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The Bulldog and the Helix
DNA and the Pursuit of Justice in a Frontier Town
Shayne Morrow

An investigative reporter traces the role of DNA evidence in two groundbreaking murder cases involving young girls killed two decades apart in the same town.

In 1977, the industrial town of Port Alberni was shaken by the brutal murder of twelve-year-old Carolyn Lee, who had been abducted while walking home from her dance class. In 1996, the town was devastated again when eleven-year-old Jessica States disappeared while chasing foul balls at a local fast-pitch game, her lifeless body later found beaten in the woods.

At the time of States’s murder, Shayne Morrow was working as a reporter for the *Alberni Valley Times*. His interest in forensic science led him to cover the States case and relate it back to the Lee case, which had gone unsolved for years. In his coverage, Morrow gained unprecedented access to the investigators and scientists who were on the trail of both killers. Emerging DNA technology in the mid-1990s led to a renewed interest in the Lee case and ultimately to the conviction of her killer, Gurmit Singh Dhillon, in 1998. The technological mechanisms put in place during that case would lay the groundwork for the capture of States’s killer, Roderick Patten, a year later.

*The Bulldog and the Helix* is a riveting portrait of a town rocked twice by the most heinous type of crime imaginable and a community’s unrelenting search for justice.

Shayne Morrow is a journalist and writer who holds an MFA in Creative Writing from the University of British Columbia. For over fifteen years, Morrow was a reporter for the *Alberni Valley Times*. In 1999, he worked on the CBC *Witness* documentary *The Gene Squad*. Since 2011, he has worked as a freelance writer for *Ho-Shilth-Sa*, the Nuu-chah-nulth Tribal Council news service, and the publication *Windspeaker*. 
Complicated Simplicity
Island Life in the Pacific Northwest
Joy Davis

A frank, practical, and entertaining exploration of the pleasures and complexities of living on small islands.

Many people dream of living simple lives on small islands, but few are aware of some of the unique challenges that accompany this distinctive lifestyle. From negotiating surrounding waters to creating a sustainable home and making a viable life away from urban conveniences, small-island living can be rewarding or difficult (or both), depending on myriad circumstances.

Complicated Simplicity: Island Life in the Pacific Northwest draws on a variety of sources to contextualize peoples’ enduring fascination with islands worldwide, including the author’s own experiences growing up on Bath Island (off Gabriola Island in the Salish Sea) and her interviews with over twenty intrepid figures who live on the San Juan Islands, the Gulf Islands, the Discovery Islands, and in Clayoquot Sound. Ingenuity, tenacity, and a passion for living in these special places shine through in the personal stories, as does a shared concern for safety, sustainability, and thoughtful stewardship. Engaging, inspiring, and often funny, Complicated Simplicity offers readers honest and useful insights on the joys, perils, and rewards of small-island life.

For nearly three decades, Joy Davis has balanced family, sailing, and coastal cruising with a career in cultural heritage and community engagement. She holds an MA in museum studies and a PhD in educational studies. She directed the University of Victoria’s museum and heritage programs for twenty-five years. Since retiring, she has worked for the journal Museum Management and Curatorship, is a member of the Advisory Group for the Coalition of Museums for Climate Justice, and serves as a Trustee on the Greater Victoria Library Board.

OF RELATED INTEREST

On the Rocks with Jack Knox 9781777203266, $19.95
The Codfish Dream 9781777203420, $19.95
Beckoned by the Sea 9781777203799, $19.95
Ranching under the Arch
Stories from the Southern Alberta Rangelands
D. Larraine Andrews

A visually rich, historically epic tale of cattle ranching in southern Alberta, focusing on multi-generational family-owned ranches that are still operational today.

In the 1880s, a group of fledgling cattle ranchers descended on the plains of southern Alberta. They were drawn by the promise of the West, where the grass seemed endless and they could ranch under the arch of the Chinook—the warm Pacific wind that swooped down the eastern slopes of the Rockies to melt the snow and clear the land for year-round grazing. They came with wild optimism, but their ambition was soon tempered by the brutal reality of a frontier land.

*Ranching under the Arch* is a tale of survival, perseverance, and prosperity in the face of struggle, loss, and loneliness. Following over a dozen ranches still in operation that have roots dating to the late nineteenth century, historian D. Larraine Andrews recounts the culture that developed around this unique vocation. These ranches have endured as vibrant enterprises, sometimes into the fifth generation of the same family, sometimes with the emergence of new faces and dreams. Drawing from historical archives, diaries, and personal accounts, and illustrated by informative maps, fascinating archival imagery, and stunning contemporary photography, *Ranching under the Arch* is an epic portrait of the “Cattle Kingdom” and its place in Alberta history.

D. Larraine Andrews makes her home in High River, Alberta, a short distance from the Rocky Mountains and directly in the path of the magical Chinook wind. She is the author of *The Cowboy Trail: A Guide to Alberta’s Historic Cowboy Country* and *Great Walks of the World*. She has written extensively for international and national magazines and newspapers and was a contributing author to the 2008 edition of *Defining Moments in History*.
River of Dreams
A Journey through Milk River Country
Liz Bryan

A picturesque, reflective journey along the route of the ancient Milk River, from southern Alberta into northern Montana.

The Milk River is a small and dreamy river, flowing lazily through some of the loneliest lands of North America, the dry plains of Alberta and Montana. Dwarfed by such giants as the Saskatchewan and Mississippi Rivers, it is indeed as meek as its name, virtually unknown to most North Americans. Yet the headwaters of few streams can match its incredible international journey, the magical beauty of its landscape, or the long and often sad history that suffuses every inch of its 1,200-kilometre passage.

The Milk River has always been a special place for the Indigenous Peoples of the plains, providing them with physical and spiritual sustenance. Yet the river’s story also encompasses the settlement of the northwestern plains at a time of great change, when Indigenous ways of life were being systematically extinguished, first by brazen whiskey traders and later by the flow of immigration and the military will of the US cavalry. As settlement prevailed, brave hopes and dreams often fell victim to injustices and anguish. With lyrical prose, stunning photography, and remarkable insight into the history and geography of the region, River of Dreams is a meditation on the beauty and significance of Milk River country.

Liz Bryan is a journalist, author, and photographer. With her late husband, Jack, she co-founded Western Living magazine. Bryan is the author of several books, including Stone by Stone: Exploring Ancient Sites on the Canadian Plains; The Buffalo People: Pre-Contact Archaeology on the Canadian Plains; Country Roads of Alberta; and Country Roads of Western BC.
Ranch Tales
Stories from the Frontier
Ken Mather
Illustrated by Rob Dinwoodie

An entertaining, fast-paced look at early ranching in Western Canada.

