FALL '25









Notice of Distribution Relocation

Dear Valued Customers and Partners,

We're excited to share an important milestone for Heritage Group Distribution: **effective June 16, 2025**, **we will be relocating our warehousing and distribution operations from Surrey, British Columbia, to Guelph, Ontario**. This transition reflects our commitment to continuous improvement and to strengthening our service across Canada.

This strategic relocation — including titles currently distributed through UTP — is made possible through our new partnership with Fraser Direct Distribution. It will significantly enhance our logistics and strengthen service across Canada, delivering clear benefits to retailers and our core publishing partners: Heritage House Publishing, Rocky Mountain Books, and TouchWood Editions.

Fulfillment & Distribution (Guelph, ON) Heritage Group Distribution c/o Fraser Direct Distribution 65 Quarterman Road, Unit 1 Guelph, ON N1C 0A8	Returns (Acton, ON) Heritage Group Distribution c/o Fraser Direct Distribution 124 Guelph Street Acton, ON L7J 0A9	Orders, Accounting & Inquiries (Surrey, BC) Heritage Group Distribution T: 800-665-3302 / 604-881-7067 F: 800-566-3336 / 604-881-7068 E: orders@hgdistribution.com
•		EDI SAN #: S1158287

Returns Information

- Until June 1, 2025: Returns will continue to be accepted at our Surrey, BC, warehouse.
- After June 1, 2025: <u>Returns must be directed to our Acton, ON, returns centre.</u>

What's Not Changing

Our Accounting, Customer Service, and Sales teams remain fully operational — there are no changes to your contacts or existing terms. Ordering processes at HGD, including Bookmanager, EDI, and online ordering, will continue as usual. Greystone Books will remain primarily available through UTP, with HGD continuing to support select and non-traditional accounts.

Thank you for your continued trust and support as we embark on this exciting new chapter.

Sincerely,

Patrick Helme

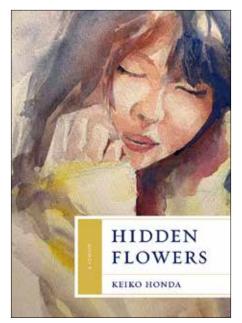
President, Heritage Group Distribution patrick@hgdistribution.com

Contents

Heritage House 02

Rocky Mountain Books 12

TouchWood Editions 18



Memoir / Women September 2025 * \$29.95 9781772035605 * paperback with flaps 5" x 7", 288 pages, colour illustrations Author's home: Vancouver, BC Heritage House Publishing

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- · Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- · Social media campaigns, blogger outreach, digital collateral for online use
- · Publicity and promotion in conjunction with author's speaking engagements
- · Outreach to subject-specific organizations, markets and festivals
- Electronic ARCs
- · Excerpts available

OF RELATED INTEREST

Hidden Flowers

A Memoir

Keiko Honda

An illuminating memoir of one woman's journey through motherhood, loss, disability, and the power of artistic self-expression exemplified by the Japanese concept of "Hidden Flowers," which emphasizes the beauty of unexpected moments.

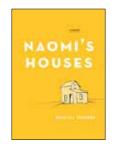
Single mother. Japanese-Canadian. Empty-nester. Immigrant. Artist. Scientist. Wheelchair user. Community organizer. Survivor. Many words can accurately describe Keiko Honda, yet no one word or phrase fully encompasses the complex identity and fascinating life of this remarkable woman. Grappling with emptiness, loneliness, and the challenges of aging following her daughter's departure for university, Keiko faces a new phase in her life—a life that has been filled with amazing achievements and debilitating setbacks—through deep introspection and reflection-in-action.

This memoir is an exploration of shifting identity, transition, artistic expression, and community building. It investigates the forces of attachment, belonging, cultural expectations, and the intricate dance between tradition and modernity. It reminds us of the transformative power of art and its ability to bring people together, especially in an era when isolation is epidemic. Illustrated throughout with Keiko's watercolour paintings, ranging from moody landscapes to family and pet portraits to semi-abstract scenes of modern life, Hidden Flowers is an inspiring journey that will bolster the spirits of anyone who is experiencing a difficult transition in life or looking for a creative outlet.

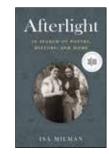
Keiko Honda is a scientist, writer, community organizer, and painter. She holds a PhD in international community health from New York University and had a research career at Columbia University, which was interrupted when she suddenly contracted a rare autoimmune disease that confined her to a wheelchair for life. After moving to Vancouver in 2009, Honda began hosting artist salons, for which she was awarded the City of Vancouver's Remarkable Women Award in 2014. Shortly thereafter, she founded the Vancouver Arts Colloquium Society to bridge generations and cultures through the arts and to offer members of marginalized communities opportunities for artistic self-discovery. She teaches the aesthetics of co-creation in the Liberal Arts and 55+ Program at Simon Fraser University.



300 Mason Jars 9781772035162, \$34.95

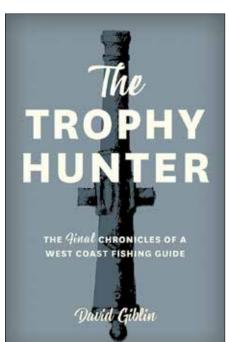


Naomi's Houses 9781772035353, \$26.95



Afterlight 9781772033830, \$24.95





Local Interest (BC) / Maritime August 2025 * \$24.95 9781772035551 * softcover 5.5" x 8.5", 208 pages Author's home: Cobble Hill, BC Cardinal's home: Vancouver, BC Heritage House Publishing

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
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- Electronic ARCs

The Trophy Hunter

The Final Chronicles of a West Coast Fishing Guide

David Giblin Foreword by Kerriann Cardinal

Quirky characters, bizarre dreams, and tall tales abound in this final instalment of interconnected narratives depicting life in a small west-coast fishing village.

David Giblin's stint as a seasonal salmon fishing guide in the 1980s has provided fodder for dozens of stories that combine the quaintness of small-town maritime life with the comedic possibilities of a local tourist industry that caters to the over-privileged and under-educated. In the conclusion to this acclaimed trilogy, Giblin delves deep into the history and geography of Stuart Island and the Salish Sea, drawing surreal connections between past and present. With beloved returning characters including Nelson, Gillie, Vop, and Troutbreath—as well as the addition of a new guide named Lawrence who lends an air of "authenticity" for the benefit of the guides' inept clientele—*The Trophy Hunter* is a hilarious, nostalgic journey that will stick with readers longer than barnacles on the hull of a boat.

David Giblin is a visual artist and writer who worked for fifteen years as a salmon fishing guide on Stuart Island, roughly forty miles east of central Vancouver Island. This experience provided a fertile environment for the incubation of great fishing stories, and eventually led to the publication of *The Codfish Dream* and *Gilly the Ghillie*, the first two books in Giblin's West Coast Fishing Guide trilogy.

Kerriann Cardinal is a film producer, actor, and storyteller of Métis descent. She has worked on numerous movies and TV series, including the feature film and limited series productions of *Bones of Crows*.

