

**GREYSTONE  
BOOKS**

**FALL 2022**



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**GREYSTONE BOOKS**  
greystonebooks.com



**GREYSTONE KIDS**  
greystonekids.com

Greystone Books gratefully acknowledges the  
Musqueam, Squamish, and Tsleil-Waututh peoples  
on whose land our Vancouver head office is located.

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Vancouver, BC V6A 1A4  
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An agency of the Province of British Columbia



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du Canada



## PUBLISHER'S NOTE

**IN MY FIRST NOTE** as publisher of Greystone Books, I want to extend my gratitude to my amazing colleagues at Greystone, who have supported me through this transition. I'm thrilled to take on this exciting challenge, but I wouldn't be able to do it without them. I am also very grateful to Rob Sanders, founding publisher of Greystone Books and now our CEO, for his unwavering faith in me to lead Greystone forward and to build on his legacy.

While I am new to the role of publisher, I have been a part of the Greystone family for close to two decades. I'm honored to have played a role in the success of many books and authors over those years, and I look forward to championing our existing authors and building our new lists over the years to come.

Speaking of our publishing history, Greystone first published *The Sacred Balance* by David Suzuki twenty-five years ago, in 1997. In its pages, he shares his most important messages about our place in the natural world and what we must do to preserve the environment. David writes that the way we see the Earth shapes the way we treat it—if we regard a forest as a sacred grove, rather than lumber and pulp, then our actions will reflect far greater humility, respect, and responsibility.

This message resonates more strongly today than ever, and I am proud that Greystone is publishing the 25th anniversary edition of *The Sacred Balance* this season. In these uncertain times, it serves us well to remember that we are interconnected, both to the natural world and to each other, and to care for and respect all our relationships.

**JEN GAUTHIER | PUBLISHER**

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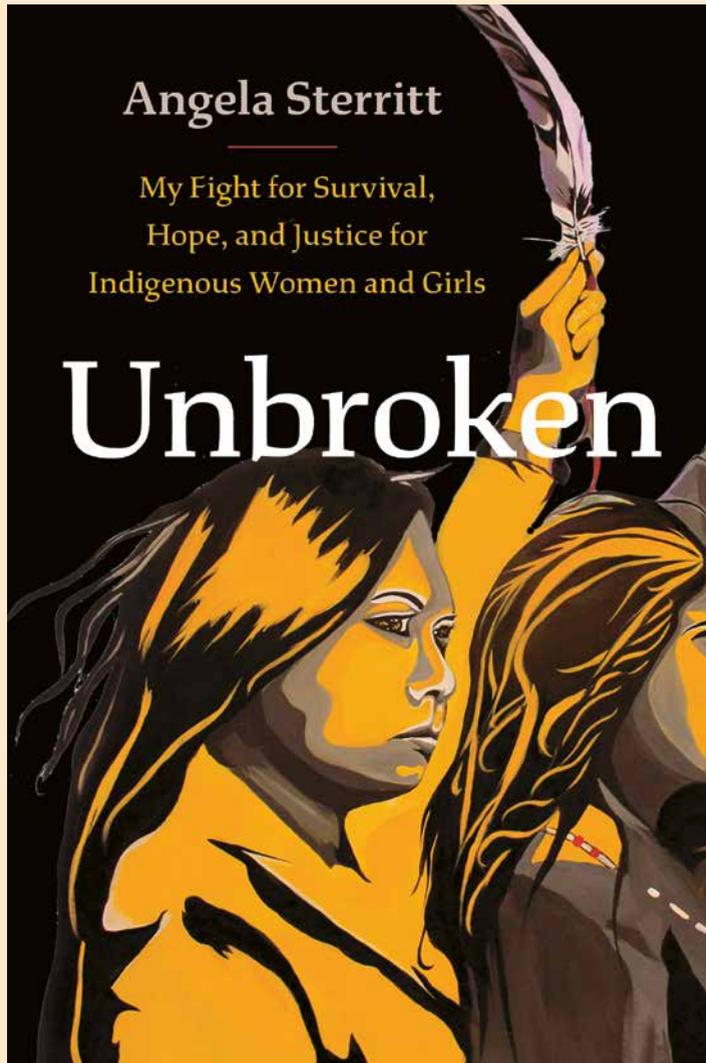
Greystone Books is committed to reducing our environmental footprint in our production and supply chain. We print on paper that meets international standards set by globally recognized organizations that certify paper products sourced with socially responsible and environmentally friendly methods.

# Unbroken

*My Fight for Survival, Hope, and Justice  
for Indigenous Women and Girls*

ANGELA STERRITT

---



**A remarkable work of memoir and investigative journalism focusing on missing and murdered Indigenous women, written by an award-winning Gitksan journalist who survived life on the streets against all odds.**

"Sterritt's story is living proof of how courageous Indigenous women are. Listen to her voice and hear the sound of the land, hear the sound of our women weeping but also raging—refusing to be neglected or ignored any longer."

**TANYA TALAGA**, author of *Seven Fallen Feathers* and *All Our Relations*

Hardcover

ISBN 978-1-77164-816-5

Ebook also available

6 × 9 • 312 pages

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Vancouver, BC

**MEMOIR / INDIGENOUS STUDIES /  
TRUE CRIME**

**Canada** September 2022 • \$34.95

**U.S.** September 2022 • \$27.95

**U.K.** November 2022 • £19.99

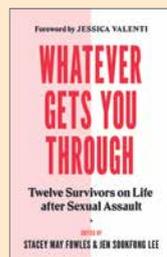
- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

**AS A GITXSAN** teenager navigating life on the streets, Angela Sterritt wrote in her journal to help her survive and find her place in the world. Now an acclaimed journalist, she writes for major news outlets to push for Indigenous justice. In her brilliant debut, Sterritt shares her memoir alongside investigative reporting on cases of missing and murdered Indigenous women in Canada, showing how colonialism and racism led to a society where Sterritt struggled to survive as a young person, and where the lives of Indigenous women and girls are ignored and devalued.

"She could have been me," Sterritt acknowledges throughout the book, and her empathy for victims, survivors, and families drives her present-day investigations. In the end, Sterritt steps into a place of power, demanding accountability from the media and the public, exposing racism, and showing that there is much work to do on the path towards understanding the truth. But most importantly, she proves that the strength and brilliance of Indigenous women are unbroken, and that, together, they can build lives of joy and abundance.

**ANGELA STERRITT** is an award-winning journalist, writer, and artist. Sterritt has worked as a journalist for close to twenty years and has been with the CBC since 2003. She currently works with CBC Vancouver as a host and television, radio, and digital reporter. She is a proud member of the Gitksan Nation and lives on x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam), Skw̓x̓wú7mesh (Squamish), and Səlil̓wətaʔ (Tsleil-Waututh) territories in Vancouver, Canada.

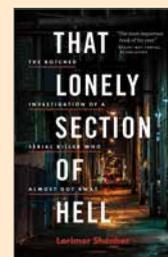
#### ALSO OF INTEREST:



#### **Whatever Gets You Through**

*Twelve Survivors on Life After Sexual Assault*  
Stacey May Fowles  
and Jen Sookfong Lee

978-1-77164-373-3 • PBK  
\$22.95 CAN, \$17.95 U.S.,  
£12.99 U.K.



#### **That Lonely Section of Hell**

*The Botched Investigation of a Serial Killer Who Almost Got Away*  
Lorimer Shenher

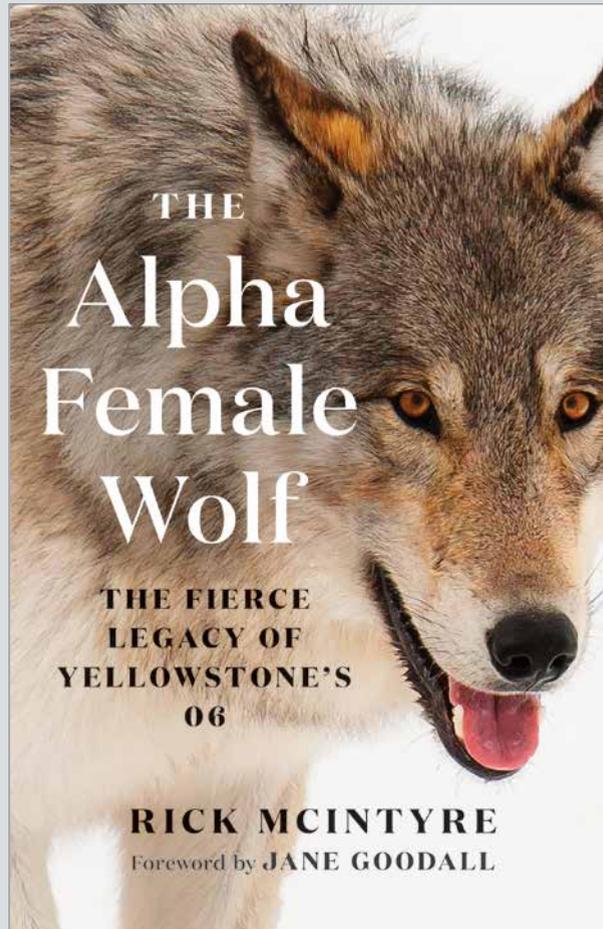
978-1-77164-093-0 • HC  
\$32.95 CAN, \$27.95 U.S.,  
£18.99 U.K.