Frontier historian Ken Mather is known for his fascinating, in-depth profiles of the men and women who established a distinctive ranching culture in Western Canada over a hundred years ago. Now, in this concise collection of stories—based on Mather’s column in the Vernon Morning Star—readers will meet even more colourful characters, gain insightful tidbits on cowboy culture, and read about little-known cattle drives that stagger the imagination. Ranch Tales highlights the achievements, hardships, and exploits of Newman “King of the Range” Squires, “lady rancher” Elizabeth Greenbow, cow boss Joe Coutlee, the gold-seeking Jeffries brothers who came all the way from Alabama, and many more. This delightful book is a perfect companion to Mather’s other ranching histories and will appeal to anyone interested in the early days of the western frontier.

Ken Mather has been involved in researching, writing, and interpreting western Canadian heritage for four decades, working in curatorial, management, and research roles at Fort Edmonton Park, Barkerville, and the O’Keefe Ranch since the early 1970s. He is also the author of four previous books on pioneering, ranching, and cowboy history: Trail North, Frontier Cowboys and the Great Divide, Bronc Busters and Hay Sloops, and Buckeroos and Mud Pups.
Roadside Geology of Southern British Columbia

Bill Mathews
Jim Monger

A classic guide to the spectacular and varied geological features along BC’s most well-travelled highways.

"You are not going to want to drive anywhere in southern BC without it! Fabulous content-rich in roadside detail along with Jim Monger’s big-picture context." —Jim Ryan, newsletter of the Cordilleran Section of the Geological Association of Canada

Roadside Geology of Southern British Columbia explains the province’s tumultuous geologic history in simple terms. Thirty-one descriptive road guides, complete with maps, photographs and diagrams, help you locate and interpret the rocks and landforms visible from the province’s highways and ferry routes.

Discover a lava flow that chilled beneath ice. Learn how Ripple Rock claimed 24 ships before engineers finally blew it up. Drive across a slow-moving earthflow that has played havoc with roads since the gold-rush days.

This book covers the geological features across BC, from the 53rd parallel south to the Canada–US border and Vancouver Island.

Bill Mathews (1919–2003) was born in Vancouver, where he completed his Master of Applied Science degree at the University of British Columbia in 1941. He obtained his PhD from the University of California at Berkeley and taught there from 1949 to 1951, when he returned to Vancouver to join the faculty of UBC. He retired in 1984.

Jim Monger was born in England and received his geological education at the University of Reading, the University of Kansas, and the University of British Columbia. He joined the Vancouver office of the Geological Survey of Canada in 1965 and currently is an emeritus scientist of the GSC.

OF RELATED INTEREST

Camping British Columbia, the Rockies, and Yukon
9781772031811, $22.95

Secret Beaches of Southern Vancouver Island
978194974974, $26.95

Gold Panning in British Columbia
9781927527122, $16.95
Cornelius O’Keefe
The Life, Loves, and Legacy of an Okanagan Rancher
Sherri L. Field
Foreword by Ken Mather


“Sherri Field has conducted extensive research on this fascinating individual and has uncovered new information on his humble origins and early life. Her account helps us better understand his complex and commanding personality, and this book is recommended to anyone who has visited the Historic O’Keefe Ranch or wishes to know more about the Ranch’s founder and its history.”—from the foreword by Ken Mather, curator emeritus, Historic O’Keefe Ranch

From humble beginnings to a life of prosperity in the heart of the Okanagan Valley, Cornelius O’Keefe is best known today through the historic ranch in Vernon, BC, that still bears his name. Established in 1867, the O’Keefe Ranch was at one time the largest cattle ranch in the region, with thousands of head of cattle grazing in the vast open ranges. By the early 1900s, the ranch had grown to over twelve thousand acres, and Cornelius O’Keefe had built quite a legacy for himself. Known as a tireless worker who dabbled in a number of professions in addition to cattle ranching—from mining to operating a general store to being a post-master—O’Keefe also had a full personal life. He married three times and had seventeen children. His family continued to live on the ranch until the 1960s, when it was opened to the public as a heritage site and tourist attraction. This concise biography brings the dynamic figure of O’Keefe to life and illuminates a fascinating period in BC history.

Sherri Field’s interest in the life of Cornelius O’Keefe began when she was a student at Okanagan University College and continued for the five years that she worked as heritage interpreter at the Historic O’Keefe Ranch. Her fascination with O’Keefe led to years of research into his long and prolific life, and eventually to this book. When she is not writing, Field teaches high school English.
James Macleod
The Red Coats’ First True Leader
Elle Andra-Warner

A vivid account of the life and times of the larger-than-life Canadian hero who played a major role in the peaceful development of western Canada.

A descendant of warriors, chiefs, and military men of the Clan MacLeod, James A.F. Macleod led an adventurous life that took him from his birthplace on Scotland’s Isle of Skye to the Canadian west. After immigrating to Ontario, Macleod became a lawyer and militia officer before joining the effort to quell the 1870 Red River Resistance. In 1874, he was appointed assistant commissioner of the newly formed North West Mounted Police and led his troops west to smash the whisky trade and bring law and order to the vast North-West Territories.

Macleod smoked the peace pipe with prominent chiefs like Crowfoot and Red Crow, earning their trust as a man who kept his promises. As a policeman and judge, Macleod showed a strong sense of justice, sympathizing with the plight of Indigenous Peoples and challenging the government when it failed to fulfil treaty obligations.

Elle Andra-Warner is a bestselling author, journalist, and photographer. Her award-winning articles appear regularly in major publications, and her newspaper columns have been in print since 1994. She has given journalism workshops throughout Canada, is an online guest lecturer in journalism for the University of California, Los Angeles, and is the co-editor of the Thunder Bay Historical Museum Society’s annual journal. Estonian by heritage, Elle was born in a post–Second World War United Nations displaced persons camp for Estonians in Eckernförde, West Germany.
The Famous Five
Canada’s Crusaders for Women’s Rights
Barbara Smith

A concise history of five women who changed the course of history and brought Canadians one step closer to equality.

On August 27, 1927, five women gathered at a house on Edmonton’s Southside to sign a letter that would change the course of Canadian history. Those women were Emily Murphy, Nellie McClung, Louise McKinney, Irene Parlby, and Henrietta Muir Edwards, who would become known as the Famous Five.

The meeting of the women had been prompted by Emily Murphy, an Alberta magistrate, whose right to render judgements had been challenged by a lawyer who maintained that only men could be appointed as judges because only men were considered “persons” under the British North America Act. The battle for justice that began that Saturday afternoon took several years and many miles, ultimately making its way to the Privy Council in London. Finally, in 1929, a landmark ruling found that women were indeed “persons” in the eyes of the law.