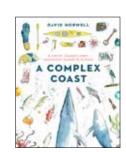


The Codfish Dream 9781772032420, \$19.95



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Gilly the Ghillie 9781772033359, \$19.95



A Complex Coast 9781772034493, \$29.95



TRADING FATE

How a Little-known Company Stopped British Columbia from Becoming an American State



GRAEME MENZIES

History / Exploration & Discovery August 2025 * \$29.95 9781772035483 * softcover 5.5" x 8.5", 288 pages, b&w photographs, illustrations, and maps Author's home: Vancouver, BC Heritage House Publishing

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
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- · Excerpts available

Trading Fate

How a Little-known Company Stopped British Columbia from Becoming an American State

Graeme Menzies

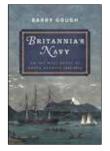
This uniquely west-coast take on Canada's origin story focuses on a longforgotten event that nearly led to British Columbia becoming part of the United States.

Long before a certain American president took to social media to express his desire to make Canada the fifty-first state, the west coast of what is today called British Columbia found itself in the crosshairs of two imperial powers, faced with the very real possibility of being ceded to the United States.

In the summer of 1789, a political and trade dispute and between the Nuu-chah-nulth Nation, imperial Spain, Great Britain, and the USA converged in Nootka Sound, off Vancouver Island. If not for the intervention the King George's Sound Trading Company, Vancouver Island and British Columbia's fate could have turned out very differently, and the concept of a Canada that extended from Atlantic to Pacific would have been finished before it even began.

With clear, engaging prose, author Graeme Menzies lays out the setting, intrigue, and dynamic cast of characters that ultimately determined Canada's geographical fate. Released at a time when imperialism, sovereignty, and national identity are more relevant than ever, this book asks us to ponder the events that shaped a nation and established a relationship between neighbouring countries that has once again become precarious.

Graeme Menzies is a writer, researcher, storyteller, and an international marketing and communications professional, whose experience includes serving as the director of communications for the Vancouver 2010 Olympics. He is the author of the historical biography *Bones: The Life and Adventures of Doctor Archibald Menzies* and co-author (with Dave Doroghy) of several books in the 111 Places series of guidebooks, including *111 Places in Victoria That You Must Not Miss*, *111 Places in Whistler That You Must Not Miss*, and *111 Places in Vancouver That You Must Not Miss*. He is the recipient of the King Charles III Coronation Medal, awarded to those who have made a significant contribution to Canada at home or abroad.



Britannia's Navy on the West Coast of North America, 1812–1914 9781772031096 \$32.95



Arctic Ambitions 9781772030617, \$39.95





Frances Barkley 9781772034417, \$12.95



INHERWORDS

Marie Rose Delorme Smith—Pioneer, Homesteader, Métis Matriarch

DORIS JEANNE MACKINNON AND MARIE ROSE DELORME SMITH FOREWORD BY DONALD MCCARGAR

Biography & Autobiography / Indigenous Studies August 2025 * \$29.95 9781772035209 * softcover 5.5" x 8.5", 288 pages, b&w photographs MacKinnon's home: Red Deer, AB Smith's home: Pincher Creek, AB McCargar's home: Parkland County, AB Heritage House Publishing

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OF RELATED INTEREST

In Her Words

Marie Rose Delorme Smith—Pioneer, Homesteader, Métis Matriarch

Doris Jeanne MacKinnon Marie Rose Delorme Smith Foreword by Donald McCargar

A fascinating look at the inner life and prolific accomplishments of a Métis community leader.

Born into a prominent fur-trading family and remembered as a community builder and rancher, Marie Rose Delorme Smith is seldom recognized as a writer and chronicler of Métis and Prairie history. Fluent in French, English, and likely Michif, Delorme Smith recorded a wealth of written records and stories throughout her long life, in the form of letters, published articles, unpublished manuscripts, and personal documents.

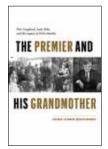
Donated to public archives following her death, these written works garnered some interest among scholars and biographers over the years, as prominent Indigenous women gradually found a place in the histories they had been left out of for generations. Delorme Smith became the subject of biographies and scholarly research, and she was finally recognized as a "National Historic Person" by the Canadian government in 2022. However, the recognition bestowed upon her rarely highlighted her own words, which reveal so much about her life and Métis history.

For the first time, historian and biographer Doris Jeanne MacKinnon presents an extensive array of Delorme Smith's writings, preserved verbatim, and puts them in historical and social context. This fascinating collection of documents from a bygone era reveals the strength, intellect, and leadership of a fascinating Métis martriarch.

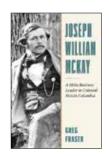
Doris Jeanne MacKinnon was born on a farm in northeastern Alberta and attended school in the historic town of St-Paul-dés-Métis. She holds a PhD in Indigenous and post-Confederation Canadian history. An independent researcher, author, and post-secondary instructor, she lives in Central Alberta. Her publications, including the bestselling *The Premier and His Grandmother* and *Métis Matriarchs: Agents of Transition* (co-edited with Cheryl Troupe), focus on Métis women and Western Canadian topics that expand readers' understanding of our diverse people and experiences. Her books are written in an engaging style that appeals to a broad cross-section of the population.

Marie Rose Delorme Smith (1861–1960) was a Métis woman born during the fur trade era. Married at sixteen to a robe-and-whiskey trader several years her senior, Marie Rose spent most of her adult life in Pincher Creek, Alberta, where she became a homesteader, raised seventeen children, established a boarding house, served as a medicine woman and midwife, and published numerous articles in the periodical, *Canadian Cattlemen*. Her writing, both published and unpublished, sheds light on Métis identity during a period of cultural, political, and economic change. In 2022, she was designated a Person of National Historic Significance by the Government of Canada.

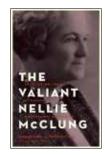
Donald McCargar is a member of the Métis Nation of Alberta and is the great-grandson of Marie Rose Delorme Smith.



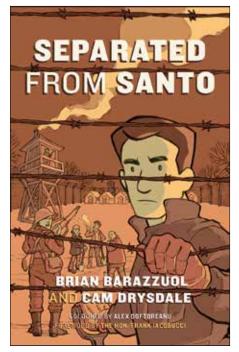
The Premier and His Grandmother 9781772034592, \$32.95



Joseph William McKay 9781772033403, \$22.95



The Valiant Nellie McLung 9781772031461, \$19.95



YA Nonfiction (ages 14+), graphic novel / Military (WWII) September 2025 * \$24.95 9781772035629 * softcover 6.6 " x 10.25", 128 pages, colour illustrations Barazzuol's home: Port Moody, BC Drysdale's home: Coquitlam, BC Doftoreanu's home: Port Coquitlam, BC Iacobucci's home: Toronto,0N Heritage House Publishing

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
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- Outreach to subject-specific organizations, markets and festivals
- Electronic ARCs
- Excerpts available

Separated from Santo

Brian Barazzuol Illustrated by Cam Drysdale Colourist Alex Doftoreanu Foreword by Frank lacobucci

A poignant graphic novel chronicling one Italian-Canadian family's internment experience during the Second World War.

In 1933, Santo and Alice Pasqualini left their native Italy and settled in Vancouver, to create a new life far away from the rise of fascism in Europe. The couple opened a bakery and became naturalized residents of their new country, avoiding politics and concentrating on working hard and building a family.

