

# REWTITLES AND BESTSELLERS

Fall/Winter 2025

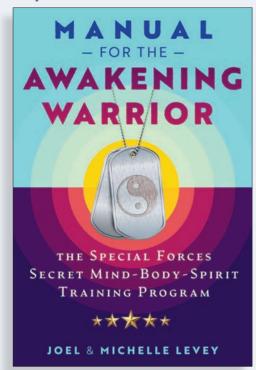


# INNER TRADITIONS

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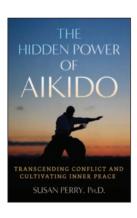


ISBN 978-1-64411-606-7 \$24.99 (CAN \$31.50) Paper 448 pages, 65/8 x 9½ 3 b&w illustrations Rights: World Spirituality/Self-Transformation



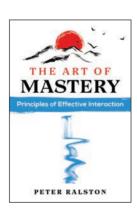
**DESTINY BOOKS** 

#### Of Related Interest



## The Hidden Power of Aikido

Susan Perry, Ph.D.
Park Street Press
ISBN 978-1-64411-897-9
\$22.99 (CAN \$28.99) pb
April 2024 release



#### The Art of Mastery

Peter Ralston Park Street Press ISBN 978-1-64411-643-2 \$19.99 (CAN \$24.99) pb A Sacred Planet Book

# Manual for the Awakening Warrior

The Special Forces Secret Mind-Body-Spirit Training Program

JOEL AND MICHELLE LEVEY

The declassified story of the U.S. Army's elite mind science training program

- Reveals the once-classified story of the most advanced biocybernautic training in the history of the U.S. Special Forces
- Shares the "Jedi Warrior Training Program" blending Aikido warrior wisdom and psychospiritual skills for mastery and self-transcendence
- Teaches skills to develop your inner "special forces," awaken courageous presence, and respond wisely to complex challenges

Imagine training twenty-five elite soldiers whose actions could start or stop the next world war. What would you teach them?

The authors once faced this profound question in creating the U.S. Army's "Jedi Warrior Training Program." This book details this secret program, described by West Point leaders as "the most exquisite orchestration of human technology we have ever seen." The comprehensive Jedi training encompassed intensive meditation, mindfulness, neurofeedback and cyberphysiology, energy healing, Aikido, and mission simulations. Emerging at the pinnacle of the psychic-ops era of research into extraordinary human abilities, the program was founded on the Army's vision of Evolutionary Tactics: A Manual for the First Earth Battalion. George Leonard and Michael Murphy, co-founders of Esalen—epicenter of the human potential movement—called it "the most intensive leadership and human development training program in modern times." Designed for elite soldiers, the practices in this training are valuable for everyone aiming to heighten focus, deploy ethical discernment, cultivate responsive awareness, and "kindfulness." Learn how to befriend your inner enemies, avoid self-sabotage and ambush by distractions, and respond skillfully to challenges with deeper courage and compassion. Transform the battlefield of daily life into a zone of peace where wisdom, resilience, and compassion can flourish.

With these teachings, readers can awaken the strength to navigate these uncertain times with grace, wisdom, and courage.



Joel and Michelle Levey pioneered the integration of contemplative science, deep resilience, and optimal performance into leading organizations around the globe for five decades. Founders of Wisdom at Work, they have dedicated their lives to personal

transformation as a catalyst for profound social change.

### 8 Universal Laws

Exercises and Meditations for Self-Realization

Follow traditional principles to increase conscious awareness, abundance, and fulfillment

- Shares eight universal laws to live in harmony with the natural order, deepen your spiritual practice, and realize true happiness
- Offers practices and methods for dedicated study to gain access to the inner source of knowledge where these laws can be realized
- Explores strategies to understand the events of your life from a broader perspective to achieve balance, peace, and self-transcendence

From a young age, Fer Broca has searched for answers to his deep spiritual concerns. He has immersed himself in several traditions including Christianity, Judaism, Hinduism, Shintoism, and Nahuatl and other Indigenous Mesoamerican traditions. Throughout his seeking to achieve fulfillment and self-realization, Fer has distilled his knowledge down to eight universal laws.

With his friendly and direct style, Fer details the principles of oneness, generation, resonance, karma, dharma (responsibility), wu wei (effortless action), ollin (aligning with the world's rhythm to achieve perfect timing), and peace. These universal laws govern the flow, energy, and vibration of everything. Fer unpacks these laws so that you can apply them to daily life and deepen your spiritual practice, not only to manifest abundance in a material sense but to realize true inner fulfillment. He shares exercises, practices in meditation and reflection, and methods of dedicated study to gain access to the inner source of knowledge where these laws can be realized. Are you familiar with the ego's games and how they affect your behavior? What are the limiting thoughts that have held you back from realizing happiness? Fer shows you how to adjust them, understand the events of your life from a broader perspective, and connect with your true self. By embracing these timeless principles you will tap into the universe's wellspring of happiness, abundance, and self-transcendence.

Living in accordance with these universal laws will increase your awareness beyond the ego's perspective. Guided by Fer Broca, you will embark on an inward journey toward balance, peace, and true happiness.



Fer Broca is a spiritual teacher, shaman, speaker, and author of numerous books. His mission is to share practical spirituality to help people activate transformative processes. He furthers this mission through workshops, seminars, and conferences that he's facilitated around the world for over twenty-five years. Fer works and lives in Mexico City.

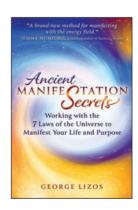
# SUNIVERSAL EXERCISES AND MEDITATIONS FOR SELF-REALIZATION FER BROCA

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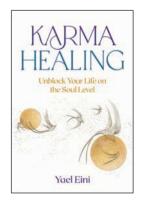
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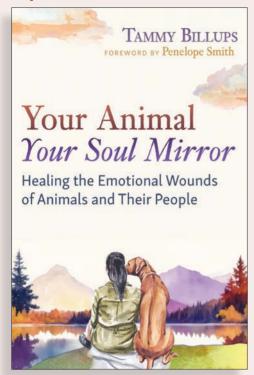
#### Of Related Interest



#### Ancient Manifestation Secrets George Lizos Findhorn Press ISBN 979-8-88850-090-3 \$16.99 (CAN \$21.50) pb November 2024 release



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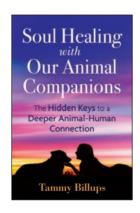


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Soul Healing with Our Animal Companions Tammy Billups Bear & Company ISBN 978-1-59143-305-7 \$14.99 (CAN \$18.99) pb 5,000 copies sold

# Your Animal — Your Soul Mirror

Healing the Emotional Wounds of Animals and Their People

TAMMY BILLUPS

Foreword by Penelope Smith

A how-to guide on fostering emotional wellness for animals and their people

- Provides animal lovers with ways to identify which emotional wound pattern is operating within their companion and how to expedite the healing and resolution of that wound
- Offers techniques that can ameliorate negative behaviors, heighten levels of awareness, decrease suffering, increase love, and reveal one's truest self
- Allows readers to spot, through their soul mirroring animal companions, which survival patterns they themselves use and how to transcend them

This emotional wellness guidebook offers resources for animal lovers to symbiotically heal their wounds alongside their animal kin through the awareness of soul mirroring.

The healing of our wounds and traumas, and the gifts garnered by learning through reflection, are a big reason why we choose to partner with animals for our mutual healing and growth. When humans develop a symbiosis with an animal, their heart and soul connection creates a collaborative healing blueprint. By consciously teaming up with our animal, Tammy shows how we can identify the survival patterns we use and how to transcend them. This book offers emotional wound descriptions, charts, and healing guidance for both humans and animals. Readers can use healing techniques tailored to different emotional wound patterns, including how to reparent and self-nurture, discharge negative emotions in healthy ways, identify and transform dysfunctional beliefs, release resistance to change, and unlock the heart. With these resources readers can anticipate reduced negative behaviors, easier navigation through traumas and negative experiences, heightened levels of awareness, and less suffering.

This book provides practical wisdom to empower and enrich every animal-human relationship for increased happiness, wellbeing, and love.



Tammy Billups is an international authority and pioneer on the animal-human sacred soul partnership. She's committed to raising awareness to the higher purpose of every animal-human relationship. Author of several award-winning books, she offers animal-human tandem sessions and virtual classes based on 24 years of research and experience.

# The Complete Smudging Handbook

67 Herbs, Woods, and Resins for Clearing and Emotional Balance

MARKUS SCHIRNER

A comprehensive guide to smudging with full-color illustrations

- Describes 34 spiritual and physical smudging protocols for divination, grounding, improving health, confidence, and dreaming
- Offers smudging methods for ritual practice and explains how to properly collect, store, and prepare smudging ingredients
- Includes an A–Z catalog of 67 herbs, resins, and woods for smudging, exploring their history and traditional as well as contemporary uses

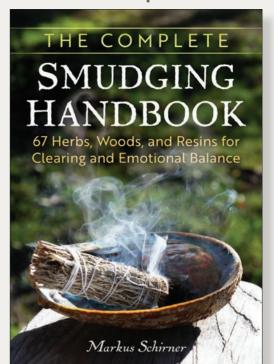
Explore smudging with this comprehensive illustrated guide that offers new and traditional ways to approach this ancient practice.

While this book examines the common uses of smudging for protection and energetic cleansing with mainstays like sage, sweetgrass, and frankincense, it also offers unfamiliar and surprising ingredients and applications. The author explains how to smudge with rose petals for acceptance or elder to connect with ancestors. Learn how to ritually prepare mixtures of herbs, resins, and woods for various purposes such as divination, grounding, and approaching new beginnings. Markus details 34 physical and spiritual protocols for smudging rituals to improve overall health, courage and self-confidence, clarity, and lucid dreaming. This guide book will teach you how to prepare for a smudging ritual, choose the appropriate method, and select the right ingredients. Markus also shows how to properly collect, store, and prepare your ingredients in bundles and cones to smudge for yourself or others. With a comprehensive A-Z catalog featuring full color illustrated portraits of 67 herbs, resins, and woods, this book also offers a detailed history of these smudging materials.

The Complete Smudging Handbook offers a modern interpretation of smudging and incense burning that will anchor and deepen any reader's approach to this ancient practice. Immerse yourself in the world of smudging and open up to plant wisdom for improved physical health and emotional wellbeing.



Markus Schirner is a kinesiology and Touch for Health teacher, a Movement Facilitator with Brain Gym, and massage therapist. His other areas of specialization include aromatherapy and herbalism, meditation and breathing therapy, and Buddhist philosophy. He is the founder of Schirner Verlag, one of the best known spiritual publishing houses in Germany.

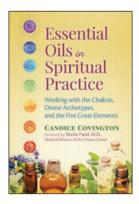


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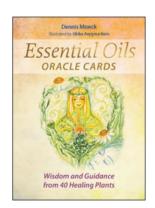
**EARTHDANCER BOOKS** 



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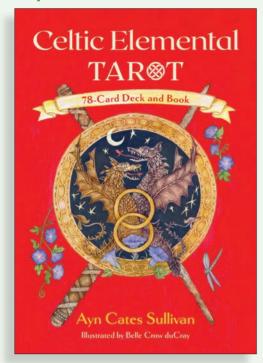


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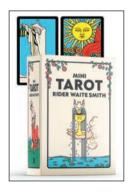


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#### Of Related Interest



# Mini Tarot Margot Robert-Winterhalter Illust. by Nicolas Galkowski Findhorn Press ISBN 979-8-88850-179-5 \$19.99 (CAN \$24.99) Boxed set, cards and booklet September 2024 release



Celtic Healing Oracle
Rosemarie Anderson, Ph.D.
Illustrated by Susan Dorf
Destiny Books
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\$19.99 (CAN \$24.99)
Boxed set, cards and book
5,000 copies sold

### Celtic Elemental Tarot

78-Card Deck and Book

AYN CATES SULLIVAN, M.F.A., Ph.D.

Illustrated by BELLE CROW duCRAY Foreword by Caitlín Matthews

#### A tarot deck grounded in Celtic mythology and Arthurian legend

- Presents the Major Arcana cards as allies, challenges, virtues, and cosmic forces, while the elemental Minor Arcana offers court cards featuring characters of Arthurian and Grail lore
- Shows you how to combine this deck with others for more complex readings and nuanced interpretations
- Presents four sample spreads and, for each card, offers divinatory
  meanings, challenges, and three Grail questions; along with tree lore,
  animal totems, gemstones, and flower essences depending on the element

This tarot is guided by the author's Hermetic philosophy of "Imaginosophy," which pursues how to live and dream in Otherworlds. Drawing upon extensive research on Arthurian legend and Celtic mythology, this deck enables card readers to develop intuitive awareness and multi-layered insight.

Expanding on the traditional tarot, the Major Arcana of this deck is divided into four groups (allies, challenges, virtues, and cosmic forces), with each card offering keywords, both upright and reversed, for quick reference. The Minor Arcana follows the elements earth, air, water, and fire. Among the court cards readers will recognize names like Lancelot, Guinevere, King Arthur, Galahad, and other characters of Grail lore. The guidebook presents four sample spreads and, for each card, offers divinatory meanings, challenges and three Grail questions. Depending on the element, we also find tree lore and animal totems, gemstones, and flower essences. The author designed this deck to be combinable with other decks to multiply the querent's possibilities for integrating diverse paths to wisdom.

The *Celtic Elemental Tarot* is a unique deck grounded in a cohesive mythological framework and helps readers come to a deeper understanding of themselves and the challenges they face.



Ayn Cates Sullivan, M.F.A., Ph.D., has spent four decades exploring and writing about Arthurian and Celtic mythology. She has pursued shamanic and magical initiations with John and Caitlín Matthews, and the Order of Bards, Ovates and Druids. Host of the podcast *Wisdom of the Ages*, Ayn is based in Virginia, USA, and teaches worldwide. Belle

**Crow duCray** holds a bachelor's degree in fine arts and is an award-winning illustrator of children's books. After decades in New York City and Santa Barbara, CA, she now lives and works in the boom space town of Huntsville, Alabama, where she grew up.

# Spiral Dragon Dharma Gate

Six Key Tibetan Practices for Enlightenment

JOHNDENNIS GOVERT

A potent practice for healing, spiritual realization, and manifesting life's purpose

- Explores the Tibetan Buddhist Spiral Dragon practices and how they can accelerate spiritual development as well as clarify one's life purpose
- Explains energy exercises, mantras, and mudras to help resolve acute and chronic physical ailments and optimize emotional health
- Shows how Spiral Dragon practices can transform how one absorbs and channels vital energy through the body, meridians, and consciousness

Emerging as a *tersar* treasure teaching, these newly revealed practices are attuned to resolve great spiritual challenges confronting us now. The author, a third-generation Spiral Dragon yogi, shares insights from the Tibetan Nyingma Buddhist lineage following Senton Dorje's and Master Quan's way to awaken and enhance the flow of vital energy in your life.

Spiral Dragon practice is a liberating system that heals and strengthens our bodies and auric energies as well as our ability to cultivate mindful self-awareness. The easy practice exercises engage the Spiral Dragon dynamic, transforming how we absorb and channel vital energy through the body, meridians, and consciousness. Instructions and illustrated exercises show readers how to move and integrate energy to restore health and balance. Simple and easy to perform, these exercises are accessible to all of us. The author also offers mudras, mantras, and higher-level cultivation practices aimed at achieving Bodhi mind. Spiral Dragon practice allows our destiny to become clear and our life's work more apparent, empowering us to embrace our individual purpose with full passion and confidence to benefit all.

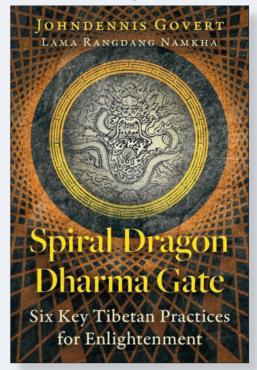
More than just a primer on energy work, this book is designed to help readers accelerate spiritual transformation, awaken wisdom, realize your life's purpose, and put it into action.



Johndennis Govert holds three dharma lineages as Zen Master, Kriya Yoga Swami, and Nyingma Lama in Tibetan Buddhism. He practices the mystic arts of feng shui dao, Zen gardens, and shodo calligraphy. Author of *Feng Shui: Art and Harmony of Place* and *The Chintamani Crystal Matrix*, he has been a teacher of dharma, feng shui, and Chinese and

Western astrology for more than 40 years.