But who were these women and how did they come together at such a pivotal moment in Canadian history? The Famous Five is a comprehensive look at the remarkable lives, prolific careers, sometimes disturbing contradictions, and extraordinary achievements of these five women who fought for equality at a time when women were barely recognized as relevant.

Barbara Smith is the author of over thirty books, including The Valiant Nellie McClung, Ghostly Campfire Stories of Western Canada, Campfire Stories of Western Canada, Hoaxes and Hexes, The Mad Trapper, Great Canadian Ghost Stories, Ghost Stories of Alberta, Ghost Stories and Mysterious Creatures of British Columbia, and Ghost Stories of the Rocky Mountains.
Searching for Pitt Lake Gold
Facts and Fantasy in the Legend of Slumach
Fred Braches

A smart, concise analysis of the legend of Slumach’s Gold, which strives to uncover the truth behind this mythical gold deposit said to be hidden north of Pitt Lake.

British Columbia is gold country, and with gold comes legends that have been passed down through the generations. Ever since the Fraser Canyon gold rush, prospectors and adventurers have been looking for a mysterious, exceedingly rich gold deposit in the watershed of Pitt Lake, first mentioned in a small newspaper entry in November 1869. Over time, as the story spread, the man at the centre of this legendary gold start was endowed with the identity of Slum.ook, better known as Slumach, a Katzie man who was ultimately hanged in 1891 for shooting and killing another man in anger. The legend of the gold grew into that of an exceedingly rich deposit known as “Slumach’s gold.” This book presents, unravels, and dissects the legends of the gold of Pitt Lake, and tells the stories of some of the daredevils and venerable prospectors who searched for the mythical gold at their peril.

Fred Braches is an avid historian and researcher. After hearing all of the lore about Slumach’s Gold, he resolved to separate fact from fiction once and for all. He appeared on the History TV series Curse of the Frozen Gold (2015).

Local Interest (BC) / History
9781772032765 • softcover
April 2019 • $9.95
Heritage House Publishing / Amazing Stories
5.5 x 8.5, 144 pages, b&w photographs throughout
Author’s home: Whonnock, BC, Canada
HIS006000 HISTORY / Canada / General
HIS006020 HISTORY / Canada / Post-Confederation (1867+)
HIS054000 HISTORY / Social History
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Ebook also available

MARKETING & PROMO:
• Regional and subject specific print features, excerpts and review coverage
• Blogger outreach, online ads and social media campaigns
• Outreach to travel and tourism organizations

OF RELATED INTEREST

Slumach’s Gold
9781894974356, $14.95
Gold Fever
9781894974691, $9.95
The Lost Lemon Mine
9781926613994, $9.95
The Grizzlies of Grouse Mountain
The True Adventures of Coola and Grinder
Shelley Hrdlitschka, Rae Schidlo; illustrated by Linda Sharp

A beautifully illustrated and educational children's book that tells the true life story of Grouse Mountain's famous resident grizzly bears.

Coola and Grinder are two adult grizzly bears living at the “peak of Vancouver” on Grouse Mountain. For the past eighteen years they have been among the mountain's biggest attractions. Often mistaken for brothers, the bears were brought to the mountain as orphaned cubs born on opposite sides of the province—Coola hails from Bella Coola, and Grinder (named after the Grouse Grind hiking trail) was born near Invermere. Today they live in a five-acre wildlife refuge that mimics a grizzly’s natural habitat.

The Grizzlies of Grouse Mountain tells the heartwarming and inspiring tale of Coola and Grinder’s life on the mountain, their distinct personalities, and their role in teaching wildlife rangers, scientists, and the public about grizzly bear behaviour. Written for young school-age children and engaging for readers of all ages, this book presents clear facts and entertaining anecdotes about Coola and Grinder, and imparts valuable lessons about the importance of wildlife conservation. This richly illustrated book will foster children’s love of wildlife for years to come.

Shelley Hrdlitschka discovered her love for children’s literature while teaching school and is now the author of eleven novels for teens. When she is not reading or writing, she can be found hiking, snowshoeing, Zumba dancing, or hanging out with the grizzly bears at the Grouse Mountain Wildlife Refuge.

Born and raised in Saskatchewan, Rae Schidlo is a retired teacher who loves the outdoors, animals, hiking, cycling, swimming, gardening, reading, line dancing, and volunteering at the Grouse Mountain Wildlife Refuge.

Linda Sharp holds a Bachelor of Fine Arts degree from the University of Alberta. She works in fabric and paint, using oilsticks to capture movement and visual energy. Linda volunteers with North Vancouver Community Players and Theatre West Van, designing graphics and painting sets.

OF RELATED INTEREST

Explore the Wild Coast with Sam and Crystal
9781772033678, $22.95
Explore the Rocky Shore with Sam and Crystal
9781772032369, $22.95
Fortress of the Grizzlies
9781894384339, $9.95
Wildlife of Western Canada
Tom Hunter

This beautifully illustrated, fact-filled book teaches children about the hundreds of wildlife species that live across Western Canada.

Praise for Tom Hunter:
“[Hunter’s] drawings are accurate. The animals look as if they could step off the page.” —Canadian Library Association

Western Canada is home to thousands of distinct species of mammals, birds, fish, reptiles, amphibians, and insects. Highlighting over two hundred animals found across the west, acclaimed illustrator Tom Hunter provides a fun, fact-filled introduction to wildlife for children ages nine to twelve. Kids will learn to tell the difference between the mountain goat and the Rocky Mountain bighorn sheep, find out where they can spot a wolverine in the wild, and discover which species of shark live off the west coast of Canada. Each species has a detailed, scientifically accurate illustration and essential facts about where it lives, what it eats, and what makes it unique. From the largest marine mammals to the tiniest insects, this book will open children’s eyes to the amazing variety of animals living all around them.

Tom Hunter is a respected wildlife artist who combines his love of nature with his artistic training to illustrate the natural history, birds, mammals, and fish of Western Canada. His panels appeared in Wildlife Review, and for many years his illustrations were featured in BC Outdoors magazine. He is the author of the bestselling Canadian Wildlife Activity Book series.
Five classic Tom Hunter activity books now back in print!
Stories from the Magic Canoe
Cecil Paul, as told to Briony Penn
Foreword by Roy Henry Vickers

A remarkable and profound collection of reflections by one of North America’s most important Indigenous leaders.

