • Hardcover • 9781421452456

\$24.95 • Paperback • 9781421452463

456 pages • 6.125 x 9.25"

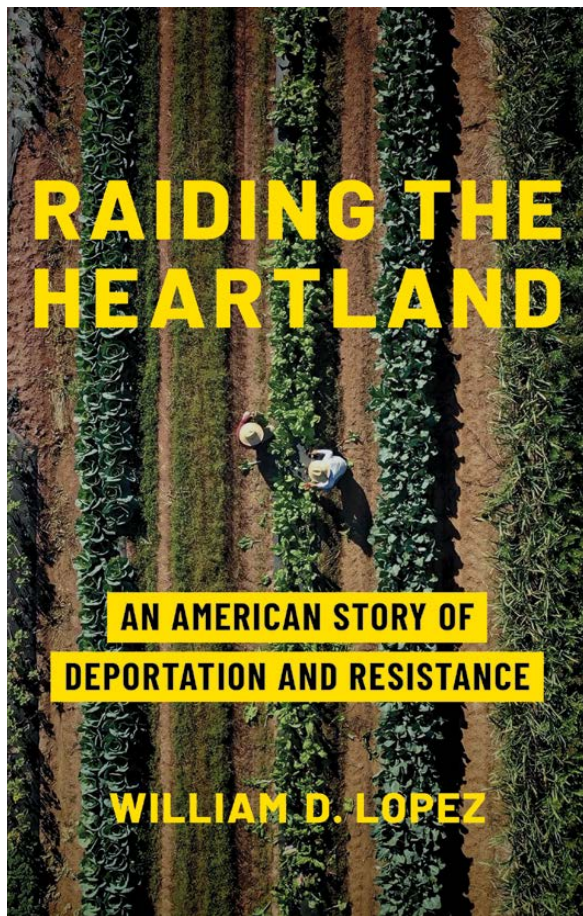
Also available as an ebook

Nancy L. Mace, MA, is retired. She was a consultant to and member of the board of directors of the Alzheimer's Association and an assistant in psychiatry and coordinator of the T. Rowe and Eleanor Price Teaching Service of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.

Peter V. Rabins, MD, MPH, is professor emeritus in the Departments of Psychiatry and Medicine at the Johns Hopkins University School of Medicine. The author of *Is It Alzheimer's? 101 Answers to Your Most Pressing Questions about Memory Loss and Dementia* and *The Why of Things*, he was the founding director of the Division of Geriatric Psychiatry and Neuropsychiatry and the first holder of the Richman Family Professorship for Alzheimer's and Related Diseases.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 5



Raiding the Heartland

An American Story of Deportation and Resistance

WILLIAM D. LOPEZ

Across the United States, Immigration and Customs Enforcement (ICE) upends small towns and rural communities by staging dramatic raids and rounding up hundreds of people in a single day. These worksite raids fracture families, devastate local economies, and spread fear and trauma that lingers for years. Yet in the wake of these devastating raids, immigrant communities exhibit resistance, resilience, creativity, and an extraordinary determination to rebuild.

In this powerful follow-up to his best-seller *Separated: Family and Community in the Aftermath of an Immigration Raid*, William D. Lopez brings us into the heart of communities targeted by large-scale ICE enforcement under the Trump administration. These are places where immigrant workers, many of whom have lived in the United States for decades, are suddenly torn from their families and livelihoods. Based on extensive fieldwork, this book highlights the voices of those who have endured these raids: the teachers left to comfort traumatized children, the faith leaders who opened their doors to families in crisis, the organizers who mobilized relief efforts overnight, and the workers and their families who fought for their right to remain.

As raids continue to increase across the country, this book is an urgent and deeply human portrait of what these raids leave behind—and the fierce, often unexpected ways communities come together across class, race, and immigration status in their aftermath.

**POLITICAL SCIENCE / Public Policy /
Immigration**

Available 09/23/2025

\$28.95 • Hardcover • 9781421453705

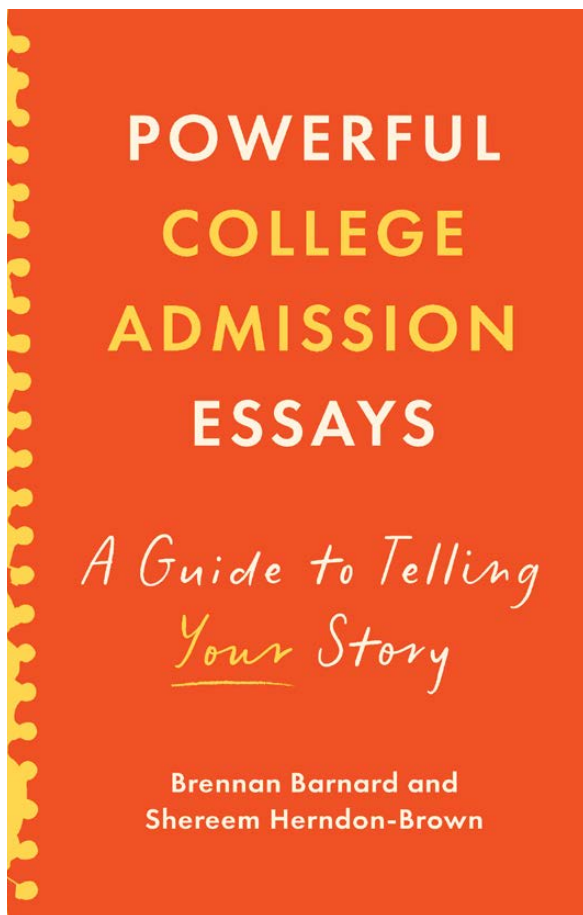
256 pages • 6 x 9"

Also available as an ebook

William D. Lopez is a clinical associate professor at the School of Public Health and a faculty associate in the Latina/o Studies Program at the University of Michigan. He is the author of *Separated: Family and Community in the Aftermath of an Immigration Raid*.

Book information, prices, and publication date are subject to change without notice.

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Powerful College Admission Essays

A Guide to Telling Your Story

BRENNAN BARNARD AND SHEREEM HERNDON-BROWN

The college essay is a defining moment in the admissions process that offers students the chance to showcase their unique stories and voices beyond grades and test scores alone. *Powerful College Admission Essays* is a practical guide designed to help students and families navigate this challenging task. Written by seasoned admissions professionals and counselors with decades of experience, this book helps students write distinct essays that authentically reflect who they are.

This essential guide covers the entire process—from brainstorming and storytelling to structure, tone, and editing—while addressing common hurdles like writer’s block, clichés, and the complexities of integrating AI tools responsibly. Recognizing the pivotal role of families and educators, the authors include insights on how parents and counselors can support students without taking over the process. It’s an invaluable resource not only for high school students and their families but also for teachers and counselors leading essay-writing workshops or working with underserved and first-generation college applicants.

Unlike other books that promise shortcuts or “secrets” to a perfect essay, this guide emphasizes introspective and thoughtful self-expression. It prepares students to adapt their writing to the changing admissions landscape, including recent shifts following the Supreme Court’s decision on affirmative action. *Powerful College Admission Essays* offers the tools and inspiration to transform the college essay from a source of stress into an opportunity for growth and storytelling.

STUDY AIDS / College Entrance

Available 09/23/2025

\$19.95 • Paperback • 9781421453682

136 pages • 6 x 9”

Also available as an ebook

Brennan Barnard is the director of college counseling for Khan Lab School and for the College Guidance Network. He also serves as the college admission program advisor for the Harvard Graduate School of Education’s Making Caring Common project.

Shereem Herndon-Brown is the founder and chief education officer of Strategic Admissions Advice, an educational consulting firm specializing in the creation of college counseling curriculum for charter schools and school districts, online essay courses, and personalized college advice coaching.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | [PRESS.JHU.EDU](https://press.jhu.edu) | FALL 2025 | 7

Teaching with AI

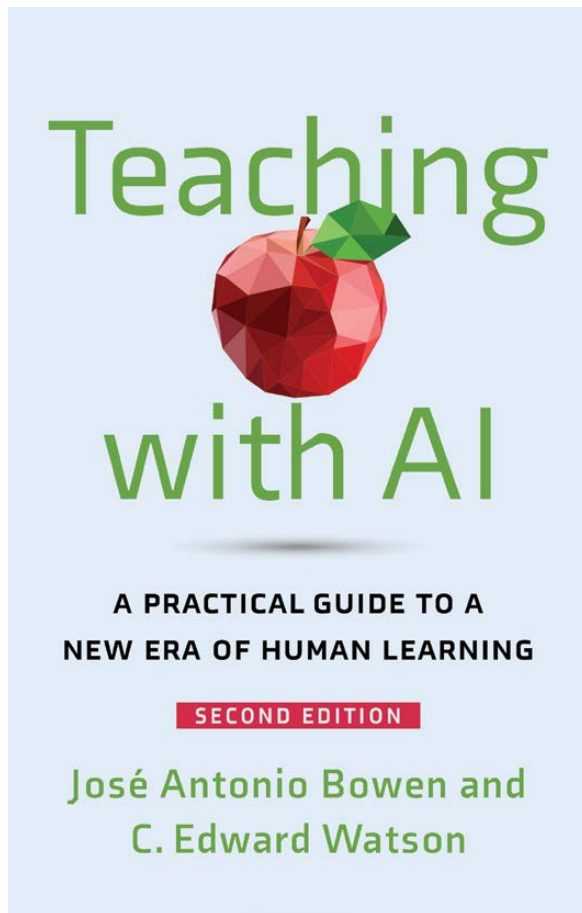
A Practical Guide to a New Era of Human Learning, Second Edition

JOSÉ ANTONIO BOWEN AND C. EDWARD WATSON

Artificial Intelligence is revolutionizing the way we learn, work, and think. Its integration into classrooms and workplaces is already underway, transforming ideas about creativity, authorship, and education. In this practical guide, teachers will discover how to harness and manage AI as a powerful teaching tool. José Antonio Bowen and C. Edward Watson present emerging and powerful research on the seismic changes AI is already creating in schools and the workplace, providing invaluable insights into what AI can accomplish in the classroom and beyond.

This second edition provides essential updates to new classes of tools—such as reasoning models, deep research, and agents—as well as many new assignment ideas and revised prompt ideas throughout. The authors expand the section on simulations and role-playing and include a brand-new section on customized bots. A new chapter on ethics and environmental concerns rounds out the collection. By learning how to use new AI tools and resources, educators will gain the confidence to navigate the challenges and seize the opportunities presented by AI. From interactive learning techniques to advanced assignment and assessment strategies, this comprehensive guide offers practical suggestions for integrating AI effectively into teaching and learning environments. Bowen and Watson tackle crucial questions related to academic integrity, cheating, and other emerging issues.

In the age of AI, critical thinking skills, information literacy, and a liberal arts education are more important than ever. As AI continues to reshape the nature of work and human thinking, educators can equip students with the skills they need to thrive in a rapidly evolving world. This indispensable guide leads educators through the uncharted territory of AI-powered education and the future of teaching and learning.



EDUCATION / Schools / Levels / Higher

Available 12/02/2025

\$25.95 • Paperback • 9781421453392

296 pages • 5.5 x 8.5" • 3 b&w illus.

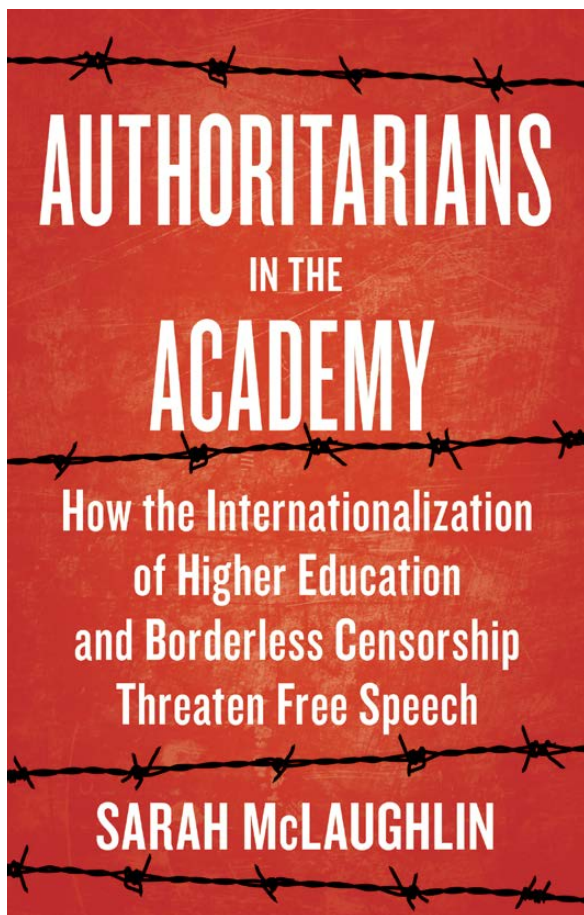
Also available as an ebook

José Antonio Bowen is the author of *Teaching Naked: How Moving Technology Out of Your College Classroom Will Improve Student Learning* and *Teaching Change: How to Develop Independent Thinkers Using Relationships, Resilience, and Reflection*. He is the former president of Goucher College.

C. Edward Watson is the Associate Vice President for Curricular and Pedagogical Innovation at the American Association of Colleges and Universities. He is the former Director of the Center for Teaching and Learning at the University of Georgia. He is the author of *Playing to Learn with Reacting to the Past: Research on High Impact, Active Learning Practices*. Bowen and Watson are coauthors of *Teaching Naked Techniques: A Practical Guide to Designing Better Classes*.

Book information, prices, and publication date are subject to change without notice.

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Authoritarians in the Academy

How the Internationalization of Higher Education and Borderless Censorship Threaten Free Speech

SARAH McLAUGHLIN

In an era of globalized education, where ideals of freedom and inquiry should thrive, an alarming trend has emerged: foreign authoritarian regimes infiltrating American academia. In *Authoritarians in the Academy*, Sarah McLaughlin exposes how higher education institutions, long considered bastions of free thought, are compromising their values for financial gain and global partnerships.

This groundbreaking investigation reveals the subtle yet sweeping influence of authoritarian governments. Universities leaders are allowing censorship to flourish on campus, putting pressure on faculty, and silencing international student voices, all in the name of appeasing foreign powers. McLaughlin exposes the troubling reality where university leaders prioritize expansion and profit over the principles of free expression. The book describes incidents in classrooms where professors hesitate to discuss controversial topics and in boardrooms where administrators weigh the costs of offending oppressive regimes. McLaughlin offers a sobering look at how the compromises made in American academia reflect broader societal patterns seen in industries like tech, sports, and entertainment.

Meticulously researched and unapologetically candid, *Authoritarians in the Academy* is an essential read for anyone who believes in the transformative power of education and the necessity of safeguarding it from the creeping tide of authoritarianism.

EDUCATION / Schools / Levels / Higher

Available 08/19/2025

\$29.95 • Hardcover • 9781421452807

328 pages • 6 x 9"

Also available as an ebook

Sarah McLaughlin is a senior scholar of global expression at the Foundation for Individual Rights and Expression.

Book information, prices, and publication date are subject to change without notice.

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Why Whales Sing

EDUARDO MERCADO III

With breathtaking complexity and haunting beauty, the songs of whales have long fascinated scientists. Whales are the only mammals that sing continuously for ten hours or more, and they do so loudly, even when no listeners are nearby. They also change the songs they sing every year. In *Why Whales Sing*, bioacoustician and cognitive scientist Eduardo Mercado transforms our understanding of these enigmatic sounds and proposes a groundbreaking theory that challenges decades of established science.

Fifty years of field research have led most scientists to conclude that humpback whales sing for the same reason that birds do: to advertise their sexual fitness. But if whale songs are nothing more than tools of attraction, why do whales sing even when they're alone? In light of modern advances in neuroscience and ocean acoustics, Mercado reaches the surprising conclusion that whales may not actually be "singing," but rather engaging in an activity more commonly associated with dolphins and bats—echolocating—which enables them to see their world with sound. By incessantly streaming sounds while listening closely to the returning echoes, whales may be actively tuning their brains in ways that allow them to monitor the movements of silent whales located miles away.

Sophisticated, long-range sonar can enable whales to perceive their vast underwater worlds in unimaginable ways. From the military origins of whale song recordings to the persistent mysteries of cetacean communication, this book displays the wonder of whales and reshapes how we view their intelligence, behavior, and acoustic mastery.

SCIENCE / Life Sciences / Marine Biology

Available 11/04/2025

\$29.95 • Hardcover • 9781421452890

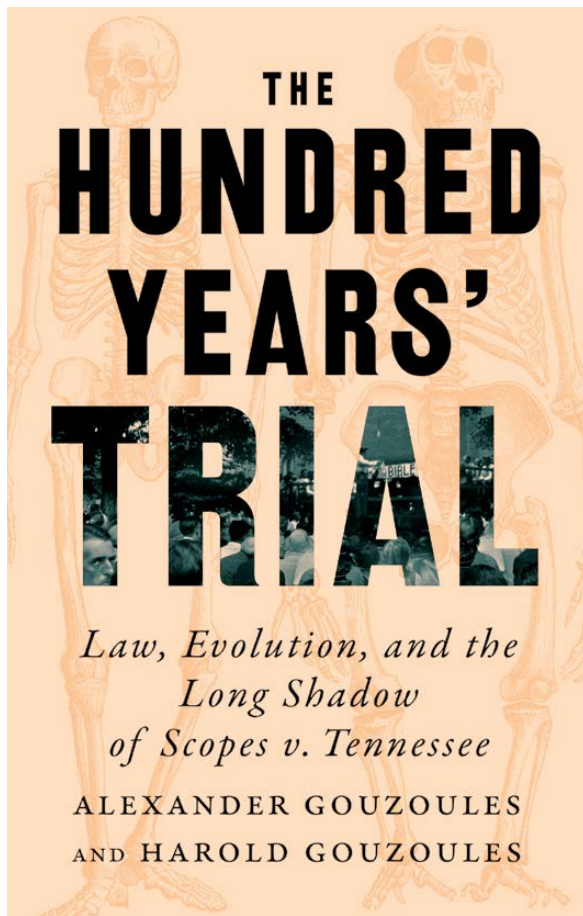
344 pages • 6 x 9" • 30 b&w illus.

Also available as an ebook

Eduardo Mercado III is a professor of psychology at the University of Buffalo, SUNY, and a 2023 Guggenheim Fellow. He is the author of *Principles of Cognition: Finding Minds*, and coauthor of *Learning and Memory: From Brain to Behavior*.

Book information, prices, and publication date are subject to change without notice.

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The Hundred Years' Trial

Law, Evolution, and the Long Shadow of Scopes v. Tennessee

ALEXANDER GOUZOULES AND HAROLD GOUZOULES

In *The Hundred Years' Trial*, Alexander and Harold Gouzooules explore the century-long impacts of the historic 1925 *Scopes* “Monkey Trial,” starting with the development of evolutionary theory and charting the resulting cultural and legal conflicts over evolution in the United States. Through a blend of legal history, scientific exploration, and cultural analysis, the authors reexamine how this landmark trial remains a pivotal moment in shaping modern debates on science, religion, and education.

The *Scopes* Trial became a symbol of a larger culture clash, where questions of academic freedom, the role of religion in public life, and the boundaries of state intervention are fiercely debated. This book uncovers the complex layers of this conflict, offering readers a broader perspective that extends beyond the courtroom drama. In tracing the legacies of Clarence Darrow and William Jennings Bryan, the authors analyze how the trial’s outcomes reverberated through later Supreme Court cases and shaped public policies and educational standards well into the twenty-first century. The authors further illustrate how the dialogue surrounding evolution has contributed to contentious debates—not merely over the acceptance of evolutionary theory itself, but regarding emergent claims and interpretations that continue to generate public and legal scrutiny.

One hundred years later, the tensions between science and religious belief that were so brightly illuminated by *Scopes* are not only still with us, but also increasingly relevant to the perpetual cultural issues in the American political consciousness: abortion, climate change, and vaccines. *The Hundred Years' Trial* is vital for understanding not only how we arrived at our current political moment, but also where we go next in communicating science to a skeptical public.

“Great scientific advances confront heartfelt religious faith from Darwin’s time through the *Scopes* ‘monkey’ trial to today’s eerily similar (and equally needless) battles. Two friends, brilliant progressive lawyers, clash in court over teaching evolution, with echoes down to us in a fraught legacy. An elegant saga of science and law.”

—MELVIN KONNER,

author, *The Tangled Wing: Biological Constraints on the Human Spirit*

HISTORY / United States / General

Available 07/01/2025

\$32.95 • Hardcover • 9781421452173

336 pages • 6 x 9” • 14 b&w illus.

Also available as an ebook

Alexander Gouzooules is a legal scholar and associate professor at the University of Missouri School of Law.

Harold Gouzooules is an evolutionary biologist and a professor in the department of psychology at Emory University.

Book information, prices, and publication date are subject to change without notice.

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TRAITOR



The LIFE & ASSASSINATION
of JOHN DUNN HUNTER,
AMERICAN RADICAL
ANDY DOOLEN

Traitor

The Life and Assassination of John Dunn Hunter, American Radical
ANDY DOOLEN

John Dunn Hunter was many things: a frontier hero, a writer, a celebrity at home and abroad, and, ultimately, the victim of a deadly conspiracy. Born to white parents in 1800, he was captured as a young child by the Kickapoo and later raised by the Kansa and then the Osage. As a young man, he left his Osage family and crossed the Mississippi into the United States, where he became an ardent and persuasive voice in favor of Indigenous sovereignty in the face of western expansion and the removal of native populations.

In this gripping biography, Andy Doolen chronicles Hunter's compelling life and disgraceful murder. Often referred to as the "white Indian," Hunter published a gripping account of his life story and held court with esteemed figures of his day, from Presidents Jefferson and Madison to the Duke of Sussex and visionary reformer Robert Owen. But advocating for the rights of Indigenous people and nations painted a target on his back. Officials in the War Department accused him of being an imposter and the author of a hoax, but Hunter never had the chance to defend himself. He was in Texas at the time, one of the leaders in a pan-Indian movement for sovereignty, when he was assassinated in the infamous Fredonian Rebellion.

Although Hunter could not have known it at the time, he was at the vanguard of a movement for an inclusive vision of democracy that embraced Indigenous rights and humanity rather than excluding and denying them. Hunter's story is a stark reminder of the work that still must be done to fulfill the promises of the American experiment.

HISTORY / United States / General

Available 12/02/2025

\$34.95 • Hardcover • 9781421453286

384 pages • 6 x 9" • 19 b&w illus.

Also available as an ebook

Andy Doolen is a professor of English and American studies at the University of Kentucky. He is the author of *Territories of Empire: US Writing from the Louisiana Purchase to Mexican Independence*.

Book information, prices, and publication date are subject to change without notice.

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Lessons from the New Cold War

America Confronts the China Challenge

EDITED BY HAL BRANDS

A new Cold War is unfolding—one that will define the future of the international order. In *Lessons from the New Cold War*, editor Hal Brands assembles an all-star cast of the most influential thinkers in foreign policy, defense strategy, technology, and economics to grapple with the defining geopolitical rivalry of our time: the competition between the United States and China.

