

FALL 2024

plus Recent Releases



Douglas & McIntyre

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Information for all books in print including book description, author information, cover, and up-to-date price and availability is listed on our website, www.douglas-mcintyre.com.

All prices and specifications subject to change without notice.

COVER IMAGE: Illustration by Bridget George from *The Animal People Choose a Leader*.

Douglas and McIntyre (2013) Ltd. acknowledges the support of the Canada Council for the Arts, the Government of Canada, and the Province of British Columbia through the BC Arts Council.



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The Animal People Choose a Leader

RICHARD WAGAMESE, WITH ILLUSTRATIONS BY BRIDGET GEORGE

Accompanied by award-winning illustrator Bridget George's luminous artwork, this tradition-steeped story from renowned author Richard Wagamese meditates on the unifying powers of wisdom, kindness and respect with all the visionary clarity of our most essential legends.

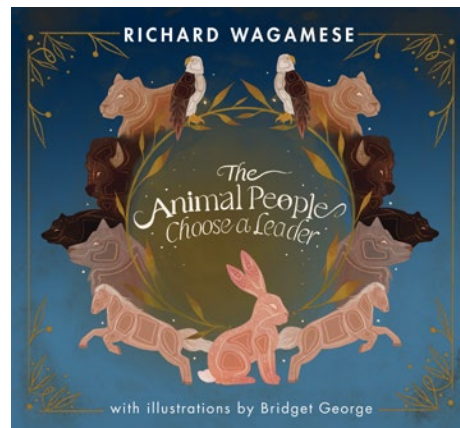
THE UNMISTAKABLE VOICE OF revered Ojibway author Richard Wagamese returns with this moving tale, beautifully illustrated by original work from Anishinaabe artist Bridget George.

The story unfolds in a "Long Ago Time" when animals of all kinds share a common language and gather to solemnly consider which of them should be their leader. After hearing boasts about the qualities of the candidates—Horse's fleetness, Buffalo's stamina, Cougar's patience, Wolverine's stealth—the conference decides to settle the matter with a race between the challengers around a foreboding mountaintop lake. And there will be one more contestant of the most unlikely sort: a small, charmingly humble rabbit named Waabooz, whose chances are considered slim by all.

In the action that follows, described with the piercing clarity and richness of any great legend, Wagamese and George gracefully convey the limits of physical force and the quietly irresistible energies of humility, empathy and a loving attachment to the land. Unforgettable for its lyrical power and poignant message, *The Animal People Choose a Leader* is yet another example of the late author's unique gifts as a storyteller, and a welcome reminder of his honoured place in Canadian writing.

RICHARD WAGAMESE, an Ojibway from the Wabaseemoong First Nation, was one of Canada's foremost writers. His bestselling novels include *Indian Horse*, which earned an array of awards and was made into a feature film. He was also the author of highly praised memoirs and personal reflections, such as *Embers* and *One Story, One Song*, winner of the George Ryga Award for Social Awareness in Literature. Wagamese's work was recognized with a National Aboriginal Achievement Award and the Writers' Trust of Canada's Matt Cohen Award. He died in 2017 in Kamloops, BC.

BRIDGET GEORGE is an Anishinaabe author-illustrator and graphic designer. She was raised on the Kettle and Stony Point First Nation and now lives in London, ON. George is the author of the 2020 book *It's a Mitig!*, an acclaimed introduction to the Ojibway language for young readers.



CHILDREN'S 6-8 / INDIGENOUS

October

Hardcover

CAD \$24.95

10¼" × 9¼" · 32 pages

32 colour illustrations

Rights held: World

9781771624183 (hardcover)

9781771624190 (ebook)



Beast

A Novel

.....
RICHARD VAN CAMP

Returning to a favourite Northwest Territories setting, Richard Van Camp brings his exuberant style to a captivating teen novel that blends the supernatural with 1980s-era nostalgia to reflect on friendship, tradition and forgiveness.

FOR AS LONG AS Lawson can remember, his life in a small Northwest Territories town has revolved around “the Treaty” between the Dogrib and the Chipewyan, set down centuries ago to prevent the return of bloody warfare between the two peoples.

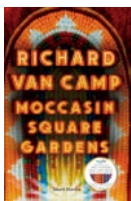
On the Dogrib side, Lawson and his family have done their best to keep the pact alive with the neighbouring Cranes, a family headed by a direct descendent of a revered Chipewyan war chief. But even as Lawson and his father dutifully tidy the Cranes’ property as an act of respect, their counterparts offer little more than scowls and derision in return, despite the fact that both families are Yahbati—warriors responsible for protecting the treaty.

Worse still, it seems that one of the Cranes’ boys is doing all he can to revive the old conflict: the cold-eyed Silver, fresh out of jail, has placed himself in the service of a cruel, ghoulish spirit bent on destroying the peace.

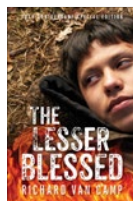
This latest feat of storytelling magic by celebrated author Richard Van Camp blends sharply observed realism and hair-raising horror as it plays out against a 1980s-era backdrop replete with Platinum Blonde songs and episodes of *Degrassi Junior High*. Unfolding in the fictional town of Fort Simmer—the setting of previous Van Camp stories—*Beast* delivers a gripping, spirited tale that pits the powers of tradition against the pull of a vengeful past.