Who better to tell the narrative of our times about the restoration of land and culture than Wa’xaid (“the good river”), or Cecil Paul, a Xenaksiala elder who pursued both in his ancestral home, the Kitlope—now the largest protected and unlogged temperate rainforest left on the planet. Paul’s cultural teachings are more relevant today than ever in the face of environmental threats, climate change and social unrest, while his personal stories of loss from residential schools, industrialization and theft of cultural property (the world-renowned Gps’golox pole) put a human face to the survivors of this particular brand of genocide.

Told in Cecil Paul’s singular, vernacular voice, Stories from the Magic Canoe spans a lifetime of experience, suffering and survival. This beautifully produced volume is in Cecil’s own words, as told to Briony Penn and other friends, and has been meticulously transcribed. Along with Penn’s forthcoming biography of Cecil Paul, Following the Good River (Fall 2019), Stories from the Magic Canoe provides a valuable, documented history of a generation that continues to deal with the impacts of brutal colonization and environmental change at the hands of politicians, industrialists and those who willingly ignore the power of ancestral lands and traditional knowledge.
Cecil Paul was born in 1931 in the Kitlope and raised on fishing, hunting, trapping and gathering. At the age of 10 he was torn from his family and placed in a residential school run by the United Church of Canada at Port Alberni, on Vancouver Island. Once Cecil’s healing journey began, he eventually became an outspoken leader against the industrialization of his people’s land and traditional territory, working tirelessly to protect the Kitlope. Now in his late 80s, Cecil still lives in his ancestors’ traditional territory, and his work protecting the Kitlope continues to this day.

Briony Penn is an award-winning writer of creative non-fiction books as well as a contributor to many anthologies and chapter books. Her first book with RMB, The Real Thing: The Natural History of Ian McTaggart Cowan, was the winner of the 2015 BC Book Prize. Her work with Cecil Paul will continue with the publication of a comprehensive and collaborative biography, Following the Good River: The Life and Times of Cecil Paul, which will be published by RMB in the autumn of 2019. Briony lives on Salt Spring Island, BC.

My name is Wa’xaid, given to me by my people. ‘Wa’ is ‘the river’, ‘Xaid’ is ‘good’—good river. Sometimes the river is not good. I am a Xenaksiala, I am from the Killer Whale Clan. I would like to walk with you in Xenaksiala lands. Where I will take you is the place of my birth. They call it the Kitlope. It is called Xesdu’wäxw (Huschduwaschdu) for ‘blue, milky, glacial water’. Our destination is what I would like to talk about, and a boat—I call it my magic canoe. It is a magical canoe because there is room for everyone who wants to come into it to paddle together. The currents against it are very strong but I believe we can reach that destination and this is the reason for our survival.

—Cecil Paul
Family Walks and Hikes in the Canadian Rockies—Volume 1
Bragg Creek—Kananaskis—Bow Valley—Banff National Park

Andrew Nugara

Family Walks and Hikes is an exciting new series of books written specifically for outdoor enthusiasts of all ages and abilities.

The first book for the Canadian Rockies in the series brings together an inspiring collection of comfortable walks and spectacular hikes for visitors and locals looking for unique, guided wanderings in a number of diverse locations in the Rockies, including:

- Elbow Falls
- Powderface Ridge
- Troll Falls
- Elbow Lake
- Grotto Canyon
- Tunnel Mountain
- Johnston Canyon
- Stanley Glacier
- Plain of Six Glaciers
- Bow Summit

Ranging from charmingly easy to moderately challenging, these hikes are all accessible from reliable roads and popular staging areas. In addition, each hike is accompanied by a clear, colourful map, step by step directions, and full-colour photographs. Each route includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Bikepacking in the Canadian Rockies
Ryan Correy

The first full-colour guidebook introducing backcountry cyclists to the exciting and increasingly popular world of bikepacking.

Before his untimely death from cancer in 2018, veteran rider and passionate cyclist Ryan Correy pedalled his way through the most popular national parks in the Canadian Rockies in order to complete his work on this unique guidebook. Featuring routes in Waterton, Kananaskis, Banff, Kootenay, Yoho and Jasper, *Bikepacking in the Canadian Rockies* will take biking enthusiasts to a variety of locations, including:

- Front Range—496 km gravel grind down the Alberta foothills
- High Rockies—183 km opening sampler for the Great Divide
- Beaverfoot—389 km expedition along the Rocky Mountain Trench
- Devil's Gap—214 km backcountry passage into Banff National Park
- Highwood—357 km over Highwood Pass into the Crowsnest region
- Castle—266 km circumnavigation of Waterton and Castle parks
- Top of the World—347 km of remote climbs in the East Kootenays
- Flathead Valley—291 km through southeast British Columbia
- Three Point—173 km hike-a-bike adventure around Kananaskis
- Icefields Parkway (in winter)—291 km up Highway 93 to Jasper

Ryan Correy was one of Canada’s most accomplished adventure cyclists. In addition to writing about these adventures in two books, *A Purpose Ridden* and *Bikepacking in the Canadian Rockies*, Ryan regularly spoke to professional groups about turning passion into purpose and was actively involved in various forms of charity work. He was also the founder of Bikepack Canada (bikepack.ca) and was a tireless promoter of cycling and outdoor adventure. Ryan died in April 2018 after a courageous battle with cancer.
Popular Day Hikes: Kananaskis Country—Revised & Updated

Gillean Daffern

Featuring a fresh design and the most current route updates, Popular Day Hikes is a series of bestselling books written for visitors and locals looking to hike scenic trails from well-established staging areas.

Kananaskis Country is located on the eastern slopes of the Canadian Rockies, just a short drive west of Calgary. The areas of Canmore, Bow Valley, Peter Lougheed Provincial Park, Highwood, Elbow, Kananaskis Valley, Smith-Dorrien, Sheep and Jumpingpound all offer a wide range of choices for those day trippers looking for unique and irresistible views throughout this world-renowned mountain range. Some of the trips included are:

- Ha Ling Peak
- Barrier Lake Lookout
- Ribbon Falls
- Ptarmigan Cirque
- Burstall Pass
- Picklejar Lakes
- Mount Burke
- Volcano Ridge Loop

Each hike includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Gillean Daffern has explored Kananaskis Country for decades and understands its landscape and history intimately throughout every season of the year. She has also been writing and publishing bestselling trail guides to Kananaskis Country for over 30 years and is the author of the renowned five-volume series Gillean Daffern’s Kananaskis Country Trail Guide, which is now in its 4th edition and has sold well over 100,000 copies since it was first published in 1979. She also travels to mountain areas outside of Kananaskis Country, and in particular enjoys visiting countries off the beaten tourist path. Gillean is the co-founder of Rocky Mountain Books, and along with her husband, Tony Daffern, she was awarded the Banff Mountain Festival’s Summit of Excellence Award in 2006. She lives in Calgary, Alberta.
Popular Day Hikes: Canadian Rockies—Revised & Updated

Tony Daffern

Featuring a fresh design and the most current route updates, Popular Day Hikes is a series of bestselling books written for visitors and locals looking to hike scenic trails from well-established staging areas.