Unfortunately, their refuge was short-lived, when Santo was arrested for being an "enemy alien" and interned first in Kananaskis, Alberta, and then in Petawawa, Ontario. Italian Canadians, similar to Japanese and German Canadians, were considered a threat to the country and many individuals were imprisoned with no clear release date. Santo lost his bakery, delivery truck, and house. Meanwhile, his wife and children struggled to get by, as he was interned for twenty-four months, with little to no communication between him and his family. Alice suffered a nervous breakdown due to the stress of the situation and was hospitalized, resulting in the two children being sent off to live with two separate families for nearly two years.

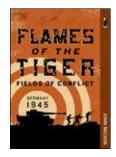
Separated from Santo shows an individual who was mistreated, who persevered, and eventually was reunited with his family. Decades later, apologies from the Canadian government acknowledged the injustice, though the incident reverberated through generations. Written by the great-grandson of Santo and Alice, this poignant and powerful story is a reminder to see the humanity behind every so-called "enemy."

Brian Barazzuol is a new media and digital learning teacher, specializing in digital media curriculum design and implementation. He is the great-grandson of Santo and Alice Pasqualini, who are the focal point of his debut graphic novel, *Separated from Santo*. Both sides of his family have Italian heritage, including members from Friuli and Treviso. Barazzuol lives in Port Moody, BC, with his wife and two children.

Cam Drysdale is an educator and former animater. He had a twenty-five-year career in the cartoon industry, storyboarding and animating locally and overseas on various productions, including *X-Men, Silver Surfer, Inspector Gadget, Spiderman Unlimited, Dennis the Menace, Babar,* and *Teddy Ruxpin.* Currently, he teaches art to secondary school students in Port Coquitlam, BC.

Alex Doftoreanu is a secondary student in Port Coquitlam, BC, who is passionate about art and voice acting. With an artistic eye and fine attention to detail, they hope to continue their artistic passions moving forward, upon their graduation.

Frank lacobucci, CC KC LSM OMRI, is a retired Justice of the Supreme Court of Canada and the first Italian-Canadian, allophone judge to serve on the court. Born in Vancouver, BC, to Italian immigrant parents, lacobucci had a long and distinguished career in private practice academia, and civil service before being appointed to the judiciary. He retired in 2004.



Flames of the Tiger 9781772030396, \$12.95



The Flags of War 9781772030709, \$12.95



And in the Morning 9781772030143, \$12.95



YA Fiction (ages 14+) / Reproductive rights September 2025 * \$16.95 9781772035537 * softcover 5.5 " x 8", 256 pages, Author's home: Winnipeg, MB Heritage House Publishing / Wandering Fox

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking
 engagements
- · Outreach to subject-specific organizations, markets and festivals
- Electronic ARCs

What Friends Are For

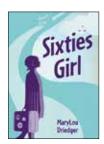
Harriet Zaidman

Set in 1983, at the height of Canada's abortion debate, this powerful, nuanced YA novel follows a young teenager as she grapples with an unplanned pregnancy.

At fifteen, Leesa is preoccupied with friends, crushes, and schoolwork and looking forward to the freedom of earning her own money and learning to drive. Although she doesn't think much about politics, she has marched alongside her mother and friend Jenny, protesting the planned opening of an abortion clinic in her city. In her traditional, close-knit community, abortion feels like a black-and-white issue, with little connection to her real life. But after she is raped at a party, Leesa's life suddenly merges with the headlines of the day. Now she is the one dealing with an unplanned pregnancy, and everything she ever believed is turned upside down. As she struggles to make a decision that could determine her whole future, Leesa comes to realize that she is only one who should have the right to make a choice about her own body. But will opening up to her family and friends mean losing them forever?

Harriet Zaidman is an award-winning writer who applies extensive research to find the voice and detail necessary to animate her novels. She has always been interested in how important historical events impacted people and how we can learn from these experiences. Her middle-grade novel *City on Strike* was set during the turbulent times of the Winnipeg General Strike of 1919. *Second Chances*, written for young adults and recipient of the Geoffrey Bilson Award for Historical Fiction for Young People, tells the story of young people stricken during the polio epidemics of the 1950s. A former teacher-librarian, Harriet lives in Winnipeg.

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Sixties Girl 9781772034356, \$14.95



If You Live Like Me 9781772030525, \$12.95



No Place for Kids 9781772030174, \$9.95



Juvenile Fiction (ages 9-12) / Conservation & Environment September 2025 * \$14.95 9781772035438 * softcover 5" x 7", 224 pages Author's home: Abbotsford, BC

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Heritage House Publishing / Wandering Fox

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OF RELATED INTEREST

A Promise to Protect

Nikki Bergstresser

A young girl finds purpose and healing following the death of her aunt when she joins an effort to save an old-growth forest.

While thirteen-year-old Sidney grieves the loss of her beloved aunt, she discovers that the old-grown forest along her Pacific Northwest coastal town is at risk of being destroyed. Losing Aunt Jess has created a hole in the heart of her family, and Sidney doesn't want to imagine the possibility of also losing the place that meant so much to both of them. Yet, she feels as though her parents ready to give up on the forest without a fight, and the only member of her family that cares as much as Sidney is her youngest brother, Riley. Just when things start to seem hopeless, a class project provides Sidney, her best friend, and an unexpected ally with the chance to bring awareness to the importance of Cedar Grove's old-growth forest. With the help of Elders in the community, the trio relies on stories from the past to bring memories to the present, in hopes of protecting the future. But will it all be enough to save the forest and keep Sidney from losing what matters most?

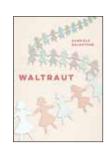
Nikki Bergstresser can often be found hiking the forest trails and mountains of coastal British Columbia. Some of her best story ideas have grown from time spent in nature. Nikki loves travelling adventures, visiting quaint bookstores, building with Lego, and spending time with her husband, two daughters, and their plethora of pets. As an educator, Nikki values the power of storytelling to connect us. She loves visiting classrooms and schools to share her love of reading and writing. As the author of children's picture books *Lila Lou's Little Library* and *Seasons for Stones*, Nikki believes our words can shape our world. *A Promise to Protect* is Nikki's debut middle grade novel.



Queenie Jean Is in Trouble Again 9781772034790, \$14.95



Journal of a Travelling Girl 9781772033175, \$12.95



Waltraut 9781772035087, \$14.95





Children's Picture Book - Nonfiction (ages 4-8) / Biography & Autobiography September 2025 * \$19.95

9781772035452 * hardcover, paper over board 9" x 9", 32 pages, colour illustrations Healey's home: Nanaimo, BC Fraser's home: Victoria, BC Heritage House Publishing

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- Electronic blads
- Excerpts available

Victoria Chung

A Doctor of Change

Haley Healey Illustrated by Kimiko Fraser

The inspiring true story of Victoria Chung (1897–1966), who pursued her dreams against all odds to become the first Chinese-Canadian doctor.

Named for the city in which she was born, Victoria, British Columbia, Victoria Chung was the daughter of Chinese immigrants. Despite racist laws that initially prevented her from attending public school, and sexist attitudes that prevented many women from pursuing careers in the sciences, Victoria had an ambitious dream—to become a doctor and help heal people around the world. Her unrelenting pursuit of education led her to become the first Asian-Canadian to study medicine at the University of Toronto, where she faced further racism and sexism from some students and professors, and eventually became the first woman resident her hospital. But Victoria was not done breaking down barriers. She travelled to China, the birthplace of her parents, and worked to give women and children the same medical care as men. She became the head doctor of her hospital and introduced modern technologies and practices to ensure that her patients received the best care possible. Today, her accomplishments and compassion are remembered years after her death in both Canada and China.