Born in Fort Smith, NWT, bestselling author **RICHARD VAN CAMP** is a member of the Dogrib (Tłı̨chʔ) Dene Nation. A graduate of the En’owkin Centre’s writing program in Penticton, BC, he completed his BFA in writing at the University of Victoria and received an MFA in creative writing from the University of British Columbia. His work has won many awards and honours, among them the Blue Metropolis First Peoples Literary Prize and the title of Storyteller of the Year from the Wordcraft Circle of Native Writers and Storytellers.

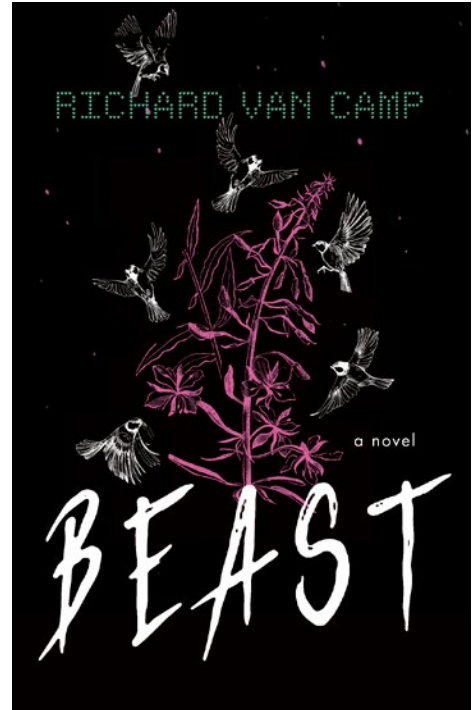
.....
ALSO BY RICHARD VAN CAMP



9781771622165
MOCCASIN SQUARE GARDENS
\$19.95 paper



9781771621137
THE LESSER BLESSED
\$19.95 paper



YA FICTION / INDIGENOUS

October

Paper

CAD \$24.95

6" × 9" · 320 pages

Rights held: North America

9781771624145 (paper)

9781771624152 (ebook)



9 781771 624145

The Wedding

A Novel

.....
GURJINDER BASRAN

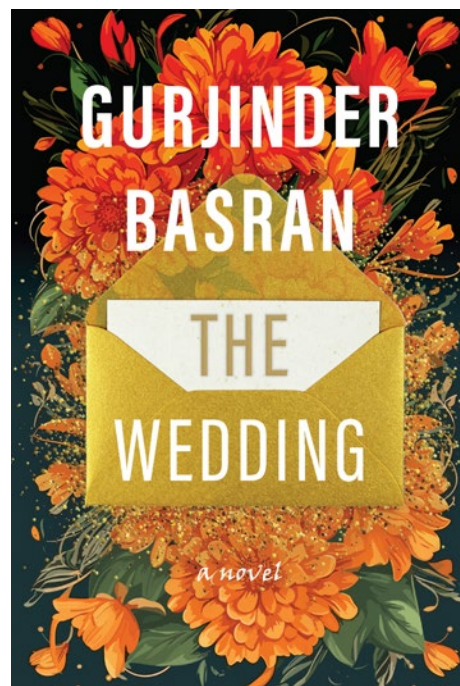
You're invited to The Wedding, an electrifying novel about the joining of two South Asian families, and the secrets, resentments, and unspoken truths boiling just beneath the surface.

INTERWEAVING THEMES OF IDENTITY, culture clashes, and the immigrant experience as found in *The Namesake* by Jhumpa Lahiri with the exuberance and sharp humour of Kevin Kwan's *Crazy Rich Asians*, Gurjinder Basran delivers a wide-ranging but intimate portrait of a vibrant, complex Sikh community.

Set in Vancouver and Surrey, BC, *The Wedding* exposes the inner lives of the wedding party, guests and event staff in the lead-up to a lavish wedding. This novel, centered around the impending marriage of Devi and Baby, illustrates the union of two people, two families and all the ways in which an entire community bears witness, ensnares and uplifts itself.

Like all great Bollywood films, *The Wedding* is rife with family drama, steeped in tradition and an ode to love in all its forms. With humour, nuance and honesty, *The Wedding* spills the chai—exploring desire and expectation, suffering and judgment, class and race—all in search of a happy enough ever after.

GURJINDER BASRAN is the award-winning author of three novels: *Everything Was Goodbye* (Penguin Canada), winner of the Ethel Wilson Fiction Prize and a Chatelaine Magazine Book Club pick; *Someone You Love Is Gone* (Penguin Canada and Harper Perennial); and *Help! I'm Alive!* (ECW Press). A Simon Fraser University Writer's Studio alumna hailed by the CBC as one of "Ten Canadian women writers you need to read," Basran balances the demands of her creative life with her "other" career in the tech sector. She is currently the Director of Learning, Development and Communications at Bell Canada. She lives in Delta, BC, with her family.



FICTION

September

Paper

CAD \$24.95

6" × 9" · 224 pages

Rights held: Canada

9781771624169 (paper)

9781771624176 (ebook)



Just Say Yes

A Memoir

BOB McDONALD

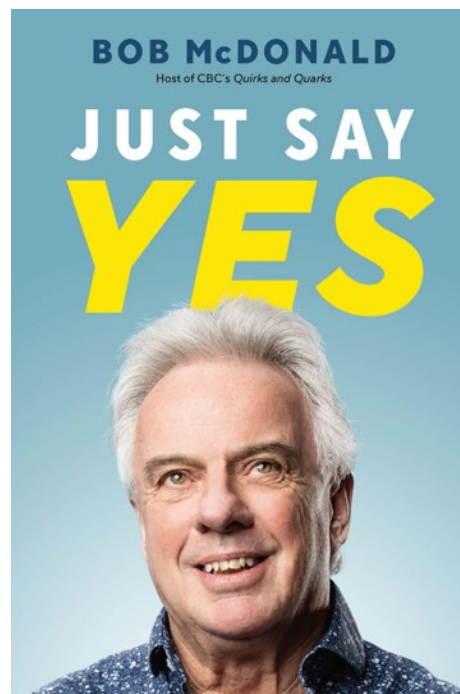
Bob McDonald, host of CBC Radio's Quirks and Quarks, offers a personal and inspiring memoir of life-changing events in his early years through five decades in science journalism.