# The Alpha Female Wolf

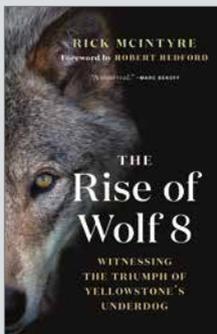
*The Fierce Legacy of Yellowstone's 06*

**RICK MCINTYRE**

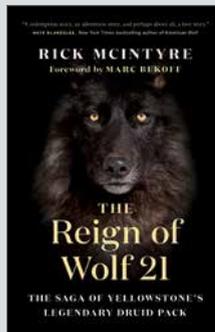
Foreword by **JANE GOODALL**



Book Four in the award-winning *Alpha Wolves of Yellowstone* series



**The Rise of Wolf 8**  
*Witnessing the Triumph of  
Yellowstone's Underdog*  
Rick McIntyre  
978-1-77164-780-9 • PBK  
\$24.95 CAN, \$17.95 U.S.,  
£12.99 U.K.



**The Reign of Wolf 21**  
*The Saga of Yellowstone's  
Legendary Druid Pack*  
Rick McIntyre  
978-1-77164-996-4 • PBK  
\$24.95 CAN, \$17.95 U.S.,  
£12.99 U.K.



**The Redemption  
of Wolf 302**  
*From Renegade to Yellow-  
stone Alpha Male*  
Rick McIntyre  
978-1-77164-527-0 • HC  
\$34.95 CAN, \$26.95 U.S.,  
£18.99 U.K.

# This incredible story of the o6 female and her lineage highlights the pivotal role alpha females play in wolf packs.

Hardcover

ISBN 978-1-77164-858-5

Ebook also available

5.5 × 8.5 • 288 pages

2 B&W maps (1 overview map of Yellowstone and 1 range map),  
8-page color insert

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Silver Gate, Montana

**NATURE & ENVIRONMENT**

**Canada** October 2022 • \$34.95

**U.S.** October 2022 • \$27.95

**U.K.** December 2022 • £18.99

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

“One of the most important books on animal behavior published in recent years.”

**MARC BEKOFF**, coauthor of *A Dog's World*

“[Rick’s] writing is so vivid, so powerful, that I feel I have been right there with [him] among the wolves of Yellowstone. And I urge you, the reader, to come with us and discover the magic of wolf society.” **DR. JANE GOODALL**, DBE, founder of the Jane Goodall Institute and UN Messenger of Peace

**YELLOWSTONE’S O6 FEMALE** was called “the most famous wolf in the world.” Her strength, beauty, and intelligence were unmatched, and her ability to hunt, protect her young pups from danger, and choose the right mates secured the success of her pack. In his latest book, award-winning author and renowned wolf researcher Rick McIntyre turns his spotting scope on O6 and other remarkable female wolves, telling the gripping, dramatic true story of five generations of female leaders in Yellowstone National Park.

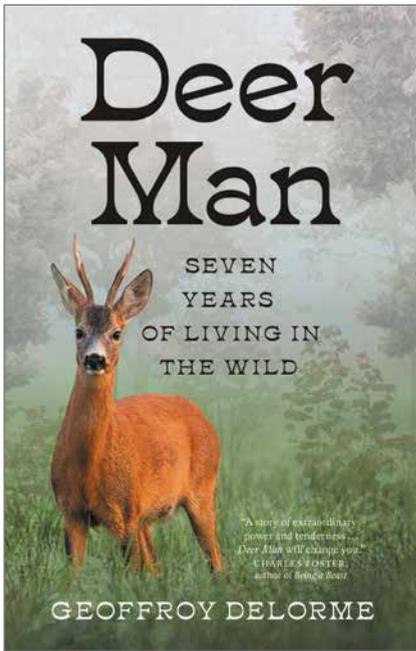
As Rick shows us, female wolves, and not their male counterparts, play the most pivotal roles in pack life. They choose who may mate with them and where their pack will hunt and raise pups. They negotiate treaties and fiercely defend their families. The only opponent they cannot defeat is a human with a gun.

In *The Alpha Female Wolf*, McIntyre profiles the remarkable life of O6 and other female wolves who deserve our recognition. Throughout, McIntyre weaves wolf biology and storytelling into a gripping narrative that, once again, gives readers a rare window into life in a wolf pack—this time from a female point of view.

**RICK MCINTYRE** has spent more time observing and documenting wolves in the wild than any other person. A retired National Park ranger, McIntyre has spent more than forty years watching wolves in America’s national parks, including twenty-five years in Yellowstone.

**JANE GOODALL** is a renowned primatologist and conservationist. Widely considered the world’s foremost expert on chimpanzees, she is also a UN Messenger for Peace.





## Deer Man

Seven Years of Living in the Wild

**GEOFFROY DELORME**

Translated by **SHAUN WHITESIDE**

"A story of extraordinary power and tenderness, showing that intimate relationships with the wild world and the wild self is both possible and vital... *Deer Man* will change you." **CHARLES FOSTER**, author of *Being a Beast* and *Being a Human*

*An astonishing and ethereal account of one man's quest to immerse himself in nature and live with wild deer.*

**GEOFFROY DELORME NEVER** fit in the human world. As a boy, he dreamed of transforming into a fox so he could escape to the forest. As he got older, he would disappear into the woods, drawn to the rhythms of animal life and away from the rules of a society he did not understand. One night, an encounter with a deer changed his life: from then on, he knew he wanted to live among them.

In *Deer Man*, Delorme describes becoming a creature of the forest, working to blend in with the deer without disrupting them, and living without a tent or sleeping bag. Slowly, the deer allow Delorme into their world. He witnesses births and deaths, loves and battles, ostracism and friendship over the cycles of their lives. Above all, he experiences the beauty, pain, fear, and joy of a life lived within nature, not separate from it.

In his seventh year in the forest, Delorme meets a woman walking through the trees. He knows he can stay in the forest and die with his friends—or he can leave, and speak their truth to a human world that desperately needs to hear it.

**GEOFFROY DELORME** is a nature photographer, writer, and deer expert. For seven years, he left human society behind to live among roe deer in a forest in northern France.

Hardcover

ISBN 978-1-77164-979-7

Ebook also available

5.5 × 8.5 • 240 pages

26 B&W photos

**RIGHTS HELD:** North America, English

**AUTHOR HOME:** Normandy, France

**TRANSLATOR HOME:** U.K.

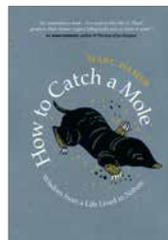
**NATURE / MEMOIR**

**Canada** September 2022 • \$32.95

**U.S.** September 2022 • \$26.95

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

### ALSO OF INTEREST:



**How to Catch a Mole**

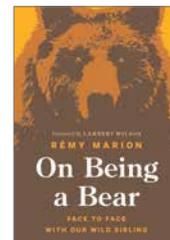
*Wisdom From a Life*

*Lived in Nature*

Marc Hamer

978-1-77164-994-0 • PBK

\$22.95 CAN, \$17.95 U.S.



**On Being a Bear**

*Face to Face With*

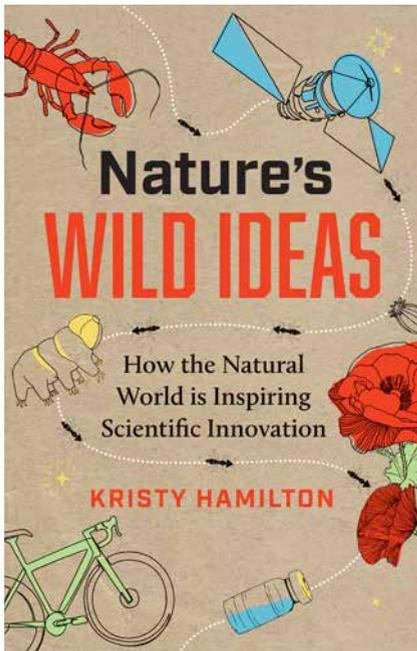
*Our Wild Sibling*

Rémy Marion

978-1-77164-698-7 • HC

\$29.95 CAN, \$24.95 U.S.,

£16.99 U.K.



