

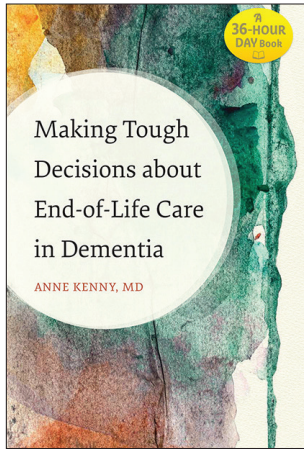
*BEST-SELLING BOOKS ON*  
**HEALTH &  
WELLNESS**

---

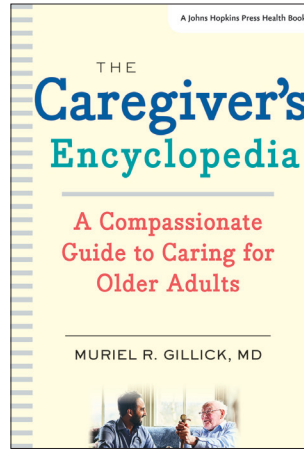
**HOPKINS PRESS**



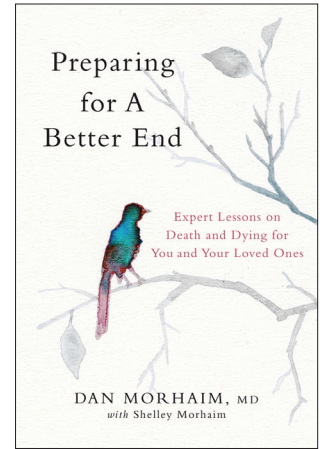
## AGING



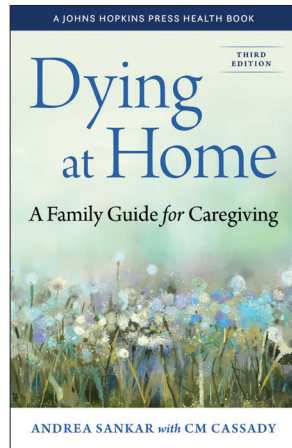
***Making Tough Decisions about End-of-Life Care in Dementia***  
Anne Kenny, MD  
\$22.95 | Paperback  
9781421426679



***The Caregiver's Encyclopedia***  
Muriel R. Gillick, MD  
\$22.95 | Paperback  
9781421433585



***Preparing for a Better End***  
Dan Morhaim, MD  
\$25.00 | Hardcover  
9781421439167



***Dying at Home, 3rd Edition***  
Andrea Sankar and Caitlin Cassady  
\$27.95 | Paperback  
9781421447735



***Never Too Late***  
Shannon Dowler, MD  
\$19.95 | Paperback  
9781421446349

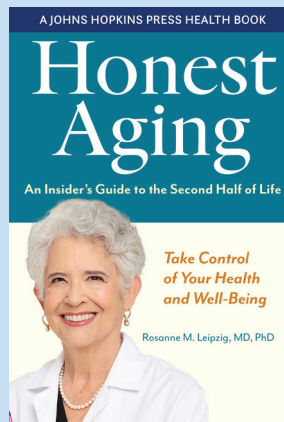
## ESSENTIAL BOOKS ON AGING



***Right Place, Right Time***  
*The Ultimate Guide to Choosing a Home for the Second Half of Life*  
Ryan Frederick

This strategic and thoughtful guide is aimed at anyone looking to determine the best place to call home during the second half of life.

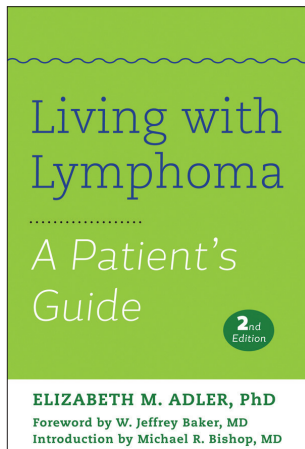
\$19.95 | Paperback  
264 pp | 9781421442303



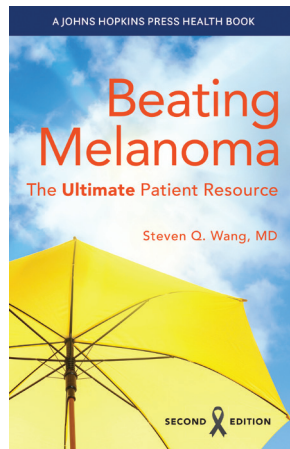
***Honest Aging***  
*An Insider's Guide to the Second Half of Life*  
Rosanne M. Leipzig, MD, PhD

An indispensable guide to the second half of life, describing what to expect physically, psychologically, functionally, and emotionally as you age.