Haley Healey is a high school counsellor, registered clinical counsellor, and the bestselling author of *On Their Own Terms: True Stories of Trailblazing Women of Vancouver Island, Flourishing and Free: More Stories of Trailblazing Women of Vancouver Island, Her Courage Rises: 50 Trailblazing Women of British Columbia and the Yukon*, the Trailblazing Canadians Series, and *Huxley's Island Adventure*. A self-proclaimed trailblazing woman herself, she has taught in isolated fly-in communities, guided whitewater canoe expeditions, and plays the violin. She has an avid interest in wild places and unconventional people.

Kimiko Fraser is an illustrator and historian-in-training. She grew up constantly making—drawing, painting, knitting, sculpting, bookbinding, etc.—and has never learned how to stop. She is the illustrator of *Her Courage Rises: 50 Trailblazing Women of British Columbia and the Yukon*, the Trailblazing Canadians Series, and *Huxley's Island Adventure*. She holds a bachelor of arts (honours History, major Visual Arts) from the University of Victoria. She works with many mediums to create her illustrations, including watercolour, digital, ink, and tea. Most of her work is inspired by her interest in plants, history, and folktales.

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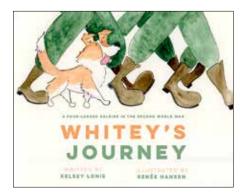
Elizabeth Quocksister 9781772034844, \$19.95



Lilian Bland 9781772034332, \$19.95



Jennie Butchart 9781772034813, \$19.95



Children's Picture Book - Nonfiction (ages 4-8) / Military (WWII) September 2025 * \$24.95 9781772035575 * hardcover, paper over board

10" x 8", 48 pages, colour illustrations Lonie's home: Regina, SK Hansen's home: Oungre, SK Heritage House Publishing

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Whitey's Journey

A Four-legged Soldier in the Second World War

Kelsey Lonie Illustrated by Renée Hansen

The inspiring true story of a loyal collie named Whitey, who befriended a troop of Canadian soldiers and served in the Second World War.

In 1939, a troop of Canadian soldiers was marching through town when a young collie pup named Whitey broke free of his leash and ran over to greet them. This began an unlikely friendship that deepened as the soldiers prepared to leave on a dangerous mission to fight overseas in the Second World War. As the soldiers trained, Whitey became their constant companion, leading their military parades and eventually becoming an official member of the troop—complete with a regimental number, pay, and the title "Trooper Whitey"! More than just a mascot, Whitey brought joy and comfort to the soldiers, who were about to head to war. In turn, Whitey was unfailingly loyal to the men and did everything he could to make them happy and boost their morale. When the time came for the men to head overseas, they could not imagine leaving without their four-legged companion and fellow soldier. Through whimsical illustrations and clear prose, this true story of friendship, loyalty, heroism, and heartbreak reflects the strong bonds between humans and animals and the sacrifices both make in times of war.

Kelsey Lonie was raised on a cattle ranch in Southern Saskatchewan, a setting that shaped her passion for both history and animals. She grew cherishing her grandparents' stories about life and resiliency during the Second World War and has dedicated her career to making this story accessible, engaging, and relevant. Kelsey holds a BEd and an MA in History from the University of Regina and specializes in the contributions of western Canadians at home and overseas during the Second World War. She is an educator, speaker, writer, consultant, the collections manager at a military museum in Regina, and the recipient of the Queen's Platinum Jubilee Medal in recognition of her work with the Royal Regina Rifles in placing a statue in Normandy for the 80th anniversary of D-Day. She lives in Regina with her husband and their dog and cat.

Renée Hansen is an illustrator, born and raised on the prairies of Southern Saskatchewan. Her childhood was filled with artistic influences and imagination, which encouraged her love of creating. Telling stories has been the goal of her artwork since she was very young. Renée lives near Bromhead, Saskatchwan, with her husband and son.



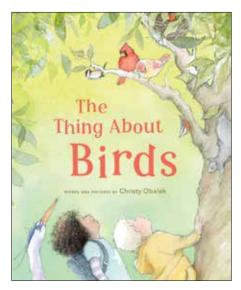
Painted Fences 9781772033519, \$19.95



Muggins 9781772033717, \$22.95



Great Dog Stories 9781926613970, \$9.95



Children's Picture Book - Fiction (ages 4-8) / Birds September 2025 * \$24.95 9781772035506 * hardcover, paper over board 9" x 11", 32 pages, colour illustrations Author's home: Chatham, ON Heritage House Publishing

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
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- · Outreach to subject-specific organizations, markets and festivals
- · Electronic ARCs
- · Electronic blads
- Excerpts available

The Thing About Birds

Christy Obalek

A fun, rhyming romp through nature that seeks to define the one characteristic that makes birds unique.

Best friends Ellie and Ollie are two curious kids on a walk through the natural greenspaces of their neighbourhood. After coming across a mysterious red feather, they wonder about what kind of bird it might have come from, observing that birds come in all shapes, sizes, and colours. This leads to the central quandary of this lyrical story: "If birds are all different, then what's with their name? What makes them all birds? What makes them the same?" As the friends set out to uncover the one key element that makes a bird a bird, they use observational and critical thinking skills to figure it out. Is it the fact that birds have wings? That they build nests? Or perhaps it's their ability to sing? After asking questions and exploring their surroundings, the friends are no closer to the answer they seek—until a eureka moment makes everything clear! This charming journey of discovery will delight young children as they follow Ellie and Ollie's line of reasoning and will encourage them to look closer at the natural world.

Christy Obalek was born in North Vancouver, BC, and has lived in Canada most of her life—except for the ten years she lived in Australia, travelling with her musical vagabond parents. She has worked as an animal attendant, movie extra, makeup artist, vocalist, and coffee pusher. When she's not in her garden studio painting birds or writing poems, she can be found wandering around in the forest. Christy lives with her daughter and their motley crew of rescue birds in Chatham, Ontario, where she volunteers for citizen-science projects like SwiftWatch and the Ontario Breeding Bird Atlas.

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Conservation, Conflict, and the Future of Wetlands

GLYNNIS HOOD

Nature / Conservation & Environment August 2025 * \$20.00 9781771607551 * softcover 4.25" x 7", 152 pages Author's home: Camrose, AB Rocky Mountain Books

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

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The Beaver Manifesto

Conservation, Conflict, and the Future of Wetlands

Glynnis Hood

A compelling book that explores the conflict between beavers and human development, urging us to rethink our approach to environmental management.

In this intriguing little book, Glynnis Hood tells the remarkable story of beavers—nature's architects and a keystone species that has survived ice ages, droughts, the fur trade, and urbanization. Known for creating and maintaining healthy aquatic ecosystems, beavers are beloved by conservationists but often clash with urban and industrial development. This conflict highlights a deep-rooted tension in how we view and manage nature.

Hood examines why the beaver, one of the few species that refuses to conform to human rules, is at odds with our desire to control the environment. Despite their role in enriching biodiversity and supporting ecosystems, beavers are often seen as a "problem." Hood calls for a fundamental shift in how we approach environmental conflicts—especially those involving wildlife like the beaver.