#### September 2025



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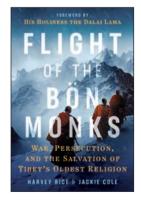
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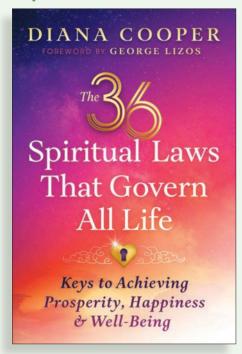
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The Secret Fire of Alchemy Kevin B. Turner Inner Traditions ISBN 979-8-88850-069-9 \$24.99 (CAN \$31.50) pb February 2025 release



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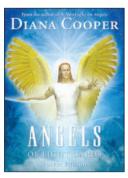


ISBN 979-8-88850-364-5 \$16.99 Paper 192 pages, 5½ x 8½ Rights: United States Spirituality/Manifestation Replaces previous edition: A Little Light on the Spiritual Laws ISBN 978-1-84409-121-8 (Findhorn Press)

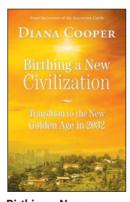


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#### Also by Diana Cooper



Angels of Light Cards Pocket Edition Diana Cooper Findhorn Press ISBN 978-1-84409-171-3 \$9.95 (CAN \$11.95) cards 32,000 copies sold



Birthing a New Civilization Diana Cooper Findhorn Press ISBN 978-1-84409-633-6 \$16.95 (CAN \$19.95) pb 10,000 copies sold

# The 36 Spiritual Laws That Govern All Life

Keys to Achieving Prosperity, Happiness, and Well-Being

DIANA COOPER

Foreword by George Lizos

#### Follow the spiritual laws to create heaven on earth

- Provides a modern-day understanding of each of the 36 spiritual laws, grouped into the Basic Laws of Life, Laws of Creation, Laws of Higher Awareness, and Laws of Higher Frequency
- Explains and illustrates each law through examples, vivid metaphors, and true stories
- Offers prescriptions, prompts, and inspirational stories to practically engage with the laws for self-development

Before we incarnate, we are taught the spiritual laws that govern life. However, after we are born, our free will allows us to choose whether or not to adhere to the laws. The better we comprehend these rules of the universe, and why we should follow them, the more wisdom we will discover. Following these laws will bring us into the creative universal flow to achieve happiness, prosperity, and effortless success.

To bring our awareness to all 36 sacred laws, spiritual teacher Diana Cooper explains each law and highlights its relevance through examples, vivid metaphors, and true stories. These spiritual laws cover the Basic Laws of Life, Laws of Creation, Laws of Higher Awareness, and Laws of Higher Frequency. Diana shares the law of "as within so without," the law of intention, the law of karma, and the law of one. She also shares inspirational stories, prompts, and affirmations to provide understanding and insight as well as a way to consciously work with these laws in our own lives. This book offers a definitive and accessible guide to mastering life and, when practiced at the highest level, to achieving enlightenment.

Engaging with universal truths and honoring these laws will offer readers a path toward greater happiness, well-being, and spiritual realization.



**Diana Cooper** is a world-renowned spiritual teacher, healer, and bestselling author of books, meditation CDs, and card decks, including *The Golden Future, The Magic of Unicorn Oracle Cards*, and *The Angels of Light Cards*. She is the founder of the Diana Cooper School of White Light, a non-profit organization that offers spiritual teaching courses

throughout the world. Diana lives in the south of England.

# **Alchemical Lightwork**

A Guide to Creating Cultures of Light and Spiritual Awakening

ARTHUR VERSLUIS

How to manifest light for spiritual regeneration in our dark age of technological materialism

- Explores the significance of light in spiritual life—drawing on the esoteric tradition of alchemy—to transcend materialism and seed new cultures rooted in perennial wisdom
- Examines ideas from Western mysticism, Tibetan Buddhism, and other traditions to show how spiritual alchemy is a path to transformation and regeneration
- By working with spiritual images, shows how to advance spiritual evolution and heal from artificial culture by learning to separate illusion from reality

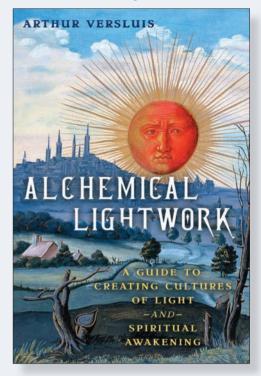
This book weds lightwork and alchemy to offer a path to spiritual evolution. It examines the contradictions of modern times through the concept of the "end of an age," revealing how to transcend materialism and create new cultures of light rooted in perennial wisdom.

In it, Arthur considers the ramifications of the materialism that separates us from nature. Modern technology may seem to point toward endless progress but, without a spiritual orientation, this progress is an illusion. Some may fall into pessimism, but Arthur shows that seeds of light are present in the darkness. Exploring the tradition of alchemy through the Emerald Tablet of Hermes Trismegistus, the Grail tradition, and other esoteric works, he shows how we can achieve psychological and spiritual transformation. Lightwork is also at the heart of how we wake up from the illusion of endless progress. The spiritual tradition of lightwork allows for a regeneration of self and reconnection to the Earth. The author has mined European alchemical manuscripts from the 16th—18th centuries for the best spiritual images for visualization practices. Readers learn how to work with these images to awaken to deeper truths and see beyond the veil of illusion. As this age eventually ends, alchemical lightwork can seed new cultures that are born out of ancient traditions to recover our humanity.

This book shows how to transcend an illusory sense of self in the evocation of a new culture of light. With the help of perennial wisdom, readers will be able to work toward achieving self-realization to improve our lives and the world.



**Dr. Arthur Versluis** is president of the Hieros Institute, a nonprofit devoted to realizing the sacred in contemporary life. The former chair of the Department of Religious Studies at Michigan State University, he has written numerous books, including *Sacred Earth* and *The Secret History of Western Sexual Mysticism*.

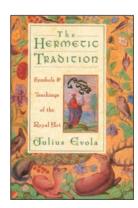


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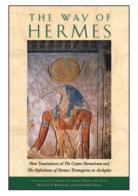
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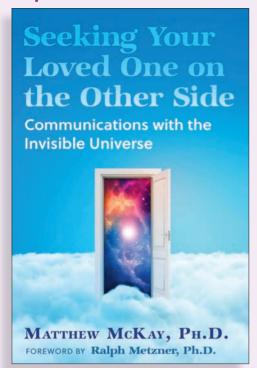
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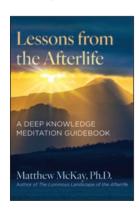


ISBN 979-8-88850-233-4 \$16.99 (CAN \$21.50) Paper 160 pages, 6 x 9 Rights: World except Spanish language Spirituality/Afterlife Replaces previous edition: Seeking Jordan ISBN 978-1-60868-373-4 (New World Library)



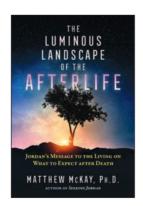
**PARK STREET PRESS** 

#### Also by Matthew McKay



#### Afterlife Matthew McKay, Ph.D. Park Street Press ISBN 978-1-64411-940-2 \$16.99 (CAN \$21.50) pb April 2024 release

Lessons from the



Landscape of the Afterlife Matthew McKay, Ph.D. Park Street Press ISBN 978-1-64411-284-7 \$14.99 (CAN \$18.99) pb 7,000 copies sold

The Luminous

A Sacred Planet Book

# Seeking Your Loved One on the Other Side

Communications with the Invisible Universe

MATTHEW McKAY, Ph.D.

Foreword by Ralph Metzner, Ph.D.

How to connect with those who have passed and learning to love in the face of pain

- Shares a proven process that has worked for the author as well as thousands of others to communicate with deceased loved ones
- Explores the use of mediums, past-life and between-life hypnotic regressions, a technique called Induced After-Death Communication, and channeled writing
- Presents revelations about the soul's life after death, the structure of the afterlife, how karma works, and how to love in the face of pain

If you've lost a loved one or had a brush with mortality, you undoubtedly have wondered about life after death—or if it's possible to connect with souls on the other side. After the tragic death of his son, Jordan, the author embarked on a journey for ways to communicate with his son across the veil. He discovered not only successful methods to connect with lost loved ones but also profound truths about the afterlife, the illusion of loss, and how pain is integral to our life purpose.

Matthew recounts techniques he tried in order to connect with his son, including collecting unusual experiences from family and friends, consulting mediums like Austyn Wells, past-life and between-life regressions, a technique called Induced After-Death Communication, and channeled writing, with the help of psychologist Ralph Metzner. The author also shares a process that has worked for himself and thousands of others to communicate with loved ones on the other side.

The culmination of hundreds of channeled conversations, the author presents revelations about the soul's life after death, the structure and key events of the afterlife, how karma works, why we incarnate, our future as souls, and how to love in the face of pain. As Jordan revealed, nothing is truly lost. The soul is constant and, while pain seems to damage us, the damage is an illusion. "Because," Jordan says, "there is no end, the conversation goes on between all the souls who love each other, living and dead."



Matthew McKay, Ph.D., is a clinical psychologist, professor at the Wright Institute, founder of the Berkeley CBT Clinic, and cofounder of the Bay Area Trauma Recovery Clinic. He has authored and coauthored over 40 books, including *The Luminous Landscape of the Afterlife* and *Love in the Time of Impermanence*. The retired publisher of New Harbinger Publications, he lives in Berkeley, California.

# The 6D Ascension Journey

Activating the Light Codes in Our 12-Strand DNA

JUDITH CORVIN-BLACKBURN, LCSW, DMin Foreword by Barbara Hand Clow

Awaken the gifts and power of the 6th dimension hidden in your star ancestor DNA

- Explains how our collective evolution from 3D to 5D is designed to include the spiritual frequencies of the Sixth Dimension
- Offers meditations, tools, and insights to awaken dormant strands of DNA, activate light codes, and use our 6D gifts to change our world
- Explores the light language of 6D that is found embedded in sacred geometry and sound, and how it connects us to Divine Mind

As physical reality shifts from 3D to 5D, humans are evolving from the dense 3D/4D frequencies to the enlightening frequencies of 5D/6D. In this guide to incorporating 6D into our ascension process, Judith shows how to activate its power to manifest our highest potential, personally and collectively.

As 3D/4D humans, 10 of our 12 strands of DNA are shut down. This book shows how, as we evolve into 5D/6D Divine humans. we reopen these strands and activate their embedded light codes. With meditations, spiritual tools, and insights to activate these light codes, Judith reveals how to identify old beliefs, wounds, and resistances and consciously process, release, and transform them. She explores the light language of 6D embedded in sacred geometry and sound, and how it connects us to Divine Mind. Activating more strands of DNA gives us access to higher dimensions and reclaim the wisdom of our Star ancestors and the civilizations they seeded in Atlantis, Lemuria, and ancient Egypt. Connecting with 6D frequencies allows us to manifest intentions and receive 6-dimensional gifts, such as connecting with our ka body, the energetic blueprint of our soul. This helps us connect to our star family for guidance, integrate the collective shadow, and activate our Starseed memories. As more of us do this, we shift the physical reality of our planet to usher in a new Golden Age.

Guiding us through our collective ascension journey, Judith helps us unlock our potential, reconnect with divine wisdom, and create a more loving and vibrant reality.



Judith Corvin-Blackburn, LCSW, DMin, is a transpersonal psychotherapist, teacher, Shamanic Minister and cofounder of the Shamanic Multidimensional Mystery school. She's authored many books including *Activating Your 5D Frequency* and has been committed for over 50 years to inspiring people to step into joy, purpose, and inner authority.

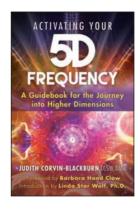
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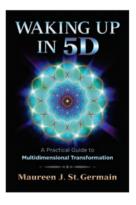
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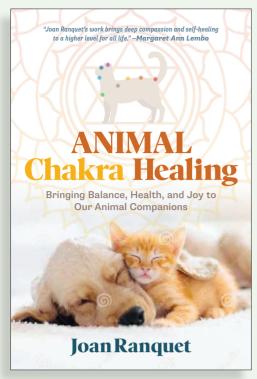
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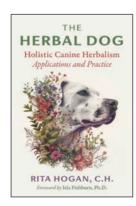
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# Animal Chakra Healing

Bringing Balance, Health, and Joy to Our Animal Companions

JOAN RANQUET

Improving our animal's mental, physical, and emotional life through their chakras

- Shares the characteristics and common imbalances of the seven main chakras in our animals and ways to harmonize them for optimal health
- Explores the 8th chakra, relating to the animal's aura and connective ecosystem, including their household and the collective and cosmic fields
- Details the differences of chakra systems among domestic animals, including cats, dogs, and horses by providing case studies, chakra charts, and checklists

Cats, dogs, and horses all have chakras and, while we share our lives with these beloved companions, little is known about their chakra systems. Yet, the chakras can reveal what is at the core of our animal companion's desires, the root of their challenges, and the best ways to address these challenges.

This book will help you understand why your animal behaves the way they do, how they process negative or traumatic experiences, and where they hold negativity in their body. For each of the seven main chakras, Joan discusses their key characteristics, common imbalances, and how to harmonize them to keep our animals healthy. She also explores the eighth chakra, relating to the animal's aura and connective ecosystem, including their household and the collective and cosmic fields. Joan details the differences of chakra systems among domestic animals, including cats, dogs, and horses through the use of case studies, chakra charts, and checklists. Tracing the descent of each species from their wild forebears, she also explores the effects of ancestral influences. Learn how to release pressure within your household when chakra dynamics play out and find practical tools such as the bladder sweep for grounding. Joan's chakra balancing exercises will help you become the emotional leader of your home and a healing presence for your animals.

Animal Chakra Healing offers techniques and resources to understand the subtle energetics of our animal companions and how to harmonize with them for increased health and well-being, not only for our animals but ourselves as well.



Joan Ranquet is an animal communicator, energy healer, TEDx speaker, and author. As the founder of Communication with All Life University, she offers a certification program for animal communication and energy healing. Joan lives with her 3 horses, 2 dogs, and 4 cats in Santa Clarita, California.

## **Ask Your Angel Guides**

How to Work with Celestial Energies to Create Abundance and Well-Being

SUSAN BROWNE

Live your best life with the celestial coaches

- Provides advice and examples on how to effectively ask the angels for guidance through all of life's challenges
- Explores how seeking angelic help can bring prosperity, well-being, work life balance, and improved relationships
- Offers coaching exercises, techniques, and visualizations as well as practical life hacks to realize your full potential

As we transition from third-dimensional consciousness to the fifth dimension, and higher, this book will support you in making contact with your angel guides to elevate your vibration, overcome challenges, and thrive.

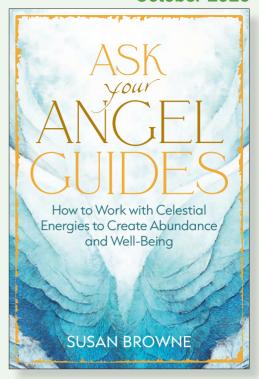
Whether you are seeking abundance, well-being, or striking the ideal work life balance, manifesting with the angels can work wonders in all areas of life. Susan shows how you can become proficient at balancing your chakras and raising your frequency. She teaches how to analyze the thoughts and beliefs that are not working for you and shows how to release them. Understand how to quickly change problems into questions for your angel guides and adopt an attitude of curiosity. Drawing on channeled wisdom from the angelic realms, Susan shares exercises, techniques, and visualizations to help you overcome life's challenges. Develop confidence in connecting with archangels, ascended masters, and other divine helpers from the higher realms to get your finances in order, work with your shadow, create clearer boundaries, and improve sleep. Our angelic helpers can also assist in healing troubled and toxic relationships and manifesting our soul partner. With their higher guidance, you can learn to protect your energetic self and care for others.

The angels are like loving coaches that want us to discover and use our gifts so we can realize our full potential. *Ask Your Angel Guides* reveals how to make contact with these celestial helpers and receive their guidance.



**Susan Browne** is a spiritual and wellbeing coach with over a decade of experience helping others connect with angels and raise their vibration. A teacher of the Diana Cooper School of White Light and qualified Guild of Energists trainer, she has developed her own intuitive style of tapping into the guidance of angels. The author of *Angel EFT*, Susan has a

passion for nature and lives in County Kerry, Ireland.