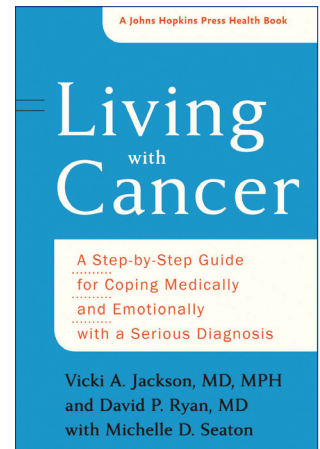
\$24.99 | Paperback  
424 pp | 9781421444703



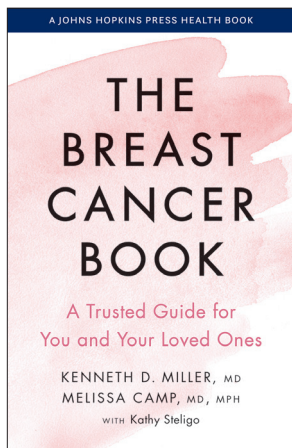
**Living with Lymphoma, 2<sup>nd</sup> Edition**  
Elizabeth M. Adler, PhD  
\$26.95 | Paperback  
9781421418100



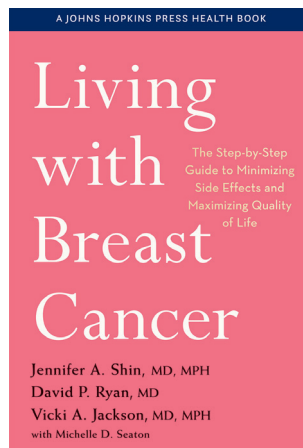
**Beating Melanoma, 2<sup>nd</sup> Edition**  
Steven Q. Wang, MD  
\$22.95 | Paperback  
9781421449487



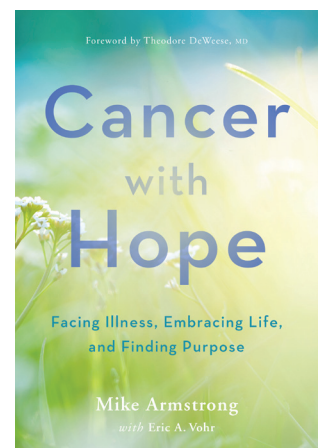
**Living with Cancer**  
Vicki A. Jackson, MD, MPH, and David P. Ryan, MD  
\$22.95 | Paperback  
9781421422336



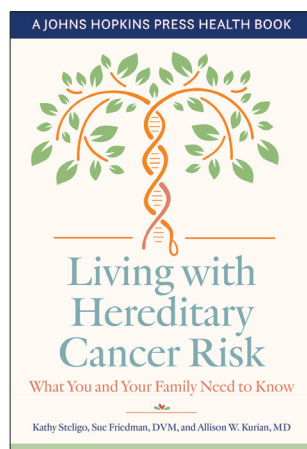
**The Breast Cancer Book**  
Kenneth D. Miller, MD,  
and Melissa Camp, MD, MPH  
\$24.95 | Paperback  
9781421441917



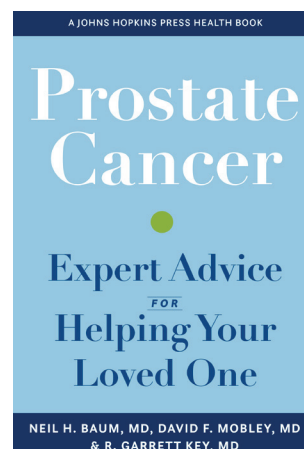
**Living with Breast Cancer**  
Jennifer A. Shin, MD, MPH, David P. Ryan,  
MD, and Vicki A. Jackson, MD, MPH  
\$24.99 | Paperback  
9781421444437



**Cancer with Hope**  
Mike Armstrong  
\$22.95 | Paperback  
9781421440187

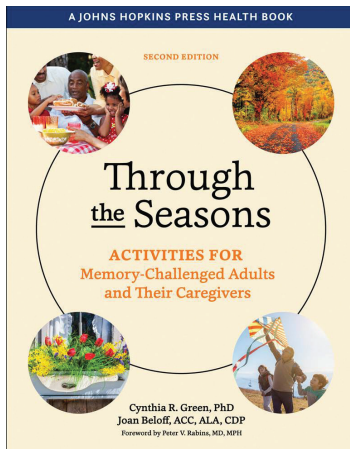


**Living with Hereditary Cancer Risk**  
Kathy Steligo, Sue Friedman, DVM,  
and Allison W. Kurian, MD  
\$25.99 | Paperback  
9781421444260