REVERED SCIENCE REPORTER AND radio host Bob McDonald has devoted his career to turning our attention away from everyday perspectives and outward to the vast, intricate wonders of our planet and universe. Now, in this revealing and captivating memoir, he looks within, offering an intimate view of the path that brought him from a blue-collar background to his long-standing role as Canada's foremost explainer of all things scientific.

It's an engrossing and often jubilant story that allows McDonald to share powerful insights on overcoming fear of failure and tackling life-transforming challenges. Early on, he describes a childhood and youth plagued by difficulties in school that eventually convinced him to drop out of university. Yet, despite the academic obstacles, his love of science burned bright. Soon, through an innate stage sense and sheer enthusiasm, he landed a gig doing high-spirited demonstrations for the public at the Ontario Science Centre, which in turn led to self-produced tv spots.

And as each hard-won, never-certain success built on the last, he arrived at the role that would make him a national figure: the witty, engaging, passionately curious host of the perennially popular CBC Radio show *Quirks and Quarks*, reporting from the frontiers of scientific exploration and rubbing elbows with such luminaries as Chris Hadfield, Buzz Aldrin and Stephen Hawking. Told with all of McDonald's trademark pace and humour, *Just Say Yes* is bound to please, surprise and inspire his numerous fans in entirely new ways.

BOB McDONALD has been the host of CBC Radio's *Quirks and Quarks* since 1992. He is a regular science commentator on CBC News Network and science correspondent for CBC TV's *The National*. He has been honoured with the 2001 Michael Smith Award for science promotion from the Natural Sciences and Engineering Research Council of Canada, as well as the 2002 Sandford Fleming Medal from the Royal Canadian Institute for Science, and the 2005 McNeil Medal for the public awareness of science from the Royal Society of Canada. In November 2011, McDonald was made an Officer of the Order of Canada. He is the recipient of thirteen honorary doctorates and, in 2014, asteroid 332324 was officially named BOBMCDONALD in his honour. He lives in Victoria, BC.



MEMOIR

September

Cloth

CAD \$34.95

6" x 9" · 288 pages

12 B&W photographs

Rights held: World

9781771624206 (cloth)

9781771624213 (ebook)



Shadows of Tyranny

Defending Democracy in an Age of Dictatorship

.....
KEN MCGOOGAN

Bestselling historian and author Ken McGoogan delves into dictatorships of the twentieth century to sound this crucial alarm about the possibility of democratic collapse in the US and its implications for Canada.

TWENTIETH-CENTURY NOVELS SUCH AS George Orwell's 1984 and Margaret Atwood's *The Handmaid's Tale* produced visions of future dystopia that rang with echoes of past tyrannies. Always implied was a warning that history's worst chapters are never truly closed, and that we must not fail—as many of our forebears did—to recognize that the threat of totalitarianism cannot simply be wished away.

Shadows of Tyranny, an alarming and engrossing work of non-fiction from acclaimed Canadian author Ken McGoogan, draws on this sense of looping history to show how figures like Donald Trump replay many aspects of the authoritarianism that spread in the middle of the last century. Calling not only on Orwell and Atwood, but also on H.G. Wells, Yevgeny Zamyatin, Jack London and Hannah Arendt, McGoogan traces the ways democracy succumbed to paranoia, polarization, scapegoating and demagoguery less than a hundred years ago. These same forces, he argues, are now driving a far-right movement in the United States that seems devoted to using Trump's warped charisma as a "wrecking ball" to clear the way for autocracy closely resembling the dictatorships that stoked the Second World War.

With this prospect, McGoogan's central questions become all the more pressing: How should Canadians respond, officially and individually, to the possibility of democratic collapse in our powerful neighbour to the south? Is talk of manifest destiny from right-wing American firebrands like Tucker Carlson just chatter for the sake of notoriety? Or is it a hint of the expansionist urges that always lie at the heart of authoritarianism, and that may one day point the American military machine in our direction on the pretext of "liberating" us?

In the cautionary spirit of earlier visionary works, *Shadows of Tyranny* offers a galvanizing image of a dark possible future, as well as an urgent call to act in the belief that we still have the time and ability to ward it off.

KEN MCGOOGAN is the globe-trotting Canadian author of sixteen books—mostly nonfiction narratives but also novels and memoirs. His bestselling titles include *Searching for Franklin*, *Fatal Passage*, *Lady Franklin's Revenge*, and *Canada's Undeclared War: Fighting Words from the Literary Trenches*. His many accolades include the Pierre Berton Award for Popular History and the University of British Columbia Medal for Canadian Biography. A fellow of the Explorers Club and the Royal Canadian Geographical Society, McGoogan sails as a resource historian with Adventure Canada. He was born in Montreal, has lived in towns and cities across the country, and now resides in Guelph, ON.