Over the past decade, Washington has placed its contest with Beijing at the center of its national strategy, forging a rare consensus across the political spectrum. But as this global confrontation intensifies—across supply chains, the Taiwan Strait, and cyberspace—key questions remain. Where is America succeeding? Where is it falling short? And how can it prepare for what lies ahead? Through a sweeping analysis that spans cutting-edge technology, economic decoupling, and military strategy, this book explores the multilayered nature of the conflict.

Contributors examine China's assertive economic statecraft and its ambitions for a new global order, the shifting nuclear balance and the intelligence war, the complex web of Indo-Pacific alliances, and the ideological struggle over democracy and authoritarianism. Covering vital topics like semiconductor supremacy, democracy's durability, India's strategic role, and the future of US leadership, this incisive collection offers an unflinching assessment of the new Cold War's stakes—and a roadmap for navigating its challenges. Essential reading for policymakers, scholars, and anyone concerned with the global balance of power, it is a vital guide to a rivalry that is reshaping the twenty-first century.

POLITICAL SCIENCE / Public Policy / General

Available 07/01/2025

\$32.95 • Paperback • 9781421453446

304 pages • 6 x 9" • 5 maps

Also available as an ebook

Hal Brands is the Henry A. Kissinger Distinguished Professor of Global Affairs at the Johns Hopkins School of Advanced International Studies (SAIS) and a scholar at the American Enterprise Institute. A columnist for *Bloomberg Opinion*, he is also the author or editor of several books, including *War in Ukraine: The Future of Conflict, Competition, and Cooperation*; *COVID-19 and World Order: Conflict, Strategy, and the Return of a Fractured World*; *The New Makers of Modern Strategy: From the Ancient World to the Digital Age*; and *The Twilight Struggle: What the Cold War Teaches Us about Great-Power Rivalry Today*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 13

Understanding High-Risk Pregnancy

A PATIENT'S GUIDE
TO PRENATAL
COMPLICATIONS

Alan M. Peaceman, MD

Understanding High-Risk Pregnancy

A Patient's Guide to Prenatal Complications

ALAN M. PEACEMAN, MD

In the United States, millions of people experience the life-changing event of pregnancy every year, but for nearly one-third of them, the journey comes with heightened risks. In this compassionate guide, obstetrician-gynecologist Alan M. Peaceman, MD, explores the complexities of high-risk pregnancies with the empathy and clarity that every expectant parent deserves.

With over thirty years of experience treating patients with high-risk pregnancies, Dr. Peaceman explains:

- What constitutes a high-risk pregnancy and how to identify key factors that make one more likely
- The potential negative and positive effects of medication use during pregnancy, with a focus on essential drugs for managing chronic conditions
- How to address anxiety, depression, and the increased likelihood of postpartum depression for women with preexisting mental health conditions
- The challenges associated with advanced maternal age, including genetic testing and increased monitoring
- How to deal with preexisting health issues such as hypertension, diabetes, thyroid disorders, and autoimmune diseases.
- How the baby can be evaluated for genetic and structural abnormalities
- How to identify and treat pregnancy complications, including preeclampsia, preterm birth, and placental problems
- Special considerations and strategies for handling complicated twin and triplet pregnancies
- The cause, evaluation, and clinical management of each high-risk condition

This companion for expectant parents and their families provides essential knowledge and guidance on how to make informed choices while working collaboratively with health care providers.

“Dr. Peaceman has guided thousands of women through complicated pregnancies. His thoughtful and comprehensive new book addresses the challenges of complex pregnancies in a patient-centered, digestible manner, and is a critical guide for patients with or contemplating a high-risk pregnancy. Everyone can now benefit from Dr. Peaceman’s expertise and words of wisdom.”

—JUSTIN R. LAPPEN, MD,

Director of Maternal-Fetal Medicine, Cleveland Clinic

HEALTH & FITNESS / Pregnancy & Childbirth

Available 08/19/2025

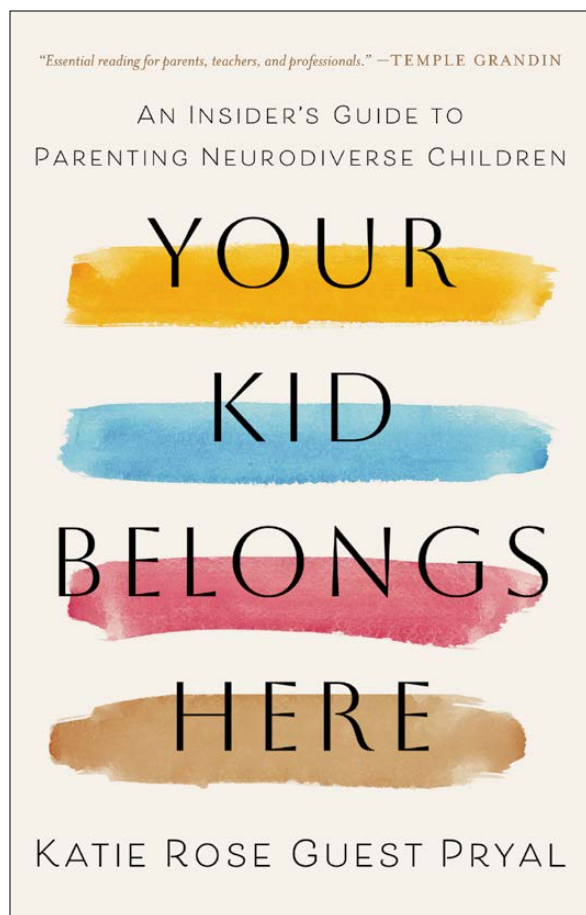
\$54.95 • Hardcover • 9781421452326

\$22.95 • Paperback • 9781421452333

280 pages • 6 x 9" • 7 b&w illus.

Also available as an ebook

Alan M. Peaceman, MD, is an obstetrician-gynecologist at the Prentice Women’s Hospital of Northwestern Medicine and Professor Emeritus of Obstetrics and Gynecology at the Northwestern University Feinberg School of Medicine.



FAMILY & RELATIONSHIPS / Autism Spectrum Disorders

Available 11/11/2025

\$22.95 • Paperback • 9781421453354

\$54.95 • Hardcover • 9781421453347

240 pages • 6 x 9"

Also available as an ebook

Katie Rose Guest Pryal is a bipolar-autistic speaker and the author of *A Light in the Tower: A New Reckoning with Mental Health in Higher Education*, *Life of the Mind Interrupted: Essays on Mental Health and Disability in Higher Education*, and *Even If You're Broken: Bodies, Boundaries, and Mental Health*.

Your Kid Belongs Here

An Insider's Guide to Parenting Neurodiverse Children

KATIE ROSE GUEST PRYAL

Your Kid Belongs Here is a heartfelt, practical guide to parenting children in a world not designed for them—or their parents. Combining personal stories, research, and helpful strategies, Katie Rose Guest Pryal shares her journey as a neurodivergent mother raising neurodivergent children and offers a powerful narrative of advocacy, empathy, and resilience.

This book addresses the unique challenges faced by neurodiverse families while celebrating the strengths of neurodivergent children and parents alike. With a focus on building trust, fostering self-advocacy, and embracing neurodiversity, this guide:

- Provides advice on parenting children with developmental neurodivergences such as ADHD and autism; psychiatric disabilities such as anxiety and depression; and acquired neurodivergences such as post-concussion syndrome.
- Offers strategies for supporting emotional regulation and managing children's meltdowns, anxiety, and other emotional challenges.
- Guides parents on navigating schools and advocating for their child's rights in educational settings, including securing accommodations like IEPs and 504 plans.
- Discusses the psychological impact of masking and how to create spaces where children can express their true selves.
- Provides balanced insights into medication use, addressing societal shame, and emphasizing informed, personalized choices.
- Encourages parents to support and engage with their children's special interests and passions as a pathway to growth and confidence.
- Highlights the importance of parents' self-care and well-being, with practical tips for managing stress and maintaining resilience.

An empowering, empathetic resource for parents, educators, and advocates, this guide invites readers to reimagine how inclusive and supportive parenting can contribute to a more compassionate world.

"An autistic mother provides lots of practical advice on raising her kids. Essential reading for parents, teachers, and professionals. I really liked her recommendations on social media use and navigating difficult IEP meetings with the school. Her common-sense views on the use of medication were refreshing."

—TEMPLE GRANDIN,

author, *Thinking in Pictures: My Life with Autism*

Book information, prices, and publication date are subject to change without notice.

May Contain Anxiety

Managing the Overwhelm of Parenting Children with Food Allergies

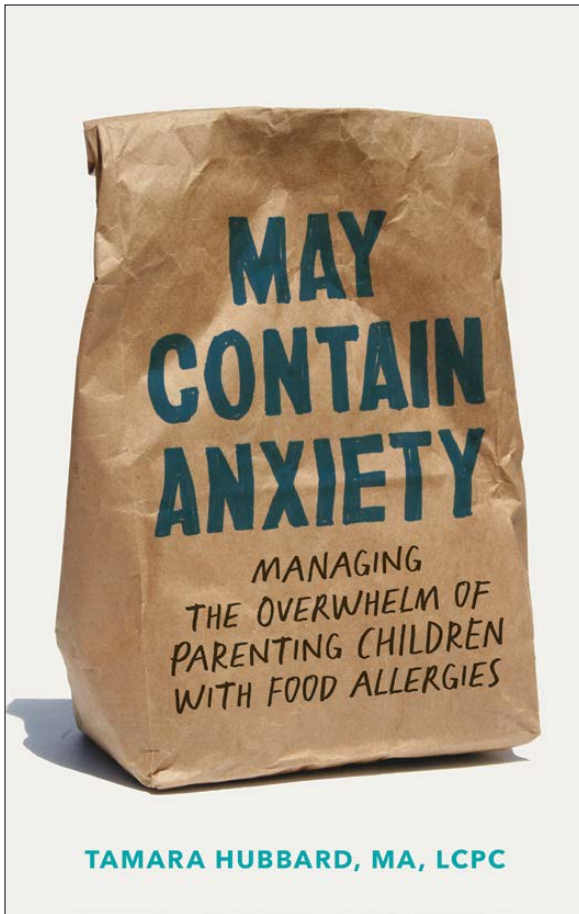
TAMARA HUBBARD, MA, LCPC

Parenting a child with food allergies or other allergic conditions means navigating a labyrinth of emotions, decisions, and challenges. In *May Contain Anxiety*, licensed therapist and allergy parent Tamara Hubbard provides practical guidance tailored to the millions of parents managing this reality. Through her own parenting experiences, clinical expertise, and the voices of other allergy parents, Hubbard offers a compassionate resource to help you thrive amid the overwhelm.

This essential guide provides:

- Insight into the emotional and psychological challenges of allergy parenting, including managing anxiety, dealing with uncertainty, and navigating developmental changes.
- Acceptance and Commitment Therapy (ACT) strategies for accepting discomfort, decreasing overwhelm, and mindfully parenting based on values, not anxiety.
- Evidence-based techniques to address fear-driven thoughts and to cultivate awareness to manage allergy-related anxiety effectively.
- Guidance on how to teach children age-appropriate skills to safely and responsibly manage their allergies.
- Tips for establishing shared parenting goals and clear communication between co-parents to create consistent and effective allergy management routines.
- Mindfulness-based exercises designed to support the whole family in navigating the emotional complexities of allergy management together.
- Step-by-step strategies for creating a personalized mindful allergy parenting plan.

Each chapter is enriched with relatable stories, real-world examples, and exercises designed to empower both you and your family. Whether you're grappling with an unexpected diagnosis or seeking balance after allergy-related challenges, this book will help you foster an encouraging, confident environment for your child and yourself.



HEALTH & FITNESS / Allergies

Available 09/30/2025

\$54.95 • Hardcover • 9781421449579

\$21.95 • Paperback • 9781421449586

248 pages • 5.5 x 8.5"

Also available as an ebook

Tamara Hubbard is a licensed clinical professional counselor and family therapist who provides evidence-based therapeutic support for women, mothers, and parents of those managing allergic diseases. She is the founder of the Academy of Food Allergy Counseling and an active allied health member of the American Academy of Allergy, Asthma, and Immunology (AAAAI) and the American College of Allergy, Asthma, and Immunology (ACAAI).

Book information, prices, and publication date are subject to change without notice.

A JOHNS HOPKINS PRESS HEALTH BOOK

The Savvy Woman's Guide to Menopause

*BEFORE, DURING,
AND BEYOND*

Julia Schlam Edelman
MD, FACOG, MSCP

The Savvy Woman's Guide to Menopause *Before, During, and Beyond*

JULIA SCHLAM EDELMAN, MD, FACOG, MSCP

The Savvy Woman's Guide to Menopause is the definitive guide to navigating the physical, mental, and emotional changes associated with menopause. With over 30 years of experience as a gynecologist and menopause clinician, Dr. Julia Edelman provides evidence-based advice for managing symptoms and preventive health strategies through a variety of approaches, including lifestyle adjustments, hormonal and non-hormonal treatments, and alternative remedies.

This book empowers readers to understand the latest information about optimizing their health in midlife and beyond by addressing critical topics like cancer prevention and the impact of cultural, medical, and demographic factors on women's health as they relate to perimenopause, menopause, and postmenopause. This guide features:

- Practical strategies for managing hot flashes, sleep disturbances, mood changes, memory challenges, and other common menopause symptoms.
- Comprehensive insights into hormonal and non-hormonal treatments, alternative remedies, and precision medicine for personalized care.
- Guidance on lifestyle choices and medical strategies to reduce the risk of cancer, cardiovascular issues, osteoporosis, and diabetes.
- Exploration of how age, sex, race, and sexual orientation influence menopause experiences and treatment options.

Whether you're seeking relief from symptoms or looking to optimize your health during menopause and beyond, this book offers insightful and compassionate guidance tailored to your unique journey.

HEALTH & FITNESS / Menopause

Available 10/14/2025

\$54.95 • Hardcover • 9781421452968

\$24.95 • Paperback • 9781421452975

440 pages • 6 x 9"

Also available as an ebook

The Menopause Society's 2010 Menopause Practitioner of the Year, **Julia Schlam Edelman**, MD, FACOG, is a board-certified gynecologist, a certified menopause clinician, and a Fellow of the American College of Obstetricians and Gynecologists. She is in private practice in Massachusetts.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 17

2nd Edition

A Man's Guide to HEALTHY AGING

Staying Smart, Strong, and Active

EDWARD H. THOMPSON JR. and LENARD W. KAYE

A Man's Guide to Healthy Aging

Staying Smart, Strong, and Active, Second Edition

EDWARD H. THOMPSON JR. AND LENARD W. KAYE

In *A Man's Guide to Healthy Aging*, Edward H. Thompson, Jr., and Lenard W. Kaye explore the new and evolving landscape of men's health over their adult lives. They present a positive outlook on aging, viewing it as an opportunity for continued growth, vitality, and personal agency. Offering an overview of issues and concerns, the authors encourage men to take charge of their health and wellness by maintaining active lifestyles, recoupling if necessary, and engaging in post-retirement careers, among other activities intended to bolster physical, mental, and social health and wellness.

The guide covers important topics including:

- The significance of self-care, especially in terms of physical activity, eating nutritiously, and being socially connected.
- Normal aging's impact on men's bodies, including their sexual health, cognitive function, and physiological changes.
- Navigating post-retirement careers and staying engaged in community life.
- Understanding relationships and recoupling in later life.
- Addressing ageism and resisting negative stereotypes of older men.
- Strategies for maintaining brain health and preventing cognitive decline.
- Practical advice on late life financial planning, including wills, trusts, and estate planning decisions.
- Insights into the social and cultural forces shaping men's health and longevity.
- How aging men can stay connected, maintain friendships, and foster strong social support systems.

New content based on major trends in the last ten years covers the impacts of the COVID-19 pandemic, planning for housing, the expanding availability of Medicare and Medicaid coverage and telemedicine, and more. While focusing on men, this guide also offers valuable insights for anyone hoping to better understand an aging father, brother, or partner. With a mix of research-backed information and relatable anecdotes, the authors encourage men to take charge of their health, challenge earlier generations' societal expectations of late life, and live with purpose and vitality well into their later years.

HEALTH & FITNESS / Men's Health

Available 10/07/2025

\$59.95 • Hardcover • 9781421453255

\$32.95 • Paperback • 9781421453262

616 pages • 7 x 10" • 66 b&w illus.

Also available as an ebook

Edward H. Thompson, Jr., is professor emeritus of sociology at the College of the Holy Cross. He is the author of *Men, Masculinities, and Aging: The Gendered Lives of Aging Men*.

Lenard W. Kaye is a professor of social work and the Director of the Center on Aging at the University of Maine. He is the author of *Social Isolation of Older Adults: Strategies to Bolster Health and Well-Being*.

The **OWNER'S** Manual for *Thriving* Relationships



MITCH ABBLETT, PhD

The Owner's Manual for Thriving Relationships

MITCH ABBLETT, PHD

In this unique guide to improving relationships, clinical psychologist Mitch Abblett provides advice and tips on how to build more meaningful connections in every area of life—family, friendships, romantic partnerships, and professional relationships. Dr. Abblett encourages readers to replace blame, avoidance, and control-based possessiveness with the liberating practice of relational ownership.

This refreshing guide introduces a practical, accessible framework to help readers navigate relationship challenges, identify the habits that keep them stuck, and build vibrant, healthier patterns of relating. Dr. Abblett explains how to:

- Shift from blaming others to fully owning one's role and responses in relationships.
- Recognize relationships as a series of moments to be authentically engaged, rather than problems to be solved or people to be managed.
- Break control-based habits by transforming possessive or defensive patterns that hinder meaningful connections.
- Address the stories we tell ourselves that contribute to relationship pain and disconnection.
- Develop skills for mindful awareness, empathetic understanding, and taking aligned actions in challenging interactions.
- Understand others' perspectives and emotions without defensiveness or judgment.
- Repair relationships, address past conflicts, navigate resentment, and create safe spaces for emotional healing.
- Practice self-care in relationships by balancing the needs of others with self-compassion and boundaries.

Through engaging stories, perspective-shifting tools, and reflective exercises, *The Owner's Manual for Thriving Relationships* offers a fresh, empowering approach to improving the quality of relationships and unlocking a life of richer, more authentic connections.

SELF-HELP / Self-Management / General

Available 11/18/2025

\$54.95 • Hardcover • 9781421453224

\$22.95 • Paperback • 9781421453231

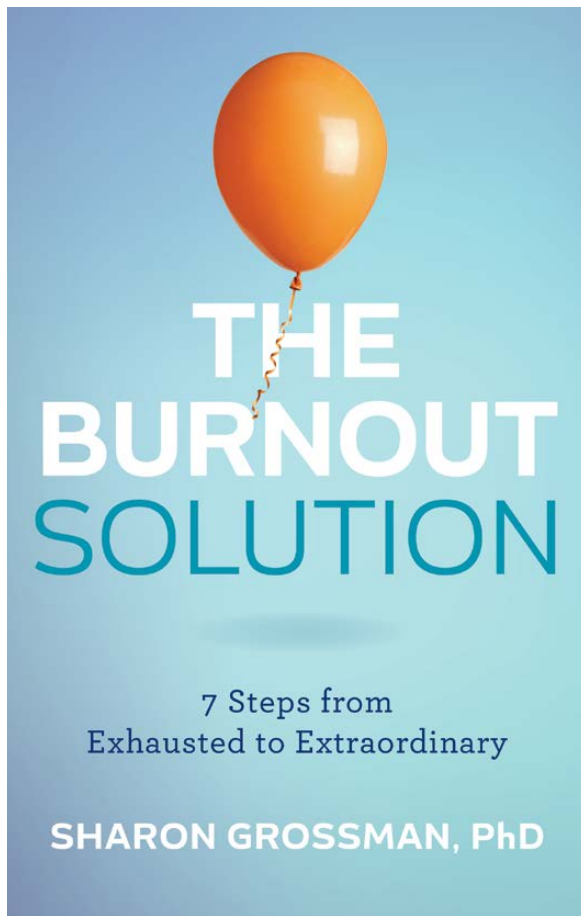
200 pages • 6 x 9"

Also available as an ebook

Mitch Abblett is a practicing clinical psychologist and the author of the Nautilus Gold Medal award-winning *Prizeworthy: How to Meaningfully Connect, Build Character, and Unlock the Potential of Every Child*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 19



The Burnout Solution

7 Steps from Exhausted to Extraordinary

SHARON GROSSMAN, PhD

Are you tired of feeling drained, overwhelmed, and uninspired? You're not alone. Millions of people worldwide struggle with burnout, a debilitating condition that can impact every aspect of your life. But it doesn't have to be this way.

Dr. Sharon Grossman, a psychologist and executive coach, has helped countless individuals and organizations overcome burnout and achieve lasting well-being. In *The Burnout Solution*, she shares her proven 7-step framework to help you:

- Identify the early signs of burnout
- Understand how burnout manifests in your life
- Build resilience and emotional intelligence
- Protect and replenish your energy
- Prioritize meaningful work and eliminate energy drains
- Rediscover your core values and purpose
- Create a balanced and gratifying life

With practical exercises, insightful reflections, and a supportive community, *The Burnout Solution* empowers you to take control of your well-being and to thrive. Don't let burnout hold you back any longer. Discover the path to a happier, healthier, and more fulfilling life.

"Each year that goes by leaves us with more things to do, have, and become, and everyone around us reinforces this compulsion to go, go, go. Dr. Sharon's book shows how to reclaim our lives, find our focus, and create something so rare in our modern times: balance and happiness."

—CHRIS FELLOWS,
Bold Street

HEALTH & FITNESS / Mental Health

Available 08/05/2025

\$54.95 • Hardcover • 9781421451985

\$24.95 • Paperback • 9781421451992

464 pages • 6 x 9" • 29 b&w illus.

Also available as an ebook

Dr. **Sharon Grossman** is a psychologist and executive coach who has dedicated her career to helping individuals and organizations achieve optimal well-being. She is the author of *The 7E Solution to Burnout: Transforming High Achievers From Exhausted to Extraordinary*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 20

The Friends and Family Guide to the Opioid Overdose Epidemic

Including How to Recognize and Treat an Overdose

Peter Canning

The Friends and Family Guide to the Opioid Overdose Epidemic

Including How to Recognize and Treat an Overdose

PETER CANNING

The opioid crisis in the United States continues to kill Americans at an alarming rate. Over the past two decades, annual overdose deaths have skyrocketed, growing from roughly 20,000 per year to over 100,000 per year. In this deeply informed and compassionate guide, Peter Canning shares the devastating realities of the opioid crisis from the perspective of a seasoned paramedic and advocate. This essential resource provides practical tools to recognize and respond to overdoses, access life-saving treatments like naloxone, and navigate the complex landscape of addiction and recovery.

Canning humanizes the crisis through poignant stories of individuals and families grappling with the ripple effects of substance use. The book offers a broader understanding of the epidemic's roots, including the rise of fentanyl, the science of addiction, and the transformative potential of harm reduction strategies. Canning explains how to recognize the signs of overdose, the risk factors that increase the likelihood of overdose, and the precautions that both people who use opioids and those who care about them can take. With extensive experience as a paramedic who responded to countless opioid overdoses, Canning explains what to do in case you discover someone who has overdosed on opioids.