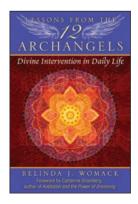


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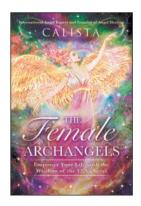
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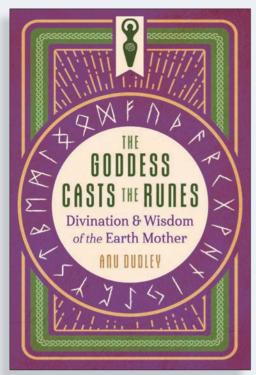
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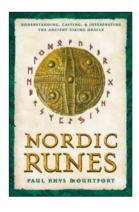


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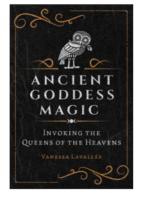


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A Sacred Planet Book

# The Goddess Casts the Runes

Divination and Wisdom of the Earth Mother
ANU DUDLEY

A transformative perspective on the sacred feminine origins of the runic alphabet

- Explores the primordial foundations of the Elder Futhark in Mother Goddess lore, offering an alternative to the male-oriented ideologies that have historically shaped runic interpretation
- Examines each rune from an eco-feminist viewpoint, offering readers a more comprehensive understanding of their significance
- Shows how to interpret runes from an Earth-based spiritual perspective, exploring divination methods, casting techniques, and ethical considerations for rune readings

This book shows that the roots of the runes lie in Mother Goddess lore rather than the Odin-centric mythology that has long dominated interpretations.

Anu examines each rune from a feminist and Goddess-oriented viewpoint, offering a more comprehensive understanding of their significance. She delves into the primordial foundations of the Elder Futhark, intertwining themes of eco-feminism and Earth-based spirituality to provide a compelling alternative to the male-oriented ideologies that shape runic interpretation. This book looks at the origins and history of runes, examining their symbolic significance in relation to feminine energy and the Divine Triad of Maiden, Mother, and Crone. It also addresses Odin's appropriation of the runes and their treatment in the Hávamál poem, highlighting how their meanings were rebranded within a patriarchal culture. The author shows how to read and interpret runes from an Earth-based spiritual perspective, offering methods of divination aligned with the feminine. She discusses casting techniques and ethical considerations for rune interpretation. By setting aside male-oriented hero myths, readers can reframe the runes as symbols of our connection with the living world.

This transformative book rediscovers an ancient, intuitive Earth-based spirituality that reveals the runes as representations of the Earth Mother ideals of compassion, wisdom, and justice.



Anu Dudley is a retired history professor and an ordained Pagan minister. She has taught such courses as *History of the Goddess*, *Paganism 101*, and *Ethical Magic*. The long-time producer of the radio show *Earthwise*: *Reflections on Earth-Based Spirituality*, she lives off-grid in a small homesteading community.

# The Zodiac Light Oracle

Nakshatras, Sun Signs, and Planets

A 48-Card Deck and Guidebook

KOOCH N. DANIELS, M.A., and VICTOR DANIELS, Ph.D. Illustrated by PIETER WELTEVREDE

#### A divination deck based on the nakshatras of Vedic astrology

- Explores the nakshatras—the 27 lunar mansions of Vedic astrology—an oral tradition taught by the rishis and sages for thousands of years
- Blends elements of Vedic and Western astrology for more expansive insights and nuanced divinatory readings
- Shows how to chart a horoscope with the cards and offers a list of friendly and unfriendly relationships between cards as well as a template for keeping a Zodiac Light journal

The authors and illustrator draw upon the ancient wisdom of the rishis to encourage personal discovery, enhance relations with your inner and outer world, and to pursue purposeful transformations. Drawing on over 20 years of study with Sri Harish Johari and Sri Amritanandamayi, they created this book and deck to take you on a journey through the 27 lunar mansions of Vedic astrology and their ruling planets and sun signs.

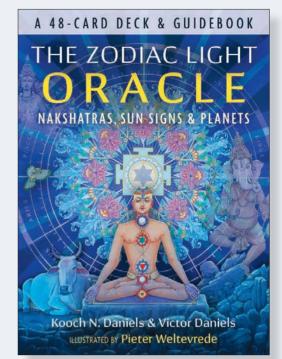
The authors draw on the Vedic wisdom to encourage personal discovery, enhance relations with our inner and outer world, and pursue purposeful transformations. They highlight the significance of each *nakshatra* and its lessons. With striking illustrations by world-class artist Pieter Weltevrede, each card contributes to opening the mind and heart to greater joy, creative expression, and clarity. Using these cards brings deeper understanding of dreams, emotions, and the synchronicities visible to those on spiritual or magical paths. The guidebook offers five card spreads for working with Vedic and Western teachings, and instructions on how to chart a horoscope using the cards. A template is also provided for keeping a Zodiac Light Journal that can benefit your divination practice.



This deck gives readers the guidance to connect with their inner self and find answers to the questions of everyday life.

**Victor Daniels, Ph.D.** taught psychology for over 40 years at Sonoma State University. **Kooch N. Daniels, M.A.,** is a lifelong professional intuitive. They

studied for over 20 years with Harish Johari and Sri Amritanandamayi. **Pieter Weltevrede** (1955–2024) was a painter recognized as the artistic protegé of Harish Johari, his teacher for over 20 years. He has written and illustrated many books, including *How Ganesh Got His Elephant Head*.

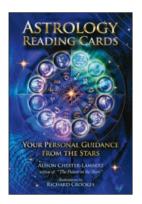


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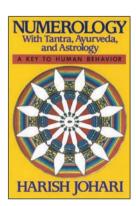
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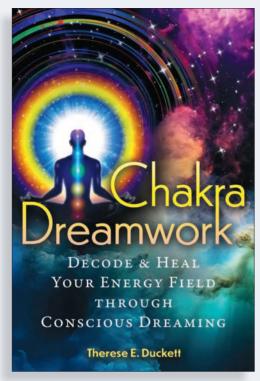


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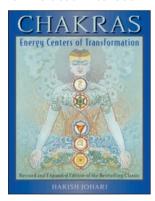


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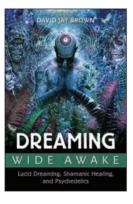


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## Chakra Dreamwork

Decode and Heal Your Energy Field through Conscious Dreaming

THERESE E. DUCKETT

A guide to using your dreams to access chakras for activating self-transformation

- Shows how each chakra transmits specific symbols in dreams to communicate how its energy flow may be blocked or imbalanced, and how to address these issues
- Explores the vibrational frequencies of our chakras and how they impact everyday life revealing how changing our frequency changes the quality of our experiences
- Offers sound therapy techniques, meditation practices, movement exercises, and techniques using essential oils as well as color visualization to raise our frequency

We are energetic beings operating at different vibrational frequencies that flow through our chakra system. This book reveals how each chakra communicates to us in dreams about how our energy flow may be blocked or imbalanced, and shows you how to heal these issues to improve health and wellbeing.

Duckett scientifically explains our chakras and how they can be attuned for more knowledge, self-awareness, and healing. When a chakra is blocked, we may experience physical, emotional, mental, or spiritual problems. The solution can be found in our dreams. Duckett shows how each chakra transmits specific symbols and dream signatures indicating the state of its energy flow. If a dream shows that a particular chakra is blocked, we can take action. Duckett offers sound therapy techniques and meditation practices to raise our frequency and restore impeded chakras so they not only reenergize our auric and etheric bodies but also contribute to the evolution of collective consciousness. She also offers movement exercises and techniques using essential oils and color visualization to open and strengthen each chakra allowing for unimpeded energy flow. When conflicts arise, solutions can come from our chakras through dreams. As we raise our chakra frequencies, we improve our experience of life.

This book shows how dreams are messages from our chakras that signal not only blockages but paths to healing and higher vibrational frequencies. Learn how to raise your frequency to match your desires and find a path to optimal healing and wellbeing.



Therese E. Duckett is a retired psychologist interested in quantum theory as well as the human mind and its connection to the brain, body, and different levels of consciousness. She holds a Master's degree in counseling psychology and worked as a psychologist for more than twenty years. She lives in Victoria, Australia.

# Mind over Magick

The Psychology of Ritual Magick

RICHARD KACZYNSKI

A scientific examination of magical practice

- Draws on peer-reviewed research in psychology and cognitive neuroscience, such as real-time brain imaging, to examine the effects of mystical states and magical practice
- Shows how being "in the zone," as described by athletes and performers, is consistent with the ritualist's state of mind when working magic
- Suggests rituals and routines to strengthen one's practice of magic, witchcraft, meditation, and yoga with empirically proven tools

By looking through the lens of psychology, cognitive neuroscience, and real-time brain imaging, *Mind over Magick* shows how and why ritual magical practice can produce profound experiences with tangible benefits.

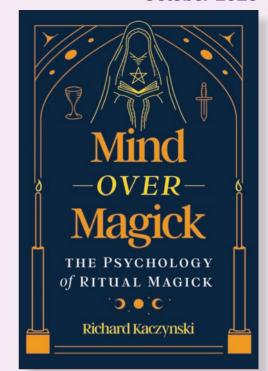
The author draws on a wealth of peer-reviewed research to shed new light on magic. He uses the infamous Stanford Prison Experiment, in which subjects role-played as prisoners and guards, to reveal the power of magical vestments and personas and the effects they have on ritual practitioners. The author shows how being "in the zone," as described by athletes and performers, is consistent with the ritualist's state of mind when working magic. He also reveals what neurological processes are involved when one encounters and works with spirits. Rituals are suggested to strengthen one's practice of magic, witchcraft, meditation, and yoga with empirically proven tools for optimal results. Readers can apply the scientific method to critically evaluate their own spiritual praxis and determine what works best for them. Solitary practitioners and group participants alike will learn what happens, both on a psychological and neurological level, when they enter sacred spaces and use ritual implements as well as enter deep meditative states. The author also details the importance of initiation as a rite of passage and transformative method of instruction.

With this book, readers can approach the art of practicing magic as a science in order to hone a more effective and empirically grounded practice.



**Richard Kaczynski** is a lifelong student and writer on Western esotericism. He is an authority on the life and works of Aleister Crowley. The author of *Perdurabo*: *The Life of Aleister Crowley* and editor of Aleister Crowley's *The Sword of Song*, he holds a Ph.D. in psychology with a minor in statistics. His doctoral dissertation examined the structure

and correlates of metaphysical beliefs.

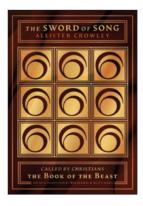


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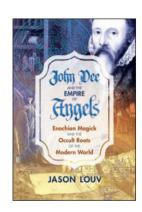
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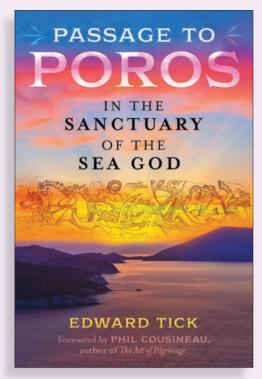
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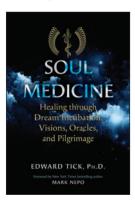


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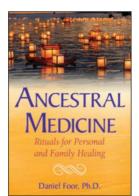


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# Passage to Poros

In the Sanctuary of the Sea God

EDWARD TICK, Ph.D.

Foreword by Phil Cousineau, author of The Art of Pilgrimage

A guide to spiritual pilgrimage and the healing powers of immersion in sacred places

- Takes you on a mystical journey to the sacred Greek island of Poros, a site of pilgrimage and healing for more than 3,000 years, and presents its mythological, literary, historical, and cultural heritage
- Examines pilgrimage, sanctuary, and asylum under the god Poseidon, the ruling spirit of the island, and how these have been practiced through the millennia
- Explores ancient healing traditions, including dream incubation of Asklepios, and using sacred art and ritual to connect with our visions and the divine

Explore the reawakening of ancient Greek healing practices by taking this journey of transformation, myth, and divine presence to the sacred island of Poros, a site of pilgrimage and healing for more than 3,000 years.

This book examines pilgrimage, sanctuary, and asylum, the duties of Poseidon who was the ruling god of Poros. Edward Tick rediscovers asylia, the original practice of sanctuary that provides safety and inspiration while facilitating healing and connection to divinity. He explores "crossing the strait" as safe passage between the visible world and the invisible realms of the sacred. Drawing on ancient traditions Tick shows how we know ourselves, our destinies, and our connection to the divine through dreams, visions, oracles, and synchronistic events. He continues his decades-long revival of Asklepian dream incubation and other modern versions of ancient rituals while providing a deep dive into the sacred history of Poros and how it can bring transformation and serenity today. He also reveals life-changing mystical experiences his travelers and he have had over 40 years of pilgrimages, including encounters with animal guides, higher powers, and oracles, as well as examining the physical and spiritual restoration of Poseidon's sanctuary and contributing to its literary and mythological legacy.

*Passage to Poros* offers wisdom for anyone seeking healing, sanctuary, spiritual presence, and reconnection with ancient and eternal forces.



Edward Tick, Ph.D., is a therapeutic mentor, pilgrimage guide, educator, and poet. He guides transformational growth by restoring our connections with the numinous. An international "thought leader" in cultural and war trauma healing and psycho-spiritual development, he restores ancient spiritual and holistic practices for modern seekers. He is the author of *The* 

Practice of Dream Healing, Soul Medicine, and six other books.

### Transcend the Chaos

Proven Integral Techniques for Emotional Control, Confidence, and Creativity

ANGEL MILLAR

A holistic approach to personal and professional growth

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- Explores the use of trance and dreams among famous artists, philosophers, and inventors for making important breakthroughs in highly-competitive fields
- Explores the Six Cs—Connection, Creativity, Craft, Culture, Character, and Consciousness—to model integrating a spiritual consciousness into one's life

How can thoughtful, spiritual people thrive in a fast-changing, unpredictable, and high-pressure world?

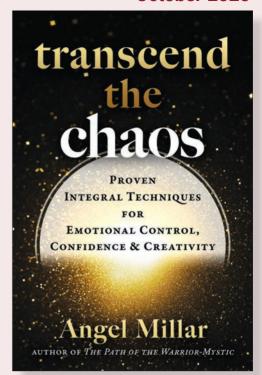
*Transcend the Chaos* teaches readers how to develop themselves spiritually while cultivating the qualities and tools necessary for personal and professional growth. With the Six Cs—Connection, Creativity, Craft, Culture, Character, and Consciousness—Angel provides a unique working model for navigating our world today and tomorrow. He explores the use of trance and dreams in the lives of famous artists, philosophers, and inventors and urges us to look inside to cultivate the imagination and creative thinking needed for modern careers. He also teaches persuasion techniques that work in advertising and politics and how to apply them to self-talk to replace self-defeating, sabotaging inner dialogue with powerful positive messages. Angel shares techniques that can be integrated into your life and used not only in times of highpressure but also at home during more quiet moments. Learn exercises to optimize posture, breathing, and relaxation as well as pathways to understanding the secrets to emotional control, confidence, and creativity.

This book offers the tools, practices, and theory to not only understand complexity but to simplify and transform it; to not only endure the chaos but transcend it.



Angel Millar is a lecturer on self-development, spirituality, and symbolism and a personal growth consultant and hypnotist working with clients in the areas of stress management, resilience, agility, creativity, confidence, and persuasion. Raised and educated in England, and now permanently residing in the USA, he is also the author of several books, includ-

ing The Three Stages of Initiatic Spirituality and The Path of the Warrior-Mystic.

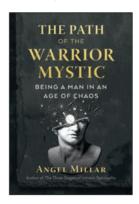


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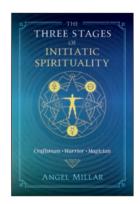
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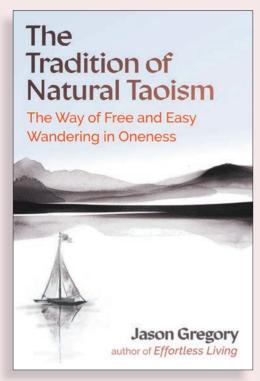
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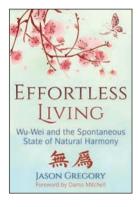


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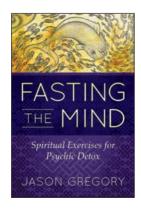


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# The Tradition of Natural Taoism

The Way of Free and Easy Wandering in Oneness JASON GREGORY

A comprehensive exploration and restoration of Taoism's original teaching

- Draws on source texts of the *Tao Te Ching* and the *Chuang-tzu* for ways to achieve skills effortlessly through unity with the Tao
- Explains how Taoism is a spiritual technology for deprogramming ourselves from socialization and dissolving the ego
- Explores concepts of wu-wei (nonaction) and xiaoyao you (free and easy wandering in oneness) in order to realize our unfiltered true nature

The author provides a comprehensive exploration and restoration of Taoism's original teaching, giving readers a fresh take on this ancient philosophy of oneness.