Photo by Sheena Fraser McGoogan

HISTORY

August

Cloth

CAD \$36.95

6" × 9" · 320 pages

B&W photographs

Rights held: World

9781771624244 (cloth)

9781771624251 (ebook)



Dear Da-Lê

A Father's Memoir of the Vietnam War and the Iranian Revolution

ANH DUONG, WITH A FOREWORD BY ASHLEY DA-LÊ DUONG

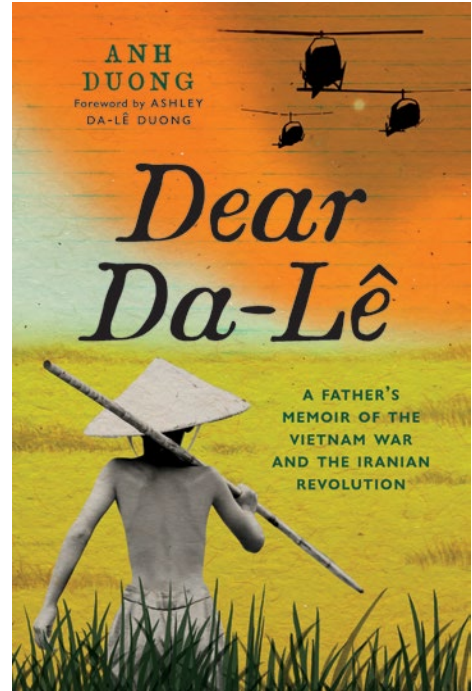
In an intensely revealing memoir written for his Canadian daughter, a man breaks a lifetime of silence about the traumas of his childhood in war-torn Vietnam and his years as a refugee in revolutionary Iran.

SPANNING DECADES AND GENERATIONS, this heartfelt memoir began over ten years ago as a series of letters from a worried father to his daughter. Anh Duong had witnessed countless menacing and terrible things as a child during the Vietnam War, and later as a refugee in Iran during the revolution of the late 1970s. But like many in the Vietnamese diaspora, he had remained silent about his experiences for years, believing that trauma was better left unspoken.

When his daughter, Ashley Da-Lê Duong, became involved in the 2012 student protests over tuition hikes in Quebec, he felt compelled to speak. For years a deeply reserved and laconic man, he now allowed the floodgates of memory to open as he warned his child of the ways that earnest activism can descend into violence, just as he had seen in his youth in Vietnam and Iran.

In precise prose, *Dear Da-Lê* moves along a taut narrative thread that begins with Duong's birth in 1953 and ends with his arrival in Canada, frayed and broke, in 1980. With surprising moments of hope and tenderness amid brutal divisions, the author creates a coming-of-age story intertwined with the human costs of war and exile. Its revelations are sure to resonate not only with the generation born to refugees of the Vietnam War, but with anyone seeking to understand the lasting, often hidden torments of violent conflict and the healing that can take place in the act of telling.

ANH DUONG was born in Thua-Thien Hue, Vietnam, and lived there and in Saigon until the mid-1970s, when he moved to Iran. He arrived in Canada in 1980, and worked for decades as an engineer in the petroleum industry in Calgary and Houston, Texas. Embarking on a writing career, Duong participated in the Banff Centre's Emerging Writers Intensive in 2017. He lives in Calgary, AB.



MEMOIR

September

Paper

CAD \$24.95

6" × 9" · 320 pages

3 B&W photographs and map

Rights held: World

9781771624282 (paper)

9781771624299 (ebook)



Climate Hope

Stories of Action in an Age of Global Crisis

.....
DAVID GESELBRACHT

Through extensive research and reporting, this boundary-crossing and highly readable survey of efforts to tackle climate change aims to replace our paralyzing fears with a restored sense of hope and determination.

CLIMATE CHANGE IS A problem so enormous and complex—with threats so frightening in their implications—that many of us fend off confusion and hopelessness by simply turning away. There are jobs to do, children to raise, bills to pay. Meanwhile, with delayed action, missed targets and increasingly dire reports at the international level, a notion that the crisis is intractable continues to spread.

And the proposed solutions can be just as daunting. They often involve jargon about gigatons of carbon and kilowatt-hours of electricity. In a deeply polarized political environment, any sense of the common purpose required to make these work seems to dissolve into denial or paralysis. With all this fear and conflict, the question must be asked: How do we find the tools and—equally important—the hope we need to tackle such a wickedly difficult issue?

In *Climate Hope*, journalist David Geselbracht blends in-depth research expert interviews and on-the-ground reporting in multiple countries to reveal remarkable efforts to identify the causes of climate and impacts of change—and devise crucial ways of addressing them.

Geselbracht brings the reader to the chaotic 2021 UN Climate Change Conference in Glasgow, as well as to giant heating ducts below the city of Copenhagen and to wildfire-scorched landscapes in Western Canada, to name just a few sites. The scale of the challenge is clear in the range of fields he covers, from glaciology and climate science to law and diplomacy. But in drawing these approaches together, he shares stories of hope, awe and wonder that encourage us to confront this long-term, world-warping phenomenon with a renewed sense of purpose and possibility.

DAVID GESELBRACHT is an environmental journalist and lawyer. His writing has appeared in *Canadian Geographic*, *The Globe and Mail* and *Broadview Magazine*, among other publications. As a lawyer, David is the General Counsel for a national environmental NGO, and he and his wife live in the East Kootenays, BC.