For anyone trying to help a loved one manage opioid use disorder, the process can be overwhelming, and the stigma that accompanies substance use disorder makes it even harder. Whether you're a concerned citizen, a family member, or someone directly impacted by the crisis, *The Friend and Family Guide to the Opioid Overdose Epidemic* equips you with the knowledge and empathy to take meaningful steps toward saving lives and fostering understanding in your community.

MEDICAL / Public Health

Available 08/26/2025

\$19.95 • Paperback • 9781421452845

256 pages • 5 x 7" • 22 b&w photos, 1 b&w illus.

Also available as an ebook

Peter Canning, the EMS coordinator at UConn John Dempsey Hospital, has worked for more than thirty years as a 911 paramedic. He is the author of *Killing Season: A Paramedic's Dispatches from the Front Lines of the Opioid Epidemic* and *Paramedic: On the Front Lines of Medicine*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 21

Managing Your Depression

THIRD EDITION

*Strategies to Help You
Feel Better*

Susan J. Noonan, MD, MPH

Managing Your Depression

Strategies to Help You Feel Better, Third Edition

SUSAN J. NOONAN, MD, MPH

In this updated edition of the classic guide to managing your depression, Dr. Susan J. Noonan provides comprehensive support for navigating the challenges of mood disorders with clarity, compassion, and evidence-based solutions. As a physician who has personal experience living with depression, Dr. Noonan offers practical tools and exercises to help individuals understand and manage their symptoms, build resilience, and foster recovery.

This updated edition introduces the most recent cutting-edge topics, including evolving precision medicine, while addressing the impact of age, cultural factors, and co-occurring conditions on mental health. Expanded sections tackle key issues such as common challenges and obstacles, loneliness, women's mental health, and the role of technology in accessing care.

This essential guide:

- Provides clear explanations of mood disorders, their symptoms, and the biological, psychological, and environmental factors contributing to them.
- Explains various mental health treatments, including therapy approaches and emerging techniques.
- Emphasizes self-care strategies to maintain emotional health and stability: sleep, diet, physical exercise, routine and structure, and avoiding isolation
- Offers practical exercises and strategies to foster resilience, identify warning signs, manage triggers, and prevent relapse
- Includes exercises to improve mindfulness, manage stress, and develop healthier thought patterns.
- Guides readers on navigating the mental health system, finding the right provider, and being active participants in their care.

Whether you are personally affected or supporting a loved one, this trusted work offers clear and practical advice with helpful exercises for addressing depression and feeling better.

SELF-HELP / Self-Management / General

Available 10/07/2025

\$54.95 • Hardcover • 9781421453194

\$22.95 • Paperback • 9781421453200

384 pages • 6 x 9" • 3 figures

Also available as an ebook

Susan J. Noonan, MD, MPH, is a physician, certified peer specialist, mental health and wellness coach, speaker and consultant to Massachusetts General Hospital and to The Engage Initiative. She is the author of *Take Control of Your Depression: Strategies to Help You Feel Better Now* and *Helping Others with Depression: Words to Say, Things to Do*, and *Reconnecting After Isolation: Coping with Anxiety, Depression, Grief, PTSD, and More*.



Music Between Your Ears

How Musical Engagement Powers the Human Brain

SAMUEL MARKIND, MD, FOREWORD BY SHEILAH RAE, AFTERWORD BY SCOTT C. SHULER, PhD

Why does music influence how we feel so deeply—and what are the scientific mechanisms behind this phenomenon? In *Music Between Your Ears*, Dr. Samuel Markind explores the intriguing relationship between music and brain function. Using evolutionary theory, he illuminates the pivotal role that music plays in human survival and procreation. From communication and caregiving to social bonding and partner selection, music has molded the human species and continues to shape our lives in remarkable ways.

This book combines insights from neuroscience and psychology with helpful drawings and vivid examples to present compelling evidence for music's life-enhancing potential. Dr. Markind highlights the brain's instinctive capacity for music: from newborns' natural affinity for rhythm and melody to the effect that music has on brain development throughout the lifespan. Music also helps people learn at any age and in any condition, so it can improve speech, movement, and memory in both healthy individuals and those suffering from illness or injury. Dr. Markind encourages readers to engage actively with music. Whether through singing, dancing, or instrument playing, the benefits of active participation are profound and accessible to everyone, regardless of musical background. This book, filled with straightforward and practical suggestions, is an inspiring guide for anyone seeking to enrich their life through music.

Music Between Your Ears shows how the act of engaging with music can profoundly impact your mental, physical, and emotional well-being. And the benefits of music go far beyond entertainment—they're essential to the very fabric of what makes us human.

PSYCHOLOGY / Neuropsychology

Available 10/28/2025

\$32.95 • Hardcover • 9781421452371

384 pages • 6 x 9" • 23 b&w illus.

Also available as an ebook

Samuel Markind, MD, is a neurologist with more than 30 years of experience in clinical practice as well as a student of piano and dance.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 23

The Conversation on Extreme Weather

EDITED BY JENNIFER A. HORNEY

As extreme weather events grow in frequency and intensity, climate science has made significant strides in understanding their underlying causes. In *The Conversation on Extreme Weather*, editor Jennifer A. Horney collects essays from *The Conversation* by scholars and experts that explore how climate change contributes to record-breaking storms, heat waves, droughts, and floods.

These essays highlight the latest advances in attribution studies, which can now quantify the impact of human-caused climate change on individual weather events, such as Hurricane Helene's historic rainfall. Changing weather patterns interact in dangerous ways—droughts are followed by floods, cascading disasters like landslides are triggered by wildfires, and “weather whiplash” threatens crops and economies alike. As populations grow in vulnerable areas, the risks multiply, requiring collaboration among scientists, governments, and communities to effectively manage and mitigate these new realities. With this essential guide, readers will gain a deeper understanding of how extreme weather events are reshaping our world and learn what we can do to prepare for the future.

The Critical Conversations series collects essays from top scholars on timely topics, including water, biotechnology, gender diversity, gun culture, and more, originally published on the independent news site *The Conversation*.

“The Conversation on Extreme Weather’s comprehensive exploration of the nexus between climate change and extreme weather events, coupled with its detailed analysis of societal impacts and policy implications, makes it a valuable contribution to the field. The book adeptly navigates complex scientific concepts, making them accessible to a broad audience. Moreover, its interdisciplinary approach enriches the public discourse on climate change adaptation and mitigation, addressing concerned citizens, the scientific community, and policy makers alike.”

—KAHLER W. STONE,
Middle Tennessee State University



NATURE / Weather

Available 07/15/2025

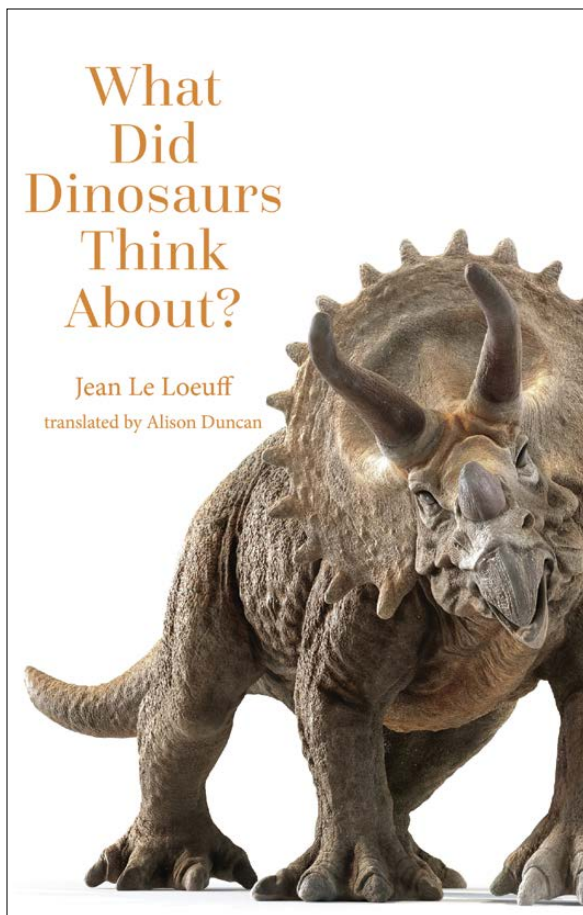
\$19.95 • Paperback • 9781421452012

320 pages • 5 x 8” • 7 b&w photos, 5 b&w illus.

Also available as an ebook

Jennifer A. Horney is the founding director of the epidemiology program at the University of Delaware and a core faculty member of the university's Disaster Research Center.

Book information, prices, and publication date are subject to change without notice.



What Did Dinosaurs Think About?

JEAN LE LOEUFF, TRANSLATED BY ALISON DUNCAN

What do we truly know about the intelligence of dinosaurs? In *What Did Dinosaurs Think About?* paleontologist Jean Le Loeuff takes us beyond these captivating animals' cinematic portrayals in Jurassic Park to illustrate how these creatures truly lived, hunted, socialized, and survived.

Based on the latest paleontological discoveries, Le Loeuff examines dinosaur intelligence, social behaviors, and sensory experiences, offering a fresh view of their world. Could T. rex truly smell its prey from miles away? How did Triceratops and Velociraptors interact with each other and their environments? And could some dinosaurs communicate with sounds—or even colors? With advancements like CT scans and 3D imaging, scientists are uncovering new insights into dinosaur brains, senses, and vocalizations.

Le Loeuff explores topics like the intricate structure of the dinosaur brain, the colors and patterns of their skin, and what their fossilized footprints reveal about their social lives. Readers will also learn how today's birds and reptiles provide clues to the habits and behaviors of their ancient relatives. From the scaly giants that roamed prehistoric landscapes to the swift predators that stalked their prey under moonlight, this fascinating book offers a captivating glimpse into the lives of these extraordinary animals.

NATURE / Animals / Dinosaurs & Prehistoric Creatures

Available 12/02/2025

\$24.95 • Paperback • 9781421452074

200 pages • 6 x 9"

Also available as an ebook

Jean Le Loeuff is the director of the Musée des Dinosauriens d'Espéraza and the author of *T.rex Superstar*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 25

PETER AGRE, MD WITH SEEMA YASMIN, MB BChir

Can Scientists Succeed Where Politicians Fail?



Can Scientists Succeed Where Politicians Fail?

PETER AGRE, MD, WITH SEEMA YASMIN, MB BChir

Sometimes in secret, sometimes as official ambassadors for their governments, scientists trade their white coats for blazers, stepping out of the lab and directly into sensitive, often life-threatening global crises. Think of the Paris Climate Agreement or the Iran Nuclear Deal, the Manhattan Project, and the Antarctic Treaty of 1959. Scientists have played a pivotal role in many of the greatest episodes in political history.

But what prompts their involvement in international affairs, and what are some of the impacts of their efforts? *Can Scientists Succeed Where Politicians Fail?* recounts Nobel laureate Dr. Peter Agre's career as a physician-scientist who went from studying malaria and other diseases to meeting with Fidel Castro in Cuba, discoursing with North Korean officials, and traveling into the Islamic Republic of Iran.

Fusing science with political diplomacy, Agre and others like him demonstrate that effective science demands collaboration and that scientific collaboration can engender political success. The dynamic results of scientific involvement shift cross-border relationships, reducing global threats such as climate change, famine, conflict, and epidemics. It also results in cross-pollination between politicians and scientists in ways that inform policy and promote peace. The book explores Agre's story alongside those of volcanologists in North Korea, epidemiologists in Latin America, and other scientists who have and are working alongside politicians, from African tribal chiefs to communist leaders, to tackle natural disasters and infectious threats in new ways.

Features:

- Combining descriptions of Agre's professional contributions with tales of his encounters in Cuba, Iran, and North Korea, this book provides vivid accounts of lesser-known scientific routes to diplomacy
- Gives readers an intimate understanding of how scientists interact with politicians to resolve crises from pandemics to nuclear threats to volcanic eruptions
- Interviews with leading politicians and scientists enrich the narrative with first-person accounts

POLITICAL SCIENCE / Political Process /
Political Advocacy

Available 10/21/2025

\$18.95 • Paperback • 9781421452999

256 pages • 5 x 7"

Also available as an ebook

Peter Agre is an American physician, Nobel Laureate, and molecular biologist. A Bloomberg Distinguished Professor at the Johns Hopkins Bloomberg School of Public Health and Johns Hopkins School of Medicine, he serves as the director of the Johns Hopkins Malaria Research Institute and is a former president of the American Association for the Advancement of Science (AAAS).

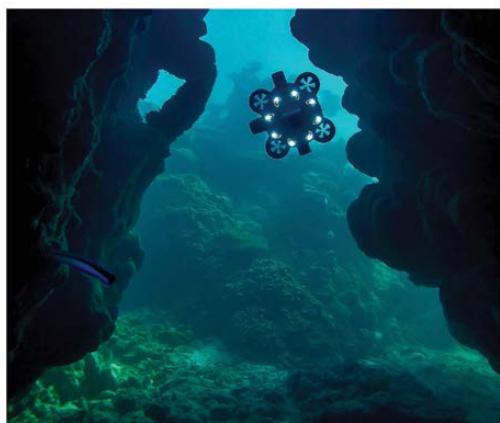
Seema Yasmin is an Emmy Award-winning health reporter, epidemiologist, and medical doctor. The director of the Stanford Health Communication Initiative and a clinical assistant professor at Stanford University School of Medicine, she is the author of *Muslim Women Are Everything: Stereotype-Shattering Stories of Courage, Inspiration, and Adventure* and *Viral BS: Medical Myths and Why We Fall for Them*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 26

JAMES BELLINGHAM, PhD WITH CLAUDIA GEIB

How Are Marine Robots Shaping Our Future?



JOHNS HOPKINS
WAVELENGTHS

How Are Marine Robots Shaping Our Future?

JAMES BELLINGHAM, PHD, WITH CLAUDIA GEIB

Below the waves, the ocean remains a largely undiscovered realm, with only 25% of its features mapped in detail. What we know about its depths, we've learned with the help of deep-sea robots. The latest generation of their technologies play a critical role as we tap the ocean in new ways to sustain our food, energy, and resource needs. World-renowned robotics expert James Bellingham introduces readers to this compelling world of contemporary undersea exploration and the vital role autonomous robots play in corporate and governmental aquaculture management, climate data, energy source locations, shipwreck explorations, and much more.

Bellingham, an inventor who has led dozens of expeditions from the Arctic to the Antarctic, discusses how deep-sea research using autonomous underwater vehicles and drones can translate into future missions, including the exploration of oceans on other planets and their moons. These forbidding environments are difficult to access and are not easily conducive to life, making robots that can move, explore, and collect data—without the need for crews—critically important for research and the development of essential industries that support our survival.

Exploration robotics works on three frontiers simultaneously: scientific discovery, advanced technology, and extreme environments. Bellingham shares harrowing anecdotes from his work on all three, including weathering storms off the Antarctic Peninsula, breaking new ground in designing and deploying ocean robots that think and navigate for themselves, and seeing the ocean in a new light through the eyes of these technological proxies. Along the way, readers will develop a newfound appreciation for how robots are transforming exploration—and what these voyages mean for the future of humanity.

The more marine robotics extend our physical and intellectual capacities, the more they challenge us to redefine what it means to coexist with the world around us. The real revolution is just beginning, lying in how these machines will transform our understanding of our environments—allowing us to balance discovery with stewardship by supporting a thriving human society while safeguarding the ecosystems we depend on.

SCIENCE / Earth Sciences / Oceanography

Available 09/16/2025

\$18.95 • Paperback • 9781421450346

264 pages • 5 x 7" • 8 b&w illus.

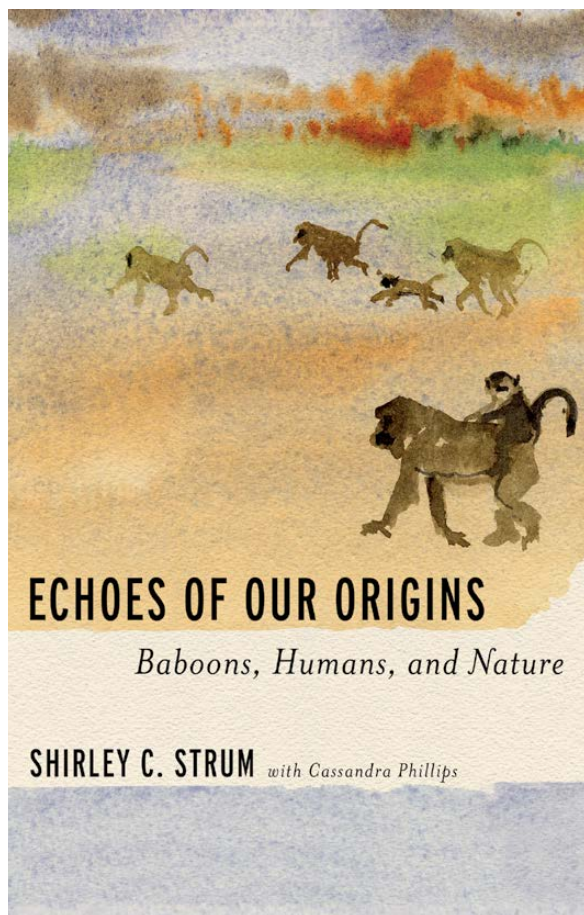
Also available as an ebook

James Bellingham, PhD, is the executive director of the Johns Hopkins Institute for Assured Autonomy and the Bloomberg Distinguished Professor of exploration robotics. For more than 30 years, Bellingham has served as a global leader in the development of small, high-performance autonomous underwater vehicles (AUVs), introducing and refining a class of systems that are now widely used within the military, commercial industries, and science communities. He has been instrumental in innovations for ocean observation and has spent considerable time at sea, leading two dozen AUV expeditions in locations across the Antarctic, North Atlantic, Mediterranean, South Pacific, and Arctic. Bellingham previously led robotics teams at MIT, Woods Hole Oceanographic Institution, and the Monterey Bay Aquarium Research Institute.

Claudia Geib is a science journalist, editor, and the producer of the podcast *Gastropod*. She is also the author of *Secrets of the Elephants*. Her reporting, focusing on marine, environmental, and wildlife science, can be found in *Nautilus*, *The Guardian*, and *WIRED*, among others, and has been featured in *The Best American Science Writing*.

Book information, prices, and publication date are subject to change without notice.

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SCIENCE / Life Sciences / Zoology /
Primateology

Available 09/09/2025

\$32.95 • Hardcover • 9781421452036

376 pages • 6 x 9" • 25 color photos, 14 b&w
illus., 1 map

Also available as an ebook

Shirley C. Strum is a Professor of Anthropology and a Professor of the Graduate Division, School of Social Sciences, at the University of California, San Diego, and Director of the Uaso Ngiro Baboon Project in Kenya. She is the author of *Almost Human: A Journey into the World of Baboons*.

Echoes of Our Origins

Baboons, Humans, and Nature

SHIRLEY C. STRUM, WITH CASSANDRA PHILLIPS

In 1972, renowned anthropologist Shirley C. Strum traveled to Kenya to study the origins of human aggression through observing baboons. What Dr. Strum discovered completely defied her expectations, scientific notions about baboons, and even well-established assumptions about primate behavior writ large. In *Echoes of Our Origins*, Strum takes readers on an extraordinary fifty-year journey alongside baboons, creatures that transformed not just her scientific understanding, but also her perspective on life, people, nature, and evolution.

Strum's groundbreaking research began when she embarked on fieldwork in Kenya. Observing the lives of these social creatures, Strum uncovered their unexpectedly complex strategies of negotiation, collaboration, and resilience in the face of adversity. From exploring the evolution of social bonds and trust in baboon society—a common idea today but not then—to confronting the consequences of human-wildlife conflict, Strum illustrates what it means to coexist with the natural world and question our role within it.

With insights drawn from half a century of living among and studying baboons, Strum reflects on the delicate balance of nature and humanity, how science itself must evolve to see beyond its rigid frameworks, and how to think about evolution. This profound narrative challenges readers to look anew at not only baboons but also the very methods by which we understand the animal kingdom—and ourselves. Equal parts natural history, adventure story, memoir, and call to action, *Echoes of Our Origins* will engage, enlighten, and contribute to the vital conversation about our natural world and how to ensure its survival.

“Reading *Echoes of Our Origins*, it is easy to see why Strum is such a legendary figure in anthropology for her research. She offers us a rare glimpse at not just the science but the scientist, and reveals the many personal, moral, and philosophical choices that go into a lifetime of transformative work. Strum was changed by baboons, and in telling us about them, she changes us. A must-read for anyone interested in nonhuman animals, or the human animal.”

—ALEXANDRA HOROWITZ,

author of *Inside of a Dog: What Dogs See, Smell, and Know*

Book information, prices, and publication date are subject to change without notice.

Imagine Doing Better

Why Policies Backfire
and How Prevention
Thinking Can
Change Everything

Paul J. Fleming

Imagine Doing Better

Why Policies Backfire and How Prevention Thinking Can Change Everything

PAUL J. FLEMING

Public policies in the United States are built on certain assumptions: that long-term prison sentences deter crime, that corporate profits benefit everyone, that police are the best way to ensure safety, and that meritocracy ensures equal opportunity. Yet, as public health expert Paul J. Fleming reveals, mountains of evidence show that many of these widely accepted policies cause harm, perpetuate inequities, and even lead to premature death.

In *Imagine Doing Better*, Fleming offers a bold vision for change that's rooted in public health principles of prevention—addressing problems at their root before they occur. Combining rigorous research, historical analysis, and compelling narratives, he examines the deep flaws in policies governing health care, education, justice, and the environment. Fleming unpacks how these systems were built, why harmful assumptions persist, and how they can be reimagined to promote equity, sustainability, and human dignity. Fleming challenges readers to rethink entrenched ideas by exploring thought-provoking questions like “Are prisons a good investment?” and “Is education a ladder or a sieve?”. He highlights how budgets and policies reflect moral choices, and he provides frameworks for advocacy and policymaking grounded in evidence and fairness.

Fleming paints a hopeful—yet urgent—picture of what's possible when societies invest in solutions that prioritize human dignity, equity, and sustainability. Accessible and inspiring, *Imagine Doing Better* offers a hopeful roadmap to a future where all communities have the resources and opportunities to thrive.