By returning to the source texts of the Tao Te Ching and the Chuangtzu, Jason shows how to gain skills effortlessly through alignment with the Tao and overcome the limitations of reason. Since Lao-tzu and Chuang-tzu, Taoists have navigated a world detached from the Tao. This detachment continues to expand due to external forces and materialism. Taoism is a means to break free from imposed socialization, liberating us from the suffering inherent in a society built upon ideologies and materialism. In contrast to Confucianism, which offers social morality, Taoism is a spiritual technology for deprogramming ourselves from socialization and reactions of the ego. Jason shows that such programming can impede the spontaneous flow that is central to this path. Like other non-dual systems, Taoism seeks to dissolve identity so the undifferentiated nature of the Tao can make full use of the liberated being. We reconnect with the Tao by dissolving the binaries of reason and achieving xiaoyao you, "free and easy wandering in oneness," which is the final teaching on the Taoist path. This book shows the way to become what Taoists call a Zhenren—an authentic person or enlightened sage.

The Tradition of Natural Taoism offers wisdom to liberate us from the suffering inherent in a materialistic culture and reconnect us with our unfiltered true nature.



Jason Gregory is a teacher of philosophy, comparative religion, metaphysics, and ancient cultures. He's authored several books, including Effortless Living, Emotional Intuition for Peak Performance, Fasting the Mind, and Enlightenment Now. His documentaries include The Art of Effortless Living, Effortless Action: The Art of Spontaneity, The Yugas: The

Great Time Cycles of the Universe, and The Art of Synchronicity.

# The Tao of Addiction and Recovery

Chi Kung Practices for Restoring the Energy Flow in Mind and Body

MANTAK CHIA and DOUG HILTON

A Taoist guide to recovering from addiction

- Systematically explains the nature and development of addictions, the process of recovery, and how the Tao Te Ching can provide guidance
- Provides easy-to-perform Chi Kung practices to aid with recovery, specifically for challenges that don't respond to mainstream treatment
- Describes Taoist Emotional Recycling to heal stuck emotions about the past and address the urges and attitudes that often cause relapse

This book explores addiction and recovery from a Taoist view-point, offering a path to healing rooted in ancient Chi Kung practices and principles from the *Tao Te Ching*.

Drawing on the eternal balance of yin and yang, the authors show that addiction clogs up the body's "yin centers," hindering one's ability to process energy effectively. This propagates a pattern of stuck behaviors that mirrors the physical and mental body's imprisoned energy flow. The authors provide Chi Kung exercises to help rebalance the body and address the root impacts of addiction. Through organ- and body-centered treatments, readers can develop healthy sleeping patterns, eliminate brain fog, reduce joint pain, and develop willpower. Providing a holistic model, this book addresses the traumas that fuel addiction and the attitudes and urges that cause relapse. Readers are guided in Taoist Emotional Recycling to heal stuck emotions about the past and transform negative energy into positive energy to ensure recovery.

With simple concepts and easy-to-perform Chi Kung exercises, this book provides a systematic approach that has been refined over 5,000 years to treat the physical and spiritual harms of addiction and return to a state of wholeness.





Mantak Chia founded the Healing Tao System in North America in 1979 and developed it worldwide as European Tao Yoga and Universal Healing Tao. The author of fifty books, he has taught and certified tens of thousands of

students and instructors and tours the United States annually, giving workshops and lectures. **Doug Hilton** has been a counselor for over thirty years with extensive experience in trauma, addictions, and couples and family issues. A certified Universal Healing Tao instructor, he has been integrating Chi Kung into his counseling practice for twenty years.

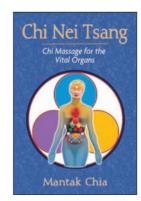
# THE TAO OF ADDICTION and RECOVERY Chi Kung Practices for Restoring the Energy Flow in Mind and Body

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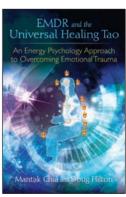


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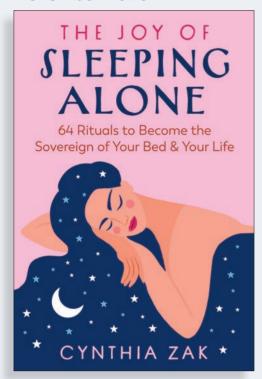


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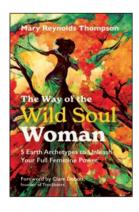


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#### Of Related Interest



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The Gift of the Night Philip Carr-Gomm Findhorn Press ISBN 978-1-64411-929-7 \$18.99 (CAN \$23.99) pb

# The Joy of Sleeping Alone

64 Rituals to Become the Sovereign of Your Bed and Your Life

CYNTHIA ZAK

Reconnect with yourself, your body, and your femininity in your bed

- Explains the energetic, emotional, and physical power of having your own sacred space to sleep
- Offers 64 step-by-step rituals for women to reclaim the power of intuition, renew energy, and connect with the intelligence of their hearts
- Presents the act of sleeping as a spiritual retreat to find answers to your most intimate and complex questions

The demands of daily life drain our energy and ability to set meaningful intentions. The crucial act of sleeping has become an automatic routine: at the end of the day you fall exhausted into bed, without giving it any thought. Our cultural programming makes us feel that sharing a bed is not only desirable but normal. It is a sign of love and care for partners, children, and others. Breaking free of this routine and claiming a night for yourself is a sublime act to recover your energy and power, to reconnect with yourself, and to re-inhabit your body without the influence of external vibrations.

In this book, Cynthia offers women of all ages and relationship statuses practical and accessible rituals for sleeping alone. Discover the biology of your sleeping body and learn sacred mantras to enhance lucid dreaming and calm your mind. Reclaim the privacy that sleep allows to rediscover your intuition and foster a holistic renewal of the self. The author shows how to take ownership of your nightly rest and transform it into a sacred retreat that accelerates your spiritual evolution. She shares that, when women sleep alone, "the electromagnetic field of the heart's intelligence expands, energy centers balance, and your visions become clear and beautiful, reinforcing the power of your feminine intuition."

This book describes how the world of dreams will unfold to reveal that you are the most important person in your life's journey: a woman, a goddess, the sovereign of your bed and your life.



Cynthia Zak is a ceremonialist, master in yoga and meditation, author of five books, and a singer-songwriter with over 150 published songs and melodies. She is a researcher in the science of sound as medicine, a HeartMath Institute therapist, end-of-life doula, and founder and director of the Yomu Institute. She travels the world teaching her practices to

children, teachers, parents, business leaders, and healthcare professionals. Her background is in Sufism, Buddhism, Kabbalah, and shamanism. A mother of three, she lives in Miami Beach, Florida.

### Transdimensional Mind

The Higher Self's Potential for Protection, Precognition, and Guidance

CHRIS H. HARDY, Ph.D.

Learn how to develop your psi abilities and multi-dimensional consciousness

- Explores how to connect with your higher Self and enter a state of multidimensional consciousness that will activate your psychic powers
- Shows how to attune your mind to the magic of the Earth's soul to enact protection and open your path to helpful synchronicities
- Reveals how the higher Self uses its faster-than-light energy to send precognitive dreams, perform self-defense, and alter spacetime events

Inspired by the traditional keepers of secret mind powers, such as the wandering ascetics, Hardy, a seer and scientist, presents a higher Self that is hyperdimensional, endowed with psychic abilities, and who can effect change in the material world.

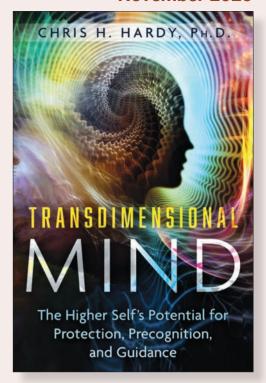
Through her own real-life experiences, Hardy shows the potentials of a mind harmonized with one's higher Self. The Self can then intervene spontaneously to protect us from danger, scare off an aggressor, or even land them a hard punching blow. The Self creates synchronicities and provides instant help and guidance. Pursuing a harmonization with one's Self is like an inner initiation triggering the emergence of psychic powers, or siddhis, as the yogis of India attest it. Drawing upon research on nonlocal consciousness, Hardy shows that the Self belongs to a hyperdimension and uses fasterthan-light energy. It can see beyond spacetime, zoom in on the scale of atoms, and travel out-of-body. This is how harmonized souls create hyperdimensional fields of shared consciousness, notably in sacred places. The hyperdimension of consciousness is sometimes visible through the strange phenomenon of immaterial Superposed Landscapes, which she describes. Hardy also shares how animal allies have appeared to assist her on spiritual endeavors and recounts some of her own psi feats, like making herself invisible.

Presenting factual proofs of a higher Self whose psychic energy can effect change in the material world, this book reveals the spiritual and psi capacities that one gains through pursuing a spiritual path.



Chris H. Hardy, Ph.D., has a doctorate in ethno-psychology. A cognitive and systems scientist on psi and nonlocal consciousness, and former researcher at Princeton's Psychophysical Research Laboratories, she has been developing her own theory of hyperdimensional consciousness since 2015. The author of several articles and books, including *DNA of the Gods* 

#### November 2025

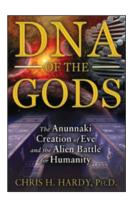


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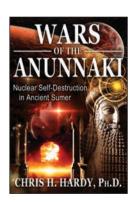
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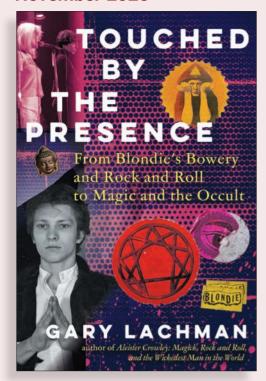
#### Also by Chris H. Hardy, Ph.D.



DNA of the Gods Chris H. Hardy, Ph.D. Bear & Company ISBN 978-1-59143-185-5 \$18.00 (CAN \$22.00) pb 22,000 copies sold



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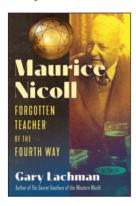


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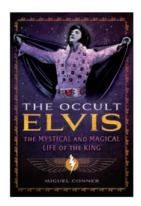
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## Of Related Interest



The Occult Elvis Miguel Conner Destiny Books ISBN 979-8-88850-135-1 \$19.99 (CAN \$24.99) pb April 2025 release

# Touched by the Presence

From Blondie's Bowery and Rock and Roll to Magic and the Occult

**GARY LACHMAN** 

A memoir of magic, rock and roll, and becoming who you are

- Traces the author's journey from bassist and founding member of Blondie to writer on consciousness and the esoteric tradition
- Explores his involvement in Gurdjieff's Fourth Way, Crowley's Thelema, and his relationship with the bestselling author Colin Wilson
- Reveals how an early love of comic books, science fiction, and fantasy led him to the esoteric tradition

Not many members of the Rock and Roll Hall of Fame are also recognized authorities on the western inner tradition. Gary Lachman is. In 1978, Blondie released the top-ten hit, "(I am Always Touched by Your) Presence, Dear." Gary Lachman (then Gary Valentine) had written the song for his girlfriend after the series of shared dreams and telepathic experiences they had. Thus started his life-long obsession with the potentials of consciousness.

In this memoir, Gary recounts how he went from being a successful rock and roller to a writer on consciousness and the western inner tradition. He shares encounters with rockers such as the Ramones, New York Dolls, Patti Smith, the Rolling Stones, David Bowie, Iggy Pop and also Timothy Leary, William Burroughs, and Allen Ginsberg. Living with Blondie's Debbie Harry and Chris Stein on New York's Bowery, a block from the birthplace of punk rock, CBGB, Gary discovered occultism via a follower of Aleister Crowley. Post rock and roll, Gary's occult studies brought him to the Golden Dawn, Manly P. Hall, Gnosticism, and a stint in Crowley's O.T.O. He details his time in the Fourth Way, including a visit to the site of Gurdjieff's Institute for the Harmonious Development of Man in France, and his years studying philosophy and literature and working as a Science Writer, while managing a famous metaphysical bookshop at the height of the New Age. Excursions to Stonehenge, Avebury, and Glastonbury in search of ley lines, and pilgrimages to Colin Wilson's home in Cornwall, are a few of the highlights of this introspective, humorous account of a nascent writer's struggle from rock and roll to individuation.



Gary Lachman is a prolific author and lecturer on consciousness, counterculture, and the Western esoteric tradition. His works include *The Return of Holy Russia*, *Maurice Nicoll: Forgotten Teacher of the Fourth Way*, and *Dark Star Rising*. A founding member of the rock band Blondie, he was inducted into the Rock and Roll Hall of Fame in 2006. He lives in London.

# The Original Zodiac

What Ancient Astrology Reveals About You GRAHAM PHILLIPS

Discover the world's earliest known system of astrology

- Explores ancient Mesopotamian astrology, which originated with those who created Göbekli Tepe, and details the system's eighteen zodiac signs
- Shares the author's decades-long research to decipher the meanings and characteristics behind each of the original eighteen signs
- Shows how the original zodiac can enrich and expand our understanding of astrology, personal relationships, and our sense of self and destiny

Today the zodiac is divided into twelve signs through which the sun appears to travel in a year. A person's sign can influence their personality, physical characteristics, and fate. However, in ancient Mesopotamia, the first zodiac was divided into eighteen signs different from the Western and Vedic systems in use today. *The Original Zodiac* reveals, for the first time in over 4,000 years, this earliest form of astrology.

The original Mesopotamian zodiac offered very different birth signs, including the Serpent, Swan, Crane, Horse, Wolf, and Eagle. This zodiac was recorded on a clay tablet that is now housed in the British Museum, cataloged as BM 86378, but there is no written record of how these signs were interpreted. Now, after decades of intensive research, Graham reveals the meanings of these mysterious signs and their relevance for our times. To determine what traits might be shared by those born in each sign of the original zodiac, Graham comprehensively surveyed hundreds of volunteers from diverse backgrounds. He measured each participant's likes, dislikes, hobbies, habits, employment, health information, and other pertinent aspects of their lives and identities. Not intended to replace or challenge our traditional understanding of astrology, this book offers an original system to enrich our current knowledge.

Unveiling the earliest known system of astrology discovered in the world, this book reveals, for the first time in millennia, the personality, character, and destiny of those born in each of its enigmatic signs.



**Graham Phillips** is one of Britain's bestselling non-fiction authors. A former radio journalist and broadcaster for the BBC, and founder of *Strange Phenomena* magazine, he is a historical investigator of unsolved mysteries. The author of many books, including *The Templars and the Ark of the Covenant, The Lost Tomb of King Arthur, The End of Eden*, and *Atlantis* 

and the Ten Plagues of Egypt, Graham lives in the Midlands of England.

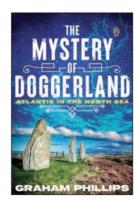
# THE ORIGINAL THE ORIGINAL What Ancient Astrology Reveals About You GRAHAM-PHILLIPS

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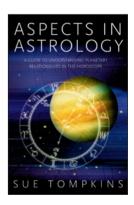


# Also by Graham Phillips



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The Jolanda Witch Tarot Rosie Björkman and Hans Arnold Findhorn Press ISBN 979-8-88850-066-8 \$40.00 (CAN \$49.99) Boxed set, cards and book

### The Hidden Arcana Tarot

An 86-Card Deck and Book

LIANE AND CHRISTOPHER BUCK

Refining Tarot guidance by acknowledging the influence of reader, setting, and environment

- Includes 86 full-color cards, expanding the traditional Major and Minor Arcana with the Hidden Arcana, all infused with ancient symbolism
- Showcases 8 rediscovered Arcana cards—the Adeptus, the Spiritrix, the Almuten Figuris, and 5 castle cards of the realms—revealing the influence of reader, setting, and the elements on a reading
- Shows the influence of the sacred feminine on the evolution of the Tarot and shares reading layouts and in-depth interpretations of the cards

More than a divination tool, this stunning deck and insightful guide-book illuminate the deep connections between the Tarot, the universe's rhythms, and the human psyche. *The Hidden Arcana Tarot* reveals eight long-lost Arcana cards with mythic resonance to powerfully guide the interpretation of the traditional Major and Minor Arcana.