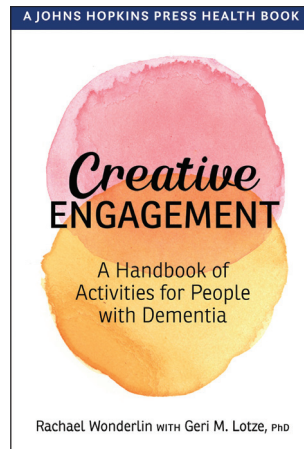


**Prostate Cancer**  
Neil H. Baum, MD, David F. Mobley, MD,  
and R. Garrett Key, MD  
\$19.95 | Paperback  
9781421446004

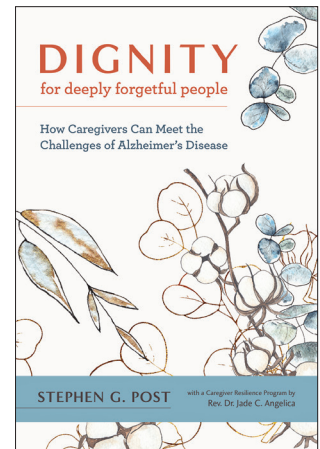




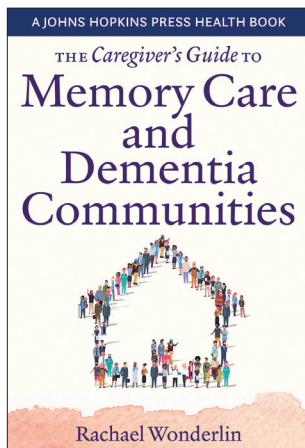
**Through the Seasons, 2<sup>nd</sup> Edition**  
Cynthia R. Green, PhD, and Joan Beloff, ACC, ALA, CDP  
\$19.95 | Paperback  
9781421436470



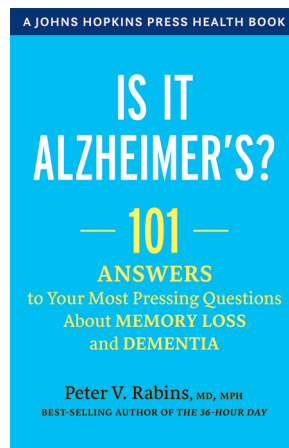
**Creative Engagement**  
Rachael Wonderlin  
\$19.95 | Paperback  
9781421437286



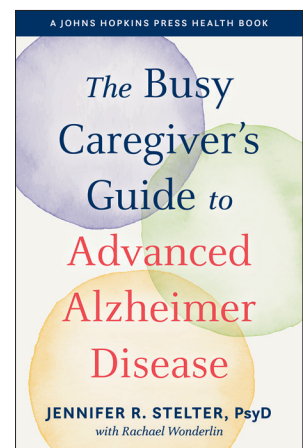
**Dignity for Deeply Forgetful People**  
Stephen G. Post  
\$26.95 | Paperback  
9781421442501



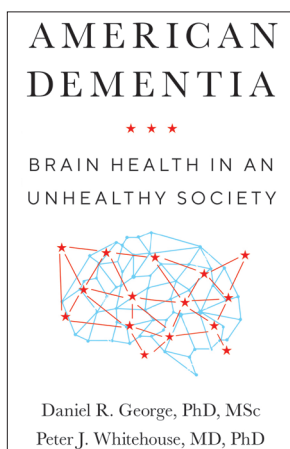
**The Caregiver's Guide to Memory Care and Dementia Communities**  
Rachael Wonderlin  
\$23.99 | Paperback  
9781421444321



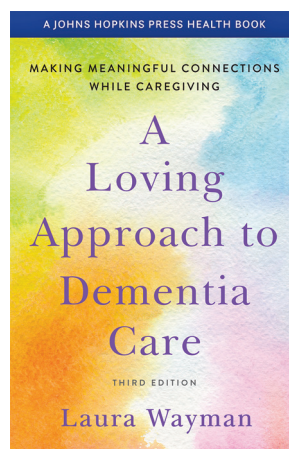
**Is It Alzheimer's?**  
Peter V. Rabins, MD, MPH  
\$12.95 | Paperback  
9781421436401



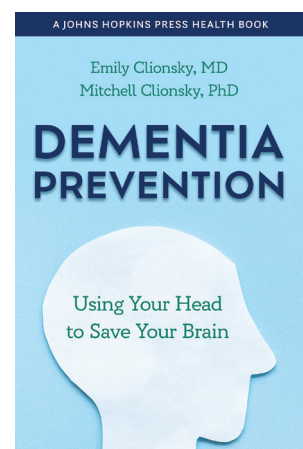
**The Busy Caregiver's Guide to Advanced Alzheimer Disease**  
Jennifer R. Stelter, PsyD  
\$19.95 | Paperback  
9781421441085