Through engaging research and insightful analysis, *The Beaver Manifesto* challenges readers to rethink our relationship with the environment. Should we keep fighting nature's designs, or is it time to adapt to its needs? With fresh perspectives on conservation and stewardship, this book is essential for anyone interested in environmental science, natural history, and wildlife protection. It offers a powerful exploration of how we can learn from beavers and reshape our approach to living with nature.

Glynnis Hood grew up in the Creston Valley in southeastern British Columbia. She spent her summers in little boats and running barefoot along the shores of Kootenay Lake. Now summers are spent in chest waders and canoes, her winters on snowshoes and skis. For much of her adult life she worked in various protected areas, from Canada's west coast to the mountains of BC and Alberta, to the Subarctic, and finally the southern boreal forest of central Alberta. She has always loved critters with eyelashes, and she completed a PhD in biological sciences at the University of Alberta on wildlife and wetland ecology. She is now a professor of environmental science at the University's Augustana campus. Her closest neighbours are a family of beavers. She is also the author of the children's picture book, *A Cabin Christmas*, as well as *Semi-aquatic Mammals: Ecology and Biology*. Glynnis lives in Camrose, Alberta.

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A Cabin Christmas 9781771605830, \$20.00



Travels Up the Creek 9781771607131, \$25.00



Trout Tracks 9781771603652, \$25.00

Nature / Conservation & Environment August 2025 * \$25.00 9781771607537 * softcover 5" x 7", 352 pages, b&w illustrations Author's home: Lethbridge, AB Rocky Mountain Books

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- Electronic ARCs
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Conservation Confidential

A Biologist Investigates the Clash Between Progress and Nature

Lorne Fitch

A powerful call to rethink how we value natural resources—not as commodities to exploit, but as gifts to protect for future generations.

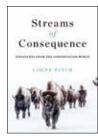
Conservation Confidential is a compelling exploration of the clash between environmental stewardship and human ambition. Drawing on decades as a biologist, Lorne Fitch reflects on the complex dynamics between science, industry, and development. With wit, sharp critique, and heartfelt storytelling, he contrasts the priorities of industries like forestry, mining, and agriculture with the values of conservationists, asking: just because something can be done, should it?

Through personal insights and vivid anecdotes, Fitch examines the moral and ecological consequences of unchecked industrial growth while championing the urgent need for balance and foresight. His essays challenge readers to reconsider what progress truly means in a world where ecological boundaries are rapidly being surpassed.

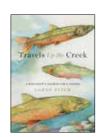
A call to action and a celebration of nature, *Conservation Confidential* inspires change by raising awareness, nurturing empathy, and encouraging responsibility toward imperilled species and ecosystems—reminding us to treasure and protect the places we call home.

Lorne Fitch has been a biologist for over 50 years. He has criss-crossed the province, learned the landscape, investigated fish and wildlife populations, and engaged with ranchers, farmers, industry, and bureaucrats over conservation. His insights are the result of much scar tissue. Lorne is a professional biologist, a retired provincial fish and wildlife scientist, and a former adjunct professor at the University of Calgary. He is also the co-founder of the riparian stewardship initiative called Cows and Fish. For his work on conservation he has been part of three Alberta Emerald awards, an Alberta Order of the Bighorn Award, and a Canadian Environmental Gold Award, with additional recognition from the Wildlife Society, the Society for Range Management, the Alberta Society of Professional Biologists, the Western Association of Fish and Wildlife Agencies, and the Alberta Wilderness Association. His books with RMB include *Streams of Consequence: Dispatches from the Conservation World* and *Travels Up the Creek: A Biologist's Search for a Paddle* Lorne lives in Lethbridge, Alberta.

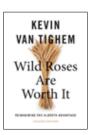
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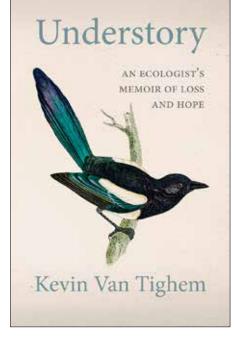
Streams of Consequence 9781771606691, \$25.00



Travels Up the Creek 9781771607131, \$25.00



Wild Roses Are Worth It 9781771607155, \$25.00



Local Interest (AB) / Memoir August 2025 * \$28.00 9781771607452 * softcover 5.5" x 8.5", 320 pages Author's home: High River, AB Rocky Mountain Books

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

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OF RELATED INTEREST

Understory

An Ecologist's Memoir of Loss and Hope

Kevin Van Tighem

A deeply personal and evocative journey into the complexities of nature, grief, and the search for meaning in the autumn of life.

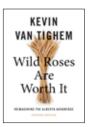
Drawing on a lifetime spent in the wilds of western Canada's national parks and years of conservation work, Van Tighem reflects on a career spent protecting the natural world and the emotional toll of witnessing its decline. Freed from bureaucratic constraints after retirement, he turned to writing, activism, and politics, driven by a sense of duty to the landscapes and species he loves. But alongside his commitment to action came profound grief and the pressing question: how do we find hope amid environmental loss?

Van Tighem's reflections are anchored in the "understory" of his life—the hidden, tangled layers beneath the surface of his experiences. Like the shadowed depths of a forest, these memories and insights are both beautiful and unsettling, revealing the challenges and rewards of engaging fully with the world around us. With unflinching honesty, he examines the joys of connection, the pain of loss, and the enduring value of caring deeply, even when the odds feel insurmountable.

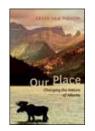
Written with the lyricism of a naturalist and the candour of a seasoned storyteller, Understory invites readers to confront their own relationships with nature and consider how they, too, can find purpose and hope in uncertain times.

For anyone who cherishes the wild, grapples with environmental grief, or seeks inspiration to keep moving forward, this memoir is both a solace and a call to action.

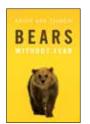
Kevin Van Tighem, a former superintendent of Banff National Park, has written more than 200 articles, stories, and essays on conservation and wildlife that have garnered him many awards, including Western Magazine Awards, Outdoor Writers of Canada book and magazine awards, and the Journey Award for Fiction. He is the author of *Bears Without Fear, The Homeward Wolf, Heart Waters: Sources of the Bow River, Wild Roses are Worth It*, and *Our Place: Changing the Nature of Alberta.* He lives with his wife, Gail, in High River, Alberta.



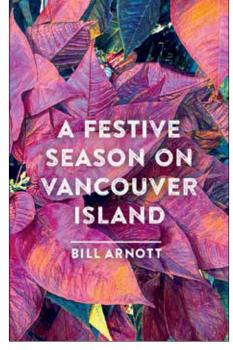
Wild Roses Are Worth It 9781771607155, \$25.00



Our Place: Changing the Nature of Alberta 9781771602037, \$25.00



Bears Without Fear 9781927330319, \$25.00



Local Interest (BC) / Christmas October 2025 * \$25.00 9781771607261 * hardcover, paper over board 4.25" x 6.75", 240 pages, colour illustrations Author's home: Vancouver, BC Rocky Mountain Books

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
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- Publicity and promotion in conjunction with author's speaking
 engagements
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A Festive Season on Vancouver Island

Bill Arnott

The perfect illustrated gift for anyone seeking the magic of the holidays.