Photo courtesy of David Geselbracht

CURRENT AFFAIRS

October

Paper

CAD \$24.95

6" × 9" · 288 pages

Rights held: World

9781771624268 (paper)

9781771624275 (ebook)



Poutine

A Deep-Fried Road Trip of Discovery

.....
JUSTIN GIOVANNETTI LAMOTHE

While searching for the origins of Canada's most famous fried dish, journalist Justin Giovannetti Lamothe finds a reflection not only of the country's intricate history, but also of his own neglected cultural roots.

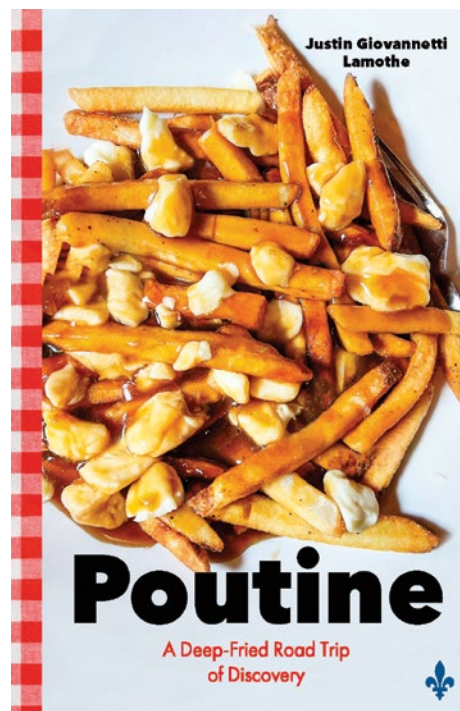
THE RECIPE IS DECEPTIVELY simple—fried potatoes, cheese curds, gravy—but the story behind it is as rich and complex as Canada itself. Poutine is the closest thing we have to a national dish. As its popularity has spread across the country and beyond, it has become what the baguette is to France: a kind of national symbol, as immediately Canadian as the toque, beaver or hockey puck.

Yet the odd, winding history of poutine has never been written—until now. Following lore about the dish's rise from the road-side chip wagons of rural Quebec, award-winning journalist Justin Giovannetti Lamothe tells a story that mirrors the growth of modern Canada and the shifting cultural gap between La Belle Province and its English-speaking neighbours.

As the son of an anglophone mother and a francophone father, Giovannetti Lamothe is perfectly suited to the task: much of his childhood was spent on the outskirts of Trois-Rivières, a stone's throw from the region where—according to locals—poutine was invented sometime in the 1950s or '60s. As he tracks poutine's origins and wanderings, he also reveals the evolving nature of his relationship to his father and, with this, to the Québécois heritage he once drifted away from.

After reading the delectable *Poutine*, you'll never see—or taste—this humbly famous food in quite the same way again.

Born in the heart of rural Quebec, **JUSTIN GIOVANNETTI LAMOTHE** has worked as a journalist in Ontario, Alberta and British Columbia. His reporting has focused on the human drama at the centre of such major events as the rail disaster in Lac-Mégantic and the wildfires in Fort McMurray, and has earned him an investigative award from the Canadian Association of Journalists. He lives in Montreal, QC.



CULINARY NARRATIVE

September

Paper

CAD \$24.95

6" × 9" · 256 pages

Rights held: World

9781771624220 (paper)

9781771624237 (ebook)



Quest for Speed

A History of Trains from Rocket to Bullet and Beyond

DEREK HAYES

Hop aboard this fascinating journey through the early days of railway trains to the modern-day superfast maglevs, which can reach speeds of 600 kilometres per hour. Exquisitely illustrated with hundreds of photos, both archival and modern, Quest for Speed: A History of Trains from Rocket to Bullet and Beyond is a visual feast for anyone interested in railways.

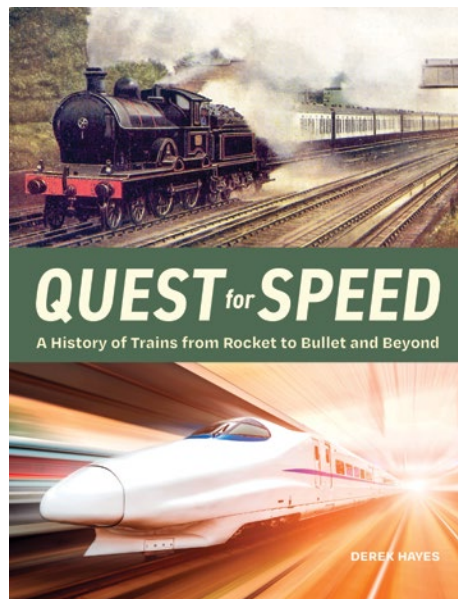
THIS IS A JOURNEY through time that criss-crosses the world, investigating trains that were considered high-speed back in their day. Focused at first in Britain, the birthplace of the railway, the book covers developments in the nineteenth and twentieth centuries across Europe. This includes the French TGV, which was inspired by the early Japanese Shinkansen—the Bullet Train—and is credited with kick-starting the modern rise of the high-speed train in the West.

American and Canadian trains from the 1930s also feature in the book, including awe-inspiring steam monsters but also the svelte diesel rail cars that revolutionized rail travel before World War Two. The book documents the many attempts at higher speeds since then, which generally did not achieve the ultra-high speeds that have become the norm in some parts of the world today.

From steam to diesel to gas turbines to electric, it's all covered, including significant, recent innovations such as driverless trains and maglevs (magnetic levitation trains) on conventional track, which may well be the way of the future.