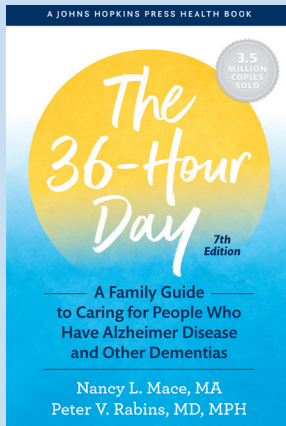
**American Dementia**  
Daniel R. George, PhD, MSc, and Peter J. Whitehouse, MD, PhD  
\$29.95 | Hardcover  
9781421440477



**A Loving Approach to Dementia Care, 3<sup>rd</sup> Edition**  
Laura Wayman  
\$19.95 | Paperback  
9781421440064



**Dementia Prevention**  
Emily Clionsky, MD, and Mitchell Clionsky, PhD  
\$24.95 | Paperback  
9781421446257



### ***The 36-Hour Day, 7<sup>th</sup> Edition***

*A Family Guide to Caring for People Who Have Alzheimer Disease and Other Dementias*

**Nancy L. Mace, MA, and Peter V. Rabins, MD, MPH**

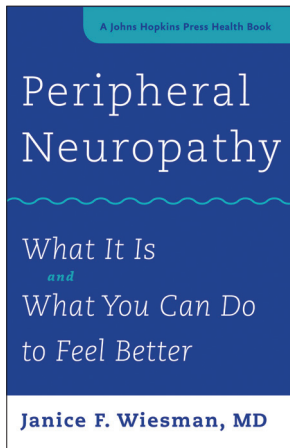
Featuring everything from the causes of dementia to managing its early stages to advice on caring for those in the later stages of the disease, this is widely considered to be the most detailed and trusted book on dementia care available.