MEDICAL / Health Policy

Available 10/14/2025

\$29.95 • Hardcover • 9781421452869

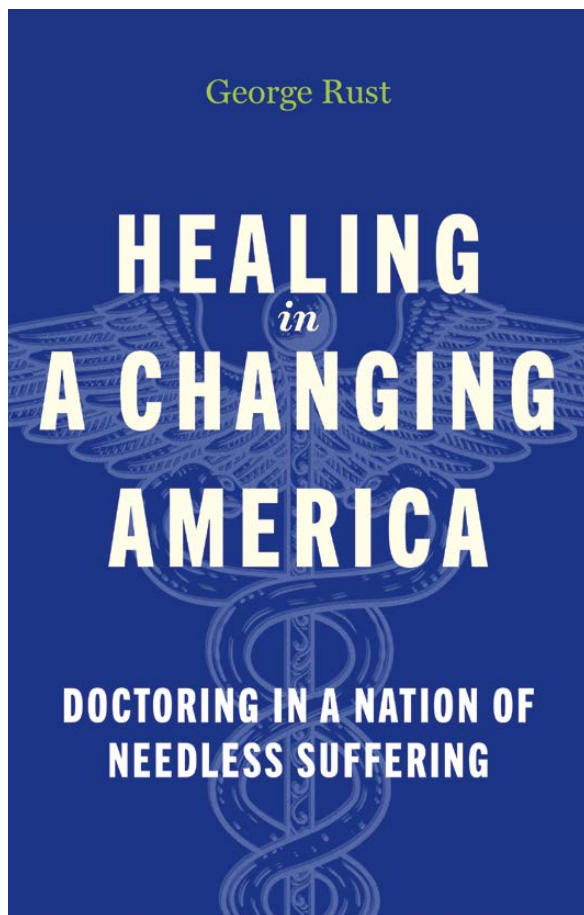
296 pages • 6 x 9" • 1 b&w illus

Also available as an ebook

Paul J. Fleming is an associate professor of public health at the University of Michigan.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 29



Healing in a Changing America

Doctoring in a Nation of Needless Suffering

GEORGE RUST

In *Healing in a Changing America*, Dr. George Rust offers advice on improving health equity especially targeted to the people who need to hear it most: white men, many of whom are in leadership positions throughout health care systems and medical education. He shares lessons learned pursuing health equity in diverse settings on his personal journey as a white male physician, from training in a large urban public hospital and practicing in a rural farmworker clinic to teaching and leading in a historically Black medical school. This candid guide confronts uncomfortable truths and nuances of privilege, systemic inequities, and the role that leaders must play in creating inclusive, equitable health systems.

How can we ensure diversity and build trust and strength within a health care organization? How do we know when our voice will be helpful—and when it will drown out others'? Through deeply personal and memorable stories, Rust addresses these questions and more. Drawing from decades of experience as an educator, physician, and advocate, he charts a roadmap for individuals willing to confront their own biases and embrace the challenges of fostering diversity and equity in health care. From building trust and empowering underrepresented voices to promoting structural changes in medical education and practice, Rust shares the mistakes and successes of his own experience to equip readers with practical tools to effect meaningful change.

Healing in a Changing America offers profound insight into the transformative power of humility, listening, and learning. Whether navigating the complexities of organizational leadership or grappling with societal shifts, this essential work inspires readers to become true allies in the pursuit of justice and equity.

MEDICAL / Public Health

Available 11/11/2025

\$32.95 • Hardcover • 9781421453040

392 pages • 6 x 9" • 1 b&w illus

Also available as an ebook

George Rust, MD, MPH, is a professor at Florida State University College of Medicine and Co-Director of the FSU Center for Medicine and Public Health Policy & Practice.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 30

Deployed

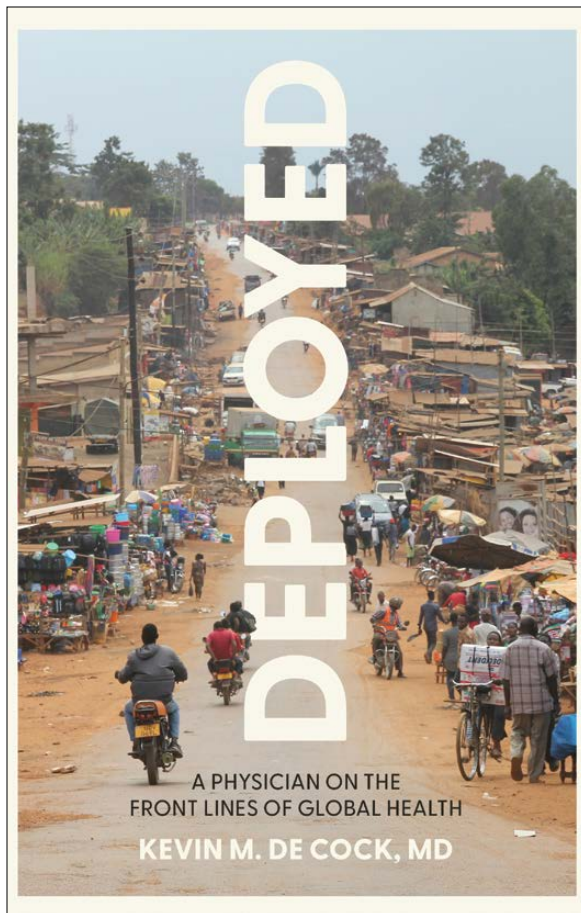
A Physician on the Front Lines of Global Health

KEVIN M. DE COCK, MD

In *Deployed*, Kevin M. De Cock, MD, chronicles his extraordinary career as a physician who has confronted the world's most pressing infectious disease crises. Beginning his work at a time when infectious diseases were widely considered to be vanquished, De Cock emerged as a pivotal figure in battling the AIDS pandemic, outbreaks of Ebola and Yellow Fever, and the COVID-19 pandemic.

Through vivid storytelling, De Cock shares the realities of global health work, balancing scientific discovery, cultural challenges, and political intricacies. This book provides a rare, insider's perspective on decades of public health evolution, from the early recognition of AIDS as a global health priority to the struggles of addressing emerging pandemics in the twenty-first century amid systemic challenges like health inequities. Rich in lessons for medical and public health professionals, this powerful book highlights the urgency and complexity of leading global health efforts in an interconnected world.

Spanning continents and crises, *Deployed* offers a unique exploration of the intersections among medicine, epidemiology, and global public health. De Cock draws from his experiences in diverse settings, from African hospitals tackling endemic diseases to high-stakes international efforts addressing viral outbreaks. This compelling narrative bridges the gap between the clinical and cultural, offering both inspiration and practical guidance to a new generation of global health leaders.



MEDICAL / Public Health

Available 11/25/2025

\$32.95 • Hardcover • 9781421453064

456 pages • 6 x 9" • 2 maps, 6 graphs, 23 figures

Also available as an ebook

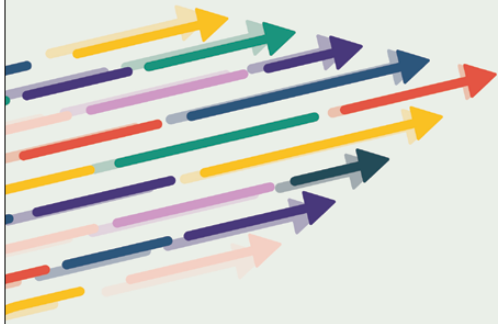
Kevin M. De Cock, MD, is the former Director of the Centers for Disease Control Kenya, the founding director of the CDC's Center for Global Health, and the former director of WHO's Department of HIV/AIDS. He is the coauthor of *Dispatches from the AIDS Pandemic: A Public Health Story*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 31

EDUCATION

Leading Multi-Campus University Systems



**REBECCA MARTIN,
NANCY ZIMPHER,
AND JESSICA TODTMAN**

Leading Multi-Campus University Systems

REBECCA MARTIN, NANCY ZIMPHER, AND JESSICA TODTMAN

Public university systems—state-wide networks of universities—educate over 75 percent of public four-year college students. These systems have a tremendous impact on research, workforce development, and the overall economic and civic health of their states. In *Leading Multi-Campus University Systems*, editors Nancy Zimpher, Rebecca Martin, and Jessica Todtman explore the transformative potential of public university systems to drive equity, innovation, and community prosperity.

Written by experienced system leaders, this book profiles twelve dynamic executives who have reshaped multi-campus systems to meet today's challenges. Drawing on extensive interviews, case studies, and primary sources, contributors uncover the unique qualities and strategies that define effective system leadership. From tackling equity gaps and outdated structures to responding to crises with bold action, these leaders exemplify “systemness”—leveraging collective strength to achieve greater impact.

These higher education leaders realized the power of systems through a multitude of strategies—such as funding realignment, structural change, professional development, and policy redesigns—to ensure affordable access, meaningful and high-quality learning opportunities, and equitable outcomes for all students. Through vivid narratives and actionable insights, this book redefines the role of higher education systems in addressing societal needs and offers invaluable guidance for leaders navigating the complexities of multi-campus organizations in an era of immense change.

EDUCATION / Schools / Levels / Higher

Available 12/09/2025

\$49.95 • Hardcover • 9781421451718

160 pages • 6.125 x 9.25” • 2 b&w illus.

Also available as an ebook

Nancy Zimpher is chancellor emeritus of the State University of New York.

Rebecca Martin served as the Executive Director of the National Association of System Heads (NASH).

Jessica Todtman is the interim president of NASH.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 33

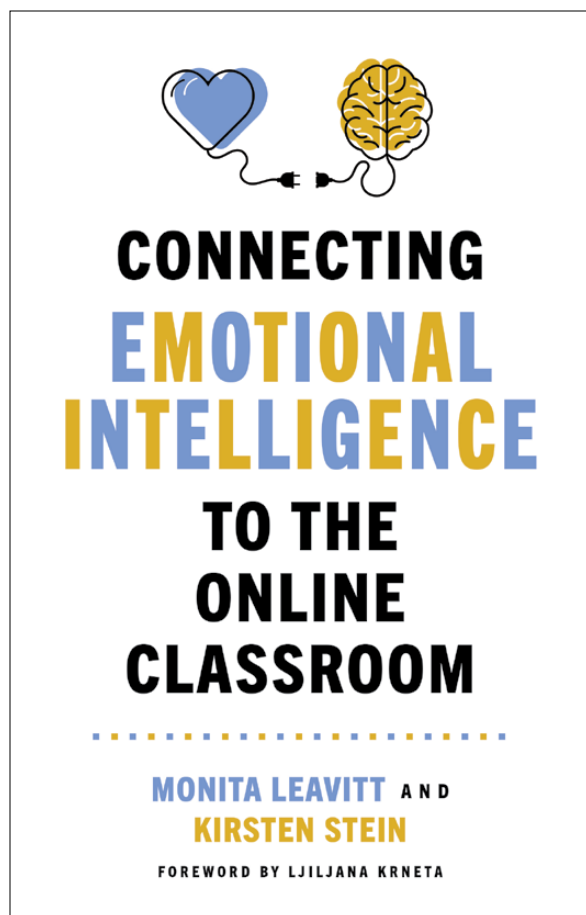
Connecting Emotional Intelligence to the Online Classroom

MONITA LEAVITT AND KIRSTEN STEIN, FOREWORD BY LJILJANA KRNETA

As educators reimagine education in a virtual world, they may struggle to connect with their students and effectively support them. In *Connecting Emotional Intelligence to the Online Classroom*, Monita Leavitt and Kirsten Stein explain how fostering teacher and student relationships can create a supportive virtual classroom that engages students as active learners online.

The authors show how emotional intelligence can be the key to creating an engaging and welcoming online classroom. They offer a wealth of strategies designed to help K-12 teachers foster relationships that promote both academic success and social-emotional development. By integrating the five core competencies of emotional intelligence—self-awareness, self-regulation, motivation, empathy, and social awareness—educators can empower students to thrive as active learners in an online environment. This book addresses challenges, such as isolation, and shows teachers how to help their students manage their emotions, build confidence, and develop critical skills.

In addition to providing practical strategies for teachers, Leavitt and Stein advocate for policy changes that will assist new teachers in developing the resources they need to fully engage with their students online. This book equips educators not only to meet today's challenges but also to build sustainable, meaningful learning experiences for the future.



EDUCATION / Schools / Levels / Elementary

Available 08/19/2025

\$27.95 • Paperback • 9781421452210

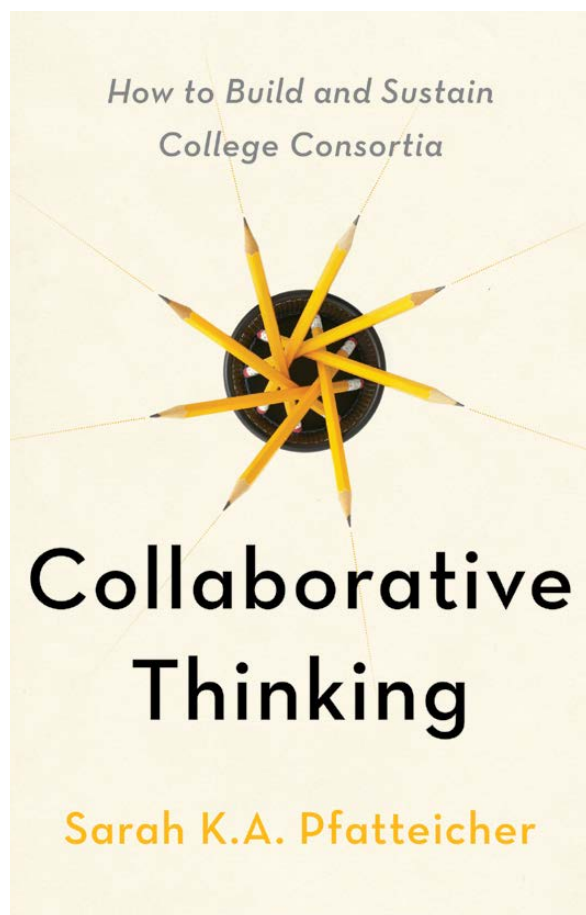
200 pages • 6 x 9"

Also available as an ebook

Monita Leavitt is an international specialist in gifted education and online instructor at Athena's Advanced Academy.

Kirsten Stein is the CEO and an educator at Athena's Advanced Academy.

Book information, prices, and publication date are subject to change without notice.



Collaborative Thinking

How to Build and Sustain College Consortia

SARAH K.A. PFATTEICHER

In *Collaborative Thinking*, Sarah K. A. Pfatteicher offers an insightful guide to the transformative potential of consortial thinking in higher education. With extensive experience leading one of the largest and oldest higher education consortia, Pfatteicher presents a framework for fostering collaboration that transcends the competitive mindset dominating many campuses today.

The book examines how consortial partnerships—whether sharing academic resources, administrative functions, or cultural programs—can amplify institutional strengths, promote cost efficiencies, and tackle enormous societal challenges like climate change and social inequality. Combining real-world examples with practical guidance, Pfatteicher explores the structures, funding models, and leadership strategies that drive successful collaboration. She emphasizes the skills and motivations needed to create and sustain these partnerships, from building trust and shared purpose to committing resources and adapting to evolving needs. The book also offers cautionary tales of attempted collaborations gone awry—and how to avoid such missteps.

Collaborative Thinking not only provides a blueprint for creating effective consortia but also demonstrates how the principles of collaborative leadership can also strengthen stand-alone campuses. In an era of rising costs, demographic shifts, and global challenges, this book makes a compelling case for the power of working together to reimagine the future of higher education.

EDUCATION / Schools / Levels / Higher

Available 09/02/2025

\$39.95 • Paperback • 9781421453323

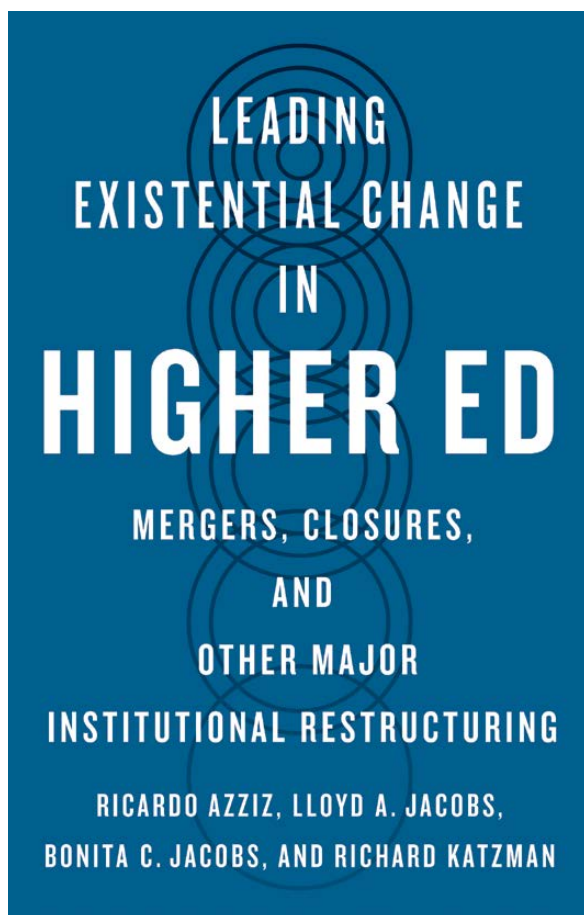
232 pages • 6 x 9" • 3 b&w illus.

Also available as an ebook

Sarah K. A. Pfatteicher is the Executive Director of Five Colleges, Incorporated—a consortium of Amherst, Hampshire, Mount Holyoke, Smith Colleges, and the University of Massachusetts Amherst—and serves on the executive committee of the Association for Collaborative Leadership.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 35



Leading Existential Change in Higher Ed

Mergers, Closures, and Other Major Institutional Restructuring

RICARDO AZZIZ, LLOYD A. JACOBS, BONITA C. JACOBS, AND RICHARD KATZMAN

Higher education is at a crossroads. With demographic shifts, financial constraints, shrinking enrollments, and the demand for institutional innovation, universities and colleges are grappling with monumental challenges. In *Leading Existential Change in Higher Ed*, Ricardo Azziz, Lloyd A. Jacobs, Bonita C. Jacobs, and Richard Katzman offer invaluable insights into how institutional leaders can successfully navigate mergers, closures, and other large-scale transformations.

The authors explore the critical components of successfully leading institutional restructuring—such as pacing change, managing resistance, and harnessing the power of early adopters—while also recognizing the obstacles leaders face. Using vivid examples from real mergers in higher education, this book demonstrates how and why versatile leadership is essential as colleges and universities face an increasingly uncertain future. Whether managing a complex merger, preparing for potential closure, or undertaking other major institutional restructuring, leaders must be willing to embrace difficult decisions and act decisively before institutional decline becomes irreversible.

Drawing on decades of leadership experience and research, this book provides actionable strategies for higher education leaders to take charge of change, rather than be swept away by it. *Leading Existential Change in Higher Ed* is an essential guide for college and university presidents and chancellors, trustees, policymakers, and other executives and stakeholders who seek to lead and guide institutions of higher education through turbulent times.

“A scintillating collection of analysis and recommendations on an important topic by practitioners who know the ins and outs of mergers and closures.”

—WILLIAM G. TIERNEY,

Founding Director, Pullias Center for Higher Education, University of Southern California

EDUCATION / Schools / Levels / Higher

Available 10/28/2025

\$59.95 • Paperback • 9781421451831

400 pages • 6 x 9" • 31 b&w illus.

Also available as an ebook

Ricardo Azziz is a professor at the University of Alabama at Birmingham and a research professor at the University at Albany, State University of New York; the director of the Center for Higher Education Mergers & Acquisitions (CHEMA) at the Foundation for Research and Education Excellence; and principal at SPH Consulting Group. He led the merger that created Georgia Regents (now Augusta) University, serving as its founding president.

Lloyd A. Jacobs is President Emeritus of the University of Toledo, where he led the merger of UT with the Medical College of Ohio.

Bonita C. Jacobs led the merger of Gainesville State College with North Georgia College and State University to form the University of North Georgia, where she served as the founding president

Richard Katzman is a fellow at CHEMA and a senior consultant at SPH Consulting Group.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 36

Leading Toward Liberation

How to Build Cultures of Thriving in Higher Education

ANNMARIE CAÑO

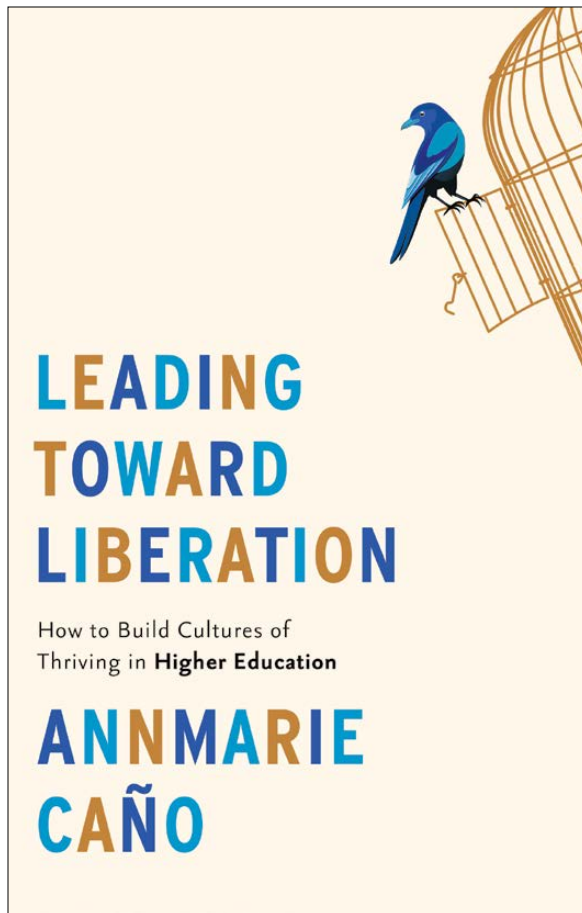
In *Leading Toward Liberation*, Annmarie Caño reimagines academic leadership as a practice rooted in liberation and equity. Drawing on her experiences as a Latina, first-generation college student, clinical psychologist, and higher education administrator, Caño shows how leaders can foster inclusive cultures where everyone thrives.

Through a lens of liberation psychology, Caño outlines actionable strategies for transforming institutions into spaces of freedom and growth. From crafting a values-driven vision to navigating institutional obstacles, accompanying others in solidarity, and leading with courage, this book offers practical insights to create systemic change. In this guide to navigating and disrupting the status quo to promote freedom and growth, Caño explains how to lead courageously, grow liberatory leadership skills, and plan career steps. Each chapter concludes with reflective self-coaching questions that empower readers to assess and refine their leadership journeys.

Leading Toward Liberation offers an antidote to toxic and unhealthy academic cultures that silence or force out talented colleagues and stifle creativity. Addressing challenges like hierarchical norms, burnout, and the marginalization of underrepresented voices, Caño inspires readers to rethink leadership as a shared endeavor of transformation. With a keen focus on the intersections of identity and power, this is an essential resource for leaders seeking to dismantle oppressive systems and co-create healthier academic environments.

“Caño provides a compelling argument for and practical guide to liberatory leadership in higher education. Leaders and those they serve will benefit from this reflective liberation mindset as they seek to change the aspects of academic culture that oppress into spaces of inclusivity and thriving. An empowering read.”