The deck contains 78 traditional Tarot cards and 8 Hidden Arcana cards. The newly rediscovered Arcana include the Adeptus, who represents the consultee on their journey; the Spiritrix, who determines how the reader may be affecting the reading; and the Almuten Figuris, the guide and protector on the path. The five castle cards show the elemental, archetypal forces at play. Infused with ancient symbolism and mythic imagery, these beautifully illustrated cards offer fresh perspectives on life's journey, meaning, and future twists and turns—and on Tarot reading itself.

The guidebook by studied and intuitive Tarot reader Liane Buck details the micro- and macrocosmic meaning of each card, gives methods of reading, and shows how the Tarot's evolution was influenced by the Mother Goddess as the weaver of the destinies, ancient symbols, and myths. *The Hidden Arcana Tarot* is an invitation to journey through these tales to reflect on transformation and to find one's place in the universe's intricate tapestry.



Liane and Christopher Buck are the founders of Humanity Healing International, whose projects included combating child trafficking in Africa. They have also created OMTimes Media, a company dedicated to publishing and broadcasting on mindful living. Liane and Christopher also founded the mystical Christian seminary,

Cathedral of the Soul. Liane and Christopher's devotion to humanitarian causes has been recognized with two Presidential Awards and international honors including knighthood. They live in Brazil.

# The Runes and Roots Oracle

A 36-Card Deck and Guidebook

NICOLETTE MIELE and ADRIENNE ROZZI

#### A deck that combines the Elder Futhark with plant magick

- Explores Scandinavian divination, traditional European witchcraft, and magical herbalism
- Pairs each rune of the Elder Futhark with a plant according to their shared energetic correspondences
- Offers a ritual for consecrating new decks, six spreads for rune casting, and eight spell cards for a fully immersive experience

With roots in Scandinavian divination, traditional European witchcraft, and magical herbalism, this deck offers clarity in times of confusion, direction when one's lost their way, and strength in the face of adversity.

The creators have paired each rune of the Elder Futhark with a plant according to their shared energetic correspondences. Thurisaz is combined with the thorny blackberry in a card of defense. Ansuz and yarrow are brought together in the communication card. Hagalaz and deadly nightshade are combined to convey storms and chaos. This synergy provides a multidimensional view of each rune and plant for expanded knowledge and deeper readings and insights. Each card is illustrated with a color palette of black, tan, and gold to reflect 16th-century engravings and ancient grimoires. The authentic design further draws readers into the magical intersection between runes, witchcraft, and herbalism. *The Runes and Roots Oracle* includes a ritual for consecrating new decks, six spreads for rune casting, and eight spell cards for a fully immersive experience.

Offering practical knowledge and the call to look deep within, this deck is a magickal union of ancient symbols and the natural world.





Nicolette Miele is a pagan, writer, and clinical herbalist who has practiced eclectic witchcraft for over 20 years. She's the creative force behind Handful of Dust Alchemy, offering herbal goods and hand-

made runes, contributing a share of the profits to animal shelters. She lives in Pittsburgh, Pennsylvania. **Adrienne Rozzi** is an artist, illustrator, printmaker, and magical practitioner. For over thirteen years, she has run Poison Apple Printshop. Holding degrees in printmaking, studio art, art history, and film studies, she is based in western Pennsylvania.

# The RUNES & ROOTS ORACLE A 36-CARD DECK & GUIDEBOOK NICOLETTE MIELE AND ADRIENNE ROZZI

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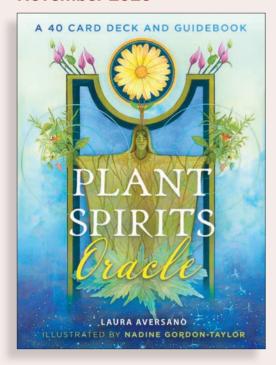


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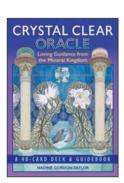
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#### Also by Laura Aversano



The Divine Nature of Plants Laura Aversano Destiny Books ISBN 978-1-64411-445-2 \$19.99 (CAN \$24.99) pb July 2025 release

#### Also by Nadine Gordon-Taylor



Crystal Clear Oracle Nadine Gordon-Taylor Bear & Company ISBN 978-1-59143-484-9 \$30.00 (CAN \$37.50) Boxed set, cards and book

# **Plant Spirits Oracle**

A 40-Card Deck and Guidebook

LAURA AVERSANO
Illustrated by Nadine Gordon-Taylor

An intuitive oracle to help you connect with the Divine plant kingdom

- Offers 40 full-color cards, including 10 shamanic healing cards and 30 plant spirit cards such as Astragalus, Calendula, Mugwort, and Violet
- Explains how to use the cards and offers guidance on connecting with each plant's Divine spirit and intelligence
- Offers spiritual practices and channeled plant spirit prayers to open you to physical, emotional, and spiritual healing

Based on medical intuitive Laura Aversano's inspired book, *The Divine Nature of Plants*, this oracle deck and guidebook, illustrated by Nadine Gordon-Taylor, helps you call upon and connect with the plant spirits of 30 healing herbs and flowers.

Each plant card features a full-color painting along with details to connect with the plant's Divine spirit and intelligence as well as its spiritual, emotional, and physical medicine. These 30 plants include Astragalus, Black Cohosh, Calendula, Lilac, Motherwort, Mugwort, Poke, Rosemary, Violet, Wormwood, and Yarrow. The back of each card features a prayer that Laura had channeled from each plant's spirit. Also included are 10 shamanic healing cards to guide you on the deeper journey into sacred connection with the elemental world of nature. The guidebook offers in-depth entries and shares spiritual practices associated with each particular plant card.

This deck and guidebook will help you discover your personal connection to the Divine plant kingdom and the sacred healing powers that reside within you.





Laura Aversano is a medical and spiritual intuitive, an ancestral empath, and a spiritwalker. Having communicated with the spirit world since childhood, she is trained in plant medicine and shamanism,

along with many other healing modalities while serving an international clientele for almost thirty years. The author of several books, including *The Divine Nature of Plants*, she lives in New York City. **Nadine Gordon-Taylor** is an experimental artist who holds a M.F.A. in painting and an Ed.D. in art education. She has taught across the country for more than 30 years and her drawings, prints, and paintings have been exhibited in collections around the world. The creator of several oracle decks, including *Crystal Clear Oracle*, she runs Third Eye Arts, a gallery in Peekskill, New York.

# The Book of Changes, Troubles, Problems, Lightness, and Calm

The I Ching as Oracle and Teacher

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#### Learn how to be fully present in the ever-changing moment

- Explains how to use the oracle for divination, detailing the 64 hexagrams and the esoteric significance of each changing line
- Explores key concepts that are culturally embedded in the Chinese understanding of the I Ching to give readers greater confidence in interpreting the oracle's answers
- Teaches readers the way to secure favorable outcomes by properly aligning with each moment of change

For millennia people have consulted the I Ching to make sense of life's challenges. This new translation of the ancient classic teaches readers how to be fully present in the ever-changing moment.

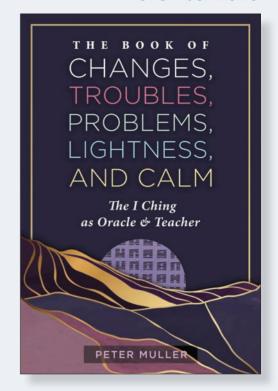
Readers will learn the mechanics of using the oracle, including how to properly phrase one's questions. The author reveals the traditional meanings of the 64 hexagrams and gives illustrations from daily life to amplify their meanings for our times. He explores the esoteric significance of each changing line for more complete and accurate readings. The author explains key concepts that are culturally embedded in the Chinese understanding of the I Ching in order to give readers greater confidence in their interpretation of how the hexagrams respond to their questions. The oracle teaches one to fully accept and adapt to change and how to maintain one's consciousness in a constantly fluid state. Learn how to work through challenges to secure favorable outcomes by properly aligning with each moment of change. Integrating the I Ching's lessons will elevate your inner guidance so that, in time, you become a representation of the oracle itself, capable of sensing the energetic shifts of each moment and adapting to them effortlessly. When chaos overtakes order, the I Ching shows the path to equilibrium.

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Peter Muller has been a dramaturg at the Madách Theater in Budapest for sixty-four years. Winner of the Onassis Award for drama, his plays include Gloomy Sunday, Doctor Heart, God's Money, The Brothers Karamazov, Gospel of Mary, King David, and Shadow of the Vampire, which have been produced worldwide. He's written many novels and books of spiritual essays and this I Ching, in

his native Hungarian, has sold nearly one million copies.

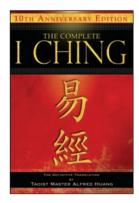


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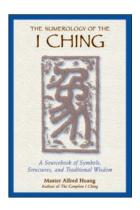
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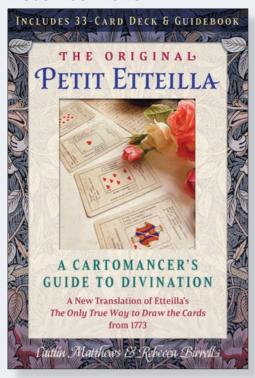
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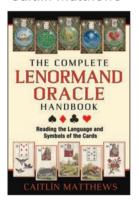


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# The Original Petit Etteilla

A Cartomancer's Guide to Divination

CAITLÍN MATTHEWS and REBECCA BIRRELL

Learn foundational methods of divination from the Father of Cartomancy

- Provides the first English edition of Etteilla's seminal text, an Etteilla deck, and a tutorial on how to make your own deck
- Offers eight main spreads along with variations, devised by Etteilla, and accompanying commentary and case studies
- Shares how Etteilla's 1770 method set the standard for most European cartomantic divination, influencing the development of both cartomancy and tarot

Etteilla is the pseudonym of Jean Baptiste Alliette, known to divination devotees as the Father of Cartomancy. His 1770 manual, *La Seule Manière de Tirer Les Cartes*, was the first on how to interpret cards, and it remains the basis for nearly all divination decks today. Now, for the first time, Etteilla's manual is available in English.

This deck and guidebook gives readers a set of Petit Etteilla cards and a fully revised translation of his text. This book explores how Etteilla's deck and interpretive methods serve as the foundation for decks to follow, including the Lenormand and Rider-Waite-Smith decks. Readers will learn each card's meaning (both upright and reversed) and the significance of each card's placement in a spread. In this system, each card's meaning and associated words are printed on the card, allowing readers the freedom to use intuition instead of memorizing the meaning of each card. The result is an innovative system that offers a highly personalized method for readings. Readers will learn how to make decks to further personalize one's connection with the cards. The book offers eight spreads devised by Etteilla, with variations of each, along with commentary and case studies to enrich your understanding.

*The Original Petit Etteilla* gives diviners the resources to learn and apply the interpretive methods of the Father of Cartomancy.





Caitlín Matthews is the author of over 85 books including *The Complete Lenormand Oracle Handbook*. She has created several tarot and oracle decks and is a member of the World Divination

Association. She teaches internationally on a wide variety of esoteric and spiritual subjects and lives in Oxford, England. **Rebecca Birrell** is an artist, designer, professional card reader, and teacher of Tarot and the Intuitive Arts. She lives in Launceston, Tasmania.

# The Sacred Biodiversity Oracle

A 36-Card Deck and Guidebook

ANGELA MANNO

Engage intuition and reason to stimulate empathy and meaningful action for planetary healing

- Includes 36 full-color cards featuring sacred icon-style paintings of threatened and endangered species and instructions for using this deck in a group setting
- Portrays the unique charism of each species, the challenges it faces, and how it affects the greater biological community and human health
- Teaches *Visio Divina*, or sacred seeing, an ancient form of prayer and meditation that evokes intuitive knowing and inspires meaningful action

Exploring the richness and necessity of biodiversity, this deck features the work of world-renowned artist, Angela Manno, and reveals how the loss of biodiversity is leading to the warming of our planet. She presents each threatened species in a traditionally religious form—the icon—to illustrate its true significance.

The 36 full-color cards represent every category of life and convey their spiritual power. Rich with insights from geologion Thomas Berry and other ecological elders, the guidebook reveals the preciousness of each organism, specific challenges to its existence, and its effect on the greater biological community and human health. Angela provides instructions for *Visio Divina*, or sacred seeing, an ancient form of prayer and meditation that evokes deep intuitive knowing. Icons and Nature are "windows to the divine" and are meant to be contemplated. She also considers the challenges that keep us from living in harmony with the planet, the connections between personal and planetary well-being, and how to use the cards, both alone and in a group setting, to encourage contemplation, empathy, and meaningful action.

Uniquely supported by QR codes on the back of each card, working with this deck will inspire you to protect and support biodiversity while enacting personal and planetary healing.



Angela Manno is a world-renowned artist who was mentored by geologian Thomas Berry. She trained with a master iconographer from Russia and studied at the San Francisco Art Institute, Parsons School of Design, and *l'Ecole des Arts* in Lacoste, France through Sarah Lawrence College. Her work has been exhibited in private and public collections around the

world, including NASA, the Smithsonian's National Air and Space Museum, and the National Museum of Women in the Arts. She works with the Center for Biological Diversity on its endangered species programs and lives in New York City.

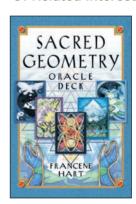
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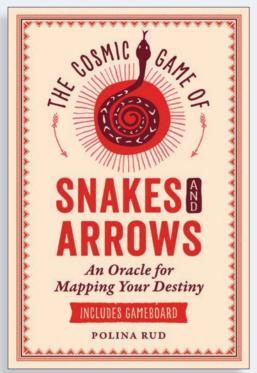
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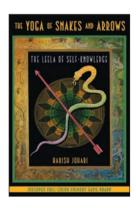


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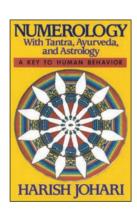
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# The Cosmic Game of Snakes and Arrows

An Oracle for Mapping Your Destiny POLINA RUD

A profound and modern approach to playing the ancient board game

- Offers a comprehensive guide to the traditional Hindu game Līlā—a predecessor to Snakes and Arrows—and includes a three-color gameboard allowing readers to play
- Analyzes archetypes of consciousness with the 72 squares of Līlā, enriched by spiritual references to deepen the game's messages
- Offers instruction for conducting personal development ceremonies and receiving guidance from the game

Divination has been a universal practice across cultures, from the I Ching to the Tarot, using intuitive, artistic, and often theatrical methods to explore the self, the present, and the future. The Hindu game of Līlā, a precursor to Snakes and Arrows, offers a playful yet profound approach to understanding one's destiny.

Polina Rud delves into the oracle, shedding light on Līlā's archetypal wisdom and its power as a divinatory tool. Using a 72-square gameboard, players are invited to step back and observe their lives from above, seeing the emotional and behavioral patterns that guide their steps and, at times, lead them astray. Rud shows how the 72 squares represent different levels of human experience. Each square provides a philosophical key while practical exercises reveal the hidden beliefs and obstacles that hinder progress in the area of life that matters most to the player. The game's ascending path mirrors spiritual evolution, akin to systems like the Kabbalistic Tree of Life or the Road to Paradise, and guides players toward enlightenment. Rud shows how Līlā symbolizes the psyche's journey, leading toward the ultimate prize: cosmic consciousness.

The Cosmic Game of Snakes and Arrows offers a way to learn more deeply about who you are while fostering a connection with the divine.



Polina Rud, a doctoral candidate in art history at Moscow University with a master's in international relations, is an art curator and lecturer. With expertise in Theosophy, Nordic runic oracles, and Hindu astrology, she combines therapeutic experience, including Mental Health and Suicide Risk training at UNAM, with diverse spiritual teachings. A

renowned Līlā guide, she helps individuals uncover hidden obstacles. She lives in Mexico City.