Hardcover

ISBN 978-1-77164-819-6

Ebook also available

5.5 × 8.5 • 328 pages

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** San Francisco, California

**SCIENCE / NATURE**

**Canada** October 2022 • \$32.95

**U.S.** October 2022 • \$27.95

**U.K.** October 2022 • £18.99

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

## Nature's Wild Ideas

*How the Natural World Is Inspiring Scientific Innovation*

**KRISTY HAMILTON**

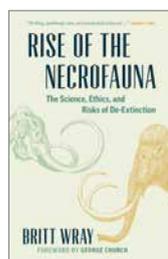
*A lively and endlessly fascinating deep-dive into nature and the many groundbreaking human inventions inspired by the wild.*

**WHEN ASTRONOMERS WANTED** a telescope that could capture X-rays from celestial bodies, they looked to the lobster. When doctors wanted a medication that could stabilize Type II diabetic patients, they found their muse in a lizard. When scientists wanted to drastically reduce emissions in cement manufacturing, they observed how corals construct their skeletons in the sea. This is biomimicry in action: taking inspiration from nature to tackle human challenges.

In *Nature's Wild Ideas*, Kristy Hamilton goes behind the scenes of some of our most unexpected innovations. She traverses frozen waterfalls, treks through cloudy forests, discovers nests in the Mojave Desert, scours intertidal zones, and takes us to the deepest oceans and the loftiest volcanoes to reveal to us the animals and plants that have inspired everything from cargo routing systems to non-toxic glues. In doing so, she introduces us to the men and women who followed that first spark of “I wonder” all the way to its conclusion, sometimes against all odds. While the joy of scientific discovery is front and center, *Nature's Wild Ideas* is also a love letter to nature—complete with a deep message of conservation: if we are to continue learning from the creatures around us, we must protect their untamed homelands.

**KRISTY HAMILTON** is a science journalist and WHOI Ocean Science Journalism fellow. Her work appears in *Science* magazine, *Business Insider*, *I Fucking Love Science*, the *Seattle Times*, the International Ocean Film Festival, and the *Seattle Weekly*, among others. She lives in California.

### ALSO OF INTEREST:



**Rise of the Necrofauna**  
*The Science, Ethics, and Risks of De-Extinction*

Britt Wray

978-1-77164-472-3 • PBK  
\$21.95 CAN, \$17.95 U.S.,  
£12.99 U.K.

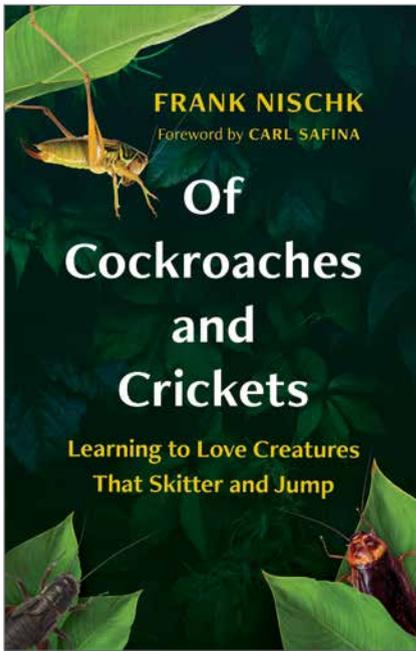


**The Blue Wonder**

*Why the Sea Glows, Fish Sing, and Other Astonishing Insights From the Ocean*

Frauke Bagusche

978-1-77164-604-8 • HC  
\$34.95 CAN, \$28.95 U.S.,  
£19.99 U.K.



# Of Cockroaches and Crickets

*Learning to Love Creatures That Skitter and Jump*

**FRANK NISCHK**

Foreword by **CARL SAFINA**

Translated by **JANE BILLINGHURST**

*From an entomologist comes an enthralling book that will change the way you feel about cockroaches, crickets, and more seemingly creepy critters.*

**FOR MOST OF US**, cockroaches are unwelcome pests. Not so for entomologist Frank Nischk. In *Of Cockroaches and Crickets*, Nischk reveals the wonderful, fascinating world of so-called “nasty” creatures, illustrating that even the most unusual insects are essential to all life on Earth.

Nischk never planned to study cockroaches. But when an opportunity to research hummingbirds fell through, he switched to studying cockroach feces—and soon fell in love. In fascinating chapters dedicated to his roach friends, Nischk explains that cockroaches are incredible survivors, devoted parents, and adapt to almost any environment. He even answers the age-old question of whether a cockroach would survive a nuclear explosion. Next, Nischk travels to Ecuador to record cricket sounds, where he finds jungles bursting with a riot of insect life, including bullet ants, whose bites are shockingly painful. As Nischk narrates his (mis)adventures as an entomologist, he discusses intriguing insect discoveries, from damselflies who lay eggs deep underwater, to zombie fungi that invade the brains of ants.

No matter your outlook on creatures that skitter and jump, after reading this eye-opening and warm-hearted book, you are sure to think twice before you step on a cockroach!

**FRANK NISCHK** is an entomologist, science reporter, and filmmaker who has studied insects around the world. Since 2000, he has been working as a journalist and a director of TV documentaries, including award-winning nature and animal films. He lives in Cologne, Germany.

**CARL SAFINA** is an award-winning ecologist and bestselling author, and founding president of the not-for-profit Safina Center, a unique group of creative thought-leaders who advance the case for life on Earth. His latest book is *Becoming Wild: How Animal Cultures Raise Families, Create Beauty, and Achieve Peace*.

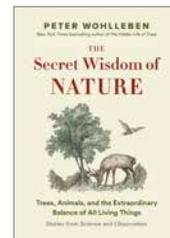
## ALSO OF INTEREST:



### **The Blue Wonder**

*Why the Sea Glows, Fish Sing, and Other Astonishing Insights From the Ocean*  
Frauke Bagusche

978-1-77164-604-8 • HC  
\$34.95 CAN, \$28.95 U.S.,  
£19.99 U.K.



### **The Secret Wisdom of Nature**

*Trees, Animals, and the Extraordinary Balance of All Living Things*  
Peter Wohlleben

978-1-77164-388-7 • HC  
\$29.95 CAN, \$24.95 U.S.

Hardcover

ISBN 978-1-77164-872-1

Ebook also available

5.5 × 8.5 • 232 pages

**RIGHTS HELD:** World, English

**AUTHOR HOME:** Cologne, Germany

**TRANSLATOR HOME:** USA

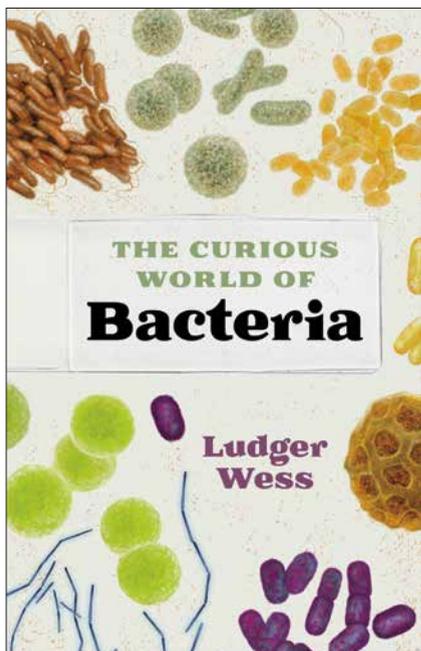
**SCIENCE / NATURE**

**Canada** February 2023 • \$32.95

**U.S.** February 2023 • \$26.95

**U.K.** February 2023 • £18.99

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach



Hardcover

ISBN 978-1-77164-825-7

Ebook also available

5.5 × 8.5 • 232 pages

**RIGHTS HELD:** World, English

**AUTHOR HOME:** Hamburg, Germany

**TRANSLATOR HOME:** Canada

**SCIENCE / NATURE**

**Canada** February 2023 • \$29.95

**U.S.** February 2023 • \$24.95

**U.K.** February 2023 • £17.99

# The Curious World of Bacteria

**LUDDER WESS**

Translated by **JAMIE MCINTOSH**

*A delightfully written, scientifically rigorous, and beautifully designed ode to the first life on Earth.*

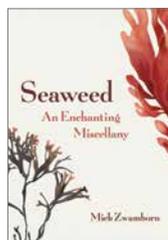
**IN THIS UNUSUAL** and lovely book, author and scientist Ludger Wess introduces an eclectic collection of impressive, useful, weird, and dangerous bacterial species. But before he does, Wess spends the first part of the book revealing amazing facts about these incredible microbes, including their ability to survive almost anywhere (even in outer space), to “sleep” for millions of years before becoming active again, to maintain immune systems, and to—hypothetically—live in worlds beyond our own.