\$19.95 | Paperback

360 pp | 9781421441719

ALSO AVAILABLE IN LARGE PRINT

## DIAGNOSED, NOW WHAT?

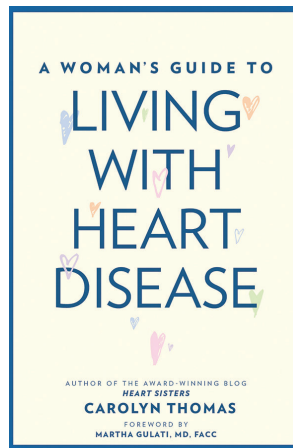


### ***Peripheral Neuropathy***

Janice F. Wiesman, MD

\$19.95 | Paperback

9781421420851

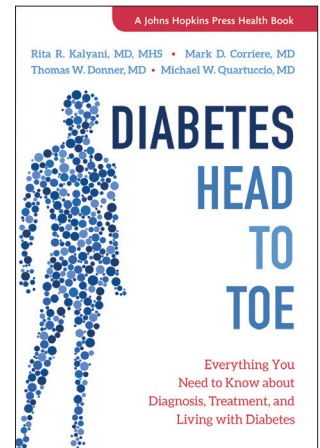


### ***A Woman's Guide to Living with Heart Disease***

Carolyn Thomas

\$19.95 | Paperback

9781421424200

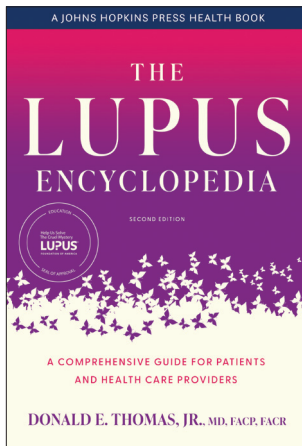


### ***Diabetes Head to Toe***

Rita R. Kalyani, MD, MHS, et al

\$22.95 | Paperback

9781421426488

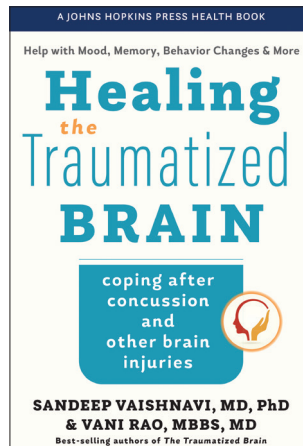


### ***The Lupus Encyclopedia, 2<sup>nd</sup> Edition***

Donald E. Thomas, Jr., MD, FACP, FACR

\$39.95 | Paperback

9781421446844



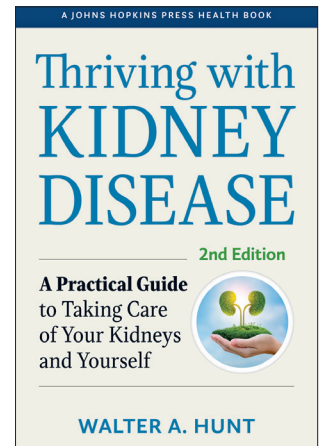
### ***Healing the Traumatized Brain***

Sandeep Vaishnavi, MD, PhD,

and Vani Rao, MBBS, MD

\$24.95 | Paperback

9781421446622

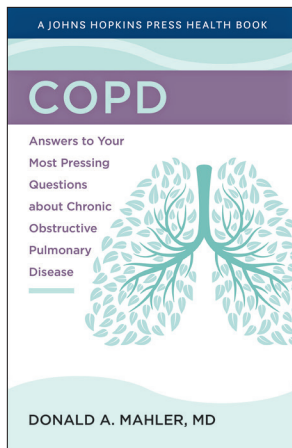


### ***Thriving with Kidney Disease, 2<sup>nd</sup> Edition***

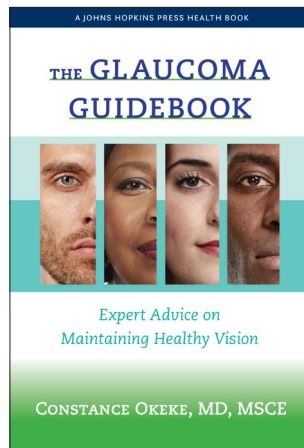
Walter A. Hunt

\$21.95 | Paperback

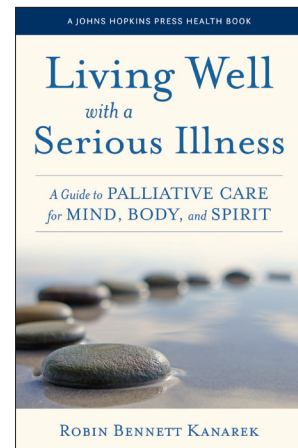
9781421442907



**COPD**  
Donald A. Mahler, MD  
\$19.95 | Paperback  
9781421443362

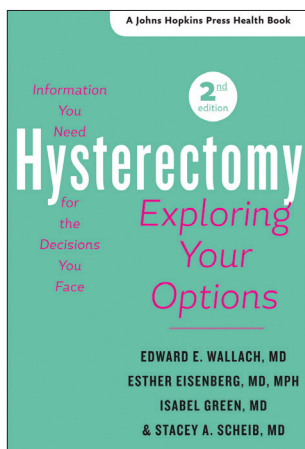


**The Glaucoma Guidebook**  
Constance Okeke, MD, MSCE  
\$17.95 | Paperback  
9781421445823

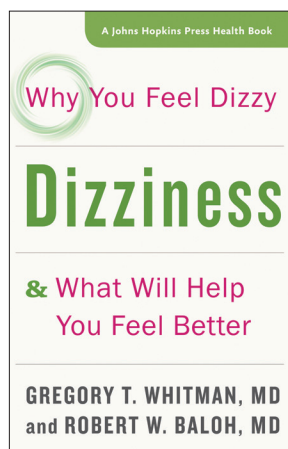


**Living Well with a Serious Illness**  
Robin Bennett Kanarek  
\$19.95 | Paperback  
9781421445984

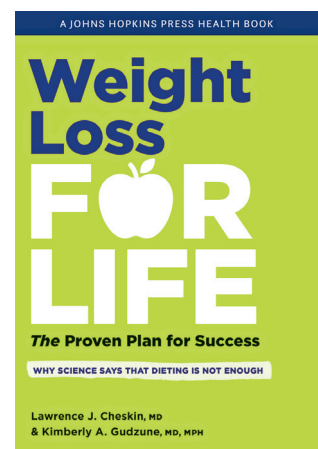
## HEALTH FROM HEAD TO TOE



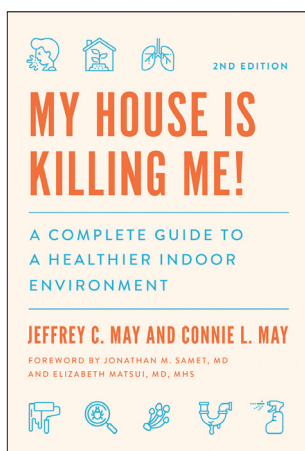
**Hysterectomy, 2<sup>nd</sup> Edition**  
Edward E. Wallach, MD, et al  
\$19.95 | Paperback  
9781421416311