—REBECCA POPE-RUARK,
Georgia Institute of Technology



EDUCATION / Schools / Levels / Higher

Available 07/08/2025

\$32.95 • Hardcover • 9781421451336

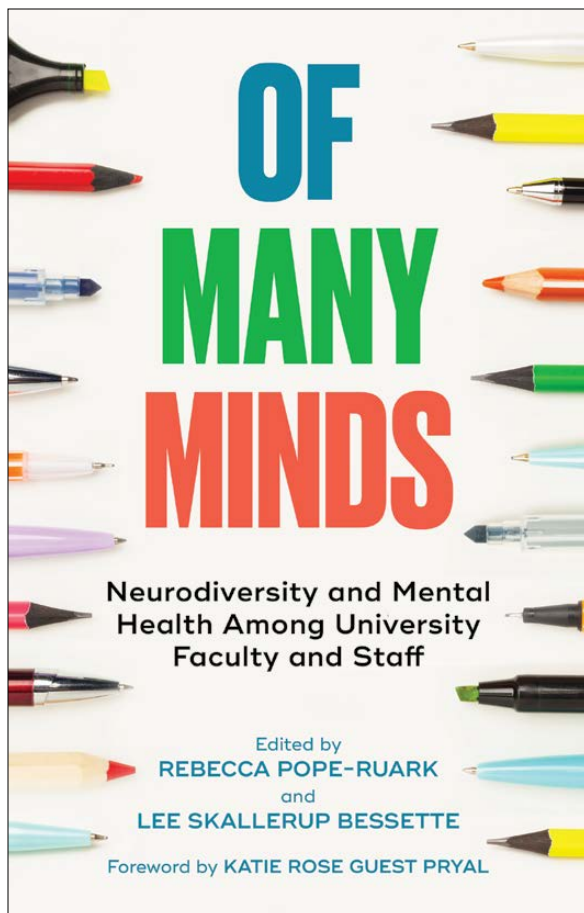
256 pages • 5.5 x 8.5”

Also available as an ebook

Annmarie Caño is a professor of psychology at Gonzaga University and a two-time Fellow of the American Psychological Association who has held leadership positions at public and private universities.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 37



Of Many Minds

Neurodiversity and Mental Health Among University Faculty and Staff

EDITED BY REBECCA POPE-RUARK AND LEE SKALLERUP BESSETTE, FOREWORD BY KATIE ROSE GUEST PRYAL

In the competitive and achievement-driven world of higher education, the mental health and neurodiversity of faculty and staff often remain overlooked or misunderstood. While institutions increasingly prioritize student mental health, the challenges faced by educators are frequently ignored, leaving them to navigate a culture that values excellence at almost any cost. In *Of Many Minds*, editors Rebecca Pope-Ruark and Lee Skallerup Bessette give voice to the experiences of faculty and staff dealing with anxiety, depression, and neurodivergence amid a culture of stigma and exclusion.

This essay collection provides a platform for faculty and staff to share their stories and critically examine the culture of mental health in US higher education. Contributions normalize conversations about mental health and neurodiversity while offering insights to transform the academy into a more inclusive, supportive space. The essays combine personal accounts with actionable critiques, addressing topics like workplace stigma, ableism, and systemic barriers to seeking treatment. With contributions from a diverse group of educators and advocates, *Of Many Minds* challenges the status quo and fosters empathy for those living with neurodiversity in academia.

At a time when burnout and faculty attrition rates are soaring, this book urgently calls for higher education to reimagine its values and prioritize the care of faculty and staff. *Of Many Minds* empowers educators to advocate for themselves and others while breaking down the stigma that has silenced too many for too long.

EDUCATION / Schools / Levels / Higher

Available 08/26/2025

\$32.95 • Hardcover • 9781421452524

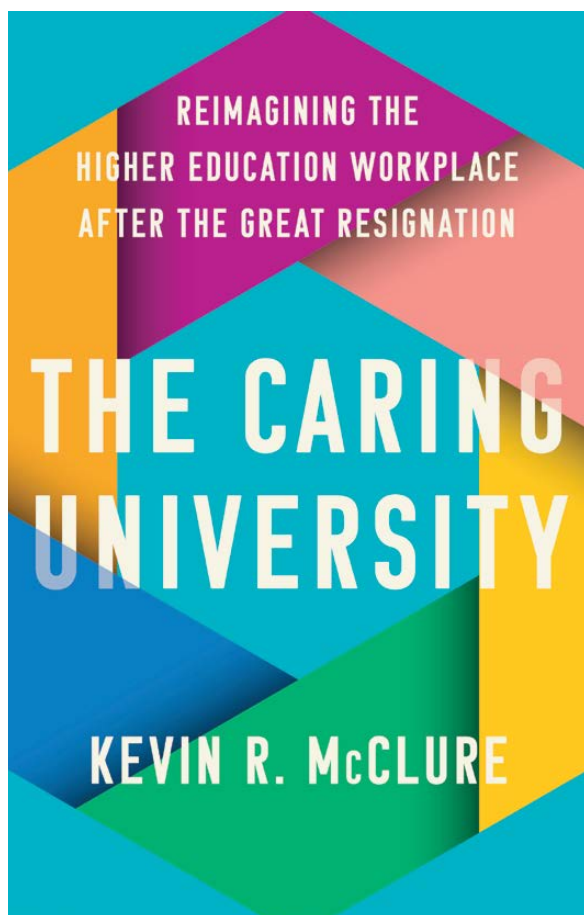
208 pages • 6 x 9"

Also available as an ebook

Rebecca Pope-Ruark, PhD, is the director of the Office of Faculty Professional Development at the Georgia Institute of Technology. She is the author of *Unraveling Faculty Burnout: Pathways to Reckoning and Renewal* and the coeditor of *Redesigning Liberal Education: Innovative Design for a Twenty-First-Century Undergraduate Education*.

Lee Skallerup Bessette is the Assistant Director of Digital Learning at the Center for New Designs in Learning and Scholarship at Georgetown University. She is the editor of *Affective Labor and Alt-Ac Careers*.

Book information, prices, and publication date are subject to change without notice.



EDUCATION / Schools / Levels / Higher

Available 07/01/2025

\$34.95 • Hardcover • 9781421451947

352 pages • 6 x 9" • 2 line drawings

Also available as an ebook

Kevin R. McClure is the Murphy Distinguished Scholar of Education and Associate Professor of Higher Education at the University of North Carolina at Wilmington. He writes the Working Better column for *The Chronicle of Higher Education*.

The Caring University

Reimagining the Higher Education Workplace after the Great Resignation

KEVIN R. MCCLURE

Colleges and universities rarely establish working conditions and cultures that prioritize employee well-being. During the pandemic, many staff and faculty members questioned their careers in higher education. Because of this mindset, leaders in higher education must rethink their approaches to attracting, growing, and retaining talent. In *The Caring University*, Kevin R. McClure describes six organizational changes to create a university dedicated to creating working conditions and cultures in which all employees can flourish.

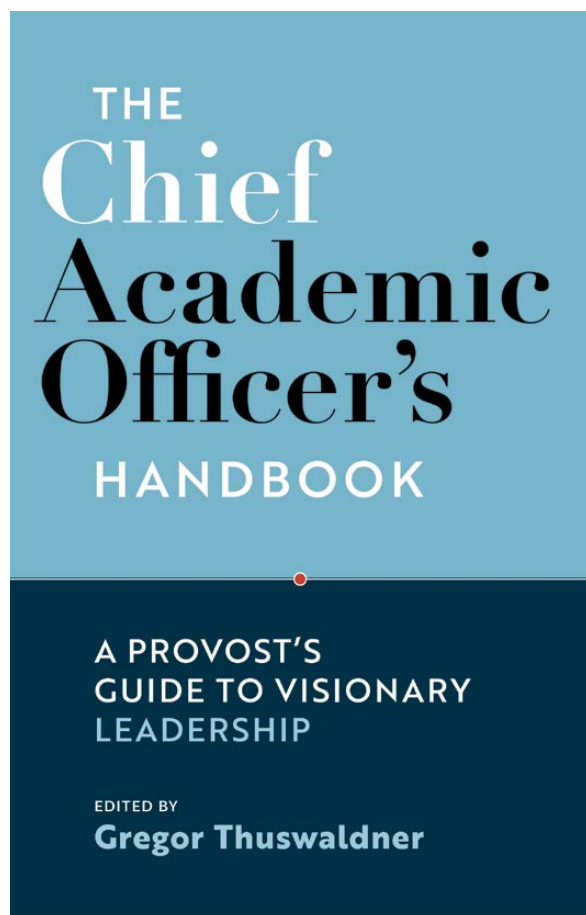
At the heart of the caring university is the premise that all employees have talent, all employees should be treated as whole people, and all employees deserve to be cared for as essential contributors to organizational success. McClure's proposed changes draw upon wisdom of organizational change theories, decades of scholarship in higher education and social science, as well as site visits to institutions where he conducted more than 100 original interviews with staff, faculty, and administrators.

The Caring University diagnoses major problems in the higher education workplace and offers practical approaches to address them as part of a sustainable change process. The book brings together several strands of inquiry and conversations in practice that have typically been discussed separately—such as burnout, caregiving, and leadership—and weaves them into a cohesive narrative that addresses all employees in higher education. This essential book reimagines the higher education workplace as a site where all employees can thrive.

“In their never-ending quest for status, universities have placed competition and individual achievement over collective welfare. Kevin McClure has laid out a plan for moving from cold bureaucracies that prioritize external stakeholders to a generative culture that puts its own people first. It’s past time to start the process.”

—HOLDEN THORP,
Editor-in-Chief, *Science*

Book information, prices, and publication date are subject to change without notice.



The Chief Academic Officer's Handbook

A Provost's Guide to Visionary Leadership

EDITED BY GREGOR THUSWALDNER

The role of the provost—the chief academic officer—has never been more critical or challenging. Tasked with overseeing the academic mission of colleges and universities, provosts manage a wide range of responsibilities, from guiding institutional strategy and resource allocation to navigating faculty relationships, student success, and increasingly complex crises. *The Chief Academic Officer's Handbook* is an essential resource for those stepping into this demanding role as well as seasoned leaders seeking new strategies and perspectives.

Written by current and former provosts affiliated with the Association of Chief Academic Officers (ACAO) and edited by Gregor Thuswaldner, this comprehensive volume offers practical advice, best practices, and candid reflections from leaders representing a wide range of higher education institutions. Organized for quick reference, the handbook spans the full spectrum of the provost's responsibilities. From establishing an inclusive academic vision and working effectively with presidents and senior leadership to engaging with external stakeholders and managing institutional resources, each chapter addresses real-world challenges with clarity and insight. The book also tackles critical issues like crisis management, faculty relations, and the need for self-care in a role defined by constant high-stakes decision-making. *The Chief Academic Officer's Handbook* is the must-have guide for those committed to leading academic enterprises with integrity, vision, and resilience.

Published jointly with the Association of Chief Academic Officers.

EDUCATION / Schools / Levels / Higher

Available 09/16/2025

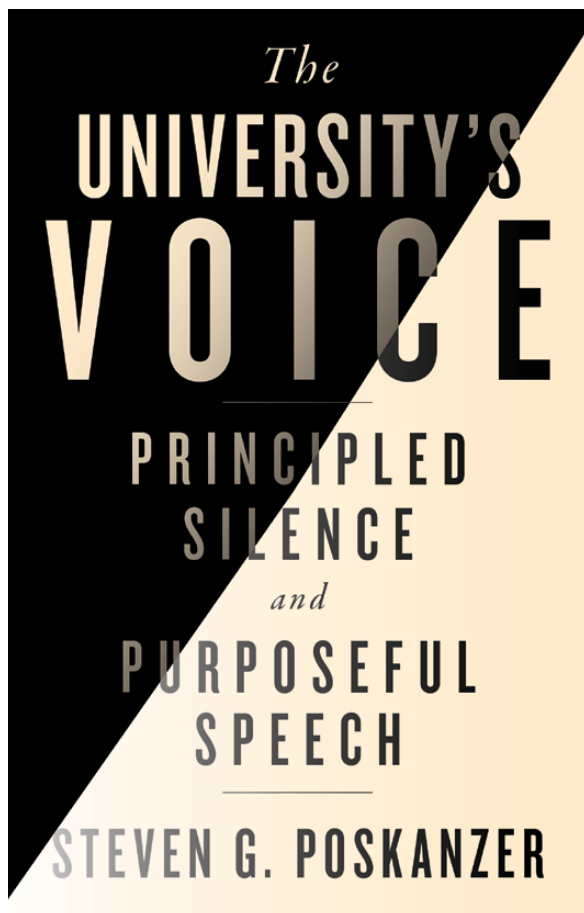
\$59.95 • Hardcover • 9781421452050

424 pages • 6.125 x 9.25" • 3 figures

Also available as an ebook

Gregor Thuswaldner most recently served as the provost and executive vice president of Whitworth University.

Book information, prices, and publication date are subject to change without notice.



The University's Voice

Principled Silence and Purposeful Speech

STEVEN G. POSKANZER

Universities and colleges face increasing pressure to speak out on today's most contentious political, moral, and social issues. But when should an institution of higher learning take a stand—and when is silence the wiser choice? In *The University's Voice*, Steven G. Poskanzer offers a timely and practical guide for institutional leaders grappling with these high-stakes questions.

With decades of experience as a college president, Poskanzer examines the growing demands for universities to take official positions on matters ranging from climate change to global conflicts, to current debates over public policy. He argues that universities must be faithful to and focused upon their core mission—advancing knowledge and learning—while carefully navigating the fragile “social compact” between academia and broader society. At the heart of his argument is the “General Rule of Reticence,” a principle that universities should be circumspect about adopting institutional positions unless doing so is essential to the pursuit of their mission, including safeguarding academic freedom. But reticence does not mean cowed silence. Poskanzer outlines clear, actionable criteria for when universities can and even must speak out: when they possess unique educational expertise to offer; when speech will ensure a robust intellectual environment for faculty and students; when their mission is at issue; or when their very existence is at risk.

This nuanced framework encourages academic leaders to respond thoughtfully to internal and external pressures to take stances without compromising the long-term integrity of their institutions. *The University's Voice* offers essential guidance for faculty and administrators as well as leaders of other mission-driven organizations and policymakers on how to balance principled silence with purposeful speech in an increasingly polarized world.

EDUCATION / Schools / Levels / Higher

Available 11/18/2025

\$39.95 • Hardcover • 9781421453101

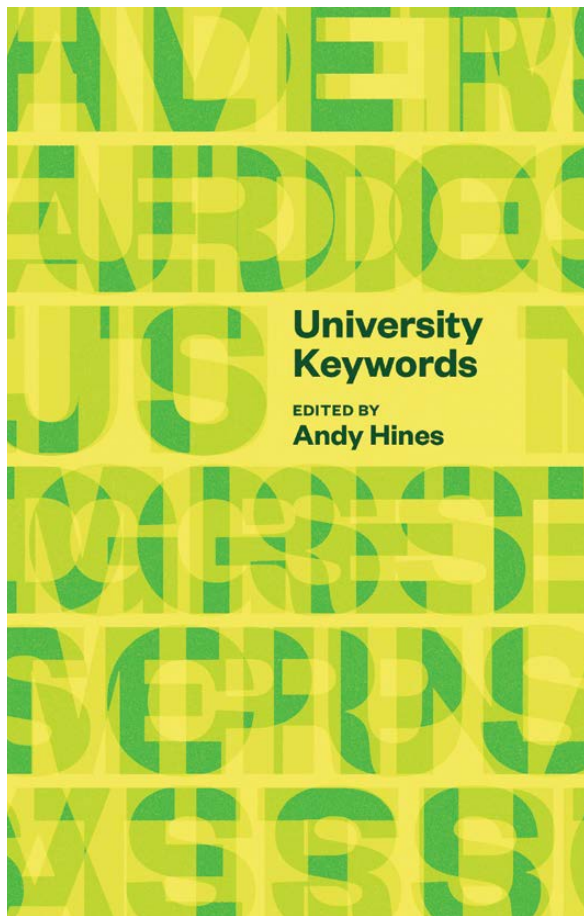
360 pages • 6 x 9"

Also available as an ebook

Steven G. Poskanzer is President Emeritus and a professor of Political Science at Carleton College.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 41



University Keywords

EDITED BY ANDY HINES

University Keywords gathers, contextualizes, and develops original understandings of 27 key terms that define the study and operation of the American university today. Editor Andy Hines and the book's contributors invite readers to rethink the university beyond its public image as a space of learning and understand how it also operates as a real estate powerhouse, a hedge fund, a debt machine, and even a crisis-producing entity embedded in the broader American economy.

Through essays written by over thirty contributors from a variety of disciplines, this book examines the university's intersecting functions, from its financial entanglements to its often-contradictory roles in society. Contributors illustrate how universities simultaneously link and separate communities—faculty, students, nurses, janitors, and the surrounding public—through administrative processes that promote a sense of isolation and division, even within shared spaces. By defining and expanding the terms that drive public and scholarly conversations about postsecondary education, *University Keywords* situates what appear to be auxiliary aspects of colleges and universities as directly impacting and at times displacing the central academic mission of these institutions.

In its role as a crucible for societal hierarchies and economic interests, the university both drives and reflects major shifts in social structure, labor practices, and economic power. The book's exploration of key terms like “debt,” “police,” and “union” offers readers a new framework for understanding the university's transformation into an instrument of capital accumulation, as well as its ongoing relevance in the fight for a world where education, labor, and social justice converge.

EDUCATION / Schools / Levels / Higher

Available 09/09/2025

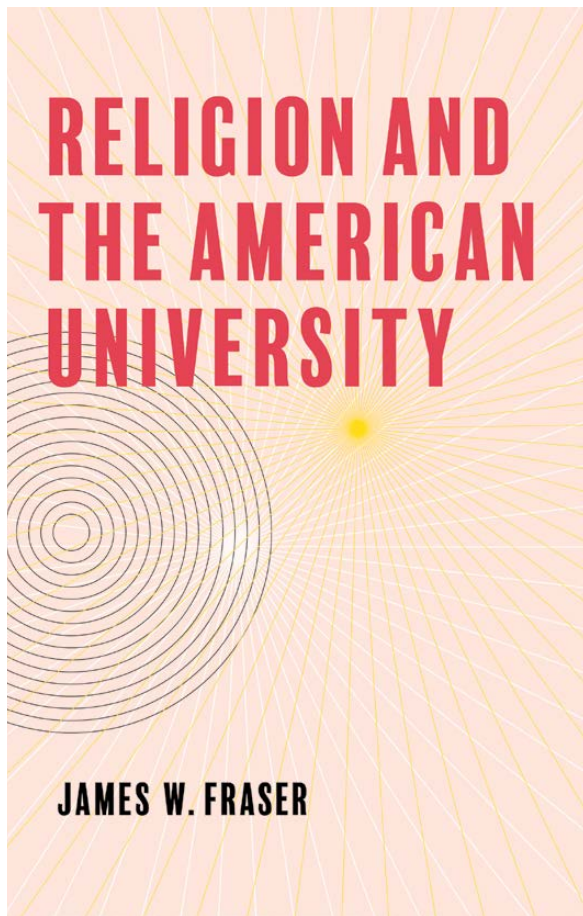
\$34.95 • Hardcover • 9781421452357

376 pages • 6 x 9” • 1 b&w illus

Also available as an ebook

Andy Hines is the senior associate director of the Aydelotte Foundation at Swarthmore College. He is the author of *Outside Literary Studies: Black Criticism and the University*.

Book information, prices, and publication date are subject to change without notice.



Religion and the American University

JAMES W. FRASER

Once the unifying center of American higher education, religion has undergone a dramatic transformation over the past 220 years. From its origins as the core of a unified understanding of truth as it was taught at the nation's first colleges to its current presence on the periphery of campus life, religion has both shaped and been shaped by the evolution of the American university. In *Religion and the American University*, James W. Fraser explores the complex relationship between faith and higher education.

While many histories of higher education rarely focus on religion after the Civil War, and studies of religion often neglect its ties to academia, this book bridges the gap between the two histories, offering a richly detailed, chronological account of the shifting role of religion in American colleges and universities over more than two centuries. Through key institutional examples, Fraser illuminates how the place of religion evolved—from the dominance of Protestantism in the nineteenth century to the broad spectrum of faiths, spiritualities, and secular philosophies represented on campuses today. This compelling study examines how student-led organizations, chaplains, religious studies departments, and local communities have kept faith vibrant in academia despite its absence from the dominant university culture of the twenty-first century.

Essential reading for educators, historians, faith leaders, and anyone interested in the intersection of faith and education, *Religion and the American University* offers a fresh perspective on why religion remains a vital and misunderstood aspect of campus life in the twenty-first century.

“This seminal contribution revolutionizes our understanding of religion in higher education, expertly weaving together milestones and episodes to chronicle a cohesive history. It is groundbreaking for its thoughtful examination of the American university’s evolution beyond Christian origins to tell a larger story of meaning-making on campus across the faith spectrum.”

—VINEET CHANDER,
Princeton University

EDUCATION / Schools / Levels / Higher

Available 07/01/2025

\$54.95 • Hardcover • 9781421451732

392 pages • 6 x 9" • 12 b&w photos

Also available as an ebook

James W. Fraser is a professor emeritus of history and education at New York University. He is the author or editor of fourteen books, including *Teaching the World's Teachers* and *Between Church and State: Religion and Public Education in a Multicultural America*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 43

SCIENCE & NATURE

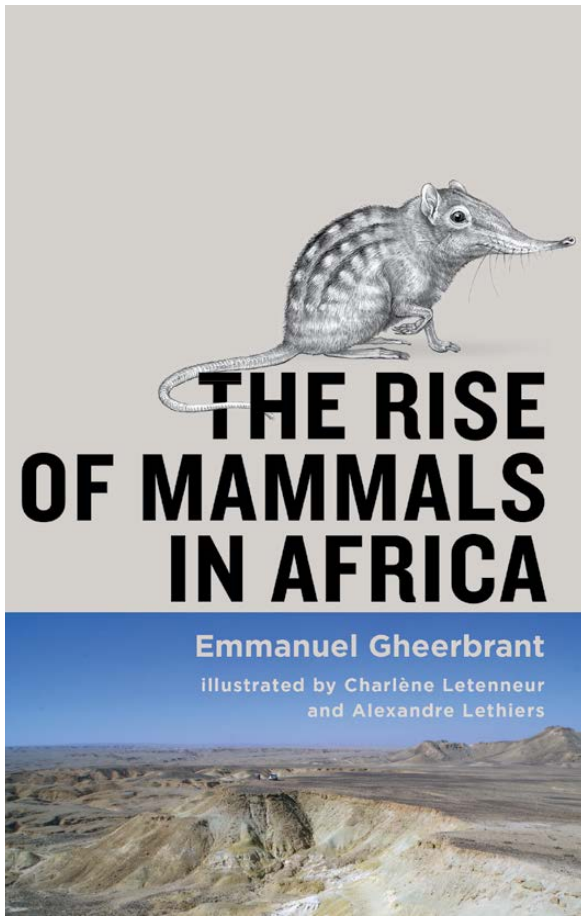
The Rise of Mammals in Africa

EMMANUEL GHEERBRANT, ILLUSTRATED BY CHARLÈNE LETENNEUR AND ALEXANDRE LETHIERS

For more than 80 million years, “Island Africa” was a vast, isolated landmass south of the ancient Tethys Sea. Despite this isolation, waves of pioneering mammals crossed the sea, sparking remarkable evolutionary success stories that include the ancestors of elephants, primates, aardvarks, and more. Follow the extraordinary evolutionary journey of African mammals in this definitive account of how Africa’s unique isolation shaped the development of some of Earth’s most iconic species.