Popular Day Hikes: Canadian Rockies covers 37 popular, accessible trails in one of the world’s most stunningly beautiful natural environments. Featuring easy short-day walks, more-strenuous full-day hikes and the occasional easy scramble in areas around Banff, Lake Louise and Moraine Lake, the Icefields Parkway, Kootenay National Park, Yoho National Park and Jasper, this colourful guide contains something for everyone. Some of the trips included are:

- Spray River Loop
- Sunshine Meadows
- Stanley Glacier
- Lake Agnes
- Plain of Six Glaciers
- Larch Valley
- Yoho Valley to Twin Falls
- Parker Ridge
- Valley of the Five Lakes
- Sulphur Skyline Trail

Each hike includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Tony Daffern is a seasoned climber, hiker and ski mountaineer with close to 50 years of experience on various mountain ranges throughout the world. A civil engineer by training, he is also the author of Backcountry Avalanche Safety—4th Edition. Tony is the co-founder of Rocky Mountain Books, and along with his wife, Gillean Daffern, he was awarded the Banff Mountain Festival’s Summit of Excellence Award in 2006. He lives in Calgary, Alberta.
Popular Day Hikes: Northern Okanagan—Revised & Updated
Vernon—Shuswap—Lumby
Gerry Shea

Featuring a fresh design and the most current route updates, Popular Day Hikes is a series of bestselling books written for visitors and locals looking to hike scenic trails from well-established staging areas.

Popular Day Hikes: Northern Okanagan details 39 popular day trips amid the stunning, open terrain of the British Columbia interior, from Grindrod in the north to Vernon in the south and between the Okanagan Valley and the Shuswap. With little need for rigorous bushwhacking or risky scrambling, the routes described in this new book will offer all users at all skill levels the opportunity to experience semi-desert landscapes, lakeside vistas and mountain views. Some of the trips included are:

- Bluenose Mountain
- Enderby Cliffs
- Sugarloaf Mountain
- Rawlings Lake Cliffs
- Adams River Trail
- Tsútswecw Provincial Park (Roderick Haig-Brown)
- Hyde Mountain Lookout
- Margaret Falls
- Skimikin Lake

Each route description includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Gerry Shea moved to Kamloops from Vancouver at the age of 9, which is when he became enchanted by the nearby hills. It was on a family vacation many years later that he discovered the mountains and began hiking and climbing in his spare time, gathering knowledge and experience that he has since used to help beginning hikers, scramblers and backpackers to trek safely. Gerry and his wife, Debbie, live in Kamloops, and he continues to hike throughout the hills and mountains of BC and Alberta.
Popular Day Hikes: South-Central Okanagan—Revised & Updated
Kelowna—Penticton—Oliver
Gerry Shea

Featuring a fresh design and the most current route updates, *Popular Day Hikes* is a bestselling series of books written for visitors and locals looking to hike scenic trails from well-established staging areas.

Located in south-central British Columbia and situated between the Cascade and Columbia mountain ranges, the Southern Okanagan Valley extends from Kelowna to Osoyoos. *Popular Day Hikes: South-Central Okanagan* describes 35 accessible treks around Kelowna, West Kelowna and Westside Road as well as Penticton, Naramata, Oliver, Osoyoos, Summerland, Peachland and Keremeos. Featuring robust vineyards, fruit orchards, desert-like grasslands, rich marshes, ponderosa pine forests, towering cliffs, large lakes, salmon streams, modest peaks and a tremendous diversity of animal and plant life, this stunning and diverse area is rich with dozens of unique hiking routes. Some of the trips included are:

- Angel Springs
- Knox Mountain Park
- Black Knight Mountain
- Canyon Falls
- McDougall Rim Viewpoints
- Rose Valley Regional Park
- Skaha Bluffs
- Rock Ovens Park
- Ellis Ridge Trail
- Keremeos Columns

Each hike includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Local Interest (BC) / Hiking
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April 2019 • $20.00
Rocky Mountain Books
5.5×8.5, 152 pages, full colour throughout
Author’s home: Kamloops, BC, Canada
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OF RELATED INTEREST

The Aspiring Hiker’s Guide 1
9781897522790, $26.95

The Aspiring Hiker’s Guide 2
9781926855233, $26.95
**Popular Day Hikes: Vancouver Island—Revised & Updated**

Theo Dombrowski

Featuring a fresh design and the most current route updates, *Popular Day Hikes* is a series of bestselling books written for visitors and locals looking to hike scenic trails from well-established staging areas.

This unique and colourful guidebook sorts through all of the various possibilities and selects for the reader the very best day hikes on Vancouver Island, with locations throughout the region, including:

- Carmanah Walbran
- Mount Finlayson
- Gowlland Tod Park
- Skutz Falls Loop
- Timberland Lake
- Englishman River
- Mount Arrowsmith

With hikes ranging from 6 km to 25 km and from easy to challenging, these routes are all accessible from generally reliable roads. In addition, each hike is accompanied by a clear, colourful map, step by step directions and full-colour photographs.

Each hike includes:

- detailed directions
- colour maps and photographs
- seasonal information
- round-trip distances
- trail commentary
- difficulty ratings

Theo Dombrowski is an artist, writer, kayaker, hiker, mountain biker and skier. He worked in international education for most of his career, primarily at Lester Pearson College, near Victoria, BC. Theo is the author of numerous bestselling guidebooks published by *RMB* (please see facing page). He donates some of the profits from his book projects to charity, principally the Georgia Strait Alliance and Médecins sans frontières (MSF) International. He lives in Nanoose Bay, British Columbia.
BESTSELLING GUIDEBOOKS
BY THEO DOMBROWSKI

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9781771602792, $20.00

Family Walks and Hikes of Vancouver Island—Volume 2
9781771602815, $20.00

Seaside Walks on Vancouver Island
9781771600032, $15.00
Northern Stone
Canada’s Best Rock Climbs
Brandon Pullan and David Smart

A stunning, full-colour climbing guide that focuses on 65 of Canada’s best rock climbs.

With over 50 years of combined climbing experience between them, authors Brandon Pullan and David Smart have spent countless hours debating and reviewing Canadian climbs to settle on the routes chosen for this book. In order to make the list, a given route had to:

- be popular enough to be well-travelled and have fixed protection and established descents
- be climbable by the average weekend warrior (no harder than 5.11a)
- be climbable in a day from campsite or car
- not require crampons or ice axes
- have played a role in the history of Canadian climbing

Divided into two sections—Western Canada (British Columbia, Alberta and Yukon) and Eastern Canada (Ontario, Quebec, Nova Scotia, New Brunswick and Newfoundland–Labrador)—Northern Stone profiles an equal number of routes in each half of the country (something no climbing guide has ever done).