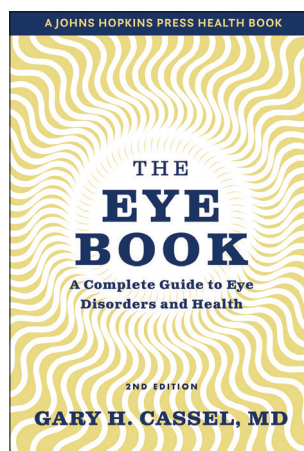
**Dizziness**  
Gregory T. Whitman, MD,  
and Robert W. Baloh, MD  
\$19.95 | Paperback  
9781421420905



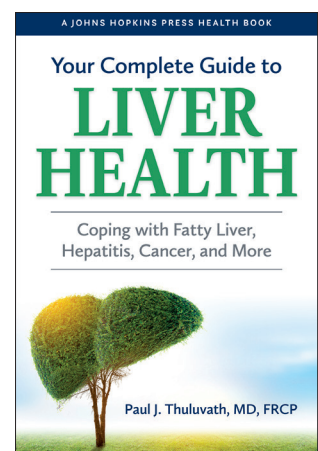
**Weight Loss for Life**  
Lawrence J. Cheskin, MD, and  
Kimberly A. Gudzune, MD, MPH  
\$29.95 | Hardcover  
9781421441948



**My House Is Killing Me!, 2<sup>nd</sup> Edition**  
Jeffrey C. May and Connie L. May  
\$24.95 | Paperback  
9781421438955

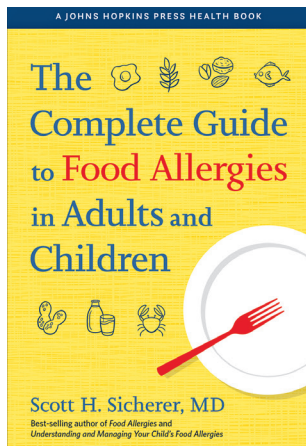


**The Eye Book, 2<sup>nd</sup> Edition**  
Gary H. Cassel, MD  
\$24.95 | Paperback  
9781421439983

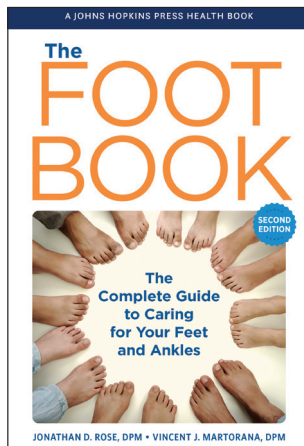


**Your Complete Guide to Liver Health**  
Paul J. Thuluvath, MD, FRCP  
\$22.95 | Paperback  
9781421443829

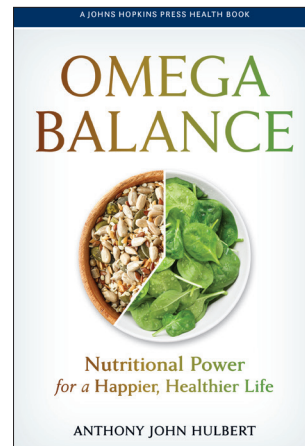




**The Complete Guide to Food Allergies in Adults and Children**  
 Scott H. Sicherer, MD  
 \$21.95 | Paperback  
 9781421443157

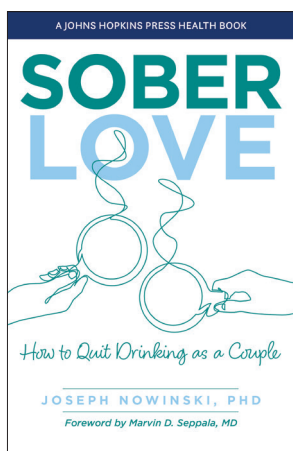


**The Foot Book, 2<sup>nd</sup> Edition**  
 Jonathan D. Rose, DPM,  
 and Vincent J. Martorana, DPM  
 \$24.95 | Paperback  
 9781421447285