Having imparted a wealth of bacterial knowledge, Wess moves on to Part Two, his curious compendium of bacterial species, where he presents fifty fascinating portraits grouped into useful categories: bacteria that are record holders, extreme-habitat dwellers, unusual consumers, people-helpers, and people-harmers. Along the way, we learn about space launches, volcanic explosions, life-saving vaccines, and more. At the end of this engrossing read, Wess recognizes how much we still don’t know about bacteria. But by starting here, we can come closer to understanding the first life on Earth.

**LUDDER WESS** holds a degree in biology and chemistry, and a PhD in social studies of sciences. He worked as a molecular biologist before turning to a career as a science writer, focusing on genetic engineering and biotechnology. He is a member of the National Association of Science Writers, and his articles have appeared in *BioWorld*, *Biotechnology International*, *Chemistry & Industry*, and *The Scientist*, among other publications.

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

## ALSO OF INTEREST:

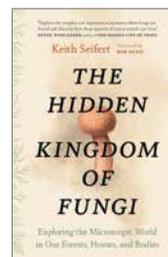


**Seaweed,  
An Enchanting Miscellany**

Miek Zwamborn

978-1-77164-599-7 • HC

\$26.95 CAN, \$18.95 U.S.



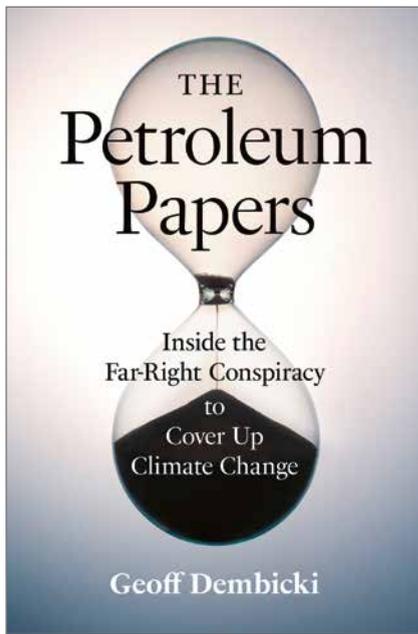
**The Hidden Kingdom  
of Fungi**

Exploring the Microscopic  
World in Our Forests,  
Homes, and Bodies

Keith Seifert

978-1-77164-662-8 • HC

\$34.95 CAN, \$27.95 U.S.,  
£18.99 U.K.



Hardcover

ISBN 978-1-77164-891-2

Ebook also available

6 x 9 • 288 pages

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Brooklyn, New York

**SCIENCE / CLIMATE CHANGE / POLITICS**

**Published in partnership with  
the David Suzuki Institute**

**Canada** September 2022 • \$34.95

**U.S.** September 2022 • \$27.95

**U.K.** October 2022 • £19.99

- Extensive galley distribution
- International publicity campaign
- Digital and print advertising
- Promotion on Edelweiss
- Social media campaign; influencer outreach

## The Petroleum Papers

*Inside the Far-Right Conspiracy to Cover Up Climate Change*

**GEOFF DEMBICKI**

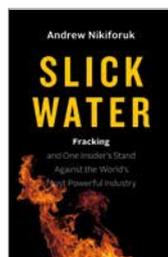
*Drawing from hundreds of confidential oil industry documents spanning decades, this explosive work of investigative reporting reveals for the first time the far-right conspiracy that's stopped the world from getting the climate emergency under control.*

**IN THE PETROLEUM PAPERS**, investigative journalist Geoff Dembicki tells the story of how the American oil companies that founded the tar sands in Alberta, Canada—home to the third-biggest oil reserves on the planet—ignored warnings about climate devastation as early as 1959. Instead of acknowledging their part in an impending global disaster—and alerting the world to act—these companies harnessed their billions to spread disinformation and climate denial, torpedo international treaties, and help elect Donald Trump, leaving the Joe Biden administration with a sprawling climate mess.

But Dembicki also tells the high-stakes stories of people fighting back: the Seattle lawyer who brought Big Tobacco to its knees and is now going after Big Oil, a young Filipino activist who saw her family drown in a climate disaster, and a former engineer at Exxon who was pushed out for asking too many hard questions. While experts are now warning we have less than a decade to get global emissions under control, *The Petroleum Papers* provides a step-by-step account of how we got to this precipice and of the politicians and companies who deserve our blame.

**GEOFF DEMBICKI** is an investigative climate-change reporter from Alberta, Canada, home of the largest tar sand deposits in the world. His book *Are We Screwed? How a New Generation Is Fighting to Survive Climate Change* won the 2018 Green Prize for Sustainable Literature. He is a regular contributor to *The Tyee* and *VICE*. He lives in Brooklyn.

### ALSO OF INTEREST:

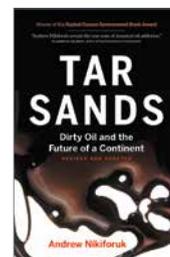


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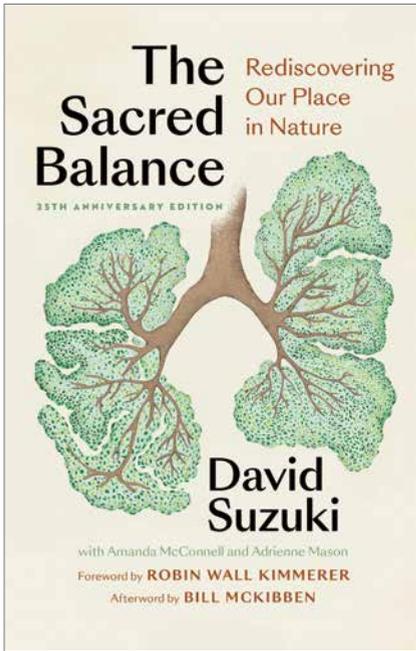


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## The Sacred Balance

*Rediscovering Our Place in Nature*  
25th Anniversary Edition

**DAVID SUZUKI** with **AMANDA MCCONNELL** and **ADRIENNE MASON**  
Foreword by **ROBIN WALL KIMMERER**  
Afterword by **BILL MCKIBBEN**

“The most complete expression to date of an environmental ethic from one of the world’s leading conservation writers, combining science, theology, poetry, and philosophy to express a worldview towards which the human species must shift... *The Sacred Balance* has a beautiful spirit.” **E.O. WILSON**

*With a new foreword from Robin Wall Kimmerer, author of Braiding Sweetgrass, an afterword from Bill McKibben, and updated content throughout, this special twenty-fifth anniversary edition of a beloved bestseller invites readers to see themselves as part of nature, not separate from it.*

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**RIGHTS HELD:** World, all languages

**RIGHTS SOLD:** Australia and  
New Zealand

**AUTHOR HOME:** Vancouver, BC

**SCIENCE / NATURE**

**Published in partnership with  
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**Canada** October 2022 • \$24.95

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**THE WORLD IS** changing at a relentless pace. How can we slow down and act from a place of respect for all living things? *The Sacred Balance* shows us how.

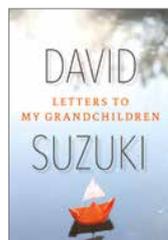
In this extensively updated new edition, David Suzuki reflects on the increasingly radical changes in science and nature—from the climate crisis to peak oil and the rise in clean energy—and examines what they mean for humankind. He also reflects on what we have learned by listening to Indigenous leaders, whose knowledge of the natural world is profound, and whose peoples are on the frontlines of protecting land and water around the world. Drawing on his own experiences and those of others who have put their beliefs into action, *The Sacred Balance* combines science, philosophy, spirituality, and Indigenous knowledge to offer concrete suggestions for creating an ecologically sustainable future by rediscovering and addressing humanity’s basic needs.

**DAVID SUZUKI** is an internationally renowned geneticist and environmentalist, the author of more than fifty books, and the founder of the David Suzuki Foundation.

**ROBIN WALL KIMMERER** is the author of *New York Times* bestsellers *Braiding Sweetgrass* and *Gathering Moss*. She is a mother, scientist, decorated professor, and enrolled member of the Citizen Potawatomi Nation.

**BILL MCKIBBEN** is an American environmentalist, author, and journalist, who has written over a dozen books on the climate crisis. He is the founder and senior advisor emeritus of 350.org.