# Pleiadian Activation of Our Sacred Heart Space

Liberating the Human Soul

PAVLINA KLEMM

Raise your vibration to channel consciousness from a higher order

- Teaches how to activate and channel Pleiadian wisdom directly through our sacred heart space to liberate the soul
- Introduces sun and earth symbols designed by the Pleiadians to activate the pineal gland and connect to their higher order
- Offers tools for growth, affirmations, and several high frequency number series that readers can meditate upon to realign consciousness for a positive future

As beings from a higher level of consciousness, the Pleiadians accompany us through our time on this planet. As the Earth moves forward in its ascension, the Pleiadians teach us how to activate and channel their wisdom through our sacred heart space. In this book, Pavlina shares the channeled insights she received from them.

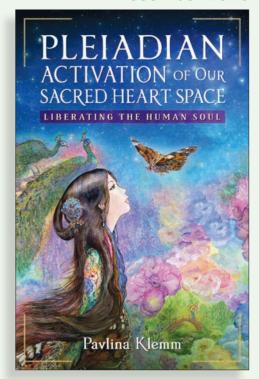
The Pleiadians guide humanity to move more gracefully through the shifting time-space continuum that is experiencing many new frequencies during our collective ascension process. Through Pavlina, they reveal how to activate the pineal gland by using their sun symbol and how to connect with the higher order by using their earth symbol. Our celestial guides bring us closer to the wisdom of the inner earth, the cosmic children, the light beings of each color frequency, and archangels. They also protect us from detrimental influences by increasing our light and consciousness. The Pleiadians offer us the 21st cosmic key, the most important frequency for the liberation of the human soul, as we enter the next Golden Age. Pavlina teaches light workers how to increase their vibration and resilience as they work with a major influx of Christ energy. She shares exercises, affirmations, and several high frequency number series to meditate upon so that you can realign your consciousness for a positive future.

As a direct transmission of energy and healing love, this Pleiadian wisdom guides us toward living through our sacred heart.



Pavlina Klemm is a healer, medium, and educator, who has trained in quantum healing, Eric Pearl's reconnective healing, Körbler's New Homeopathy, and Russian healing methods. She has been in contact with the spiritual world since childhood and, since 2010, has served as a channel for the Pleiadians. The author of *Light Messages from the Pleiades* and *Pleiadian Soul* 

Healing, Pavlina lives and works near Munich, Germany.

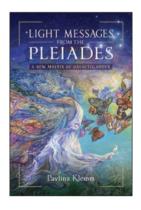


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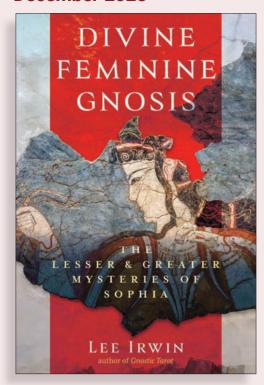
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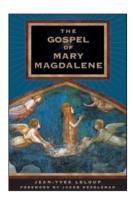


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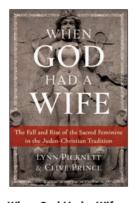
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### **Divine Feminine Gnosis**

The Lesser and Greater Mysteries of Sophia

Seven mysteries for an embodied experience of transcendence

- Draws on Gnosticism and Hermeticism to explore seven esoteric mysteries of feminine wisdom that are supported by practices
- Offers a wisdom teaching on integral spirituality and pansentience, encounters with spiritual entities, dreams, and reincarnation
- Explores the masculine principle of logos and how to integrate it
  with feminine eros in sacred marriage—Hieros Gamos—to achieve
  wholeness and mystical insight

Since the dawn of Christianity, the Sophia tradition has been suppressed and shrouded in secrecy. Drawing on Gnosticism and Hermeticism, this book presents divine feminine principles and teachings that are at the heart of the Sophia tradition, and how they can be applied to enrich spiritual knowledge and practice.

Lee writes from a masculine perspective that honors and celebrates feminine insights, relations, and shared attitudes toward the sacred. The mysteries he shares are grouped in two sections: the lesser mysteries of body, mind, and soul and the greater mysteries of salvation, sacred union, the world soul, and reincarnation. The lesser mysteries encourage greater personal awareness through the healing of old wounds and empowerment through responsibility. Lee explores sacred sexuality and Incarnation as a praxis that emphasizes the celebration of the body as temple. Through the greater mysteries readers learn how to develop transpersonal awareness, raise consciousness, and open to gnosis through encounters with spiritual entities and dreams. Lee then describes the masculine principle of logos and how to integrate it with feminine eros through alchemical union—*Hieros Gamos*—to achieve wholeness and mystical insight.

Feminine wisdom is a process, not a content—a way and not a destination. *Divine Feminine Gnosis* offers readers on any spiritual path an approach to living that is aimed toward heart-centered wisdom and an embodied experience of the transcendent.



Lee Irwin is an emeritus professor of religious studies at the College of Charleston where he taught world religions with an emphasis on Native American traditions, Western esotericism, Hermeticism, and transpersonal religious experience as related to dreams and visions. He is a founding member of the Association for the Study of Esotericism and

member of the Sufi Inayati Order, the Ancient Mystical Order of Rosicrucians, the Sophia Institute, and co-founder of Hieros: Honoring Sacred Space.

# The Rosicrucian Counterculture

The Origins and Influence of the Invisible Society RONNIE PONTIAC

A cultural exploration of the esoteric movement and its historical impact and legacy

- Examines the Rosicrucian involvement of figures like Rene Descartes, Robert Fludd, John Dee, Elias Ashmole, and the alchemist pirate Prince Rupert of the Rhine
- Traces the saga of Rudolf II, Holy Roman Emperor, and his countercultural successors Frederick and Elizabeth, who triggered the Thirty Years' War
- Shows how Rosicrucianism inspired the English Revolution and explores the Rosicrucianism of John Winthrop the Younger, Connecticut's founder

Since the appearance of Rosicrucian manuscripts in 17th-century Germany, historians have questioned the authorship, intent, and significance of this esoteric movement.

Rosicrucianism was an underground movement whose influence in the early-modern period continues to the present. Ronnie Pontiac traces their origin, looking at the esoteric culture around Holy Roman Emperor Rudolf II and his court, including figures like John Dee, Tycho Brahe, and Rabbi Loew, the legendary creator of the Golem of Prague. Despite occultists' fascination with Rudolf's successors, Frederick and Elizabeth, at the start of the Thirty Years' War—and Rosicrucian efforts to make Frederick the first Protestant Holy Roman Emperor the esoteric renaissance in Bohemia was short-lived. However, this wasn't the end of Rosicrucianism as its influence spread far beyond the Holy Roman Empire. Pontiac explores the movement's impact on Oliver Cromwell and the English Revolution, as well as individuals such as Robert Fludd, Rene Descartes, Elias Ashmole, Moritz the Learned, Paracelsus, and William Shakespeare. He then details the movement's arrival in the New World, including the Rosicrucianism of Connecticut's alchemist governor, John Winthrop the Younger, and what Cotton Mather thought of it. Looking to the present, Pontiac shows how both pop culture and the modern psychedelic counterculture are informed by Rosicrucian ideas.

This book provides important historical context for the origin, development, and spread of the Rosicrucian movement and modern Western occultism in general, showing how the invisible soci-

ety's countercultural ideals remain alive today.

**Ronnie Pontiac** worked as Manly P. Hall's research assistant for seven years. A producer of award-winning documentaries, he is the author of *American Metaphysical Religion* and coauthor of *The Magic of the Orphic Hymns*.

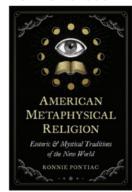
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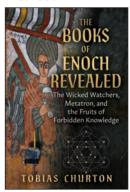
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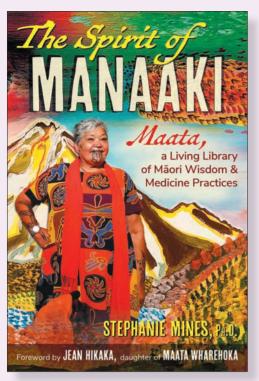
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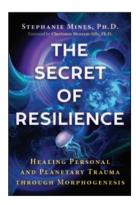


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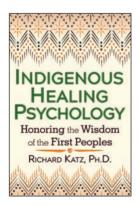
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# The Spirit of Manaaki

*Maata*, a Living Library of Māori Wisdom and Medicine Practices

STEPHANIE MINES, Ph.D.

Foreword by Jean Hikaka, daughter of Maata Wharehoka

Māori elder Maata Wharehoka's teachings on birth, death, climate, and healing

- Reveals how Maata integrated her own experiences of trauma and colonialism with traditional Māori wisdom to develop modern teachings
- Shares Māori practices around birth, death, and healing, and Maata's ritual of Kahu Whakatere to embrace bereavement, transition, and loss
- Tells the story of Parihaka, the birthplace of nonviolent protest, and how its teachings speak to humanity today

Entering the Māori worldview is like stepping into a verdant landscape where humans and plants, animals, the land, rain, and mountains are united. This may sound like a step into a distant past, but it is the model of living that matriarch Maata Wharehoka has been sustaining her entire life in Aotearoa, New Zealand.

The Māori word *manaaki* means to protect, to show respect, and to take care. This is the essence of Maata Wharehoka's wisdom. Transmitting Maata's wisdom to the world, Stephanie explores Maata's pioneering efforts in healthcare, parenting, and social justice as well as her interpretations of traditional Māori teachings. The author reveals how Maata used her experiences of trauma and colonialism, along with generational Indigenous wisdom, to develop teachings for our times. Readers will learn Maata's Māori practices around healing, death and dying, and relationship to elders as well as her views on the sanctity of birthing, parenting, kuiatanga (the way of the kuia, or women elders), inclusive healthcare, and the Earth. The author looks at Maata's practice of Kahu Whakatere, a ritual to embrace bereavement, transition, and loss that reveals how death can be a peacemaker and unifier. Stephanie explores the Māori view of the climate crisis and how to address it with nature-informed consciousness.

With reflective exercises that share the hard-won wisdom of an elder, this book allows Maata's spirit of *manaaki*—protection, respect, and care—to reach beyond Aotearoa to the world.



**Stephanie Mines, Ph.D.,** earned her doctorate in neuropsychology at the Union Institute. She is the author of six books, including *The Secret of Resilience*, that reflect over three decades of research as a neuroscientist, embryologist, and climate activist. She is the founder of The TARA Approach, a nonprofit dedicated to providing sustainable health options to individuals and com-

munities, and the founder of Climate Change and Consciousness, a global network to accelerate regenerative responses to the climate crisis.

# Invoking the Wild Soul of Music

HÉLÈNE GRIMAUD with STÉPHANE BARSACQ

Profound insights on the connections between music, nature, and spirituality

- Shares lessons on music and life purpose the author has received from nature since childhood, including through her work in wolf conservation
- Shows how connecting with nature can help you discover your true calling, release your hidden talents, and lead to spiritual growth
- Explores how music and the harmonies of nature offer powerful means for fostering communication between souls

Internationally acclaimed piano virtuoso and founder of the Wolf Conservation Center, Hélène Grimaud shares her musical life's journey and inspiring insights on the connections between music, nature, and spirituality.

This book shares lessons Hélène has learned about music and her life purpose from having direct contact with nature since childhood. She shares her concept of parent prodigies, such as her own, who can recognize the innate power and talents in their children and help guide them to self-realization, often by facilitating encounters with nature. Hélène shows that connecting with nature spirits can help reveal your true calling. Self-knowledge and the understanding of any vocation is a vehicle for profound spiritual growth. She reveals this through her work protecting wolves, what it teaches her about being human, and how it connects her to our hunter-gatherer ancestors. Hélène also explores how people create art to communicate the full spectrum of emotions. From Lie Yukou's *True Classic of Perfect Emptiness* and the compositions of Hildegard von Bingen, to the poetry of Novalis and Rimbaud, she details classics of spirituality, works of rebel poets, and the wisdom of shamans that serve as guides on her journey. These works and teachings reveal the connections between music and nature, including how music and the harmonies of nature offer powerful means for fostering the communication of souls.

*Invoking the Wild Soul of Music* reveals paths to rebirth, spiritual growth, and the re-enchantment of life. This memoir shows how to honor the call of the wild even in the heart of civilized modernity.



Hélène Grimaud is an internationally acclaimed virtuoso pianist with more than a million records sold. A human rights activist and wildlife conservationist, she is the founder of the Wolf Conservation Center in New York State and works with wild horses in California. The author of several books in French, she lives in Salem, New York.

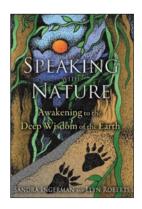
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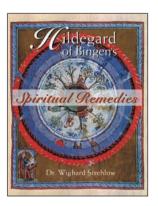
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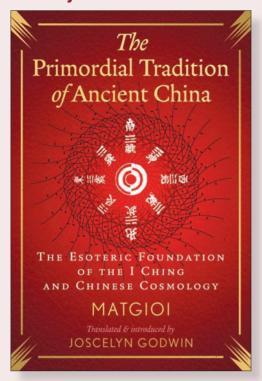
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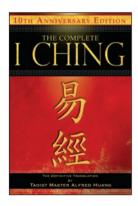


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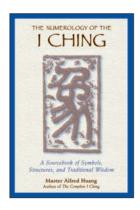


#### **INNER TRADITIONS**

#### Of Related Interest



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# The Primordial Tradition of Ancient China

The Esoteric Foundation of the I Ching and Chinese Cosmology

MATGIOI

Translated and introduced by Joscelyn Godwin

The first English translation of Taoist occultist Matgioi's seminal work

- Shares a deep understanding of the I Ching's cosmological foundation
- Offers the meanings of the straight and broken lines of the 64 hexagrams
- Explains how the symbol of the yin-yang represents the individual's destiny, including his emanation from, and reintegration into, Perfection

First published in French in 1905, and now translated into English for the first time, Matgioi's book became the metaphysical core of the Traditionalist movement established by French occultist René Guénon, Julius Evola, and Ananda Coomaraswamy.

Translator Joscelyn Godwin tells how Matgioi was initiated into a Taoist secret society and was given rare access to the perennial wisdom of that tradition. His work reveals the great antiquity of Emperor Fohi, who set down the cosmogonic principles upon which the I Ching is based, and lived more than 2,000 years before Moses. Matgioi regarded Fohi as representing a school of sages unbound to any century since their wisdom is as old as humanity itself. The I Ching crystallizes a first and truest insight into the nature of reality from which the ancients derived a practical philosophy. Chinese traditionalists regard the I Ching as the first monument of consciousness and Matgioi explores it and equally important treatises by Fohi's successors. Learn the divine nature of Chinese script, the relationship of logos and symbol, and the multiple shapes of the universe. Matgioi also explains how the yin-yang symbolizes one's destiny, including his emanation from, and reintegration into, Perfection.

This key work echoes Emperor Fohi's belief that the solutions to all questions can be found by bringing them back to their sources.



Eugène Albert Puyou, comte de Pouvourville (August 7, 1861–December 30, 1939), known later by his Taoist name, Matgioi, was a French orientalist, warrior, novelist, and translator. He spent many years in Asia, studied with a Taoist master, and was initiated into a Taoist secret society. Joscelyn Godwin was a professor of music at Colgate University and is

the author, editor, and translator of many books including *Cosmic Music*, *The Golden Thread*, and *Atlantis and the Cycles of Time*. Known for his translations of Fabre d'Olivet and Julius Evola, he lives in Hamilton, New York.

# Quantum Aikido

The Power of Harmony

RICHARD MOON

How modern physics confirms the energetic power Aikido

- Draws on quantum mechanics and physics, like wave-particle duality and the unified field theory, to define the energetics of Aikido
- Explores concepts of Aikido such as *musubi* (to tie together), connection, and reconciliation to re-link the individual with the universal
- Provides lessons for everyday life to enhance personal and professional relationships and diffuse threatening situations

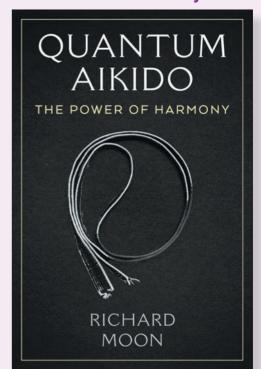
Aikido is a martial art that offers a philosophy of harmonizing energy. The techniques of Aikido focus on aligning oneself with the world in total harmony and this begins by winning over the discord in our own minds.