With hundreds of colour photographs and text aimed at all those interested in history and the development of technology (not just railway enthusiasts), *Quest for Speed* will entertain, fascinate and delight.

DEREK HAYES, a geographer by training, has a passion for old maps and what they can reveal about the past. He is the author of the best-selling *Historical Atlas of the Pacific Northwest*, which sold over 55,000 copies; the *Historical Atlas of Canada*, and *Canada: An Illustrated History*. Hayes' other books on trains include *Historical Atlas of the North American Railroad*, *Historical Atlas of Early Railways* and *Iron Road West: An Illustrated History of British Columbia's Railways*. He lives in White Rock, BC.



HISTORY

Hardcover

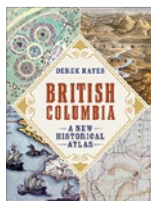
CAD \$44.95 CAD

10.9" × 8.4" · 256 pages

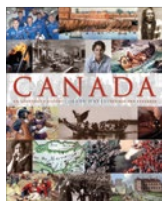
Rights held: Canada and USA

9781771623797 (hardcover)

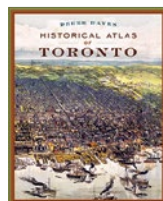
ALSO BY DEREK HAYES



9781771622110
BRITISH COLUMBIA:
A NEW HISTORICAL ATLAS
\$59.95 paper



9781771621205
CANADA
\$38.95 paper



9781553654971
HISTORICAL ATLAS
OF TORONTO
\$34.95 paper

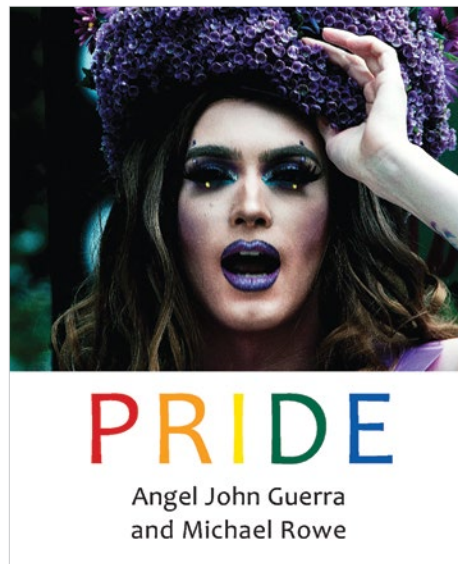


Pride

ANGEL JOHN GUERRA, MICHAEL ROWE

TORONTO'S INAUGURAL GAY Pride March took place in 1974 when a hundred people gathered to march from Allan Gardens to Queen's Park, calling on lawmakers to include sexual orientation in the Ontario Human Rights Code. The march helped lay the groundwork for what has become one of the largest gay pride festivals in the world. In *Pride*, Lambda-award-winning writer Michael Rowe brings this history, and the challenges the gay community has faced since, into sharp focus while Toronto photographer Angel Guerra captures his city's pride parade on a human scale. In 120 photographs, Guerra zooms in from the glorious spectacle to the small scenes and single participants, shining a light on moments of joy, strength, ferocity, resilience and love. At a time when 2SLGBTQI+ rights are under renewed threat throughout the world, Guerra and Rowe's work captures the power of a movement that contains multitudes.

LGBTQ+ · 9781771623971 · 6" × 7½" · 160 pages · hardcover · 120 colour photographs · CAD \$24.95



Reservations

The Pleasures and Perils of Travel

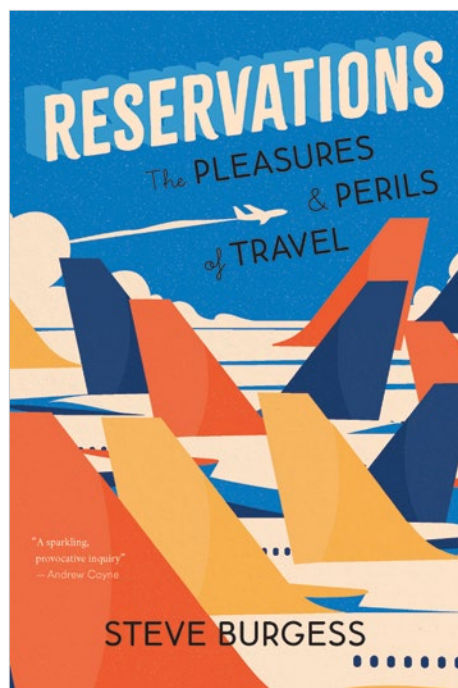
STEVE BURGESS

TRAVEL WAS ONCE a marker of sophistication. Now the tourist is just as likely to be viewed as one locust in an annihilating swarm. Tourists face tough questions: When does economic opportunity become exploitation? How do we justify the use of climate-changing jet fuel? And can we be sure our tourist dollars aren't propping up corrupt and brutal regimes?

Now, as the world returns to travel, Steve Burgess asks: Is satisfying our own wanderlust worth the trouble it causes everyone else? Or is the tourist guilty of the charges—from voyeurism to desecration—levelled against them by everyone from environmentalists to exhausted locals to superior-feeling fellow tourists who have traded in the tour bus for “authentic experiences”?

In this smart and sharply funny interrogation of our right to roam, Burgess looks into the traveller's soul, sharing the stories of some of his most personally-significant travels, from Rome to Tana Toraja, and looking to studies and experts around the world for insight into why we travel and how we could do it better. And throughout, he tells the story of a month in Japan—his first trip outside North America—and the whirlwind cross-cultural romance that brought him there, and took him on a journey around the country in search of wonder and maybe even love.