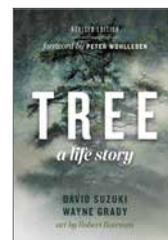
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David Suzuki

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**Tree**

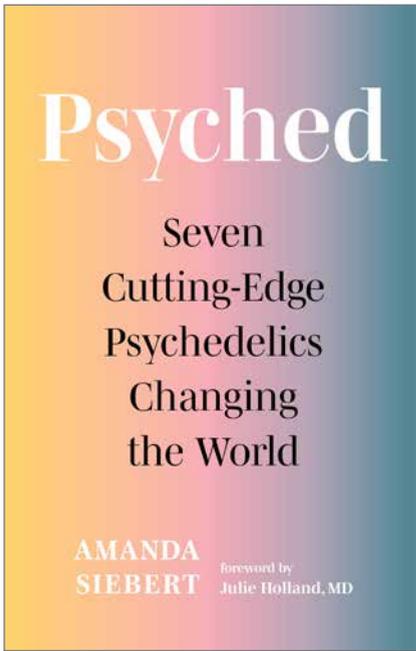
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# Psyched

Seven Cutting-Edge Psychedelics Changing the World

AMANDA SIEBERT

Foreword by JULIE HOLLAND, MD

*How psychedelics, including psilocybin, MDMA, ketamine, ayahuasca, and peyote, are poised to revolutionize mental health and alter the wellness industry forever.*

ONCE FEARED AND MISUNDERSTOOD, psychedelics have emerged as one of the most promising therapies of the twenty-first century. Through cutting-edge research, substances such as MDMA and LSD are being recognized as powerful keys to healing and human improvement, offering solutions for mental health issues including PTSD and depression. Similarly, plant medicines like ayahuasca, peyote, and iboga, used since time immemorial by Indigenous cultures for spiritual purposes, have been shown to promote feelings of empathy, connection, and love for the self, others, and the world around us.

In *Psyched*, journalist Amanda Siebert explores the history, culture, and potential of seven psychedelic substances. She interweaves real-life stories, clinical research, and interviews with the world's leading psychedelics experts and cultural allies to offer a definitive guide to these cutting-edge treatments.

AMANDA SIEBERT is an award-winning journalist and photographer covering the intersections of culture, science, and business in cannabis and psychedelics, and owes her life to the plants and fungi she writes about. She is the author of *The Little Book of Cannabis*.

JULIE HOLLAND, MD is a psychiatrist and psychopharmacologist and author of the *New York Times* bestsellers *Moody Bitches* and *Weekends at Bellevue*. While now a medical advisor to the Multidisciplinary Association for Psychedelic Studies (MAPS), she was a medical monitor for several clinical studies examining the efficacy of using MDMA-assisted psychotherapy or cannabis in the treatment of PTSD. Her newest book is *Good Chemistry: The Science of Connection, From Soul to Psychedelics*. She lives in New York.

Paperback

ISBN 978-1-77164-879-0

Ebook also available

5.5 × 8.5 • 216 pages

RIGHTS HELD: World, all languages

AUTHOR HOME: New Westminster, BC

SCIENCE / HEALTH

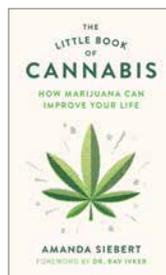
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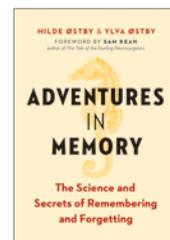
*How Marijuana Can Improve Your Life*

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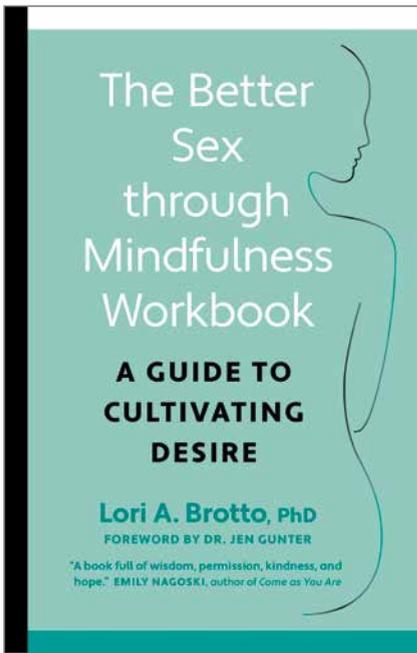
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# The Better Sex through Mindfulness Workbook

*A Guide to Cultivating Desire*

**LORI A. BROTTO**

Foreword by **DR. JEN GUNTER**

*The Companion to the Critically Acclaimed Better Sex through Mindfulness*

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“A book full of wisdom, permission, kindness, and hope.” **EMILY NAGOSKI**, author of *Come As You Are*

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*An actionable, approachable workbook for Better Sex through Mindfulness that allows readers to apply the book’s groundbreaking research to cultivate desire in everyday life.*

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1 B&W drawing

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Coquitlam, BC

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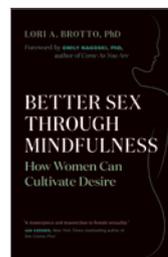
**IN HER GROUNDBREAKING** book *Better Sex through Mindfulness*, clinical psychologist Dr. Lori Brotto revealed how mindfulness can be used to treat sexual difficulties such as lack of desire, physical pain, and trauma. An instant favorite among sex therapists and clinicians, the book featured a foreword by Emily Nagoski and was recommended by Dan Savage and by Dr. Jen Gunter in the *New York Times*. In this functional companion workbook, readers can apply the book’s award-winning research in a simple, structured setting for optimal results.

Designed primarily for women, with instructions and inquiries for developing a mindfulness practice with or without a sexual partner, this guidebook also includes information for men and gender-diverse people. Dr. Brotto infuses her workbook with compassion and hope, inspiring gentleness and curiosity on this path towards more fulfilling and pleasurable sex for all.

**LORI A. BROTTO** is a clinical psychologist and sex researcher. She is a member of various sexuality organizations and an associate editor for the *Archives of Sexual Behavior*. Brotto has been featured in the *New York Times*, *The Walrus*, *Chatelaine*, Dan Savage’s *Savage Lovecast*, and many other outlets.

**DR. JEN GUNTER** is an obstetrician and gynecologist, and the author of *The Menopause Manifesto* and *The Vagina Bible*.

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*How Women Can Cultivate Desire*

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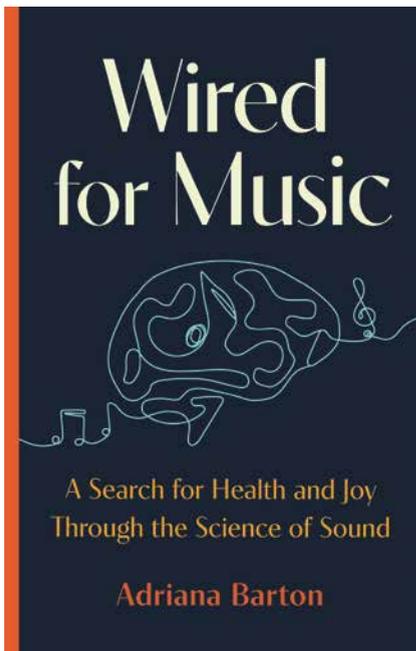


### **A Frenchwoman's Guide to Sex After Sixty**

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## Wired for Music

*A Search for Health and Joy Through the Science of Sound*

ADRIANA BARTON

*In a captivating blend of science and memoir, a health journalist and former cellist explores music as a source of resilience, health, and joy.*

**MUSIC ISN'T JUST** background noise or a series of torturous exercises we remember from piano lessons. It can double as a mild antidepressant, painkiller, sleeping pill, memory aid—and enhance athletic performance while supporting healthy aging. Though music has been used as a healing strategy since ancient times, neuroscientists have only recently discovered that musical activities stimulate core memory, motor, and emotion centers in the brain. But here's the catch: we can tune into music every day and still miss out on some of its most potent effects.

Adriana Barton learned the hard way. Starting at age five, she studied the cello for nearly two decades, a pursuit that left her with physical injuries and emotional scars. In *Wired for Music*, she sets out to discover what music is really for, combing through medical studies, discoveries by pioneering neuroscientists, and research from biology and anthropology. Travelling from state-of-the-art science labs to a remote village in Zimbabwe, this book gets to the heart of music's profound effects on the human body and brain. Blending science and story, *Wired for Music* shows how our species' age-old connection to melody and rhythm is wired inside us.

**ADRIANA BARTON** was a staff reporter at the *Globe and Mail* and has contributed to *Utne*, *Azure*, and the *San Francisco Bay Guardian*. She studied the cello for seventeen years before becoming a journalist.