Brandon Pullan was born and raised in Ontario and is a graduate of Lakehead University. He started writing for publications in the late 90s and is now editor-in-chief of Gripped, Canada’s Climbing Magazine. His alpine pursuits have introduced him to dozens of legendary climbers and mentors, motivating him to compile and archive collections of stories from this older generation of mountaineering greats. He lives in Canmore, Alberta.

David Smart is the founder of Gripped, Canadian Running Magazine, Canadian Cycling Magazine and Triathlon Magazine Canada. He is also the author of five climbing guidebooks; the memoir A Youth Wasted Climbing, short-listed by the Banff Mountain Film and Book Festival in 2015; and the climbing novels Above the Reich and Cinema Vertigo. He lives in Toronto and is still an active new-router in northern Ontario.

TRV006000 TRAVEL / Canada / General
SPO029000 SPORTS & RECREATION / Mountaineering
RIGHTS HELD: World, all languages
AVAILABLE VIA UTP: Yes
Ebook also available

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- Publicity and promotion in conjunction with author’s speaking engagements
- Blogger outreach, online ads and social media campaigns
- Outreach to travel and tourism organizations
- Electronic ARCs

OF RELATED INTEREST

The Bold and Cold
9781771601153, $45.00

A Youth Wasted Climbing
9781771600675, $20.00
When Trains Ruled the Rockies
My Life at the Banff Railway Station
Terry Gainer

When Trains Ruled the Rockies is a personal history of the Banff train station from 1948 through 1962.

Drawn from Terry Gainer’s personal memories and experiences from his years living and working at the legendary Banff Railway Station, this entertaining memoir and important historical record beckons the reader into the golden age of railway travel in the mountains of western Canada.

Complete with a selection of archival photographs, When Trains Ruled the Rockies documents life at the Banff Railway Station and traces the huge role the station played in the local community. The author’s own story of growing up at the station winds a thread through the narrative and brings into clear focus Terry’s lifelong passion for passenger trains, at one time the most dominant means of transportation for Canadians but sadly an experience that is now fading into history.

Terry Gainer’s family arrived in Banff in 1948 when his father, Frank Gainer, was transferred there as station agent. From their arrival until 1955 the family lived in the residence atop the station itself. During these years, Terry explored every nook and cranny of the station and the surrounding grounds. From 1957 he worked summer jobs there, initially as a porter in the baggage room and then as a redcap through the summer of 1962, the bonanza year of the Seattle World’s Fair and the opening of the Trans-Canada Highway but unfortunately the beginning of the end of train travel to Banff. Largely influenced by his upbringing, Terry has enjoyed a career that has been an amazing fifty-year adventure in tourism. Terry Gainer retired in 2005 but he has stayed involved in the industry as a marketing consultant. He lives in Nelson, British Columbia.
West Coast 123s
Jocey Asnong

Hooray! Time for a new and colourful 123 adventure with bestselling children’s author and illustrator Jocey Asnong, along the remarkable west coast of Canada.

Jocey Asnong’s vibrant and whimsical illustrations take readers kayaking through Cowichan Bay, surfing with starfish and sea otters at Tofino, and swimming with sea wolves in the Great Bear Rainforest. From carving through fresh powder at Whistler Blackcomb to treasure hunting at the bottom of the Salish Sea, this early concept board book in number recognition and counting is an excellent companion to Asnong’s West Coast ABCs, as she continues showcasing the diverse marine mammals, ocean organisms, birds and other species that are unique to this region.

Jocey Asnong is the author and illustrator of Nuptse and Lhotse in Nepal (winner of a Purple Dragonfly Award), Nuptse and Lhotse Go to the Rockies, Nuptse and Lhotse Go to Iceland, Nuptse and Lhotse Go to the West Coast, Rocky Mountain ABCs, Rocky Mountain 123s, West Coast ABCs and West Coast 123s. She lives in Canmore, Alberta, and is currently at work on her next picture book, Nuptse and Lhotse in the Land of the Midnight Sun, which will be published by RMB in the autumn of 2019.
Everyone’s Welcome
The Art of Living and Eating Allergen-Free
Amanda Orlando

Easy, delicious recipes and helpful tips to inspire confidence in adults who live with serious food allergies and dietary restrictions.

Not everyone outgrows childhood allergies. When Amanda Orlando learned from her own experience that the social and emotional impact of allergic reactions affects adults, she started blogging about it—and EverydayAllergenFree.com was born.

Her new cookbook, Everyone’s Welcome, is for people with serious allergies to any of the “big eight”: peanuts, tree nuts, dairy, eggs, soy, wheat, fish, shellfish. Most of the recipes are free from all eight allergens, with the rest offering alternatives to suit your particular allergy—and you’ll know at a glance whether the recipe is coconut-free, gluten-free, vegetarian or vegan.

Enjoy features such as:

• a comprehensive list of ingredient substitutes
• how to avoid cross-contamination
• a list of allergen-free fridge staples
• tips for entertaining, eating out, and travelling
• snacks to go and sugar-free foods

Including strategies to deal with allergy anxiety, Everyone’s Welcome is also an essential resource for friends and family of those living with severe allergies.

Amanda Orlando is the creator of EverydayAllergenFree.com, which she started to inspire confidence in people who live with life-threatening food allergies and dietary restrictions. Her writing has appeared in the Huffington Post, and she is the author of Allergen-Free Desserts to Delight Your Taste Buds (Skyhorse Publishing, 2015). She lives in Toronto.
INTRODUCTION

My mission is to inspire confidence in people to eat healthier and enjoy their food without sacrificing flavor. I believe in cooking with simplicity, using fresh, whole ingredients, and focusing on nutrition. I aim to help people understand the importance of a balanced diet and the benefits of eating a variety of foods. My recipes are designed to be approachable and easy to follow, allowing readers to feel confident in the kitchen. I encourage experimentation and the use of ingredients from different cultures to create diverse and interesting meals. With this book, I hope to inspire readers to embrace healthy eating habits and develop a love for cooking.
The Olive Oil & Vinegar Lover’s Cookbook
Updated and Revised Edition
Emily Lycopolus

A brand-new, updated edition of The Olive Oil & Vinegar Lover’s Cookbook, which has sold more than 13,000 copies to date.