Emmanuel Gheerbrant, a world-renowned expert in mammal evolution, weaves together paleontological discoveries and cutting-edge molecular research to illuminate this fascinating history. Through a comprehensive exploration of fossil evidence and stunning original artwork, this book reveals the origins and adaptations of extraordinary creatures, from the extinct *Arsinoitherium* and *Moeritherium* to today’s elephants and lemurs. Gheerbrant explores the environmental and climatic forces that shaped these mammals, the impact of Africa’s collision with Eurasia, and the enduring legacy of its evolutionary innovations on today’s global biodiversity.

Meticulously researched and beautifully illustrated, *The Rise of Mammals in Africa* provides an unparalleled window into a critical chapter of natural history. Whether you’re a paleontologist, evolutionary biologist, or a curious reader captivated by Africa’s natural wonders, this book is a gorgeously illustrated resource for understanding the origins of life as we know it.



SCIENCE / Life Sciences / Biology

Available 11/18/2025

\$74.95 • Hardcover • 9781421452395

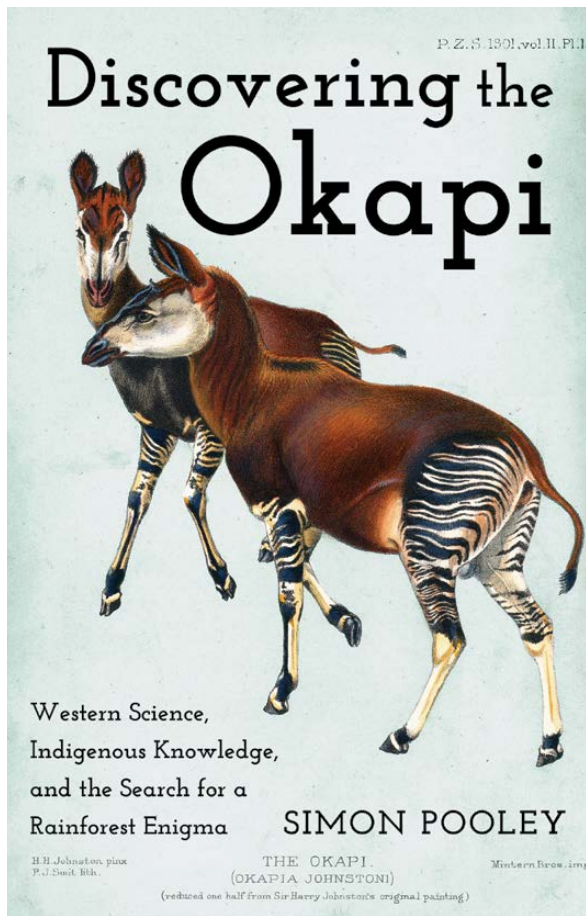
296 pages • 6 x 9” • 16 color illus., 56 b&w illus.

Also available as an ebook

Emmanuel Gheerbrant is a vertebrate paleontologist and a researcher at the French National Centre for Scientific Research (CNRS) and the French National Museum of Natural History (MNHN).

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 45



Discovering the Okapi

Western Science, Indigenous Knowledge, and the Search for a Rainforest Enigma

SIMON POOLEY

In *Discovering the Okapi*, Simon Pooley offers a fascinating portrait of the okapi—an elusive short-necked giraffid with zebra stripes, surviving in the rainforests of central Africa's Congo Basin. Combining history, science, and cultural analysis, this book unpacks the complicated layers of Western science and indigenous knowledge that shaped the world's understanding of this unique creature.

Pooley tells the story of the okapi's "discovery" in 1900 by British naturalist Sir Harry Johnston—and the overlooked contributions of the indigenous African people whose expertise made this sighting and subsequent hunt for specimens possible. The book traces how colonial politics and scientific racism shaped early accounts of the animal's study and examines the enduring biases that continue to influence conservation efforts today. The okapi became a symbol of scientific curiosity, colonial power, and conservation challenges, revealing complex intersections among biodiversity, cultural heritage, and environmental stewardship. From its capture and exhibition in European zoos and its representation in Western museums and visual media to its role in African art and mythology, the okapi's story is as much about human history as it is about one extraordinary animal.

The okapi's precarious existence in captivity and the wild exposes how Western and indigenous approaches to conservation can—and must—find common ground for its survival. Richly detailed and deeply personal, *Discovering the Okapi* urges us to preserve biodiversity in a world of clashing worldviews and to view the okapi not just as an object of fascination, but as a powerful symbol of shared responsibility for our planet's future.

NATURE / Animals / Wildlife

Available 10/14/2025

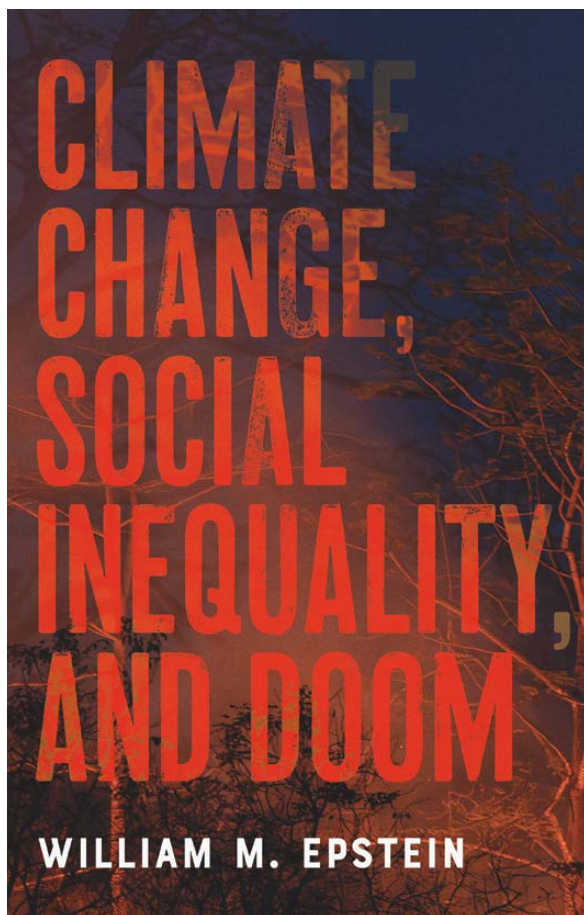
\$39.95 • Paperback • 9781421452487

376 pages • 6 x 9" • 31 b&w illus.

Also available as an ebook

Simon Pooley is the Lambert Lecturer in Environment at Birkbeck, University of London. He is the coeditor of *Histories of Bioinvasions in the Mediterranean* and the author of *Burning Table Mountain: An Environmental History of Fire on the Cape Peninsula*.

Book information, prices, and publication date are subject to change without notice.



Climate Change, Social Inequality, and Doom

WILLIAM M. EPSTEIN

The challenges of climate change, like so many issues today, are not evenly distributed across social and economic lines. In this sobering exploration of the interconnected crises of climate change and social inequality, William M. Epstein examines how entrenched cultural values and systemic inequities thwart meaningful climate action, driving humanity closer to catastrophic consequences.

Epstein outlines three potential climate futures—ranging from manageable to devastating—and scrutinizes society's inability to confront these realities with meaningful action. He argues that solutions exist, but they demand sacrifices and transformations that clash with deeply rooted societal norms. Epstein highlights the global indifference to equality and environmental stewardship and exposes the tragic inertia that imperils democracy, the environment, and humanity itself. By examining the broader implications of inequality—ranging from resource distribution to policy inertia—he reveals how societal values shape environmental outcomes and the growing divide between those who bear the brunt of climate change and those who remain insulated.

Offering a sharp critique of romanticized individualism and its role in undermining collective action, this provocative book challenges readers to rethink society's capacity and willingness to confront existential and environmental threats. A profound and timely work, *Climate Change, Social Inequality, and Doom* confronts the moral and political failures that define the climate crisis and reveals the stark choice between an equitable, sustainable future and irreversible decline.

SCIENCE / Global Warming & Climate Change

Available 09/16/2025

\$49.95 • Paperback • 9781421452302

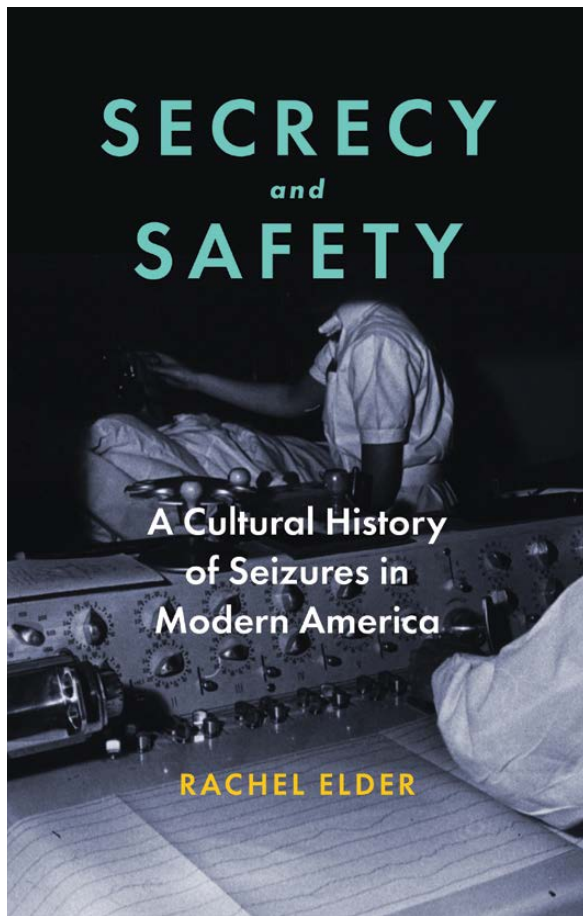
344 pages • 6 x 9"

Also available as an ebook

William M. Epstein is emeritus professor at the University of Nevada, Las Vegas.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 47



Secrecy and Safety

A Cultural History of Seizures in Modern America

RACHEL ELDER

In the middle of the twentieth century, medical advancements like anticonvulsant drugs and electroencephalograms promised new possibilities for managing seizures. At the same time, people with epilepsy were navigating a complex medical landscape and enduring social prejudice. In *Secrecy and Safety*, historian Rachel Elder presents a deeply researched history of epilepsy and the stories of individuals grappling with the dual burden of living with an unpredictable condition and concealing it to avoid stigma.

While new treatments offered the hope of control, the era's emphasis on personal responsibility reinforced a culture of secrecy around disability. Epilepsy became an "invisible" condition—manageable in public life but requiring constant vigilance and self-regulation. This thought-provoking study examines case studies that reveal how postwar beliefs about control and normalcy shaped perceptions of disability and identity. Rooted in rich historical research, *Secrecy and Safety* is the first comprehensive examination of epilepsy during this pivotal period.

By examining the societal pressures placed on individuals to perform health and manage risk, Elder offers a compelling lens through which to understand broader questions of autonomy, visibility, and belonging in modern America. *Secrecy and Safety* reconsiders the narratives that define chronic illness and the enduring quest for control in the face of uncertainty.

SCIENCE / History

Available 12/09/2025

\$64.95 • Hardcover • 9781421452944

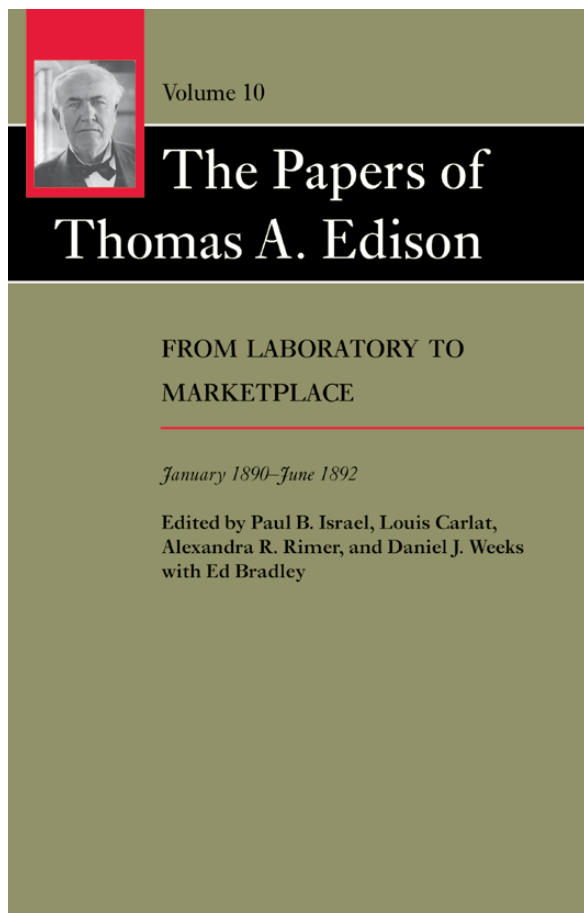
256 pages • 6 x 9" • 19 halftones

Also available as an ebook

Rachel Elder is a historian of science, medicine, technology, and disability in American culture.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 48



The Papers of Thomas A. Edison, Volume 10

From Laboratory to Marketplace, January 1890–June 1892

THOMAS A. EDISON, EDITED BY PAUL B. ISRAEL, LOUIS CARLAT, ALEXANDRA R. RIMER, AND DANIEL J. WEEKS, WITH ED BRADLEY

Thomas A. Edison started the 1890s as one of the most famous people in the Western world, with his name celebrated in small-town newspapers and imperial courts. However, the changing technological and corporate environments of this decade raised obstacles that Edison could only partially overcome while reorienting his career away from his signature electrical technologies.

The tenth volume of the widely acclaimed series *The Papers of Thomas A. Edison* chronicles the end of the “Battle of the Currents,” the contest over the development of US electric utility infrastructure. Edison struggled to adapt his direct-current system to overcome the advantages of the Westinghouse Electric alternating-current system and to outpace Thomson-Houston Electric’s development of motors for industry and electric traction. The forced merger with Thomson-Houston that created General Electric in 1892 ended Edison’s dozen years of leadership in the electrical business.

Edison remained prolific in other fields documented in this volume—sound recording, motion pictures, and batteries. But all these projects were overshadowed by his efforts to revitalize uncompetitive eastern iron mines by concentrating low-grade iron ores. Edison opened a massive ore-concentrating works in Ogdensburg, New Jersey, in 1890. The operation, improvement, and expansion of that plant consumed much of his energy and wealth for the rest of the decade.

SCIENCE / History

Available 07/01/2025

\$124.95 • Hardcover • 9781421451565

1032 pages • 7 x 10” • 18 halftones, 224 line drawings, 2 maps

Also available as an ebook

Paul B. Israel is the director and editor of the Thomas A. Edison Papers Project at Rutgers, The State University of New Jersey.

Louis Carlat and **Daniel J. Weeks** are associate editors of the Thomas A. Edison Papers Project at Rutgers University.

Alexandra R. Rimer and **Ed Bradley** are assistant and consulting editors, respectively, of the Thomas A. Edison Papers Project at Rutgers University.

Book information, prices, and publication date are subject to change without notice.

PUBLIC HEALTH

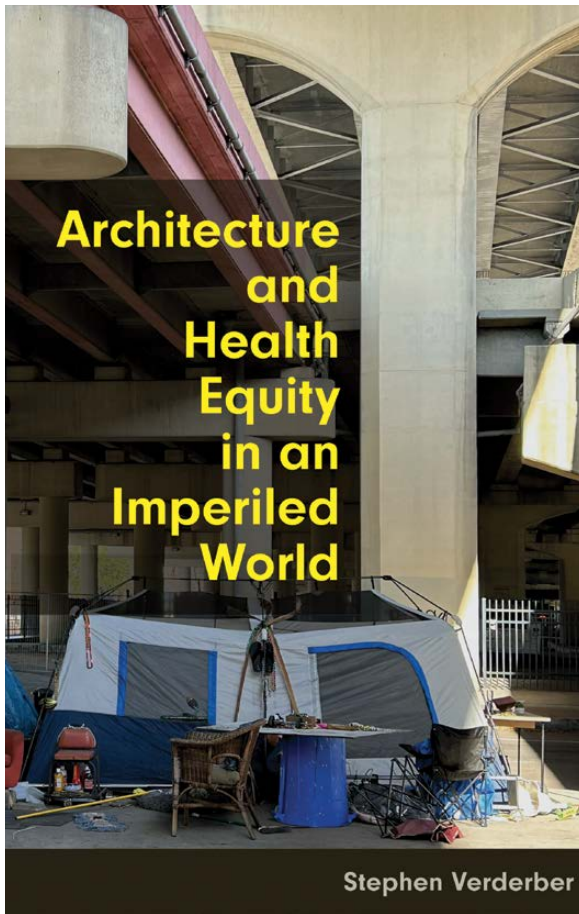
Architecture and Health Equity in an Imperiled World

STEPHEN VERDERBER

As climate change accelerates, its impact on public health grows, disproportionately affecting medically underserved populations. In *Architecture and Health Equity in an Imperiled World*, Stephen Verderber addresses the urgent need for innovative architectural and ecologically responsible strategies to confront health inequities exacerbated by the global climate crisis. This book highlights the critical role of health-centric architecture in mitigating these inequities and creating resilient, therapeutically supportive environments.

Combining insights from public health, architecture, and climate science, this book examines how the built environment can both contribute to and alleviate health disparities. Chapters examine the unique vulnerabilities of health-focused built environments including hospitals, outpatient clinics, and long-term care facilities amid the devastating effects of rising sea levels, extreme weather events, and escalating public health emergencies. Emphasizing the urgent need for innovative, resilient design strategies, *Architecture and Health Equity in an Imperiled World* illustrates how thoughtful and compassionate design innovations can better serve increasingly vulnerable populations both locally and globally.

An essential resource for health care leaders, architects, and policymakers, *Architecture and Health Equity in an Imperiled World* challenges traditional, increasingly obsolete policies and protocols, advocating instead for innovative strategies and solutions to improve health and promote sustainability. This book offers a bold new vision for leveraging architectural design and its diverse benefits to society to ensure that communities can thrive sustainably and regeneratively in an uncertain future.



MEDICAL / Public Health

Available 11/18/2025

\$59.95 • Hardcover • 9781421452500

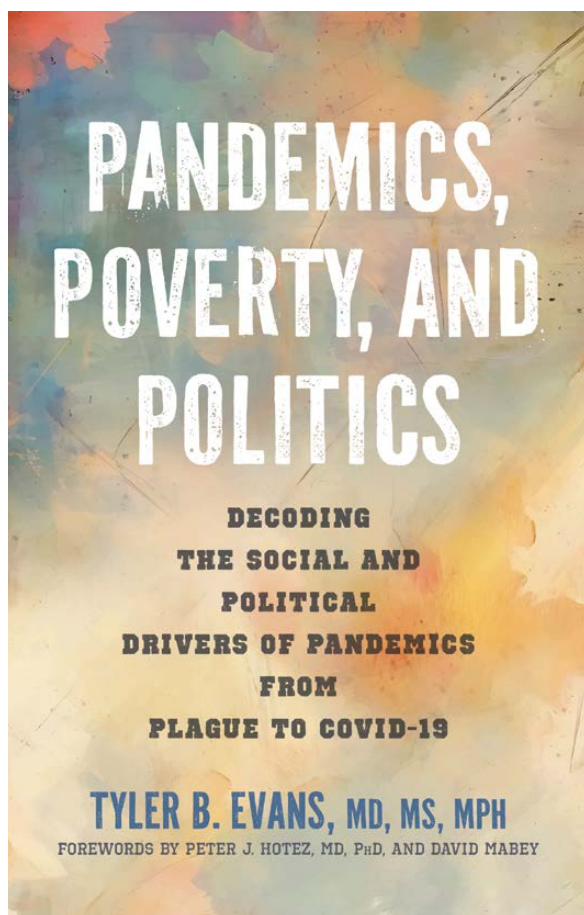
376 pages • 7 x 10" • 57 color photos, 99 color illus.

Also available as an ebook

Stephen Verderber is the Director of the Centre for Design and Health Innovation and a professor at both the John H. Daniels Faculty of Architecture, Landscape, and Design, and the Dalla Lana School of Public Health at the University of Toronto. He is the author or coauthor of nine books, including *Innovations in Behavioral Health Architecture*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 51



Pandemics, Poverty, and Politics

Decoding the Social and Political Drivers of Pandemics from Plague to COVID-19

TYLER B. EVANS, MD, MS, MPH, FOREWORDS BY PETER J. HOTEZ, MD, PHD, AND DAVID MABEY

In a world where millions perish from preventable diseases amid unprecedented wealth and technological advancement, *Pandemics, Poverty, and Politics* illuminates a central paradox of our times. This compelling work by a seasoned physician and global health leader unravels the complex web of social, political, and economic factors driving pandemics and other public health crises.

Drawing from over two decades of experience in the public health field, Tyler B. Evans, MD, MS, MPH, presents a unique and deeply personal narrative. The book begins with a foundational introduction to social medicine and health systems, as well as the social and political determinants of health. Dr. Evans provides readers with examples of every major pandemic starting with the turn of the twentieth century to current times—beginning with the third plague and ending with COVID-19—highlighting the common social and political drivers of these outbreaks. Fractured health systems worsened by social disruption place inordinate stress on societies and disproportionately impact the most vulnerable. These historic examples of pandemics in addition to more contemporary examples of ongoing epidemics and major public health concerns ranging from malaria and neglected tropical diseases to influenza, HIV/AIDS, diarrheal diseases, Ebola, and tuberculosis reinforce how sociopolitical factors build upon each other. Case in point: high population stress following political repression and unrest in apartheid South Africa contributed to a major outbreak of HIV in the 1990s, as did multinational diamond mining and minimal infrastructure help precipitate the worst ebola outbreak in history in Sierra Leone.

While scientific advancements have progressed, the failure to address underlying social inequities leaves us vulnerable to even more devastating health crises. This book is an essential read for public health and health care professionals, policymakers, social science researchers, students, and anyone committed to understanding and mitigating the complex factors that underpin global health emergencies.

“Dr. Evans brilliantly analyzes and synthesizes the complexity and simplicity that underlie all global pandemics—inequalities.”

—ANGELI ACHREKAR,

Deputy Executive Director of Programmes, UNAIDS

MEDICAL / Public Health

Available 08/05/2025

\$39.95 • Paperback • 9781421451787

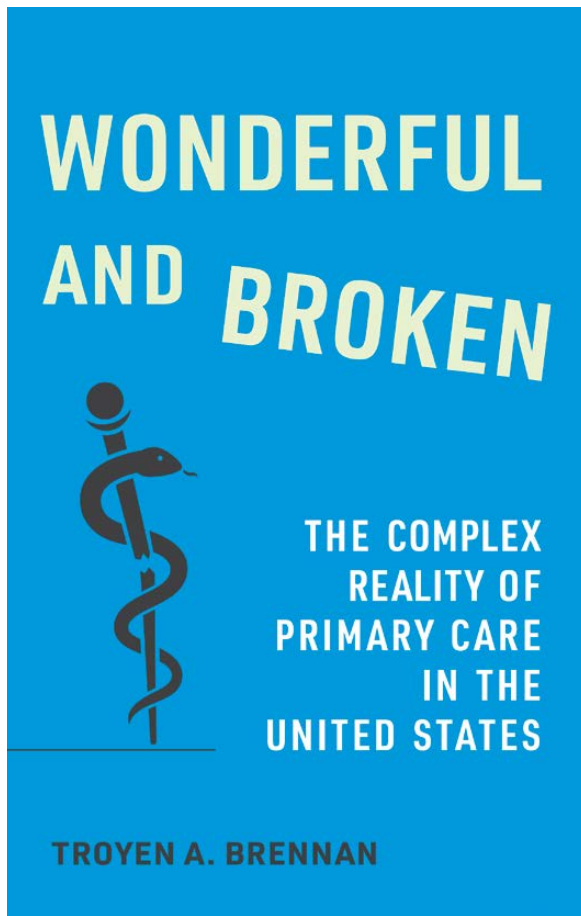
488 pages • 6 x 9" • 56 figures

Also available as an ebook

Tyler B. Evans, MD, MS, MPH, is an infectious disease and public health physician. He was the first chief medical officer (CMO) for New York City. He is currently the CEO, CMO, and cofounder of the Wellness Equity Alliance, a national group of clinicians and public health professionals committed to transforming health care delivery to historically marginalized communities. He is an adjunct research associate professor at the University of Southern California Keck School of Medicine in the Department of Population and Public Health Sciences and an adjunct clinical associate professor in the Department of Medicine at the University of California, San Francisco.