Hardcover

ISBN 978-1-77164-554-6

Ebook also available

5.5 × 8.5 • 272 pages

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Vancouver, BC

**SCIENCE / HEALTH / MUSIC**

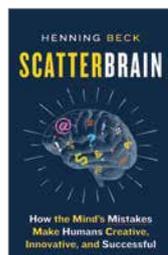
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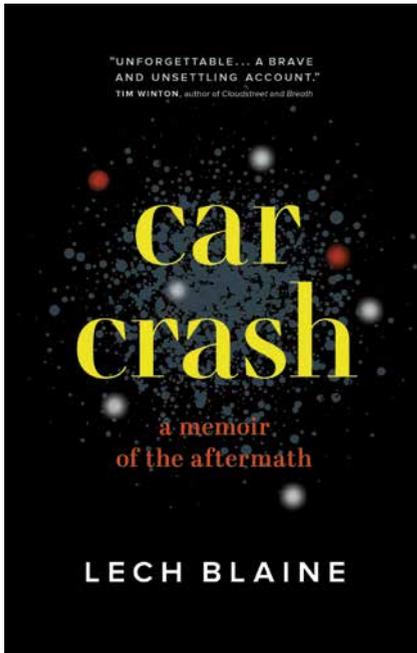
*How the Mind's Mistakes Make Humans Creative, Innovative, and Successful*  
Henning Beck

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#### Dancing Is the Best Medicine

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Julia F. Christensen and Dong-Seon Chang  
978-1-77164-634-5 • PBK  
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# Car Crash

A Memoir of the Aftermath

LECH BLAINE

“Unforgettable... A brave and unsettling account.”

TIM WINTON, author of *Cloudstreet* and *Breath*

*In the aftermath of a traumatic car accident, a young man navigates public scrutiny, recovery, and grief amidst a small-town culture of toxic masculinity.*

ON A MAY NIGHT in 2009, seven boys piled into one car. They never arrived at their destination. The driver made a routine error, leading to a head-on collision. Three of the passengers were killed and two left in comas, but seventeen-year-old Lech Blaine walked away unscathed.

In the aftermath, rumors about drunk driving and speeding erupted in Lech’s small town. There was intense scrutiny from the media and police. Lech used alcohol to numb his trauma and social media to show the male stoicism he had been taught growing up, all while secretly spiraling towards depression and shame.

This is a riveting account of family, friendship, grief, and love after tragedy. In a tight-knit community where class and sport dominate, and in a media landscape where car crashes compete with floods and pandemics for headlines, Lech shows that our connection with others is what propels us on. Heartbreaking and darkly hilarious, *Car Crash* is a story for our times.

LECH BLAINE is a writer originally from Toowoomba, Australia. In 2009, he survived a collision that killed three of his friends. Blaine’s work has been published widely, including in *The Guardian*, *The Monthly*, *Best Australian Essays*, *Kill Your Darlings*, *Meanjin*, and the *Griffith Review*. He lives in Sydney.

Paperback

ISBN 978-1-77164-864-6

Ebook also available

5.5 × 8.5 • 224 pages

**RIGHTS HELD:** World, English (excl. ANZ)

**AUTHOR HOME:**

Sydney, Australia

**MEMOIR**

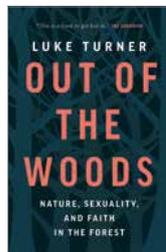
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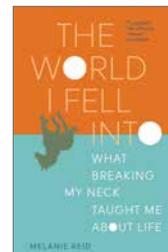
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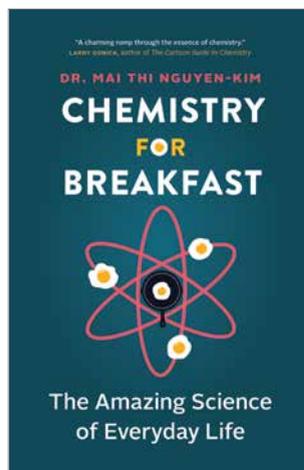


**The World I Fell Into**  
*What Breaking My Neck Taught Me About Life*

Melanie Reid

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Paperback

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B&amp;W illustrations throughout

**RIGHTS HELD:** World, English**AUTHOR HOME:** Berlin, Germany**SCIENCE / CHEMISTRY****Canada** October 2022 • \$22.95**U.S.** October 2022 • \$17.95**U.K.** November 2022 • £12.99

## Chemistry for Breakfast

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*A whirlwind romp through everyday science, perfect for fans of How Stuff Works and Netflix's Explained.*

**MAI THI NGUYEN-KIM** is a chemist and science journalist. During her doctoral studies at Harvard, she started the YouTube channel *The Secret Life of Scientists*, which marked the start of her mission to “infect” people with a love of science. She lives in Germany, where she hosts a national TV series on science and produces the YouTube channel *maiLab*.

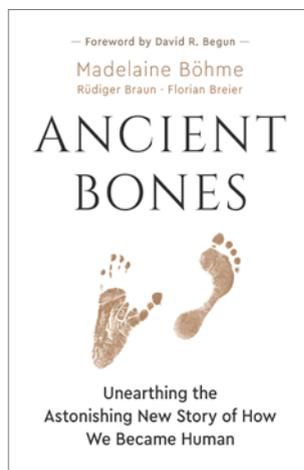
## Ancient Bones

*Unearthing the Astonishing New Story of How We Became Human*

**MADELAINE BÖHME, RÜDIGER BRAUN, AND FLORIAN BREIER**

Foreword by **DAVID R. BEGUN**

Translated by **JANE BILLINGHURST**



Paperback

ISBN 978-1-77840-031-5

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5.5 × 8.5 • 360 pages

**RIGHTS HELD:** World, English**AUTHOR HOME:**

Tübingen (Böhme); Ahrensburg (Braun); Cologne (Breier)

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“Splendid and important... Scientifically rigorous and written with a clarity and candor that create a gripping tale... [Böhme’s] account of the history of Europe’s lost apes is imbued with the sweat, grime, and triumph that is the lot of the fieldworker, and carries great authority.” **TIM FLANNERY, NEW YORK REVIEW OF BOOKS**

“[A]ncient mysteries, serendipitous discoveries, feuding experts, and scientific breakthroughs, all unfolding like a richly detailed detective story.” **BOOKLIST** (Starred Review)

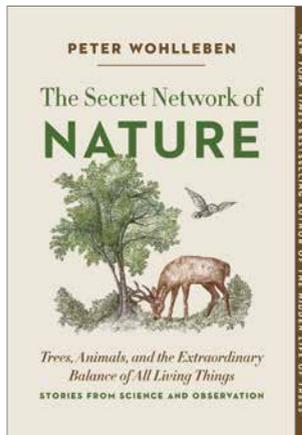
*Fans of Sapiens will love this fascinating forensic inquiry into the origins of humankind, as told by the renowned paleontologist who led the most groundbreaking dig in recent history.*

**MADELAINE BÖHME** is a scientist, professor at the University of Tübingen, and founding director of the Senckenberg Centre for Human Evolution and Paleoenvironment.

**RÜDIGER BRAUN** is a journalist who translates cutting-edge science into gripping stories to affect societal change.

**FLORIAN BREIER** is a journalist, filmmaker, and writer for various television networks.

**DAVID R. BEGUN** is a professor of anthropology at the University of Toronto and co-author of the 2019 study that broke the story of the newly discovered bones to the world.



Paperback  
ISBN 978-1-77840-034-6  
Ebook also available  
5.25 × 7.5 • 272 pages

**RIGHTS HELD:** North America, English

**AUTHOR HOME:** Hümmele, Germany

**SCIENCE / NATURE**

**Published in partnership with the David Suzuki Institute**

**Canada** October 2022 • \$22.95

**U.S.** October 2022 • \$17.95

## The Secret Network of Nature

*Trees, Animals, and the Extraordinary Balance of All Living Things—Stories From Science and Observation*

**PETER WOHLLEBEN**

Translated by **JANE BILLINGHURST**

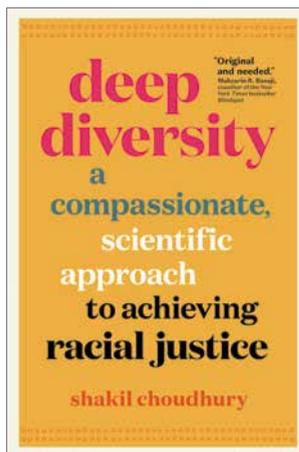
“By the end of the book, it’s clear that it’s we humans who are extraordinary, in ways awful and awesome.” **NEW YORK TIMES**

“With an eye for the memorable anecdote ... Mr. Wohlleben writes with authority but avoids the temptation of appearing to have all the answers.” **WALL STREET JOURNAL**

“Wohlleben examines complex ecosystems and our interventions in them... Fruitful reading for students of the environment and of environmental literature, of which this is a fine specimen indeed.” **KIRKUS** (Starred Review)

*From the New York Times bestselling author of The Hidden Life of Trees, comes the third book in the lauded Mysteries of Nature trilogy.*

**PETER WOHLLEBEN** is the *New York Times* bestselling author of *The Hidden Life of Trees* and many more acclaimed books about the natural world for both children and adults. He spent over twenty years working for the forestry commission in Germany before leaving to put his ecological ideas into practice. Today he manages a forest academy and an environmentally friendly woodland in Germany, where he is working for the return of primeval forests.