There’s nothing like fresh extra-virgin olive oil, infused and fused olive oils, and flavoured white and balsamic vinegars—but how, exactly, do we use them? Elevate the flavour of your fare using products like Rosemary or Herb de Provence infused olive oil, Blood Orange fused olive oil, Apricot white balsamic, and more by diving into this easy-to-use, gorgeously photographed book.

Discover recipes that use 50 of the most popular and widely available specialty olive oil and vinegar products that enhance appetizers, salads, soups, main dishes, baked goods, and desserts. Expand your culinary repertoire by learning the basics of flavour pairing. With sections on ways to experiment with baking, marinades, salad dressings, brines, and even cocktails, this book offers an abundance of ideas on how to use your favourite products.

Tantalizing and inspiring, The Olive Oil & Vinegar Lover’s Cookbook will help you take any dish from ordinary to thrilling.

Emily Lycopolus is a recipe developer, the author of five olive oil-focused cookbooks, a level-two olive oil sommelier, and the co-founder of eatcreative.ca, a food-driven creative content agency. Her family owns an olive grove in central Italy, where her love of olive oil was born.
Island Craft
Your Guide to the Breweries of Vancouver Island
Jon C. Stott

A timely exploration of the vibrant and growing craft brewery scene on Vancouver Island.

Hopheads, rejoice! Take the ultimate beer-lover’s road trip from Victoria, BC’s craft beer capital, to Tofino and Campbell River, visiting craft breweries and brewpubs in between. Your guide? Jon Stott, born and bred in Victoria—and beer enthusiast extraordinaire.

In 1961, Vancouver Island had just one brewery. In 2018, Stott visited thirty-three breweries on the island—and three more breweries were slated to open within the year. For each brewery or brewpub, Stott shares well-researched backstories, examines the relationships between breweries and the communities in which they operate, profiles owners and brewers, and shares tasting notes for many of the beers offered.

Beginning at Spinnakers, Canada’s oldest and longest-operating brewpub, the book culminates at Beach Fire Brewing and Nosh House in Campbell River and includes a directory of Vancouver Island’s Breweries and brewpubs, a glossary of brewing terms, and a guide to different styles of beer.

Jon C. Stott is a retired professor and the author of more than twenty books, including Beer 101 North: Craft Breweries and Brewpubs of the Washington and Oregon Coasts, and Beer Quest West. He lives in Albuquerque, New Mexico, but frequently visits his hometown, Victoria, BC.
Island Home
Out and About on Vancouver Island
Anny Scoones

A collection of thoughtful, humorous essays about Vancouver Island’s unique charms, by the convivial storyteller Anny Scoones.

Vancouver Island and the Gulf Islands are celebrated for their ineffable charisma, laid-back pace, and unmistakable ambience. Anny Scoones travels the length of Vancouver Island to explore the nooks and crannies of coastal communities, inland towns, and iconic places, sharing observations, musings, and tidbits about the region’s fascinating and layered history.

Through Anny’s words, take an Island road trip to the chainsaw-carving festival in Campbell River. See the giant gnome just north of Nanoose Bay. Meet the affable crowd at the Foggy Mountain Fall Fair in Cumberland. Discover extraordinary locations and the people who make this part of the world so magnetic. Indulge in “little thinks” inspired by the area’s distinct characteristics and personalities.

Whether you’re a Lycra-clad cyclist climbing the hills of Mayne Island, a locavore besotted with “sexy” apples on Salt Spring Island, or someone longing to visit BC’s west coast for the first time, these candid essays and quirky illustrations will connect you to places, people, and ponderings that remind us all of what makes anywhere feel like home.

Anny Scoones is the author of Home and Away, True Home, Hometown, Last Dance in Shediac, and Island Home. She lives in the historic neighbourhood of James Bay in Victoria, British Columbia.
OF RELATED INTEREST

**Against the Current**
9781777151270, $30

**Gold Rush Queen**
9781777151159, $18.95

**Stella**
97819169489317, $19.95
Along the E&N
A Journey Back to the Historic Hotels of Vancouver Island
Glen A. Mofford

An exploration of the fascinating history of more than thirty historic hotels—with some still in operation—nestled along Vancouver Island’s E&N Railway, spanning from Esquimalt to Campbell River.

In 1886, Vancouver Island’s E&N rail service was established to both transport passengers from town to town, and to carry coal to smelters and ships. The towns in the railway’s path prospered as the tracks expanded and business and passenger travel flourished.

Along the E&N celebrates the historic and still-surviving hotels and roadhouses that sprung up near the E&N. Within this carefully researched historical narrative are compelling details on the Halfway House in Esquimalt, the murder and suicide at the Mount Sicker Hotel, and the iconic Quinsam Hotel in Campbell River, which burned down in 2017. Unearth the history of more than thirty hotels—many long gone, destroyed by fire, or simply demolished—such as the Lorne Hotel in Comox. Discover the foundations of establishments that have been remodelled into modern-day neighbourhood pubs, like the Rod & Gun in Parksville and the Waverley Hotel in the Comox Valley.

Peppered with fascinating stories of patrons and proprietors alike, Along the E&N resonates with the haunting echoes of the train’s whistle.

Glen A. Mofford, a historian and writer with a passion for sharing the social history of British Columbia, graduated from Vancouver’s Simon Fraser University. He has been writing about BC’s historic hotels and their drinking establishments for more than ten years. Follow him on Twitter at @BCPubHistory.
A Deceptive Devotion
A Lane Winslow Mystery (#6)
Iona Whishaw

Wedding bells, a grisly murder, and a defecting Russian spy bring drama to King’s Cove in the newest Lane Winslow mystery, a series that the Globe and Mail calls “terrific.”

PRAISE FOR THE LANE WINSLOW SERIES
“Intricately plotted.” — Publishers Weekly
“Relentlessly exciting.” — Kirkus Reviews
“A terrific series.” — Globe and Mail
“Fresh and . . . endearing.” — CrimeReads
“Wonderfully complex.” — Maureen Jennings, author of the Murdoch Mysteries
“Engrossing and deftly plotted.” — Anna Lee Huber, author of the Verity Kent mysteries
“A smart series for the ages.” — Francine Mathews, author of the Nantucket Mysteries

A wedding is on the horizon for Lane Winslow and Inspector Darling. As one of the few Russian speakers in her community, Lane is obliged to act as translator and hostess for Countess Orlova, an elderly Russian woman who has tracked her missing brother to the Nelson area. Nelson PD investigates, but then the murder of a lone hunter in the hills above King’s Cove takes top priority.

Darling works the case with Constable Oxley—a newcomer to the area, assigned in Constable Ames’ temporary absence—and a British agent warns Lane to be on the lookout for a fleeing Russian defector. Bound by the Wartime Secrets Act, Lane must keep this information from Darling, and she feels conflicted when her silence creates tension in their relationship.