Book information, prices, and publication date are subject to change without notice.

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Wonderful and Broken

The Complex Reality of Primary Care in the United States

TROYEN A. BRENNAN

Primary care in the United States faces an existential crisis. Its value is unchallenged: policy experts argue that the primary care sector is critical to the quality and equity of the health care system. On the other hand, studies show that primary care is underfunded, providers are struggling with burnout, and patients increasingly lack access to primary care. In *Wonderful and Broken*, Troyen A. Brennan offers a timely exploration into the precarious state of primary care in the American health system today. Drawing on years of field research and firsthand accounts from clinicians, this book paints a picture of both the current struggles and emerging solutions that define the primary care landscape.

With health care costs rising and clinician burnout at an all-time high, Brennan examines whether value-based care can truly rescue primary care from the brink of collapse. At the heart of this book are the compelling stories of doctors, nurses, and care teams who are forging a new path, championing preventive care, and prioritizing patient relationships. From the efforts of government policies to the involvement of venture capitalists, the book unveils the multifaceted approaches being employed to shift health care from a fee-for-service model to one centered around value, quality outcomes, and equitable access.

But will these efforts be enough? Brennan does not shy away from the hard questions, offering both a critique of past failures and a roadmap for a hopeful future. Essential reading for policymakers, health care professionals, and anyone concerned about the future of American health care, *Wonderful and Broken* illuminates the pivotal role primary care must play in achieving sustainable and effective reform.

MEDICAL / Public Health

Available 10/07/2025

\$39.95 • Hardcover • 9781421452197

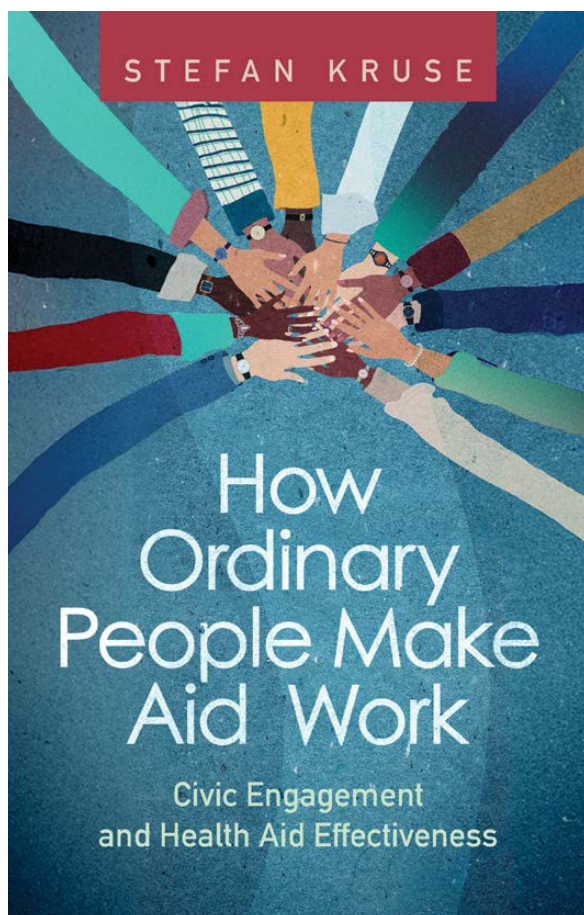
488 pages • 6 x 9"

Also available as an ebook

Troyen A. Brennan is an adjunct professor of health policy and management at the Harvard T. H. Chan School of Public Health. A former professor of medicine at Harvard Medical School and the former chief medical officer at CVS Health, he is the author of *The Transformation of American Health Insurance: On the Path to Medicare for All* and *Just Doctoring: Medical Ethics in the Liberal State*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 53



How Ordinary People Make Aid Work

Civic Engagement and Health Aid Effectiveness

STEFAN KRUSE

What makes health-related development assistance truly effective? In *How Ordinary People Make Aid Work*, Stefan Kruse argues that the answer lies in the power of ordinary citizens. By examining the role of community organizations and social movements, Kruse challenges conventional approaches to aid, showing that true accountability requires more than institutional reforms or participatory spaces that offer citizens a seat at the table.

Through rigorous analysis and compelling case studies, the book reveals how traditional forms of exercising voice—especially in politically challenging contexts—drive the success of donor-funded health projects. Kruse demonstrates that reducing infant mortality since the 1990s owes more to an engaged citizenry than to formal accountability mechanisms. Surprisingly, state capacity and democratic institutions show little effect on the success of health aid once citizen involvement is accounted for. By bridging macroeconomic studies of aid effectiveness with research on political behavior, these findings underscore the indispensable role of civic engagement in building resilient health systems.

How Ordinary People Make Aid Work critiques the limitations of traditional, top-down development models and advocates for empowering communities to lead their own progress. It highlights how social ties and collective action equip citizens to oversee health projects and create sustainable solutions to public health challenges. Offering fresh insights for policymakers, development practitioners, and scholars, this book redefines what it takes to make aid truly impactful.

MEDICAL / Public Health

Available 10/07/2025

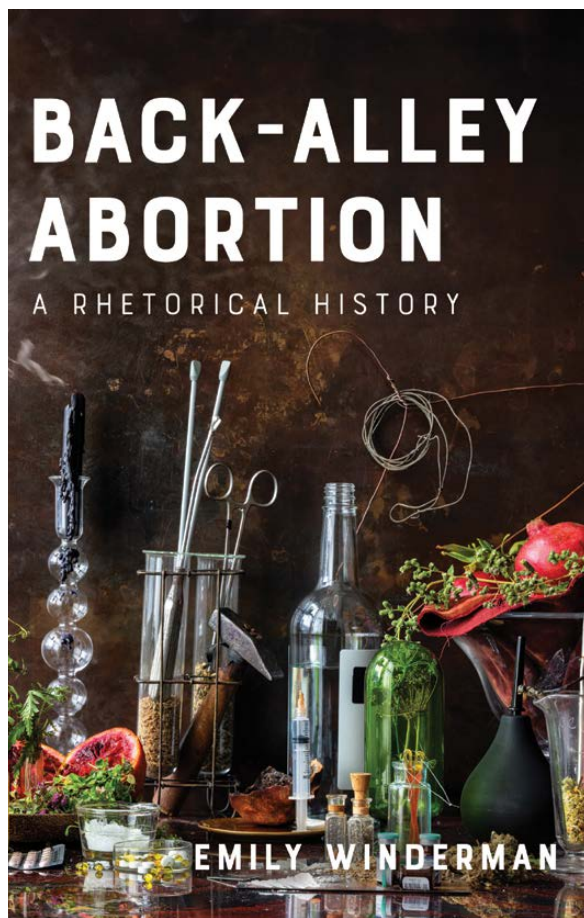
\$69.95 • Paperback • 9781421452548

248 pages • 6 x 9" • 21 figures

Also available as an ebook

Stefan Kruse is an international development consultant and former postdoctoral research fellow at the Center for the Study of Democracy at Leuphana University, Lüneburg, Germany.

Book information, prices, and publication date are subject to change without notice.



Back-Alley Abortion

A Rhetorical History

EMILY WINDERMAN

How did three words come to carry the weight of America's abortion debates? In *Back-Alley Abortion*, Emily Winderman examines how this phrase shaped American reproductive politics and health care standards across generations. Drawing on extensive archival research, the book traces the unexpected origins of this rhetoric in urban reform movements, showing how early associations of alleys with sanitation, morality, and criminality created lasting impressions that would later influence abortion discourse.

Winderman demonstrates how “back-alley abortion” was always more than just descriptive language—it has shaped perceptions of medical legitimacy and clinical spaces. The book reveals how this phrase emerged from racialized and gendered intersections of urban planning, public health, and social reform movements before becoming a rhetoric that anticipated pre-*Roe v. Wade* criminalized medical encounters. After *Roe*, back-alley abortion molded public memory through high-profile cases and later became a weaponized tool of anti-abortion activists to restrict access under the guise of sanitary clinical care.

From nineteenth-century urban reformers to contemporary Supreme Court decisions, this study illuminates how three words came to carry the weight of America's most contentious health care debate. In our post-*Dobbs* era, as states grapple with new restrictions on reproductive rights, understanding the complex history and rhetorical power of “back-alley abortion” has never been more crucial. Drawing on rhetorical theory, reproductive justice theory, and the history of medicine, *Back-Alley Abortion* offers vital insights into how rhetoric shapes our understanding of medical legitimacy, clinical standards, and health care justice in the United States.

SOCIAL SCIENCE / Abortion & Birth Control

Available 10/07/2025

\$64.95 • Hardcover • 9781421452289

296 pages • 6 x 9" • 10 b&w illus.

Also available as an ebook

Emily Winderman is an assistant professor of rhetoric at the University of Minnesota.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 55

COVER TO COME

Information Sick

How Journalism's Decline and Misinformation's Rise Are Harming Our Health—and What We Can Do About It

JOANNE KENEN, LYMARI MORALES, AND JOSHUA M. SHARFSTEIN

The erosion of local news, the polarization of national media, and the rising flood of misinformation continue to jeopardize public health and trust. In *Information Sick*, Joanne Kenen, Joshua M. Sharfstein, MD, and Lymari Morales examine the dire consequences of a fractured information ecosystem, where misinformation spreads unchecked and undermines science, policy, and health.

The authors trace the decline of traditional news structures and the rise of new challenges, including the dangerous spread of disinformation on social media and the lack of accountability in digital spaces. These shifts have left communities uninformed about critical public health issues—from vaccination campaigns to climate change—while eroding confidence in the institutions meant to protect them. Yet *Information Sick* also offers a message of resilience and innovation. The authors highlight emerging media efforts that focus on public interest journalism, equitable reporting, and sustainable business models. From nonprofit newsrooms to an information playbook for public health, these examples show how the information ecosystem can be rebuilt to support a healthier society.

Case studies bring these efforts to life, offering concrete solutions for fostering trust, enhancing transparency, and re-establishing the media's role as a cornerstone of public health advocacy. Designed for public health leaders, policymakers, students, advocates, and anybody who wants to know more about the dangerous erosion of trustworthy health news *Information Sick* equips readers with tools to navigate the modern information landscape and take meaningful steps to counter misinformation and strengthen public health communication.

MEDICAL / Health Policy

Available 10/07/2025

\$34.95 • Paperback • 9781421453125

200 pages • 6 x 9"

Also available as an ebook

Joanne Kenen is the Journalist in Residence and an assistant lecturer at the Johns Hopkins Bloomberg School of Public Health.

Joshua M. Sharfstein, MD, is the Vice Dean for Public Health Practice and Community Engagement and a distinguished professor of the practice at the Johns Hopkins Bloomberg School of Public Health.

Lymari Morales is the Associate Dean for Communications and Marketing at the Johns Hopkins Bloomberg School of Public Health.

Book information, prices, and publication date are subject to change without notice.

HISTORY



Russia Under Putin

Fragile State and Revisionist Power

EDITED BY ANDREW S. NATSIOS

In *Russia Under Putin*, editor Andrew S. Natsios brings together an esteemed group of scholars to explore the complex duality of Vladimir Putin's Russia. As they track Putin's rise from a former KGB officer to one of the world's most powerful leaders, these essays confront an urgent global question: Is Russia a declining state on an unstable foundation, or is it a dangerous, revisionist power?

The book's contributors reveal how Russia—despite internal weaknesses that include a shrinking population, corruption, and economic dependency on volatile oil revenues—has become a well-armed state intent on undermining the international order. Through an examination of Russia's military invasions of Ukraine, its increasing reliance on cyber warfare, and its internal suppression of civil liberties, the authors argue that Russia's trajectory under Putin is both destabilizing and ominous. Putin has tried to increase the size of the population through pronatalist policies that failed and so has resorted to annexing neighboring states like Ukraine as a solution to the demographic emergency. Meanwhile, Moscow has adopted an extreme, right-wing, ultra-nationalist ideology that dominates discourse among the elites.

As the world watches Russia's aggressive foreign policies unfold, Natsios and the book's contributors illustrate how the decline of this nuclear-armed state presents profound risks to global stability. The essays draw comparisons to past authoritarian regimes while offering a stark warning: Even a fragile power can wreak global havoc. Engaging, timely, and thought-provoking, *Russia Under Putin* provides a nuanced view of a country whose ambitions will shape the twenty-first century—for better or worse.

Contributors: Anders Åslund, Alexandra Chinchilla, James S. Corum, Lynn Corum, Nicholas Eberstadt, Raymond C. Finch III, Paul Gregory, Scott Jasper, Todd Lefko, Andrew S. Natsios, Serhii Plokhyy, Roger R. Reese, Raymond Robertson, Kathryn Stoner

HISTORY / Russia / General

Available 07/08/2025

\$52.95 • Paperback • 9781421451923

360 pages • 6 x 9" • 38 b&w illus.

Also available as an ebook

Andrew S. Natsios is the director of the Scowcroft Institute of International Affairs and a professor at The Bush School of Government and Public Service at Texas A&M University.

Book information, prices, and publication date are subject to change without notice.

GREAT THINKERS AND DOERS

Networking Black Feminism
in the Black Press, 1827–1927



TERESA ZACKODNIK

Great Thinkers and Doers

Networking Black Feminism in the Black Press, 1827–1927

TERESA ZACKODNIK

In *Great Thinkers and Doers*, Teresa Zackodnik looks at the vital—and largely overlooked—role of Black women readers, writers, and editors in the development of the Black press in the nineteenth and early twentieth centuries. Understanding the relationship between the Black press and Black women’s political and community organizing helps illuminate how important Black women were to this media phenomenon in its first one hundred years.

In the nineteenth century, Zackodnik reveals, the Black press was second only to the Black church in its centrality to Black politics and communities, but histories of its development have long credited its founding and development to the Black men who were its editors. Despite their underrepresentation in the leadership of Black public politics and the Black press, women were overrepresented in the mutual benevolent, moral improvement, and literary societies that functioned as community centers of political, oratorical, and print culture work. These societies supplied the Black press with content, a readership, and distribution nodes in Black communities throughout the nation.

Zackodnik examines the vital opportunity that this networking of the Black press with literary societies offered Black women readers to enter Black print space and advance communal goals. She also explores how Black women gained a foothold within publications—often, initially, with “gateway genres” such as letters to the editor and women’s columns—and shaped the Black press. This book will change how we understand the early Black press and overlooked Black feminist print practices.

“Teresa Zackodnik’s scholarship is, quite simply, impeccable. *Great Thinkers and Doers* is a meticulously researched book that sheds new light on Black women’s literary innovations and intellectual contributions. It will be a much-welcomed and celebrated contribution to the field.”

—KRISTIN MORIAH,
Queen’s University

HISTORY / African American & Black

Available 07/01/2025

\$69.95 • Hardcover • 9781421451961

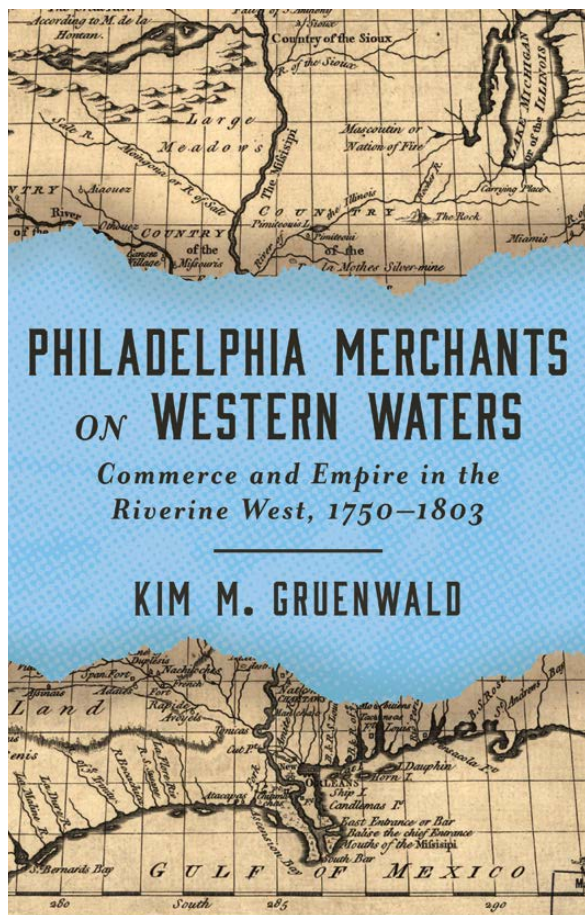
352 pages • 6 x 9” • 32 b&w illus.

Also available as an ebook

Teresa Zackodnik is a professor of English at the University of Alberta. She is the author of *Press, Platform, Pulpit: Black Feminist Publics in the Era of Reform* and the editor of *African American Feminisms, 1828–1923* and *We Must Be Up and Doing: A Reader in Early African American Feminisms*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 59



Just Code

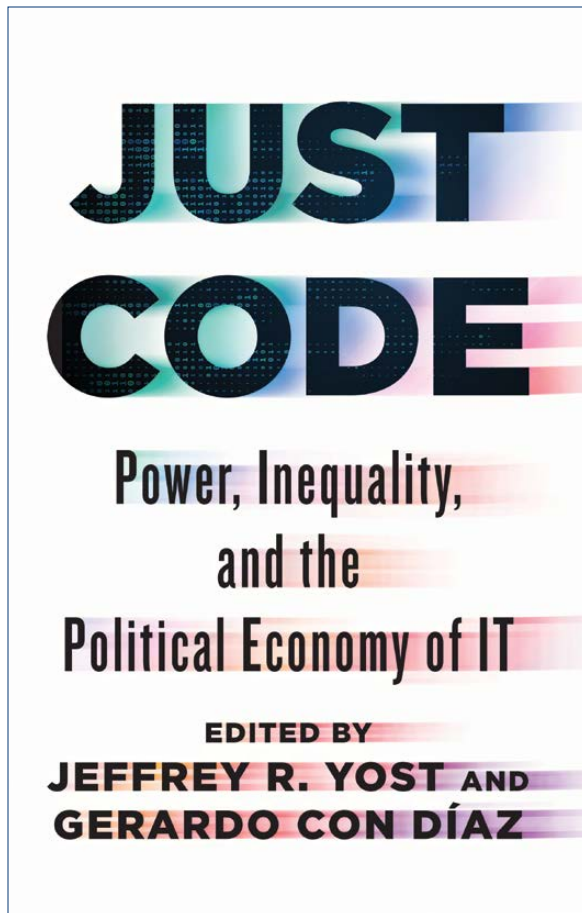
Power, Inequality, and the Political Economy of IT

EDITED BY JEFFREY R. YOST AND GERARDO CON DÍAZ

Code—whether software routines, legal frameworks, or informal social norms—shapes the world around us in profound and often invisible ways. In *Just Code*, editors Jeffrey R. Yost and Gerardo Con Díaz bring together a diverse group of scholars to examine how different forms of code both structure and reinforce power dynamics across societies.

From algorithmic bias in artificial intelligence to global labor practices, this collection uncovers the hidden mechanisms by which code perpetuates inequality and injustice. This volume explores the connections among technology, governance, and socioeconomic systems to reveal how code is both a tool of control and a product of the power structures it enables. Contributors analyze topics such as platform economies, algorithmic collusion, and labor practices in the tech industry, as well as how systems of representation and communication encode biases that amplify racial, gendered, and economic inequalities. These essays provide a critical lens to understand how code intersects with politics and global cultures of technology production and use.

By broadening the concept of “code” to include legal, social, and cultural systems, this collection challenges readers to see beyond the technical and interrogate the structures of power embedded in every layer of modern life. *Just Code* introduces a new framework for understanding the relationships among information technologies, systemic inequities, and the political economies that sustain them.



TECHNOLOGY & ENGINEERING / History

Available 11/25/2025

\$64.95 • Paperback • 9781421452111

448 pages • 7 x 10" • 30 b&w illus., 8 tables

Also available as an ebook

Jeffrey R. Yost is the director of the Charles Babbage Institute for Computing, Information, and Culture and a research professor of the History of Science, Technology, and Medicine Program at the University of Minnesota. He is the author of *Making IT Work: A History of the Computer Services Industry*.

Gerardo Con Díaz is an associate professor of science and technology studies at the University of California, Davis. He is the author of *Software Rights: How Patent Law Transformed Software Development in America*.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 61

The Novel and the Blank

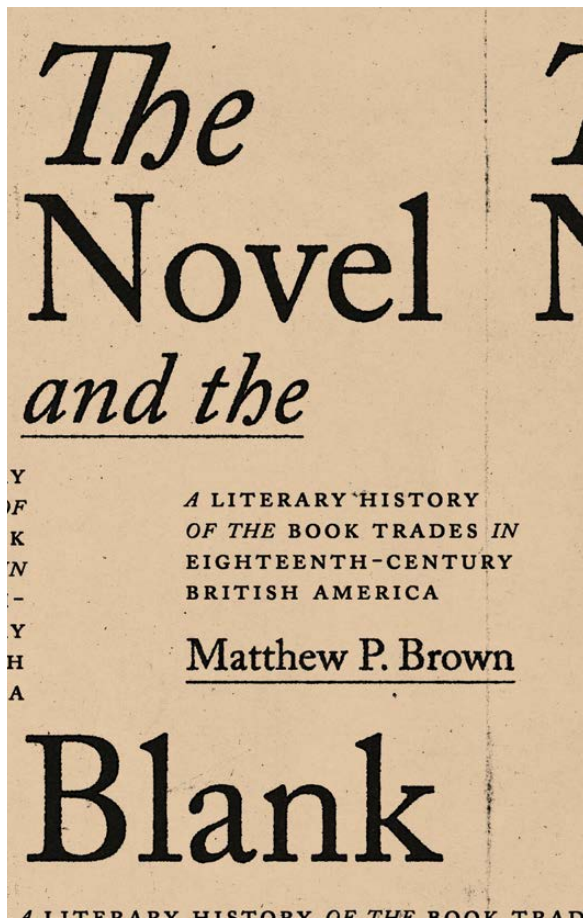
A Literary History of the Book Trades in Eighteenth-Century British America

MATTHEW P. BROWN

In *The Novel and the Blank*, Matthew P. Brown uncovers the vibrant, overlooked world of the eighteenth-century British American print shop. Printing more than just novels and pamphlets, these workshops produced a kaleidoscope of printed materials—from legal blanks and almanacs to runaway slave ads and chapbooks—that reflected the complexities of colonial life.