Paperback  
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6 × 9 • 224 pages

**RIGHTS HELD:** World, English

**AUTHOR HOME:** Toronto, ON

**SCIENCE / RACIAL JUSTICE**

**Canada** August 2022 • \$24.95

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**U.K.** September 2022 • £13.99

## Deep Diversity

*A Compassionate, Scientific Approach to Achieving Racial Justice*

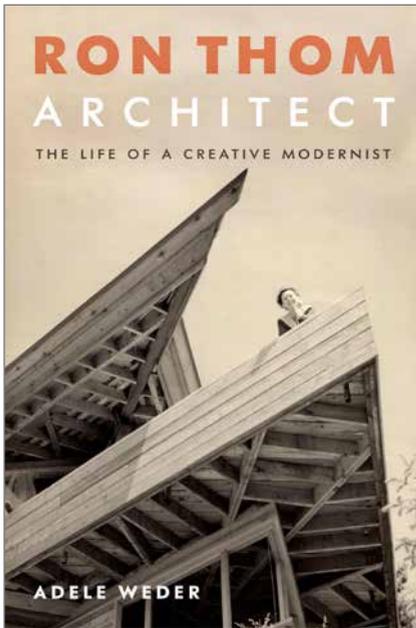
**SHAKIL CHOUDHURY**

“Shakil is a rare jewel in the work of what it means to heal, repair, and take responsibility... This book is required reading for anyone interested in building a loving, just, and diverse world.” **SENSEI KOSHIN PALEY ELLISON**, Zen teacher & author of *Wholehearted: Slow Down, Help Out, Wake Up*

“Choudhury draws on heart-touching stories, research on the brain, and hard-won lessons from real-world interventions to offer useful strategies to know ourselves, and others, better.” **RICK HANSON**, *New York Times* bestselling author of *Buddha’s Brain*

*Racial justice without shame or blame. Road-tested tools to start making a difference today.*

**SHAKIL CHOUDHURY** is an award-winning educator and consultant with twenty-five years of experience in justice, equity, and diversity and inclusion work. He coaches executive teams, facilitates inter-group conflict, and runs trails to clear his head. He lives in Toronto, Ontario.



## Ron Thom, Architect

*The Life of a Creative Modernist*

**ADELE WEDER**

*A definitive biography of an iconic Canadian architect—  
and a social portrait of the mid-century design world he lived in.*

**RON THOM** CAME of age in the mid-twentieth century, just as the modern movement and a building boom were about to reshape Canada. Talented in music and art as well as design, he rejected sleek austerity in favour of a modern architecture that is warm, intimate, and beautiful. He worked from coast to coast, and his most renowned buildings—Massey College, Trent University, the Shaw Festival Theatre, and landmark houses—continue to inspire generations of architects, as well as the people who work, study, visit, and live in them.

In Adele Weder's new biography, Thom emerges as a complex figure, gifted with creative genius but pursued by demons. More than just one man's life story, this book portrays the society that shaped him. To unpack this story, Weder pored through institutional and family archives across the country, and tracked down Thom's surviving friends, relatives, and colleagues from New Brunswick to Vancouver Island. Her extensive research serves as the bedrock for *Ron Thom, Architect*—a book for anyone interested in a transformative era in our cultural history.

**ADELE WEDER** is an architectural writer, curator, and cultural journalist whose work has been published in design journals and anthologies across North America. She lives in Vancouver and Haida Gwaii, British Columbia.

Hardcover

ISBN 978-1-77164-322-1

Ebook also available

6 x 9 • 336 pages

89 B&W photos throughout

**RIGHTS HELD:** World, all languages

**AUTHOR HOME:** Vancouver, BC

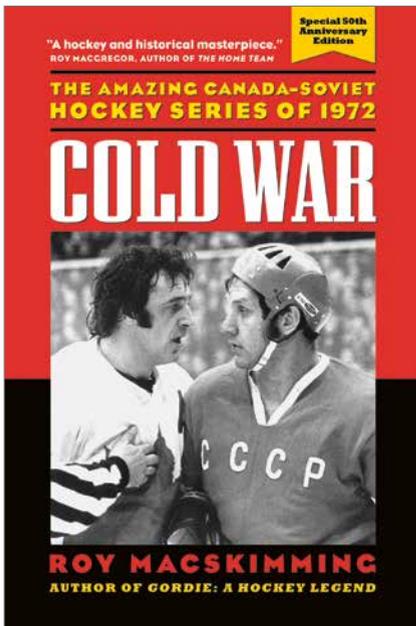
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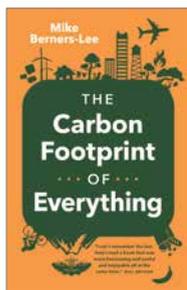
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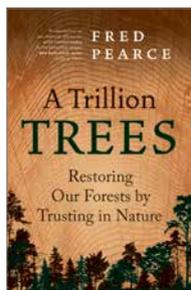
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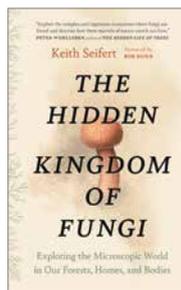


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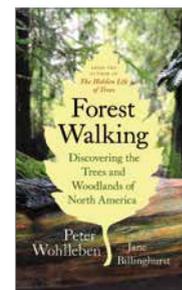


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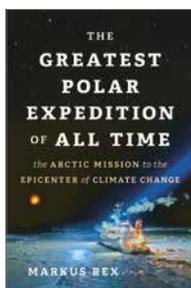


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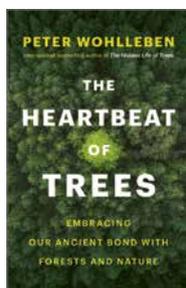
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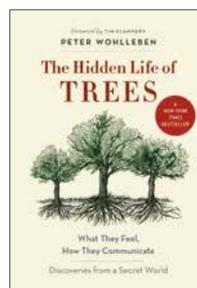


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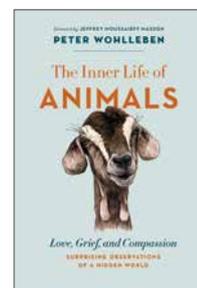
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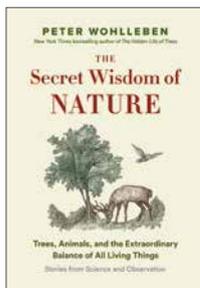
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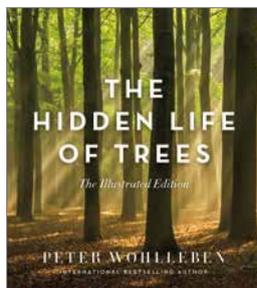
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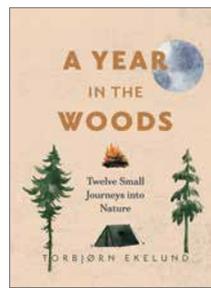
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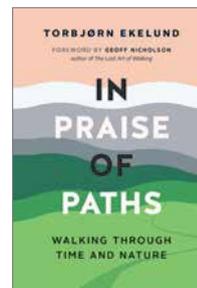