TRAVEL · 9781771624015 · 6" × 9" · 312 pages · paper · CAD \$26.95



Window Shopping for God

A Comedian's Search for Meaning

DEBORAH KIMMETT

DEBORAH KIMMETT HAS worshipped a lot of deities. After emerging from a rigidly Catholic childhood, she danced with witches, whirled with Sufis and explored the Power of Now like there was no tomorrow.

Whether describing her teenage fear of demonic possession (and wardrobe hack for thwarting the Prince of Darkness), the perils of a comedy career (alcoholism, alienation, sexism, etc.), or her reconciliation with her estranged brother as he faced terminal illness (just to up the stakes), Kimmett's writing is unflinchingly honest, laugh-out-loud funny and deeply relatable. As she says, "if you disassociate from your body, it's called trauma. If you disassociate and get paid for it, it's called a comedy career."

MEMOIR · 9781771623995 · 6" × 9" · 288 pages · paper · CAD \$26.95



52 Weeks to a Sweeter Life for Caregivers, Activists and Helping Professionals

A Workbook of Emotional Hacks, Self-Care Experiments and Other Good Ideas

FARZANA DOCTOR

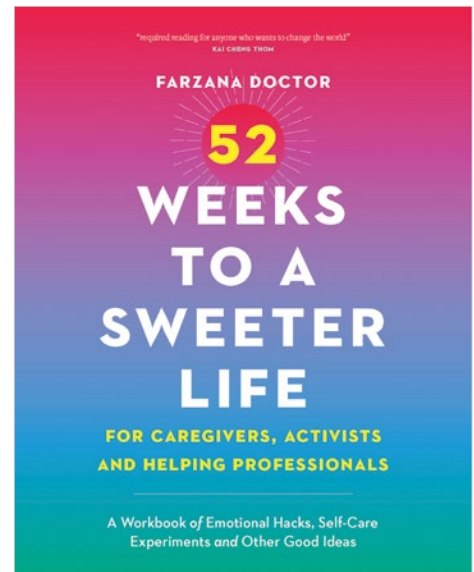
AS AN ACTIVIST, community organizer and social worker, Farzana Doctor has preached self-care to hundreds of people struggling with burnout and exhaustion. But for years she couldn't manage to take her own advice.

Many other helpers she knew were the same: they knew the signs of burnout, and they understood the science of self-care. Maybe they'd taken workshops on vicarious trauma; maybe they'd even taught them. But still they struggled to escape the cycle of overwork, overwhelm and recovery. *52 Weeks to a Sweeter Life* is a workbook that speaks directly to these people—and anyone who struggles to pause, set boundaries and centre their own needs.

The workbook contains fifty-two lessons, one for each week of the year. Each week, readers will find a simple new idea and an experiment for trying it out, with deeper dives into the material provided, but every level of participation celebrated. Throughout, Doctor embraces both community care and self-care at the same time, showing readers the overlap between the two.

Beautifully written, direct and insightful, this workbook is a gentle and practical guide to a more balanced life, written for those who need it most.

SELF-HELP · 9781771624039 · 8" × 10" · 208 pages · paper · CAD \$24.95



Mr. Good-Evening

A Mystery

JOHN MACLACHLAN GRAY

MISS DORA DECKER doesn't look like the sort of young woman capable of stabbing her stockbroker employer twenty-five times with her high-heeled shoe; yet, thanks to a slow news day, she has become internationally famous as the Fatal Flapper, and the police are only too happy to make the arrest.

Meanwhile, Ed McCurdy, former muckraking journalist, has traded his typewriter for a career reading radio news as Mr. Good-Evening, Canada's first "radio personality." As a celebrity he draws resentment and paranoia from far and near, and he worries that the next murder victim will be himself.

Inspector Calvin Hook scours the wet, boozy streets of gritty 1920s Vancouver, piecing together a mystery that somehow connects Al Capone, Winston Churchill and Brother Osiris, the leader of a mystical cult on De Courcy Island.

FICTION • 9781771623957 • 6" × 9" • 320 pages • cloth • CAD \$34.95



Westviking

The Ancient Norse in Greenland and North America

FARLEY MOWAT

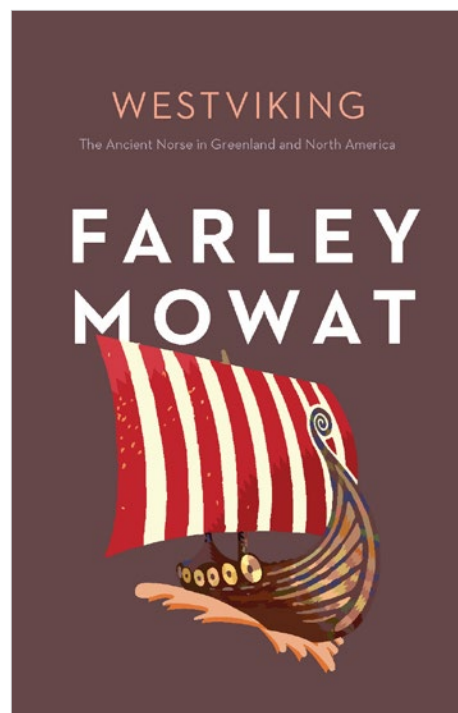
THE VIKING SAGAS speak of a land called Vinland, a place of abundant resources and possibilities. Nearly a thousand years after the events those tales describe, Farley Mowat sets out to decipher these ancient accounts and trace their path along the rugged coastlines of the North Atlantic.