Richard applies the insights of quantum mechanics to explore key concepts of Aikido such as musubi (to tie together), connection, unification, and reconciliation to re-link the individual with the universal. As quantum physics and Aikido reveal, the dualism of two conflicting opposites is an illusion. It is the unified field of the two that creates life and from which reality emanates. The essential teaching of Quantum Aikido is to live as an expression of the single source of yin and yang rather than in polarity, or bouncing between the two. Embodying this teaching transforms one's experience of life from being a struggle to a dance. These lessons can be applied in everyday life to enhance personal and professional relationships and diffuse threatening situations. The author's creative, flow-oriented approach shows how to negotiate challenges by absorbing and using the energy of any given situation to create innovative solutions. This state of being exercises whole-brain thinking and self-reflexivity to help readers develop the measured temperament of a warrior. Readers will learn how to tap energetic sources so that each moment is an opportunity to resolve problems with spontaneous creativity.

Learn to become spontaneous and free with the energetics of *Quantum Aikido*. By offering ways to unify our being and live in acceptance and harmony, this book opens doorways to transformation and positive change.



Richard Moon is an innovative Aikido instructor, holding the rank of 6th-degree black belt with Hombu Dojo, Aikido World Headquarters. Since 1971, he has studied under Robert Nadeau Sensei. A skilled mediator and personal coach, Moon has worked in international peace-building and has taught strategy, leadership, and team development to leaders of major corporations.

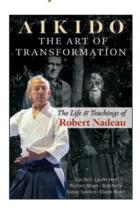


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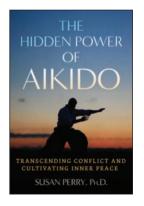


#### Also by Richard Moon Of

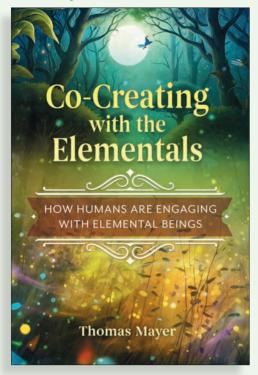


Aikido: The Art of Transformation Teja Bell, Laurin Herr, Richard Moon, Bob Noha, Susan Spence, and Elaine Yoder Park Street Press ISBN 979-8-88850-071-2 \$29.99 (CAN \$37.50) pb November 2024 release

#### Of Related Interest



The Hidden Power of Aikido Susan Perry, Ph.D. Park Street Press ISBN 978-1-64411-897-9 \$22.99 (CAN \$28.99) pb April 2024 release

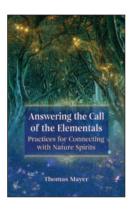


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#### **FINDHORN PRESS**

#### Also by Thomas Mayer



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# Co-Creating with the Elementals

How Humans Are Engaging with Elemental Beings THOMAS MAYER

13 practical accounts of magical collaboration in nature, healing, and science

- Shares how people from different walks of life are calling upon and co-creating with the elemental realms to achieve goals and gain unexpected insights
- Includes 13 interviews with natural scientists, landscapers, doctors, and a management consultant about their experiences working with the elementals
- Reveals different perspectives and methods of communicating with elemental beings to deepen our understanding of the elemental world

Elemental beings inhabit a different dimensional plane that is invisible to humans yet is always around us. These beings can help us in our daily lives if we know how to ask them. In fact, they want to help us.

Thomas investigates our relationship with the elementals and interviews people who consciously cooperate with them to produce tangible results. He speaks with natural scientists, landscape gardeners, doctors and naturopaths, geomancers, and a management consultant about their daily engagement with elemental beings. In these 13 interviews, readers will learn about how these individuals developed their relationships with elementals, the insights they've gained, and the outcomes of their collaborations. Whether it is the baker who works with his baker master on the etheric level daily to produce the best bread, or the medical doctor who engages body elementals to offer better healing options to her patients, the interviewees all testify to deepening connections and positive results. Each interview offers different perspectives and methods for communication to help broaden our understanding of the elemental world. These interviews offer creative ideas and tips on how to develop relationships with the elementals and show us that communicating with invisible realms is full of unlimited potential.

These amazing stories of working with elemental beings reveal their presence and profound influence in the world.



Thomas Mayer teaches meditation based on the work of Rudolf Steiner. He is a civil rights activist and author of several books on elemental beings in German. The cofounder of the organization More Democracy, he has organized many referendums in Germany and Switzerland. He teaches throughout Europe and lives near Basel, Switzerland.

# **Moss Medicine**

#### Indigenous Wisdom and Modern Pharmacology

ROBERT DALE ROGERS

Foreword by Seán Pádraig O'Donoghue

#### A comprehensive illustrated guide to bryophytes

- Explores more than 600 species of the bryophyte family of plants—mosses, liverworts, and hornworts—in text and full-color photos
- Shows the ways that indigenous peoples around the world have traditionally used mosses and other bryophytes for food preservation, clothing, and medicine
- Details scientific research on the potency of bryophyte compounds and terpenoids as well as their antiviral, antimicrobial, antifungal, and anti-cancer properties

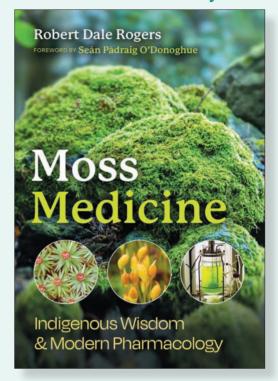
Bryophytes, the family of plants that includes mosses, liverworts, and hornworts have no vascular tissue and no roots. They survive—and thrive—by extracting moisture and nutrients directly from the air. Found on all continents in a wide range of climates, these plants are some of the oldest on our planet. As Robert Dale Rogers reveals, they are also among the most beneficial due to unique healing benefits recently recognized by science, including antiviral, antimicrobial, antifungal, and anti-cancer properties.

This full-color illustrated encyclopedia explores more than 600 species of bryophytes through the lens of ethnobotany, folk-lore, chemistry, pharmacology, and their healing applications in homeopathy and aromatherapy. Indigenous people all over the world have used bryophytes for millennia for food preservation, waterproofing, insulation, and medicine. The author compares the three types of bryophytes with scientific research on the medicinal effects of their chemical compounds and terpenoids. Bryophytes can be used in herbal preparations, homeopathic remedies, and essential oils for common ailments. Learn the environmental benefits of mosses, including how they sequester carbon and can phyto-remediate our increasingly polluted planet.

This book showcases the benefits and beauty of bryophytes while revealing how these ancient plants have supported humanity for eons, and continue to do so.



Robert Dale Rogers is an herbalist with more than 50 years of experience in clinical practice and the classroom. He is the author of more than 60 books and is a member of the editorial board of the *International Journal of Medicinal Mushrooms*. A former clinical professor in family medicine at the University of Alberta, he lives in Edmonton, Alberta, Canada.



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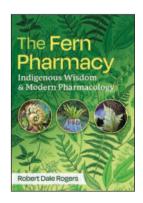
#### **HEALING ARTS PRESS**



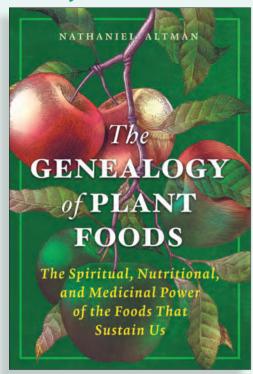
#### Also by Robert Dale Rogers



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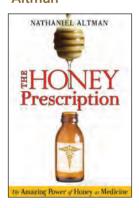


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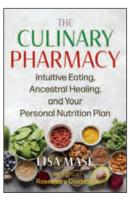
#### **HEALING ARTS PRESS**

# Also by Nathaniel Altman



The Honey Prescription Nathaniel Altman Healing Arts Press ISBN 978-1-59477-346-4 \$16.95 (CAN \$19.95) pb 12,000 copies sold

# Of Related Interest



The Culinary Pharmacy Lisa Masé Healing Arts Press ISBN 978-1-64411-864-1 \$24.99 (CAN \$31.50) pb

# The Genealogy of Plant Foods

The Spiritual, Nutritional, and Medicinal Power of the Foods That Sustain Us

NATHANIEL ALTMAN

Reveals the origins, uses, and medicinal properties of over 100 plant foods

- Offers entries of 106 plant foods, including their origins, histories, and religious significance as well as culinary and medicinal uses
- Covers an extensive range of fruits, vegetables, grains, pulses, nuts and seeds, herbs and spices as well as "specialty" foods like chocolate, pasta, sugar, coffee, and tea
- Provides nutritional and healing properties, based on the latest scientific findings on nutriceuticals and phytochemicals, to present each food as a medicine

The last major study of plant foods, *Origin of Cultivated Plants*, was first published in 1885. Since then scientists, historians, and anthropologists have learned so much more. *The Genealogy of Plant Foods* fills the knowledge gap for readers today who seek to learn about the plant foods we depend upon.

This book covers an extensive range of fruits, vegetables, grains, pulses, nuts and seeds, herbs, and spices. It also explores "specialty" foods like chocolate, pasta, sugar, coffee, and tea. Readers will learn the genealogical story of these plant foods, along with the ways our ancestors prepared, ate, and used them as medicine. Learn how the avocado, yam, and lentil migrated from their places of origin to where they can be found today, as well as their mythological powers, spiritual significance, and the ancient and modern festivals held in their honor. The author discusses their nutritional and healing properties, based on the latest scientific findings on nutriceuticals and phytochemicals, to present each food as a medicine. Readers will learn the effects each food has on preventing chronic health conditions and how they can use the medicinal properties of food for their own personal wellness.

Drawing on extensive research from peer-reviewed medical and scientific journals, this book offers accounts of the genealogy, histories, and nutritional and medicinal properties of 106 plant foods that physically and spiritually sustain us.



Nathaniel Altman is the author of *The Honey Prescription*, *Healing Springs*, and *The New Oxygen Prescription* as well as many books on diet, alternative healing, metaphysics, and relationships. He has appeared on more than 150 podcasts, radio, and television programs, and his articles have appeared in major venues. He lives in Brooklyn.

# The Cunning Farmer

Agrarian Magical Practices, Mythology, and Folklore

**TODD ELLIOTT** 

Foreword by John Michael Greer

A guide to restoring the ancient relationship between farming and magic

- Explores how to reconnect with nature and use practical, nature-based magic for gardening and farming, fertility, and abundance
- Examines Moon work, plant magic, forest deities, Earth energies, weather magic, the cosmology of ritual, and how to work with land spirits
- Discusses folk magic traditions of North America and Western Europe, including the grimoire tradition, Western esotericism, alchemy, Kabbalah, and shamanism as well as Taoist principles and Reiki

Magic and farming, in the minds of ancient people, were not separate realms of life, but both were woven inextricably into the way people lived. Through libations, prayers, hymns, dances, sacrifices, and rituals, ancient farmers connected to the sacred forces, the gods, nature spirits, and ancestors to make the crops grow, keep the herds healthy, the weather favorable, and release energies of fertility. These rural farmer priests and priestesses of the ancient past are the spiritual ancestors of today's cunning farmers.

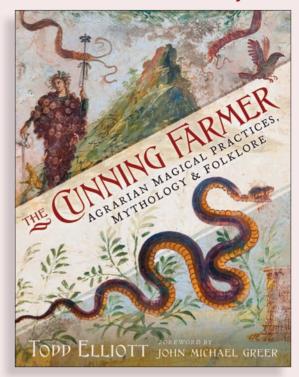
This book explores folk magic traditions of North America and Western Europe, including the grimoire tradition and the practices of witches and cunning folk for increased fertility. Todd draws on Western esotericism, Taoist principles, alchemy, Kabbalah, Reiki, and shamanism to show how to use practical, nature-based magic, just like our ancestors, for more abundant gardening and farming. He shows how to work with land spirits, including meeting the place spirit of your land—the genius loci. He also explores working with Earth and Moon energies, plant magic and forest deities, and ritual. Learn how to deepen your connection to elemental and celestial forces and explore the idea of rewilding the imagination to enhance your relationship with nature and the spirits that call it home.

This book is not just a guide to farming, but to forging a relationship with the living land. It shows that we are surrounded by spiritual powers and, with their help, we can re-enchant and reconnect with the land that gives us life.



**Todd Elliott** is a farmer, earth worker, Reiki master, Druid, and was certified as an Astrological Magician by Renaissance Astrology. A life-long student of mythology, religion, spirituality, folklore, and esoterica, he lives, works, writes, and studies on a small ridgetop farm in north central Kentucky, where he and his family ethically raise vegetables, fruits, and livestock.

#### February 2026

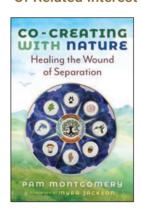


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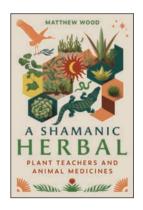
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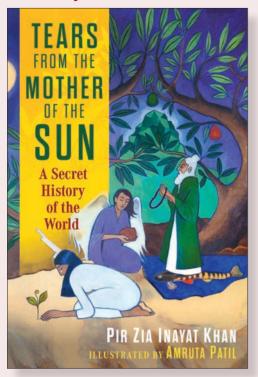
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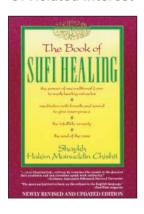


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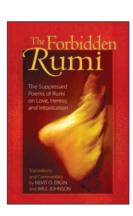


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A Sacred Planet Book

# Tears from the Mother of the Sun

A Secret History of the World

PIR ZIA INAYAT KHAN Illustrated by Amruta Patil

Esoteric legends that track history across multiple continents and planes of existence

- Synthesizes ancient mythologies across time, space, and cultures to resacralize the human experience
- Written as a novella interspersed with metered quatrains in the tradition of medieval Persian *belles-lettres*
- Includes full-color paintings of key figures and motifs, including Sita, Yggdrasil, the Minotaur, Quetzalcoatl, and the Three Marys

In this globe-spanning chronicle, Pir Zia, leader of the Inayatiyya, sets forth an astonishing sequence of legends revealing little-known connections between ancient cultures and spiritual lineages.

Framed as a dialogue between the Iranian epic poet Firdausi and his tutelary daimon, the novella follows the tradition of medieval Persian *belles-lettres* in which prose passages are punctuated with metered verses. The daimon reveals to the hitherto depressed poet the inner history of the world as reflected in the missions of a succession of sages moving through Earth's lands and ages. Readers will learn of the creation of the universe, the war of the angels and the jinns, the exile of Adam and Eve, and the deeds of Melchizedek and Enoch. Explore the rise of the Nephilim, the advent of ancient civilizations, the origins of the Abrahamic faiths, and the history of the Grail and Emerald Tablet. Beautiful paintings by Amruta Patil bring the legends to life.

The cumulative effect of the traditions synthesized here is a resacralization of the human experience across time, space, and cultures, achieved through an unexpected marriage of myth and history.



Pir Zia Inayat Khan, Ph.D., is the leader of the Inayatiyya, a Sufi fellowship rooted in the mystical legacy of his grandfather, Hazrat Inayat Khan. He is the author of Mingled Waters: Sufism and the Mystical Unity of Religions and Immortality: A Traveler's Guide. Amruta Patil is a writer, painter, and author of four graphic novels: Kari, the

Mahabharata-themed *Adi Parva* and *Sauptik*, and the Vedic/ecofeminist *Aranyaka*. In 2017, she received a Nari Shakti award from the 13th President of India.

# Surrealism and Operative Alchemy

The Secret Language at the Origins of the Surrealist Movement

PATRICK LEPETIT

Discover the links between European surrealism and the alchemical tradition

- Draws on rare primary documents to reveal the connections between surrealism, 20th century alchemy, and 19th century occultism
- Explores Éliphas Lévi, Jewish and Christian Kabbalah, and Hermeticism to show how surrealist symbology contained an initiatory dimension or "secret teaching"
- Details collaborations between surrealists André Breton, Bernard Roger, and Salvador Dalí and alchemists René Alleau, Eugène Canseliet, and Fulcanelli

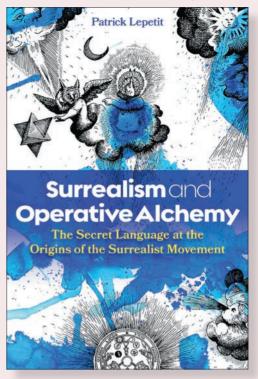
Over the last century the primal strangeness of the surrealists has become world-renowned, but what isn't so well-known is the hidden relationship between surrealism and alchemy. The works of both traditions not only had a decisive influence on each other but created a unique path for alchemy to leave its underground workshops to impact culture.