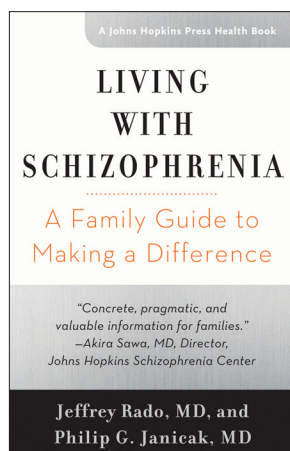


**Omega Balance**  
 Anthony John Hulbert  
 \$29.99 | Hardcover  
 9781421445779

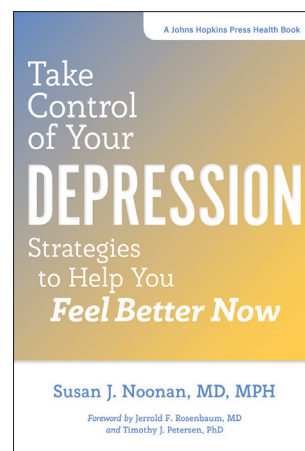
## MENTAL HEALTH



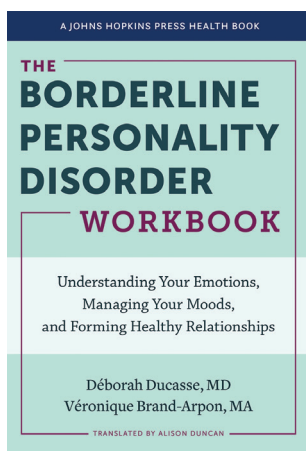
**Sober Love**  
 Joseph Nowinski, PhD  
 \$21.95 | Paperback  
 9781421449159



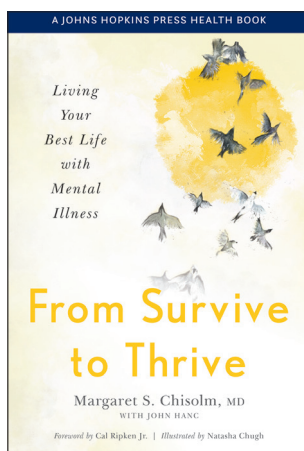
**Living with Schizophrenia**  
 Jeffrey Rado, MD,  
 and Philip G. Janicak, MD  
 \$17.95 | Paperback  
 9781421421438



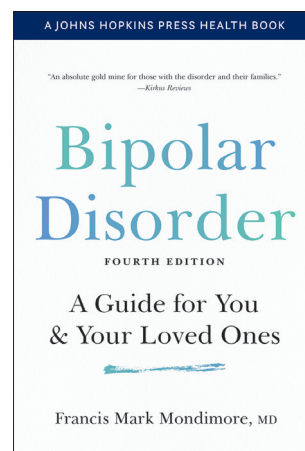
**Take Control of Your Depression**  
 Susan J. Noonan, MD, MPH  
 \$19.95 | Paperback  
 9781421426297



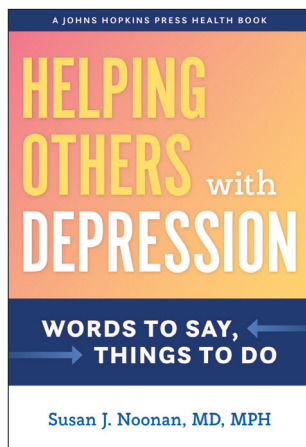
**The Borderline Personality Disorder Workbook**  
 Deborah Ducasse, MD,  
 and Véronique Brand-Arpon, MA  
 \$22.95 | Paperback  
 9781421440323



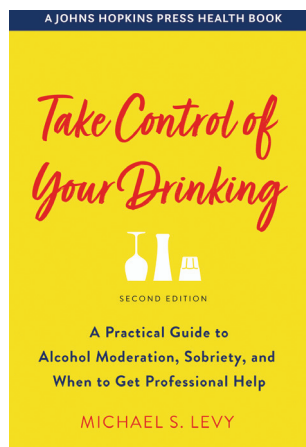
**From Survive to Thrive**  
 Margaret S. Chisolm, MD  
 \$22.95 | Hardcover  
 9781421441580



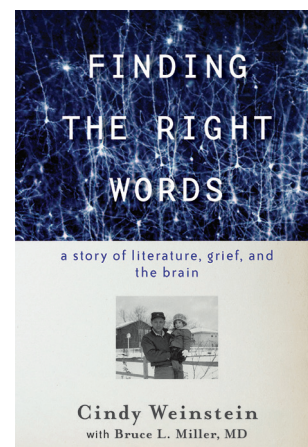
**Bipolar Disorder, 4<sup>th</sup> Edition**  
 Francis Mark Mondimore, MD  
 \$23.95 | Paperback  
 9781421439068