Brown paints a rich cultural history of the time, identifying and describing the steady sellers that stabilized the trade and the print surges ignited by religious revivals of the 1730s-1740s and political upheavals of the revolutionary era. He explores the connections among commercial caution, literary expression, and oppressive structures like the slave trade. The book advances our knowledge of early modern culture in several ways: by providing a rounded portrait of colonial and early national literary culture; by examining a steadily popular canon rarely read by modern scholars; and by depicting the lived religion of readers, writers, and printers who participated in this literary culture.

With a sharp focus on everyday texts and readers—rather than on the canon of works constructed by modern scholars—Brown reimagines the public sphere of the eighteenth century as a vivifying experience. Through an innovative blend of historical rigor and cultural insight, *The Novel and the Blank* reveals how ordinary print shaped extraordinary shifts in religion, secularism, and the ways we understand modernity itself.



HISTORY / United States / General

Available 08/26/2025

\$64.95 • Hardcover • 9781421452821

304 pages • 6 x 9" • 17 b&w illus.

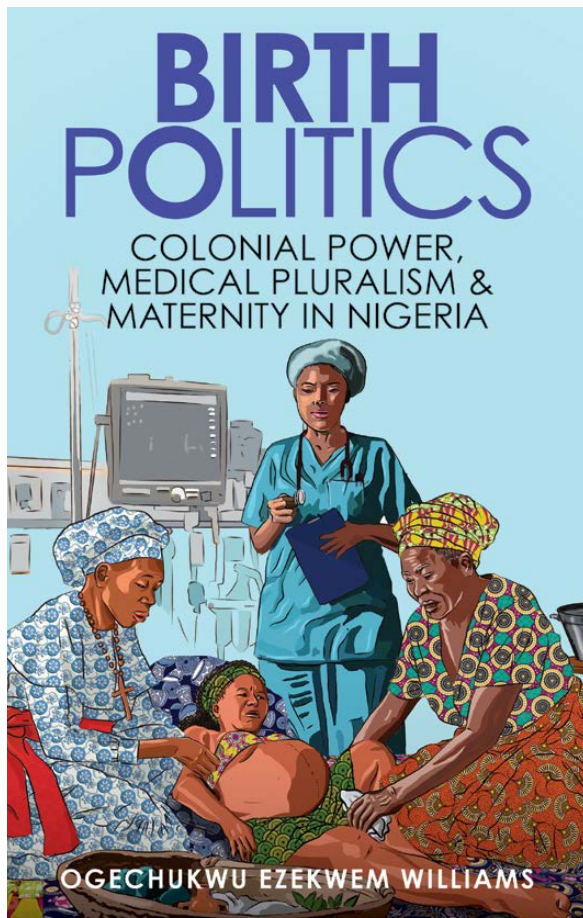
Also available as an ebook

Matthew P. Brown is an associate professor in the Center for the Book and the Department of English at the University of Iowa.

Book information, prices, and publication date are subject to change without notice.

JOHNS HOPKINS UNIVERSITY PRESS | PRESS.JHU.EDU | FALL 2025 | 62

HISTORY OF MEDICINE



Birth Politics

Colonial Power, Medical Pluralism, and Maternity in Nigeria

OGECHUKWU EZEKWEM WILLIAMS

In *Birth Politics*, Ogechukwu E. Williams examines the cultural, political, and medical connections that have shaped childbirth in Nigeria from the colonial era to the present. Offering a unique perspective on competing frameworks and their influence on Nigerian maternal health care, this book calls attention to the complex relationships between traditional midwives, biomedical maternities, and faith-based birthing homes.

With a focus on Nigeria's colonial and post-colonial history, Williams explores how childbirth became a battleground for control, legitimacy, and societal transformation. Through critical examination, the work reveals how international organizations and local actors—ranging from traditional healers to missionary nurses and Aladura faith leaders—negotiated their roles within an evolving health care landscape. By underscoring the intersections that emerged among these players, it also addresses the urgent relevance of medical pluralism in tackling contemporary health inequities and Nigeria's ongoing challenges with maternal mortality.

Highlighting the influences of international organizations, colonial administrators, and indigenous practitioners, Williams provides a comprehensive and nuanced history that redefines our understanding of reproductive health care and its deeply rooted connections to state power, gender dynamics, religious sentiments, and cultural identity.

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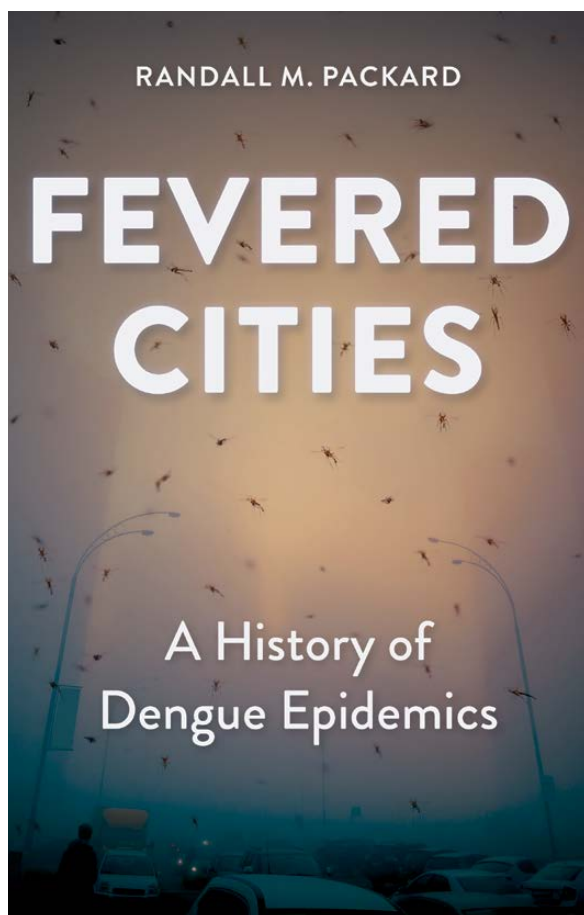
280 pages • 6 x 9" • 17 b&w photos

Also available as an ebook

Ogechukwu E. Williams is an associate professor in the department of history at the University at Buffalo. She is the coeditor of *Writing the Nigeria-Biafra War*.

Book information, prices, and publication date are subject to change without notice.

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Fevered Cities

A History of Dengue Epidemics

RANDALL M. PACKARD

In *Fevered Cities*, Randall M. Packard explores the complex and evolving history of dengue fever, the world's most widespread mosquito-borne viral disease. From its early manifestations in the eighteenth century to its current prevalence across more than one hundred countries, this book traces how dengue emerged as a global health challenge shaped by ecological, social, and economic conditions.

Packard examines the disease's spread through urban landscapes, focusing on specific cities like Philadelphia, Manila, Havana, and Rio de Janeiro to illustrate how local contexts have defined outbreaks and responses. He highlights the transformation of dengue from a poorly understood physiological ailment to a vector-borne disease tied to the *Aedes aegypti* mosquito, and later to more severe conditions like dengue hemorrhagic fever. As climate change expands the geographical range of mosquito habitats and global trade accelerates the movement of people and goods, this book explores the social inequities, unplanned urbanization, and environmental degradation that have made dengue increasingly difficult to control.

From vector control campaigns to cutting-edge biotechnologies like genetically modified mosquitoes and vaccines, Packard charts humanity's attempts to combat this tenacious disease. *Fevered Cities* is an essential history for public health experts, historians, and anyone concerned with the intersection of disease, society, and the built environment.

"This lucid, well-researched book on the history of dengue fever integrates epidemiological, scientific, and phenomenological narratives. Ranging from the late eighteenth century to the present, Packard illuminates the damningly complex nature of the disease and how local conditions in different urban settings shaped the dynamics of dengue outbreaks. *Fevered Cities* makes a seminal contribution to global health history."

—JAMES L. A. WEBB, JR.,

author of *The Guts of the Matter: A Global History of Human Waste and Infectious Intestinal Disease*

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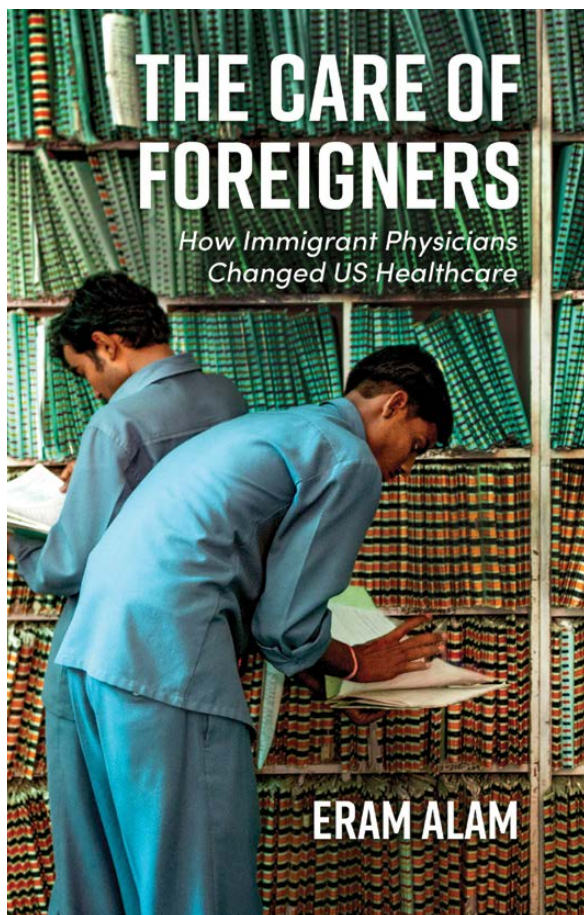
368 pages • 6 x 9" • 12 b&w illus., 7 maps

Also available as an ebook

Randall M. Packard is Emeritus Professor of the History of Medicine at Johns Hopkins University. He is the author of *White Plague, Black Labor: Tuberculosis and the Political Economy of Health and Disease in South Africa*, *The Making of a Tropical Disease: A Short History of Malaria*; *A History of Global Health: Interventions into the Lives of Other Peoples*, and coeditor of *Emerging Illnesses and Society: Negotiating the Public Health Agenda*, also published by Johns Hopkins.

Book information, prices, and publication date are subject to change without notice.

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The Care of Foreigners

How Immigrant Physicians Changed US Healthcare

ERAM ALAM

For more than 60 years, the United States has trained fewer physicians than it needs, relying instead on the economically expedient option of soliciting immigrant physicians trained at the expense of other countries. In *The Care of Foreigners*, Eram Alam examines this migratory dynamic that began during the Cold War.

The passage of the Hart-Celler Immigration and Nationality Act of 1965 expedited the entry of Foreign Medical Graduates (FMGs) from postcolonial South Asia and sent them to provide care in shortage areas throughout the United States. Although this arrangement was conceived as temporary, over the decades it has become a permanent fixture of the medical system, with FMGs comprising at least a quarter of the physician labor force since the act became law. This cohort of practitioners has not been extensively studied, rendering the impacts of immigration and foreign policy on the everyday mechanics of US health care obscure. Alam foregrounds global dynamics embedded in the medical system to ask how and why Asian physicians—and especially practitioners from South Asia—have become integral to US medical practice and ubiquitous in the mainstream US public imagination.

Drawing on transcripts of congressional hearings, medical, scientific, and social scientific literature, ethnographies, oral histories, and popular media, Alam explores the enduring consequences of postcolonial physician migration. Combining theoretical and methodological insights from a range of disciplines, this book analyzes both the care provided by immigrant physicians as well as the care extended to them as foreigners.

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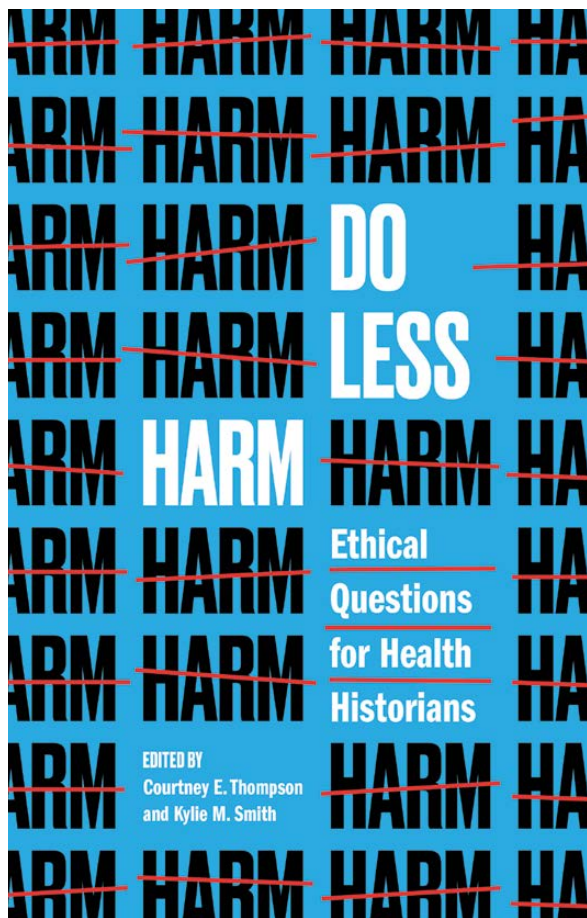
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Eram Alam is an assistant professor in the Department of the History of Science at Harvard University.

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Do Less Harm

Ethical Questions for Health Historians

EDITED BY COURTNEY E. THOMPSON AND KYLIE M. SMITH

In *Do Less Harm*, editors Courtney E. Thompson and Kylie M. Smith bring together a group of leading historians and scholars to confront one of the most pressing questions in health history: How can we ethically approach stories of medicine and health without perpetuating harm? This thought-provoking collection invites readers into a crucial conversation about the responsibilities of historians when documenting the past.

Through carefully curated essays, the contributors explore the ethical dilemmas that arise in researching, teaching, and writing about the history of health care. From patient privacy to the politics of archives, the essays cover how health histories have often overlooked, misunderstood, or misrepresented the people and communities most affected by medical practices. The contributors challenge the assumptions of the field, offering a more thoughtful approach to historical research—one that emphasizes empathy, accountability, and inclusivity.

The book raises provocative questions and proposes practical strategies for historians and scholars to do less harm in their work and is organized around key themes such as research, teaching, writing, and public engagement, making it an indispensable resource for anyone working in the history of health care, ethics, or the health humanities. With its engaging style and accessible insights, *Do Less Harm* offers a fresh and timely perspective for academics, students, and readers interested in the ethical challenges of representing the past.

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384 pages • 6 x 9" • 7 b&w illus.

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Courtney E. Thompson is an associate professor of history at Mississippi State University. She is the author of *An Organ of Murder: Crime, Violence, and Phrenology in Nineteenth-Century America*.

Kylie M. Smith is an associate professor and the director of the Center for Healthcare History and Policy at Emory University. She is the author of *Talking Therapy: Knowledge and Power in American Psychiatric Nursing*.

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LITERARY CRITICISM

The Complete Poetry of Percy Bysshe Shelley, Volume 4

NORA CROOK, NEIL FRAISTAT, STEPHEN BEHRENDT, AND STUART CURRAN,
EDITORS

Volume Four in the esteemed *The Complete Poetry of Percy Bysshe Shelley* collection contains some of the works that established Shelley's enduring reputation: *Julian and Maddalo*, in which he "ceased to be a subject of Time, and became a citizen of Eternity," according to a Victorian editor; *The Cenci*, an indictment of tyranny, domestic and political, the most actable drama in English of the Romantic period; *The Mask of Anarchy*, the "greatest poem of political protest ever written in English"; *Peter Bell the Third*, a brilliant satire on Wordsworth; the fiery sonnet "England in 1819"; an eclogue for women's voices (*Rosalind and Helen*); playful, sophisticated songs like "Love's Philosophy" and sad verses like "Stanzas, Written in dejection." During these turbulent years Shelley broadened his scope, experimenting with a variety of forms and genres and composing the most openly politically engaged poems of his maturity.

As in previous volumes, extensive original research and discussions of the poems' composition, influences, publication, circulation, reception, and critical history accompany detailed records of textual variants. Appendixes range from Mary Shelley's editorial notes to jottings by Shelley taken from a hitherto unrecognized second source for *The Cenci*.

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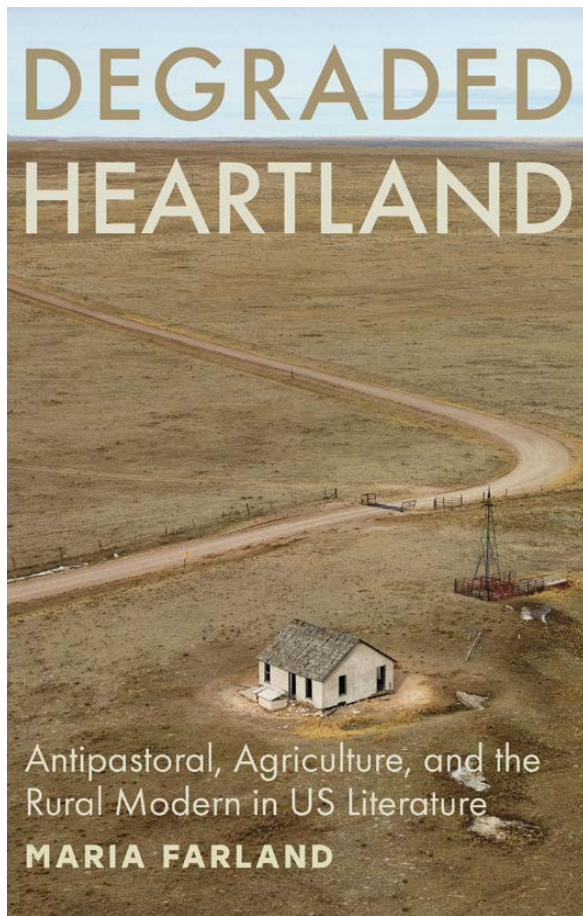
Neil Fraistat is professor emeritus of English at the University of Maryland.

Nora Crook is professor emerita of English literature at Anglia Ruskin University, Cambridge.

Stephen C. Behrendt is the George Holmes Distinguished Professor of English at the University of Nebraska. He is the coeditor of *Romanticism and Women Poets: Opening the Doors of Reception* and *Approaches to Teaching British Women Poets of the Romantic Period*.

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Degraded Heartland

Antipastoral, Agriculture, and the Rural Modern in US Literature

MARIA FARLAND

What happens when rural America—long romanticized in pastoral literature—becomes associated with deficiency, degradation, and decline? Maria Farland's *Degraded Heartland* is the first critical study of US literary antipastoral, a mode that exposes the stark realities of rural poverty and ecological devastation while highlighting the jagged process of modernization in the countryside. It provides a historical account of how ideas of rural backwardness developed in US literary culture.

Positioned against idealized visions of rural life, the antipastoral interrogates ideas of rural backwardness and deficiency, emphasizing the perceived need for reform through capital investment, mechanization, and education. Antipastoral literature reflects the modernizing impulse—embodied in machinery, scientific agriculture, and incipient agribusiness—while exposing the disruptions these changes provoked. It responds to the nineteenth-century panic around “wastelands” and disturbing episodes like the Eugenics Survey of Vermont and its fascination with rural “degeneracy.”

Degraded Heartland reveals how writers like Emily Dickinson, Walt Whitman, Robert Frost, and W. E. B. Du Bois grappled with the uneven transformation of the American countryside. In dialogue with agricultural and rural reform discourse, their works underscore the tension between persistent stereotypes of rural stagnation and the realities of a rapidly evolving heartland. This book challenges the dominance of metropolitan modernism and enriches our understanding of the rural modern as a vital and contested space in American culture.

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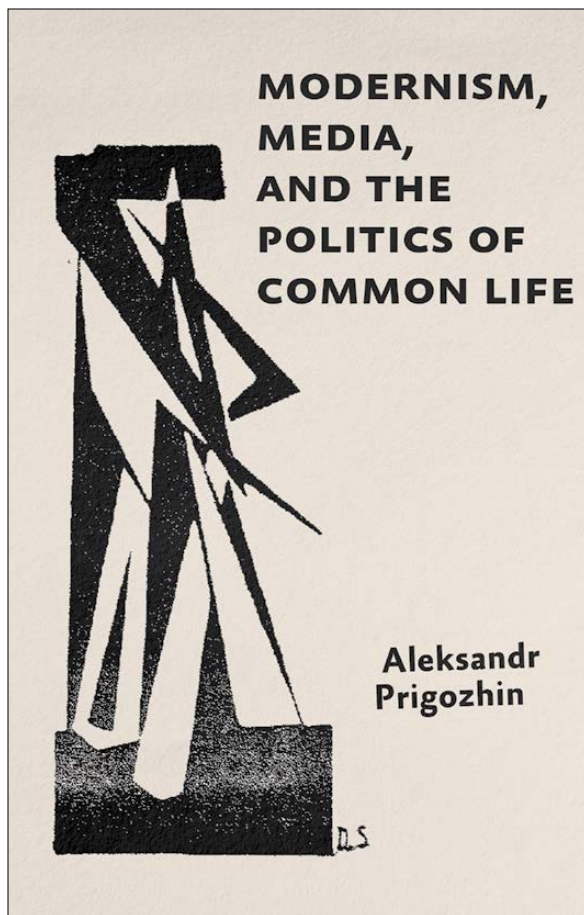
424 pages • 6 x 9" • 46 b&w illus.

Also available as an ebook

Maria Farland is an associate professor of English at Fordham University.

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Modernism, Media, and the Politics of Common Life

ALEKSANDR PRIGOZHIN

In *Modernism, Media, and the Politics of Common Life*, Aleksandr Prigozhin explores how modernist fiction responded to its changing media environment in the early twentieth century. Modernist writers used diverse forms of media, broadly conceived—from print, architecture, and radio to soil and infrastructure—as metaphors for the contradictions of common life, while highlighting both the promises and failures of media modernity.

Media's complex relationship to affect and sociality allowed modernists to imagine how disparate lives might be linked together through modes of impersonal intimacy. Through close readings of Virginia Woolf, D. H. Lawrence, Andrei Platonov, and Sylvia Townsend Warner, among others, Prigozhin reveals how their works leverage media's ability to connect and divide. These texts grapple with the challenges of mass democracy, imperial decline, and the growing ubiquity of media communication, offering a nuanced vision of the difficulties of mediated human connection.

This interdisciplinary study bridges literature, media theory, and cultural history, showing how modernist novels illuminate the entangled relationship among materiality, affect, and social structures. Tracking their engagement with media and matter, *Modernism, Media, and the Politics of Common Life* reveals a politics of the common at the heart of modernist fiction.

“I am half in love with the typewriter and the telephone’ says one of Virginia Woolf’s characters. British modernism had a polyamorous affair with media—crowds and wireless, soil and fog. Aleksandr Prigozhin brilliantly cultivates a neglected source for figuring media as the elemental materials of our common life. Visionary and revisionist.”

—JOHN DURHAM PETERS

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Aleksandr Prigozhin has taught English and Comparative Literature at Utrecht University and the University of Denver.

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