In this celebrated classic first published in 1965, Mowat's immersive storytelling brings Viking culture to life as he tells the story of Viking settlement in Vinland—now thought to include areas of Newfoundland and New Brunswick—five hundred years before Christopher Columbus and John Cabot.

With the vivid prose that made him a bestselling author and beloved storyteller, Mowat follows the stories of Norsemen like Erik the Red, Leif Erikson, Bjarni Herjolfsson and Thorfinn Karlsefni, unravelling their struggles and triumphs as they set sail for the uncharted waters of the New World—then face the challenges of a new and unfamiliar land.

Meticulously researched and grippingly told, Mowat infuses his own adventurous spirit into the little-known story of the Viking culture that once took hold on the edges of North America.

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Mamaskatch

A Cree Coming of Age

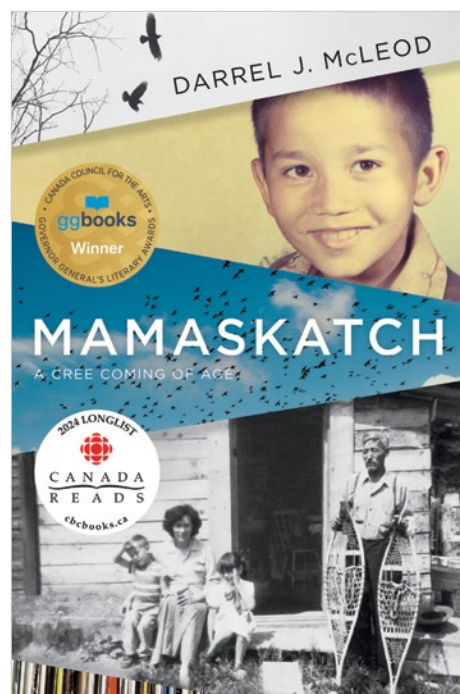
DARREL J. MCLEOD

GROWING UP in the tiny village of Smith, Alberta, Darrel J. McLeod was surrounded by his Cree family's history. In shifting and unpredictable stories, his mother, Bertha, shared narratives of their culture, their family and the cruelty that she and her sisters endured in residential school. McLeod was comforted by her presence and that of his many siblings and cousins, the smells of moose stew and wild peppermint tea, and his deep love of the landscape. However, in a spiral of events, Darrel's mother turned wild and unstable, and their home life became chaotic. Darrel struggled to maintain his grades and pursue an interest in music while changing homes many times, caring for his younger siblings and suffering abuse at the hands of his surrogate father. Meanwhile, his sibling's gender transition provoked Darrel to deeply question his own sexual identity.

The fractured narrative of *Mamaskatch* mirrors Bertha's attempts to reckon with the trauma and abuse she faced in her own life, and captures an intensely moving portrait of a family of strong personalities, deep ties and the shared history that both binds and haunts them.

Beautifully written, honest and thought-provoking, *Mamaskatch*—named for the Cree word used as a response to dreams shared—is ultimately an uplifting account of overcoming personal and societal obstacles. In spite of the traumas of Darrel's childhood, deep and mysterious forces handed down by his mother helped him survive and thrive.

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Princess of the Savoy

A Priscilla Tempest Mystery, Book 3

RON BASE AND PRUDENCE EMERY

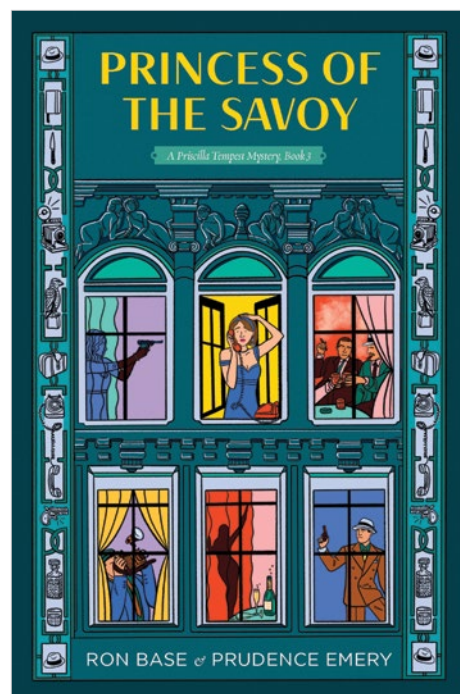
EVERYTHING AT LONDON'S Savoy Hotel appears to be the picture of perfection: two Italian princes are checking in and an amorous English lord is taking photographs on the rooftop.

But in the Savoy Press Office, it's a different picture entirely. There, Miss Priscilla Tempest is scrambling to avoid a boss who would like to be rid of her, a threatening American gangster, and the rather thrilling star of the Tarzan movies. And it isn't long before a fascist plot, hatched in an English country estate, arrives to truly ruin her day—and threaten British democracy.

In this third installment in Ron Base and Prudence Emery's beloved series, reluctant Canadian crime-fighter Priscilla Tempest joins forces with her would-be lover—the ink-stained scribe of Fleet Street, Percy Hoskins—on a danger-filled adventure to untangle a deadly web of conspiracy that could get them both killed.

Sassy, suspenseful and always entertaining, *Princess of the Savoy* will delight readers looking to escape into a world of glamour, danger, treachery and a dead body or two—where there is always time for just one more cocktail, even when democracy itself is at stake.

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