**Helping Others with Depression**  
Susan J. Noonan, MD, MPH  
\$19.95 | Paperback  
9781421439303

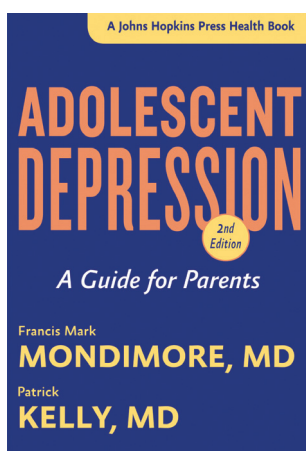


**Take Control of Your Drinking, 2<sup>nd</sup> Edition**  
Michael S. Levy  
\$18.95 | Paperback  
9781421439440

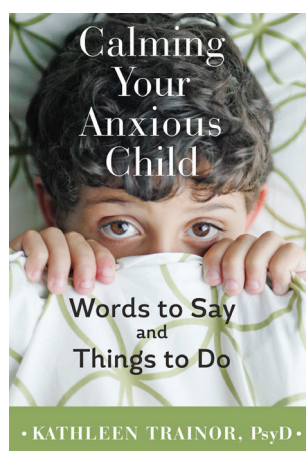


**Finding the Right Words**  
Cindy Weinstein  
with Bruce L. Miller, MD  
\$22.95 | Hardcover  
9781421441269

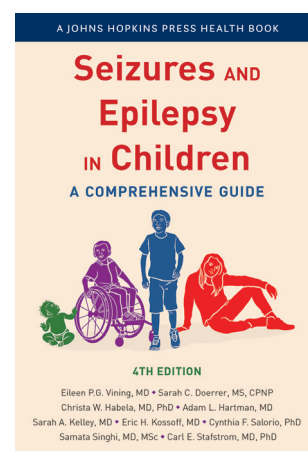
## PREGNANCY AND PARENTING



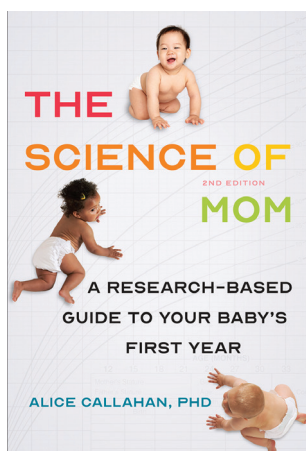
**Adolescent Depression, 2<sup>nd</sup> Edition**  
Francis Mark Mondimore, MD,  
and Patrick Kelly, MD  
\$21.95 | Paperback  
9781421417905



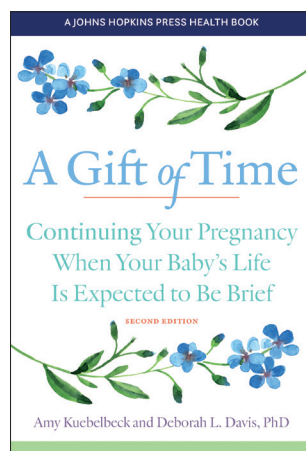
**Calming Your Anxious Child**  
Kathleen Trainor, PsyD  
\$18.95 | Paperback  
9781421420103



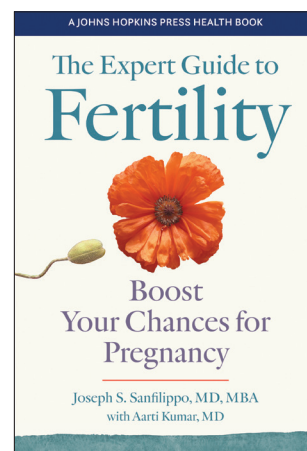
**Seizures and Epilepsy in Children, 4<sup>th</sup> Edition**  
Eileen P. G. Vining, MD, et al  
\$24.99 | Paperback  
9781421445090



**The Science of Mom, 2<sup>nd</sup> Edition**  
Alice Callahan, PhD  
\$19.95 | Paperback  
9781421441993



**A Gift of Time, 2<sup>nd</sup> Edition**  
Amy Kuebelbeck  
and Deborah L. Davis, PhD  
\$29.95 | Paperback  
9781421446707



**The Expert Guide to Fertility**  
Joseph S. Sanfilippo, MD, MBA  
with Aarti Kumar, MD  
\$23.95 | Paperback  
9781421447063

# HOW TO ORDER

---

Visit our website at [www.press.jhu.edu/books](http://www.press.jhu.edu/books) to order online. Use the promotion code **HTWN** at checkout for a 30% discount.

For bulk orders and special sales requests, contact [\*\*specialsales@jh.edu\*\*](mailto:specialsales@jh.edu) to learn more about discounts.

Booksellers can contact Rachel Miller at [\*\*rmill157@jh.edu\*\*](mailto:rmill157@jh.edu) or visit [\*\*press.jhu.edu/books/for-booksellers\*\*](http://press.jhu.edu/books/for-booksellers) to contact your local sales rep. Be sure to ask about our free freight and short discount promotions!

**VISIT OUR WEBSITE**



**VIEW MORE BESTSELLERS**







**HOPKINS PRESS**

2715 NORTH CHARLES STREET  
BALTIMORE MD 21218-3263



JOHNS HOPKINS  
UNIVERSITY PRESS

PRESS.JHU.EDU