In A Festive Season on Vancouver Island, Bill Arnott transports readers to the enchanting holiday season on Vancouver Island, blending personal insights with the stunning landscapes of the region. From snow-capped mountains to lush forests, Arnott captures the island's natural beauty and rich cultural history, offering an immersive experience that highlights the connection between tradition, adventure, and local charm. Whether exploring festive celebrations or the serene beauty of the outdoors, this book showcases Vancouver Island as a unique destination for holiday exploration.

Written with a mix of nostalgia and discovery, Arnott's storytelling celebrates the island's flora, fauna, and vibrant community spirit, making this book an ideal choice for readers looking to embrace the holiday season in a captivating setting. Perfect for holiday gifting or as a personal escape, this beautifully illustrated book is a must-read for anyone seeking a festive, heartwarming journey.

Bill Arnott is the bestselling author of *A Festive Season on Vancouver Island*, *A Season in the Okanagan*, *A Season on Vancouver Island*, and the award-winning *Gone Viking* travelogues. His works also include *A Perfect Day for a Walk* and *A Perfect Day for a Walk by the Water*, both published by Arsenal Pulp Press. For his expeditions, he's received Fellowships at Britain's Royal Geographical Society and the Royal Canadian Geographical Society. He is a Travel Ambassador for *Canadian Geographic* and Adventure Canada, a contributing writer for newspapers and magazines, and a frequent presenter for universities, podcasts, TV, and radio. When not trekking with a small pack and journal, Bill can be found on Canada's West Coast, where he lives near the sea on Musqueam, Squamish, and Tsleil-Waututh land.

A SEASON ON VANCOUVER ISLAND

A Season on Vancouver Island 9781771605779, \$20.00



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A Season in the Okanagan 9781771607247, \$20.00

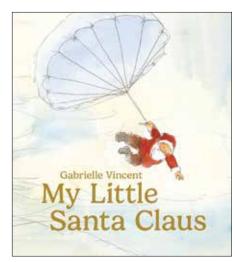


Gone Viking: A Travel Saga 9781771604475, \$25.00

OF RELATED INTEREST



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Children's Picture Book (ages 4-8) / Christmas September 2025 * \$25.00

9781771607612 * hardcover with dustjacket 9" x 10", 32 pages, colour illustrations Author's home: Brussels, Belgium Rocky Mountain Books

RIGHTS HELD: World, English AVAILABLE VIA UTP: No Ebook also available

MARKETING & PROMO:

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My Little Santa

Gabrielle Vincent

A timeless story of kindness and giving that will captivate young readers and become a beloved holiday tradition for years to come.

Now available in English for the first time, My Little Santa (Mon Petit Père Noël) is a magical Christmas story by the beloved author-illustrator Gabrielle Vincent (1928-2000). This heartwarming tale is perfect for bedtime reading year-round or as a thoughtful holiday gift for young readers.

On a snowy Christmas Eve, young Magali meets a tiny Santa Claus who is empty-handed and looking a little lost. Moved by his plight, Magali decides to give him a gift of her own, sparking a beautiful exchange of kindness, compassion, and love. Through this tender, magical encounter, children will discover the true meaning of Christmas: the joy of giving, the warmth of unexpected friendships, and the power of love.

First published in French in 1994, My Little Santa showcases Gabrielle Vincent's signature blend of sensitivity, humour, and warmth. This timeless story will capture the hearts of both young and old, making it a perfect read for children who believe in the magic of the holiday season.

Ideal for children ages 4-8, My Little Santa is an essential addition to your Christmas collection, filled with festive joy and lasting lessons about kindness and generosity.

Gabrielle Vincent, the children's literature pseudonym of Monique Martin, was born in Brussels in 1928. A talented painter, she began her artistic career working primarily in black and white mediums such as ink, charcoal, and pencil. In the 1960s, she transitioned to colour, experimenting with watercolour, pastel, and oil paints. Known for her avant-garde style, Gabrielle became a world-renowned children's illustrator, best known for her beloved Ernest et Célestine series. Throughout her career, she received numerous prestigious awards, and her work continues to resonate with readers around the world. Gabrielle Vincent passed away in September 2000, leaving behind an extraordinary legacy of nearly 10,000 pieces of art created over 50 years.

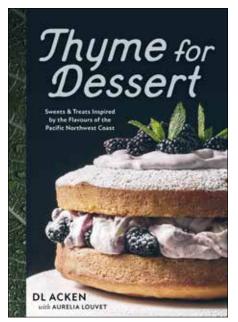
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That Christmas 9781771607285, \$20.00



A Cabin Christmas 9781771605830, \$20.00



Food & Drink / Cooking September 2025 * \$30.00 9781771514804 * hardcover, paper over board 6.75" x 9.5", 184 pages, full colour Acken's home: Salt Spring Island, BC TouchWood Editions

RIGHTS HELD: World, all languages AVAILABLE VIA UTP: No Ebook also available

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- Cedar and Salt

Thyme for Dessert

Sweets and Treats Inspired by the Flavours of the Pacific Northwest

DL Acken Aurelia Louvet

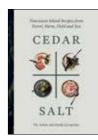
Thyme for Dessert is a stunningly photographed and practically minded celebration of West Coast flavours for the sweet-toothed that is sure to delight locals and visitors alike.

This decadent book of dessert recipes embraces the varied flavours of the West Coast, drawing from its abundant wild and cultivated plants and from its rich medley of cultures to create mouthwatering local recipes. Covering cookies, bars, breads, cakes, pies, pastries, and frozen desserts, you'll find treats for sugar-lovers and savoury dessert fans alike in this small but mighty cookbook perfectly sized for everyday kitchen use. With ample suggestions for substitutions and a section on preserving, the home chef will find these recipes practical enough to incorporate into daily life and unique enough to impress on special occasions.

Thyme for Dessert includes every type of West Coast ingredient: from local plants like spruce tips and haskaps, and abundant introduced vegetation like blackberries and zucchinis, as well as iconic staples from vibrant local immigrant communities such as garam masala and truffles. DL Acken's latest cookbook is a gorgeous tribute to the rich flavours of her home region that showcases delicious sweets that will entice locals and visitors alike.

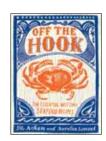
Danielle (DL) Acken is a Canadian-born international food writer and photographer who splits her time between London, UK and her farm studio on Canada's beautiful Salt Spring Island. See her work at dlacken.com.

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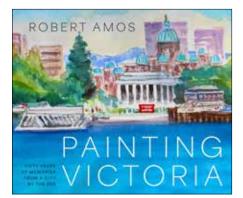
Off the Hook



9781771512763, \$22.00

Let's Eat





Local Interest (BC) / Art & Photography September 2025 * \$30.00 9781771514873 * hardcover, paper over board 9.5" x 8", 176 pages, full colour Author's home: Victoria, BC TouchWood Editions

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MARKETING & PROMO:

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Painting Victoria

Fifty Years of Memories from a City by the Sea

Robert Amos

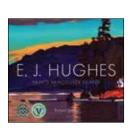
Painting Victoria is a loving tribute to a storied city from one of its most dedicated living artists, Robert Amos, and makes a wonderful gift for enthusiastic locals and new visitors alike.