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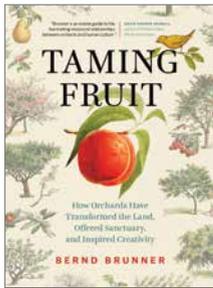
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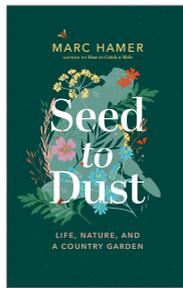
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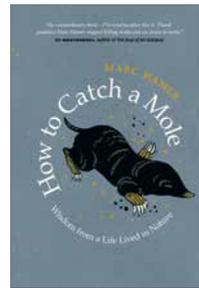
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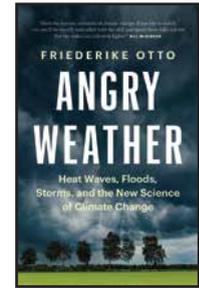
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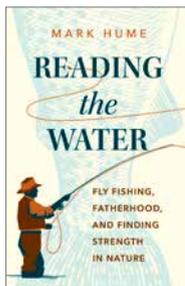
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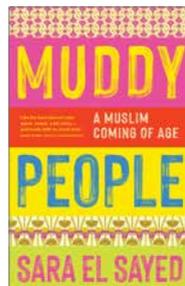
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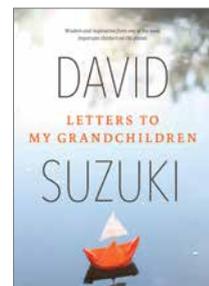
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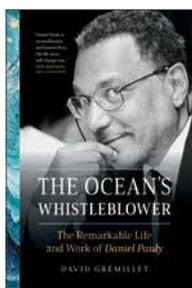
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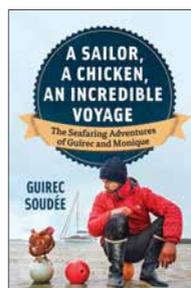
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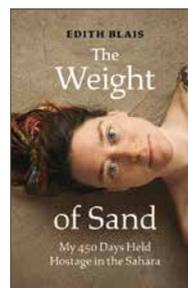
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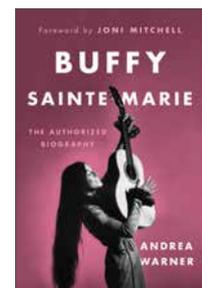
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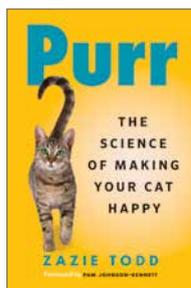
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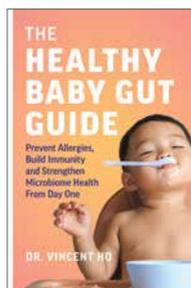


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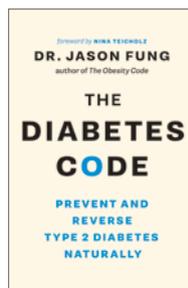


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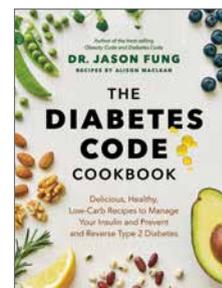


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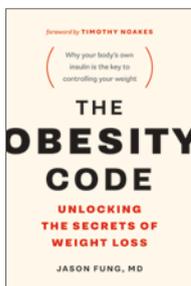


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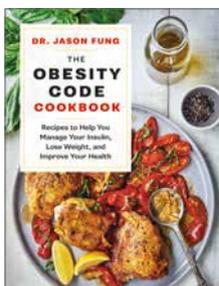


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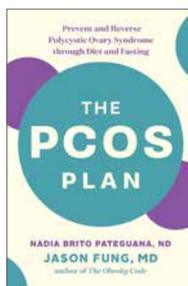


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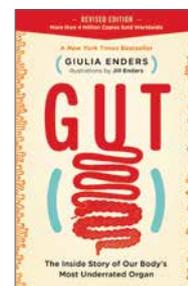


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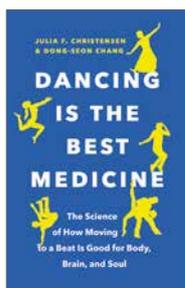


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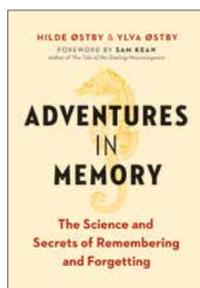


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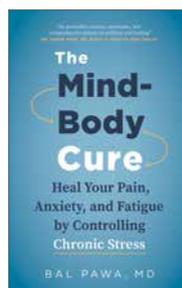


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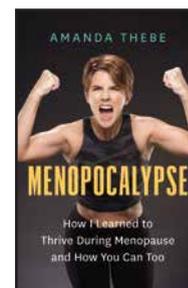


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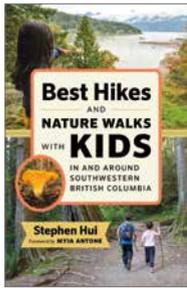
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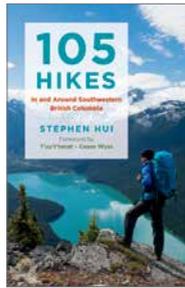
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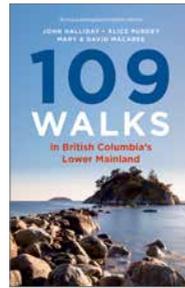
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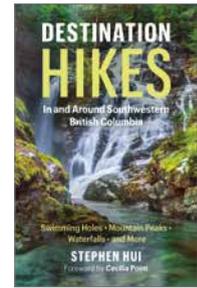
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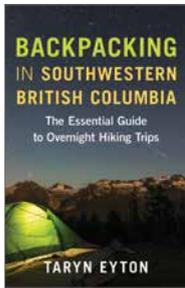
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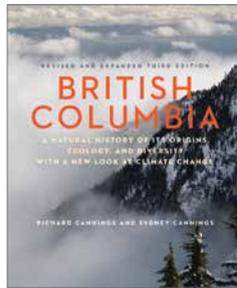


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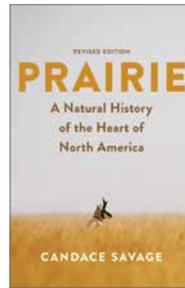


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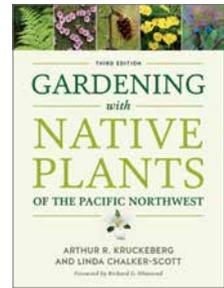
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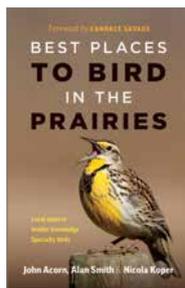
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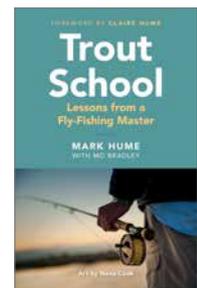
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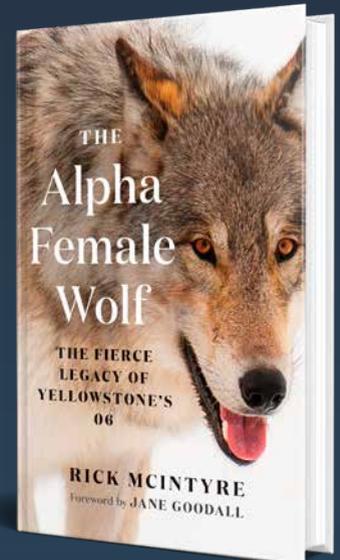
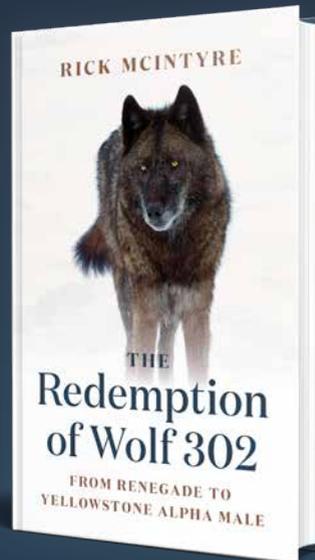
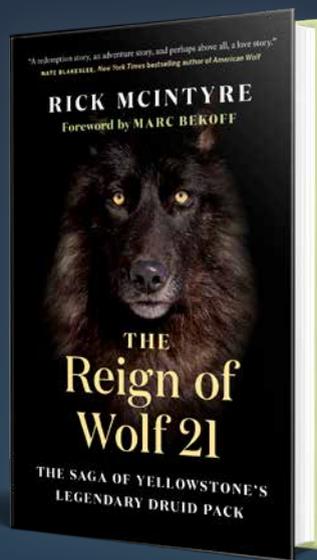
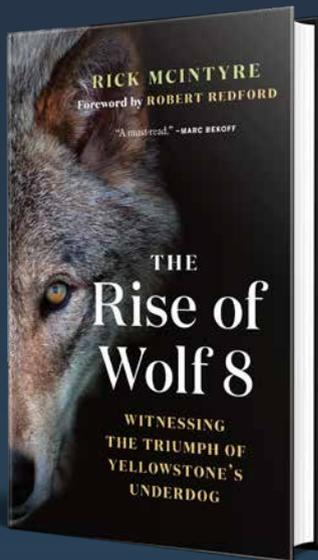
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