Patrick Lepetit draws on rare primary documents to reveal the connections between surrealism, 20th century alchemy, and 19th century occultism. Patrick examines the hidden subtleties of surrealism to see the esoteric messages embedded in its vision of the self and cosmos. He explores the writings of Éliphas Lévi, Jewish and Christian Kabbalah, and Hermeticism to show how surrealist symbology contained an initiatory dimension, a "secret teaching" that was integral to its expression. Early alchemists used codes and word games, such as the perfect and divine "language of the birds," to discuss the work in ways that would baffle the uninitiated and evade the suspicions of the church, and this deeply inspired the surrealists. Readers will learn about artists André Breton, Salvador Dalí, Irene Hillel-Erlanger, Bernard Roger, and Jorge Camacho and how they worked with alchemists Fulcanelli, René Alleau, and Eugène Canseliet.

*Surrealism and Operative Alchemy* is a deeply researched study that situates the surrealists in their proper place as members of an age-old tradition of wisdom.



Patrick Lepetit is the author of *The Esoteric Secrets of Surrealism* and has written several books in French on surrealism and esoteric traditions. He is a member of the Grand Orient de France and of the Mélusine Network of scholars interested in surrealism. He lives in Mons en Baroeul, France.



ISBN 979-8-88850-167-2 \$35.00 (CAN \$43.99) Hardcover 360 pages, 6 x 9 Includes 8-page color insert Rights: World English Occult/Surrealism

#### **INNER TRADITIONS**

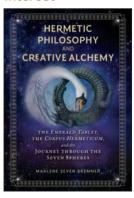


#### Also by Patrick Lepetit

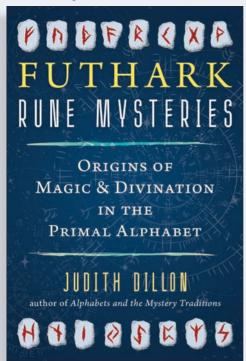


The Esoteric Secrets of Surrealism Patrick Lepetit Inner Traditions ISBN 978-1-62055-175-2 \$29.95 (CAN \$29.95) pb

#### Of Related Interest



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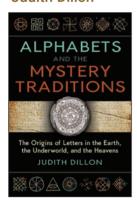


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#### **DESTINY BOOKS**

# Also by Judith Dillon



Alphabets and the Mystery Traditions Judith Dillon Inner Traditions ISBN 978-1-64411-665-4 \$29.99 (CAN \$37.50) pb

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A Sacred Planet Book

# **Futhark Rune Mysteries**

Origins of Magic and Divination in the Primal Alphabet

JUDITH DILLON

Uncovers the ancient Egyptian origin and magical power of the runes

- Reveals the lineage of the runes by tracing their historical journey from Egyptian hieroglyphs through the Semitic Phoenician language to northern Europe
- Draws on stories of the Norse sagas to show the runes' spiritual attributes by looking at the physical characteristics of the objects that represent them
- Illustrates the initiatory nature of the runes and how they, like Egyptian hieroglyphs, reveal mysteries of passage through life, death, and the afterlife

This book reveals the "alphabet secrets" encoded in the ancient Egyptian hieroglyphs and traces their journey to the frozen north, where they came to be known as the runes—twenty-four magical symbols, each with their own unique story and power.

The author illustrates the evolution of the runes and how they became not only an alphabet for communication but a spiritual portal to enlightenment. Drawing on Norse sagas and runic poems, the author reveals the spiritual and divinatory attributes of each rune by looking at the physical characteristics of the objects chosen to represent them. According to the author, "In addition to the gift of an alphabet, each symbol represents a secret taught to a few initiates through trade guilds" that moved over Phoenician trading routes. The meaning of "rune" is *secret*. The author also shows how the magical properties of runes are demonstrated through mythological tales. Just as we see in the Egyptian *Book of the Dead*, or *Spells of Coming Forth by Day*, these secrets were taught to initiates to reveal mysteries of passage through life, death, and the afterlife. More than an alphabet, the runes contain the promise of a return to the light.

As a work of magical scholarship and history, this book provides a multifaceted perspective on the linguistic, magical, and historical nature of the runes and their roots in ancient Egypt.



**Judith Dillon** has a degree in Near Eastern languages and anthropology from the University of California, Berkeley. For more than 40 years her research has focused on the history of alphabets, runes, oghams, Hebrew, and ancient Phoenician as well as its relation to number magic. She is the author of *Alphabets and the Mystery Traditions*.

# Norse-Gaelic Paganism

Viking and Irish Myth and Magic

ANNIE CÚGLAS HUMPHREY, Ph.D.

Discover the roots of Norse and Irish Pagan spirituality

- Explores the syncretism of Gaelic and Norse cultures and the spirituality that flourished while the Vikings were settled in Ireland
- Examines the roots of Norse and Irish heathenism, including ancestor veneration and a relationship with household and nature spirits
- Reveals the Gaelic involvement in Iceland's settlement, including Irish incantations in Icelandic grimoires and Norse-Gaelic ghosts that appear in Icelandic literature

Dyflin, now modern Dublin, was founded by the Vikings in the 9th century. Through archaeological and historical research, the author explores connections between Celtic/Gaelic and Norse spiritualties of the time and, by reconstructing local customs and beliefs, reveals how this cultural relationship still informs Paganism today.

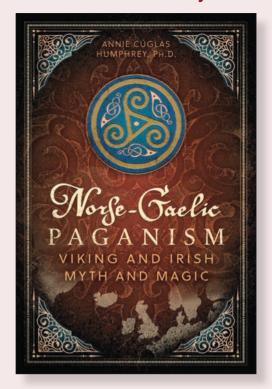
Scholar and Pagan practitioner, Annie Humphrey, shows that Norse and Irish heathen beliefs were uncorrupted by Roman influence and ultimately syncretized to form a set of deeply spiritual practices. This unique set of practices cannot truly be considered a religion. Rather, it was a very flexible and highly regional worldview that involved veneration of ancestors and the dead and enjoyed a transactional relationship with household and nature spirits. This book follows the spread of this unique Paganism through Northern Europe and the North Atlantic, identifying Norse settlements in areas that popular history has misidentified as purely Gaelic or Anglo-Saxon. Annie reveals Gaelic influence in the settling of Iceland and shows its presence in magical and spiritual practices of the time. The author also looks at Irish incantations from Icelandic grimoires and shows how Norse influences reshaped Irish writing. Exploring Manx folklore and magical traditions of the Isle of Man, and remote areas like the Orkneys, this book reveals the presence of this Pagan synthesis in modern folkways and practices that have gone largely unnoticed by mainstream scholarship.

Combining expert scholarly discipline with personal gnosis, *Norse-Gaelic Paganism* brings ancient traditions and wisdom to the contemporary practitioner.



Annie Cúglas Humphrey, Ph.D., teaches history at Kean University and Ocean County College, and wrote a dissertation on the depiction of the Norse in Ireland found in Medieval Irish dynastic narratives. Annie is the goði of the Kindred of Mann, a Norse-Gaelic fellowship founded in 2009, and is on the executive board of the Northeast Thing. Annie lives in

New Jersey with their husband and two children.

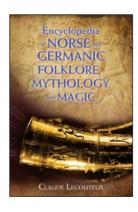


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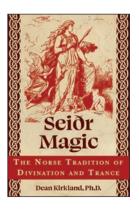
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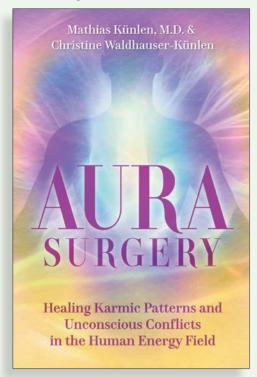
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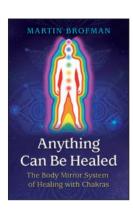


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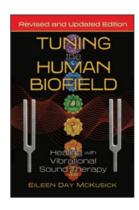


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# **Aura Surgery**

Healing Karmic Patterns and Unconscious Conflicts in the Human Energy Field

MATHIAS KÜNLEN, M.D., and CHRISTINE WALDHAUSER-KÜNLEN

A medical doctor's synthesis of holistic healing with the morphogenetic field

- Explains how the morphogenetic field records disruptive information from past lives including old oaths and guilt
- Shows how ancestral karmic patterns and conflicts are inherited and affect one's energy field and physical body
- Presents 30 case studies to show how aura surgery can be used to treat panic attacks, diabetes, bronchial carcinoma, and hair loss

Our energy fields record disruptive information that we've unconsciously inherited from past lives and ancestors and which gets stored as blockages. Whether we repeat the same mistakes or deal with chronic health conditions, it can seem like we are fated to suffer in specific ways. Aura surgery can remove these mental and energetic blockages and help us heal and realize our potential.

The authors explain how our energy systems inherit disruptive information due to past oaths and vows or guilt and shame related to the past. By working on the subtle energy bodies, aura surgery addresses underlying karmic and ancestral patterns including the unconscious thoughts and beliefs that impact our energetic field and manifest physically. A physically non-invasive methodology, aura surgery is performed on the etheric level by working on an illustration or model of one's body or afflicted organ. This method focuses on resonance patterns that are detectable through kinesiology and non-linear systems so it can also treat afflictions that do not appear in physical scans. Presenting 30 case studies, Dr. Künlen explains how he uses aura surgery for conditions such as panic attacks, diabetes, bronchial carcinoma, and hair loss.

This book shows that, as we integrate the human energy field into our medical interventions, medicine in the 21st century can offer more sustainable healing systems to live happier lives.



Mathias Künlen, M.D., is a doctor of neurology and founder of the institute for aura surgery (IFA Institut für Aurachirurgie) in Liechtenstein. He is also the founder of Softmark AG Grünwald, which develops software in cognitive computing and

bio-programming. He practices near Munich, Germany. **Christine Waldhauser-Künlen** is a journalist with a background in political science. She has been researching nutrition and holistic medicine for more than 30 years.

# The Higher Frequency Oracle

A 44-Card Deck and Guidebook

FRANZISKA SIRAGUSA Illustrated by Tanielle Pink

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- Offers affirmations, visualizations, and prayers to help you maintain a higher frequency and expanded consciousness

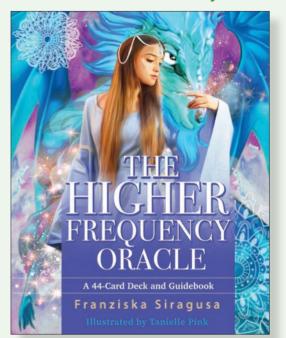
The Divine Source sends messages through spiritual helpers to raise our consciousness so that we can become more loving beings. Working with this deck will allow you to connect with your celestial support and open up to receive their guidance.

Our spiritual helpers include higher beings such as angels, ascended masters, gods, goddesses, unicorns, and dragons. Their main objective is to help you step into your power, move onto a higher path, and raise your vibration as we enter a new Golden Age. This beautifully designed deck carries a high-frequency vibration, in tune with the new energies coming to our planet. Each card helps you reprogram your mind, expand your consciousness, and bring your thoughts and emotions into perfect alignment with the Divine. By means of a light working ritual, Franziska asked the higher beings to bless and imbue these cards with their divine light and love. Each card will deepen your intuition and connect you with the spiritual energy of Source so that you'll be able to approach life's challenges with adaptability, confidence, and a light heart. The guidebook provides affirmations, visualizations, and prayers for every card in order to integrate their wisdom and teachings into your daily life.

Our spiritual helpers reveal the heart as the source from which we create positive change. Raising your frequency will uplift not only yourself but everyone around you.



Franziska Siragusa is an international ascension leader and principal teacher of the Diana Cooper School of White Light. She teaches online and travels worldwide to conduct workshops and certified teacher trainings. The author of *Feng Shui with Archangels, Unicorns, and Dragons*, Franziska lives in Italy.



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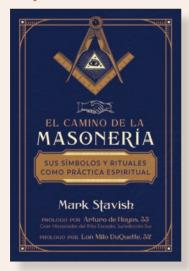
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STEFAN LIMMER

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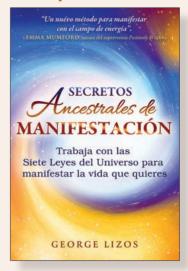
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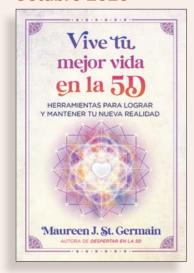


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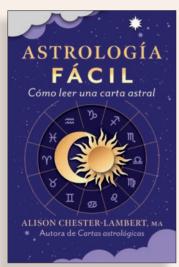


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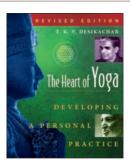
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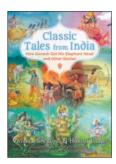
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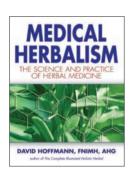
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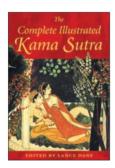
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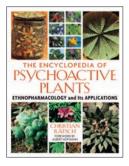
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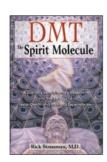
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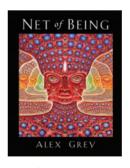
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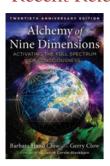


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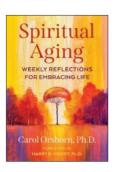
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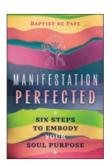
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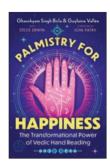
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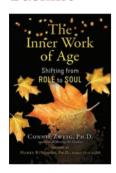
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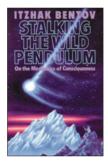
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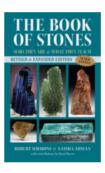
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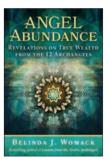
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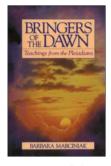
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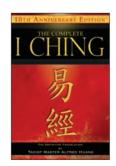
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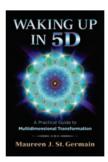
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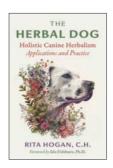
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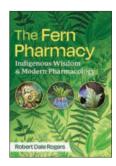


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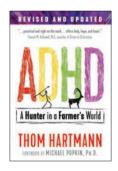
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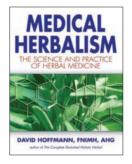
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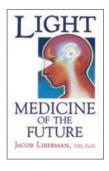
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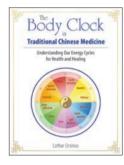
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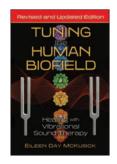
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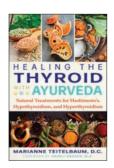
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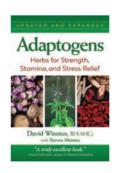
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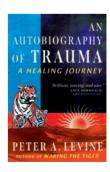
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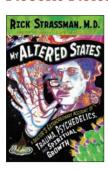


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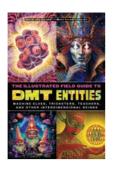
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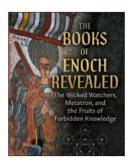
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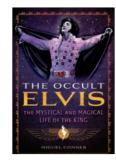
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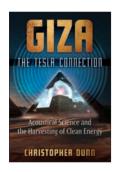
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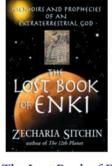
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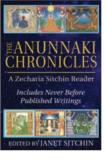
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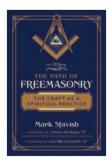
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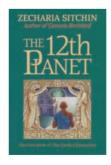
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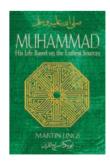
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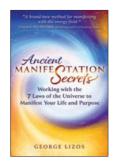
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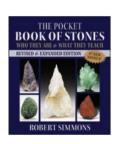
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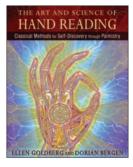
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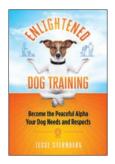
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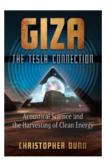
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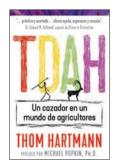
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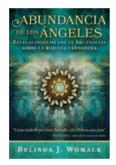
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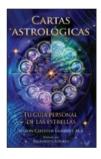
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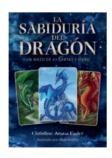
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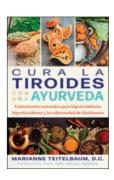
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