When he first came to Victoria in 1974, local artist and art historian Robert Amos was enchanted. In *Painting Victoria*, he collects decades of paintings done almost entirely on location into a sweeping artistic love letter that spans fifty years. *Painting Victoria* roves from the sparkling waters of Cadboro Bay to the industrial relics of the Albion Iron Works, with stops among the boats of the Inner Harbour, the neon lights of Chinatown, and the tranquil paths of Japanese Gardens.

Inspired by the local painters and printmakers that came before him, Amos paints and sketches Victoria's waterways and boats, famous gardens, breathtaking ocean and mountain views, heritage buildings, and unsung corners in a whimsical style and with a keen eye for the unique character of the city. Featuring paintings from numerous art collections, including the City of Victoria, the Art Gallery of Greater Victoria, and the University of Victoria, and the artist's personal collection, join the Victoria *Times Colonist's* art columnist of thirty years in a journey across the city. From the riotous colours of a summer parade, to captivating snapshots of the fireworks at Butchart Gardens, to quiet quotidian scenes at the Carr House, discover Victoria through an artist's eyes.

Robert Amos has published eight books on art, including a series of five biographical collections on the life and work of BC artist E. J. Hughes. He was the arts columnist for Victoria's *Times Colonist* newspaper for more than thirty years. Amos was elected to the Royal Canadian Academy of Arts in 1995 and is an Honorary Citizen of Victoria. He lives in Oak Bay, British Columbia with his wife, artist Sarah Amos.

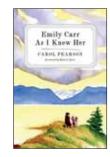
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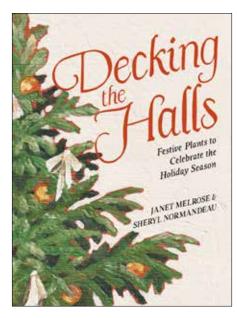
E. J. Hughes Paints Vancouver Island 9781771514248, \$30.00



This and That 9781771514484, \$26.00



Emily Carr As I Knew Her 9781771511742, \$19.95



Gardening / Holiday Season October 2025 * \$26.00 9781771514637 * hardcover, paper over board 6" x 8", 160 pages, full colour Melrose's home: Calgary, AB Normandeau's home: Calgary, AB TouchWood Editions

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Decking the Halls

Celebrating the Holiday Season with Trees, Flowers, Herbs, and Greenery

Janet Melrose Sheryl Normandeau

A beautifully illustrated guide to the plants of Christmas and the holiday season, *Decking the Halls* makes for a perfect gift and is sure to delight the home decorator, dedicated gardener, and curious plant-lover alike.

Seasoned gardeners with twelve books under their belts, Janet Melrose and Sheryl Normandeau bring their passion and expertise to the trees, shrubs, vines, fruits, and herbs of the holiday season in this gorgeously illustrated guide. Opening with the stories and traditions behind the most iconic Christmas plants, indoor and out, the delicate illustrations and well-researched tales tap into the joy and wonder of Christmas. Plants are central to adorning our homes with holiday cheer and filling our kitchens with the scents of the season, and Janet and Sheryl walk readers through the many ways you can bring in the greens: from Christmas tree selection and care, to trying your hand at wreaths, garlands, and arrangements with helpful how-to illustrations, to the aromatics that enliven the traditional culinary delights of the holidays.

A perfect holiday gift or stocking stuffer, this luxurious hardcover illustrated book is a pleasure to hold. From seasonal forest plants to kitchen herbs, from tiny berries to towering trees, *Decking the Halls* shines a light on the uplifting greenery that helps us weather the darkest months of the year.

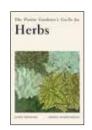
Janet Melrose is a garden educator and consultant, and an advocate for Calgary's Sustainable Local Food System. She is a life-long gardener and holds a Prairie Horticulture Certificate and Home Farm Horticultural Therapy Certificate. She has a passion for Horticultural Therapy and facilitates numerous programs designed to integrate people marginalized by various disabilities into the larger community. She is a regular contributor to *The Gardener for Canadian Climates* magazine. She lives in Calgary where she runs her education and consulting company, Calgary's Cottage Gardener.

Sheryl Normandeau is the co-author of the *Guides for the Prairie Gardener* series and author of *The Little Prairie Book of Berries*. A life-long gardener, she holds a Prairie Horticulture Certificate and a Sustainable Urban Agriculture Certificate and is a freelance writer specializing in gardening writing with hundreds of articles published. She is a regular contributor to *The Gardener for Canadian Climates*, *The Prairie Garden Annual*, *Herb Quarterly*, and many more. She lives in Calgary.

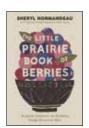




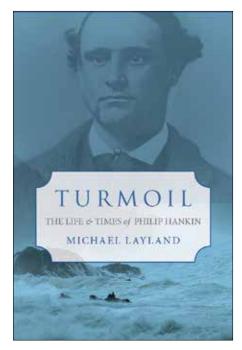
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Turmoil

The Life and Times of Philip Hankin

Michael Layland

Meticulously researched and engagingly written, *Turmoil: The Life and Times of Philip Hankin* follows the daring, rocky life of a world traveler, marine charter, fourtime acting head of government, and larger-than-life personality who has for too long been an unseen shadow in the background of B.C.'s turbulent early history.

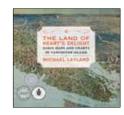
Hailing from a frigid aristocratic family in England, Philip Hankin first landed in Esquimalt, British Columbia in 1847 as a young man in the Royal Navy. By then, he was already a world traveller who had spent time on expeditions hunting slavers on the coast of West Africa and been personally gifted signed portraits from the King and Queen of Hawai'i. A gregarious man with a penchant for gravitating toward the people and positions that would shape the early development of the region, Philip Hankin was a subtle but fascinating force on Vancouver Island in the latter half of the nineteenth century.

Turmoil traces a remarkable man's life from birth, painting an engrossing portrait of both one individual and of a whole region in flux. Philip Hankin touched the history of the islands first as a member of the navy working on the first accurate marine chart of local waters and delineating the boundary with the United States, then as a linguistic enthusiast and negotiator with Indigenous communities, and, finally, as a as a superintendent of the police, an administrator under three governors, and acting head of government on four separate occasions.

Rigorously researched and featuring excerpts from Hankin's biography, letters, and numerous primary sources, award-winning author and historian Michael Layland reveals mysterious traumas and tipping points in Hankin's life that go unmentioned in his memoir, and from the twists and turns of one man's journey, outlines the complicated global and regional forces that, with varying degrees of subtlety and force, moulded British Columbia as we know it today.

Michael Layland was president of the Victoria Historical Society, the Friends of the BC Archives, and is an amateur naturalist. Trained as an officer and mapmaker in the Royal Engineers, now retired, he has authored three books on the progression of European knowledge of Vancouver Island. Discover more at michaellayland.com.

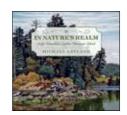




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A Season for Spies

A Lane Winslow Prequel

Iona Whishaw

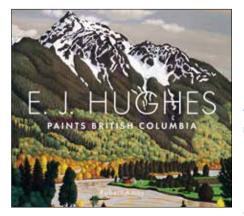
In *A Season for Spies*, the page-turning prequel to the mystery series *Publishers Weekly* calls "highly entertaining," Lane Winslow embarks on her first spy mission in wartime England, while her grandparents' quiet Christmas in Scotland is interrupted by a mysterious guest.

In wartime England, Lane Winslow has been pulled out of her studies at Oxford and spends her days in London translating for the war office. Things are grim, and it looks like no one is going home for Christmas—that is, not until Lane's commanding officer orders her to drop everything to do just that. He's loathe to send a woman, but a very important agent needs an escort into the country from an isolated cove in Scotland in just a few days, and Lane's family connections in the north are the perfect cover for this mission of utmost secrecy.

On rails, wheels, and snowshoes, Lane makes her way up the country through the thick snows, navigating inquiries from old friends, distrustful townspeople, and dangerous interference on her race against time. Resourceful, but still untested, Lane will have to use all of her wits to make it out of her mission unscathed.

Meanwhile, Lane's grandparents are delighted by the news that she'll be up for the holidays, but their cheery preparations are interrupted by clues suggesting a mysterious visitor has dropped right down into the forest outside their cottage. They might have a British airman wandering around in danger—or someone much more sinister lurking in the woods. Cozy and action-packed, this prequel to the beloved Lane Winslow mysteries shows readers just where Lane got her mettle.

lona Whishaw is a former educator and social worker whose mother and grandfather were both spies during their respective wars. She is the award-winning author of the *Globe and Mail* bestselling Lane Winslow Mystery series. She lives in Vancouver, British Columbia, with her husband.



Art / Biography & Autobiography August 2025 * \$30.00 9781771514866 * softcover 10" x 9", 204 pages, full colour Author's home: Victoria, BC TouchWood Editions

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E. J. Hughes Paints British Columbia

Robert Amos

"This book features work from every facet of a career that saw the Vancouver native ... reach lofty heights in the Canadian art world." *—Times Columnist*

Now available in paperback, this retrospective on one of BC's most famous artists features beautifully reproduced landscape paintings from all over mainland BC, and unveils photographs, sketches, and ephemera from the artist's estate.

E. J. Hughes (1913–2007) is British Columbia's best-loved landscape painter. His lavish, picturesque views of the province are appreciated by art professionals and the public alike.

Following the success of his previous volume, *E. J. Hughes Paints Vancouver Island*, author and artist Robert Amos tracks the footsteps of Hughes as he travelled throughout mainland British Columbia, from Stanley Park to Savary Island, from the Fraser Valley to the Okanagan, and from the Kootenays to the Rockies between the 1930s and 1970s.

Working the with Estate of E. J. Hughes, Amos has crafted a nuanced representation of the activities and life of this exceptionally talented and private man. Both biography and monograph, this book features full-page, full-colour reproductions of Hughes's finest paintings, many of them published here for the first time. Each painting is accompanied by supporting sketches, drawings, and photographs from Hughes's personal archive.

Robert Amos has published eight books on art, including a series of five biographical collections on the life and work of BC artist E. J. Hughes. He was the arts columnist for Victoria's *Times Colonist* newspaper for more than thirty years. Amos was elected to the Royal Canadian Academy of Arts in 1995 and is an Honorary Citizen of Victoria. He lives in Oak Bay, British Columbia with his wife, artist Sarah Amos.

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RUWANMALI SAMARAKOON-AMUNUGAMA

Food & Drink / Cooking August 2025 * \$30.00 9781771514859 * softcover 7.25" x 10", 192 pages, full colour Author's home: Rajagiriya, Sri Lanka TouchWood Editions

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Milk, Spice and Curry Leaves

Hill Country Recipes from the Heart of Sri Lanka

Ruwanmali Samarakoon-Amunugama

"This vegetable and seafood-heavy book has recipes for all the classics ... It's a technique-heavy book, full of reliable instructions and gorgeous, nostalgic photographs." —Lauren Joseph, *Epicurious*

A *Los Angeles Times* standout book of the season and a *National Post* best cookbook of the year, this celebration of the unique flavours and ingredients of Sri Lanka, lovingly presented for the North American home cook, is now available in paperback.

Ruwanmali Samarakoon-Amunugama's childhood memories of visits to her parents' homeland in Sri Lanka were filled with colourful trips to the market, lively, happy meals with her extended family, and long, scenic car rides from the capital of Colombo, past tea estates and farmers' stalls, into the hill country around Kandy. In *Milk, Spice and Curry Leaves*, Ruwan shares the rustic, tropical flavours of these Sri Lankan visits—sweet pine-apple and mango, bitter gourd, toothsome cashews, spicy chili pepper, tart lime, and many more—in recipes designed with North American home cooks in mind.

She introduces the three pillars of Sri Lankan cuisine: coconut milk, rice, and spice, and walks readers through the steps to make the two foundational Sri Lankan curry powders (roasted and unroasted). She also goes into detail on specialty products—like goraka, pandanus leaves, tamarind, and young jackfruit—always with attention to using ingredients available in North American grocery stores.

With lush food photography and styling, hand-drawn illustrations, heirloom photos and ephemera, *Milk, Spice and Curry Leaves* is an invitation to a way of cooking and a family of traditions from the country known as "the Pearl of the Indian Ocean."

Ruwanmali Samarakoon-Amunugama learned to cook Sri Lankan food from her mother and grandmother. Her knowledge of South Asian foods and ingredients has been further enhanced by numerous trips to Sri Lanka and other parts of Asia. Born in Mississauga, Ontario, Ruwan graduated from Simon Fraser University and has lived in British Columbia, Alberta, Ottawa, and Washington state. She now lives in Sri Lanka with her family.

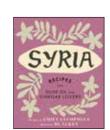
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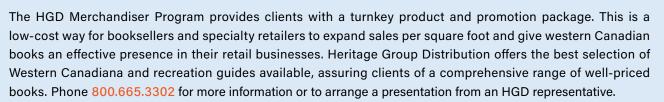


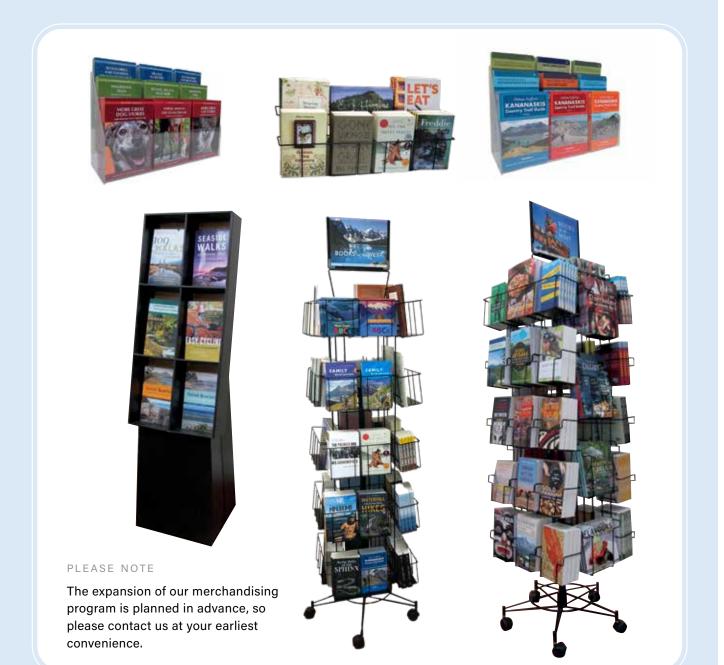
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