Fans of Maisie Dobbs and the Kopp Sisters will delight in this rousing adventure of intrigue and espionage.

Iona Whishaw is a former educator and social worker whose mother and grandfather were spies during their respective wars. She lives in Vancouver, British Columbia with her husband. Visit her at ionawhishaw.com.

Fiction / Mystery
9781771513005 • softcover
April 2019 • $16.95
TouchWood Editions
5 x 7.5, 388 pages,
Author’s home: Vancouver, BC, Canada
FIC022040 FICTION / Mystery & Detective / Women Sleuths
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OF RELATED INTEREST

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9781771512893, $16.95

It Begins in Betrayal
9781771512619, $16.95

An Old, Cold Grave
9781771512404, $16.95
**Meteorites**

**Stories**

**Julie Paul**

A collection of captivating stories that explore family dynamics and frailty, loss and atonement, faith and redemption.

A young man takes his father to Hawaii, even though he’s been dead for months. An organ player won’t let her newly amputated arm stand in the way of Sunday duties. A grad student decides to take the fate of a homeless man into his own hands. A couple of criminals, new to rural living, find their idyllic life in jeopardy when nature strikes back. A stepdaughter moves in, a brother goes missing, and twins fall in love with the same girl. In *Meteorites*, Julie Paul’s third collection of short fiction, characters are taken by surprise and must react to and recover from what’s entered their lives unbidden. Ghosts, giant animals, artists, imposter—you’ll meet them all in these captivating stories of family dynamics and frailty, loss and atonement, faith and redemption.

**Julie Paul** is the author of two previous short story collections, *The Jealousy Bone* and *The Pull of the Moon*, and the poetry collection *The Rules of the Kingdom*. *The Pull of the Moon* won the 2015 Victoria Book Prize and was a *Globe and Mail* Top 100 book. She lives in Victoria, BC.

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**Fiction / Short Stories**

9781927366820 • softcover

April 2019 • $22.00

TouchWood Editions / Brindle & Glass

5.5×8.5, 224 pages

Author’s home: Victoria, BC, Canada

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FIC0800 FICTION / Literary

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: Yes

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**MARKETING & PROMO:**

- Subject-specific print features, excerpts and review coverage
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**OF RELATED INTEREST**

- **The Pull of the Moon**
  9781927366325, $19.95

- **The Whole Beautiful World**
  9781927366622, $22

- **Waiting for the Cyclone**
  9781927366509, $19.95
From Bear Rock Mountain
The Life and Times of a Dene Residential School Survivor
Antoine Mountain

In this poetic, poignant memoir, Dene artist and social activist Antoine Mountain paints an unforgettable picture of his journey from residential school to art school—and his path to healing.

In 1949, Antoine Mountain was born on the land near Radelie Koe (Fort Good Hope) in the Northwest Territories, just south of the Arctic Circle. At the tender age of seven, he was stolen from his home and sent to a residential school—run by the Roman Catholic Church in collusion with the Government of Canada—three hundred kilometres away. Over the next twelve years, the three residential schools Mountain was forced to attend systematically worked to erase his language and culture, the very roots of his identity.

While reconnecting to that which had been taken from him, he had a disturbing and painful revelation of the bitter depths of colonialism and its legacy of cultural genocide. Canada has its own holocaust, Mountain argues.

As a celebrated artist and social activist today, Mountain shares this moving, personal story of healing and the reclamation of his Dene identity.

Antoine Mountain has received many awards for his art, community activism, and athletic achievement—including the NWT Premier's Award, the Queen's Jubilee Commemorative Medal, and the Tom Longboat Award—and was recently inducted in the NWT Sport Hall of Fame. Mountain is currently completing a PhD in Indigenous Studies at Trent University in Peterborough, Ontario but will always call Radelie Koe (Fort Good Hope), Northwest Territories home. Find out more at amountainarts.com.
A Year on the Wild Side
A West Coast Naturalist’s Almanac
Briony Penn

A freshly designed, new edition of a funny weekly chronicle that offers a year-long, intimate view of the flora and fauna populating the West Coast.

A Year on the Wild Side is a witty commentary on the social and natural history of Vancouver Island. Composed of essays arranged in monthly chapters, this engaging book reveals the magic and humour of the natural world and reminds us of our place within it.

As the weeks and seasons unfold with the turning of the pages, you’ll be in sync with the living world that surrounds you. Discover what berries are ripe and the best time to pick them. Learn why the termites swarm, where the herring spawn, and when the maple leaves fall. Get up close and personal with fascinating creatures like the snowy owl, the giant Pacific octopus, the river otter, and more.

The West Coast is diverse and alive, and A Year on the Wild Side invites you to indulge in unforgettable experiences, week by week, all year long.

Briony Penn is a naturalist, writer, educator, and broadcaster well known for her indomitable spirit and tireless devotion to protecting endangered species and sensitive ecosystems in British Columbia. Her book, The Real Thing: The Natural History of Ian McTaggart Cowan was the winner of the BC Book Prize. She is the founding member of the Land Conservancy of BC. Visit her at cowantherealthing.com.

Local Interest (BC) / Nature
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6.5 x 8, 400 pages, colour illustrations throughout
Author’s home: Salt Spring Island, BC, Canada
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9781771511797, $19.95
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9781771511261, $21.95 pb
Love of the Salish Sea Islands
New Essays, Memoir and Poetry by 38 Island Writers
Mona Fertig

An Anthology of New Essays, Memoir and Poetry by 38 BC Writers. A treasury of writing celebrating the importance and beauty of our island archipelagos.

Thirty-eight accomplished writers share their love of the islands in the Salish Sea. Through new essays, memoir and poetry, they reveal how islands are special places of unique and lively communities within a rare and beautiful ecosystem; with diverse indigenous, settler, creator and outsider history; surrounded by an endangered sea that protects and separates islanders from a more crowded, invasive civilization. Affirming the joy and natural beauty of island archipelagos we must continue to be passionate about land and water protection and preserving the islands’ genius loci. Galiano, Mayne, Pender, Saturna, Salt Spring, Gabriola, Thetis, Denman, Hornby, Mitlenatch, Tumbo, Savary, Quadra, Cortez, Texada, Protection, Lasqueti, Bowen and Gambier Island are featured.


Author of several books including, The Life and Art of George Fertig, The Unsettled, Sex, Death & Travel, as well as editing many anthologies, Rocksalt, The Summer Book, Fertig is a publisher, poet, Vancouver Literary Landmark, and lives on Salt Spring Island.

Local Interest (BC) / Creative Non-Fiction
9781896949734 • softcover with flaps
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Mother Tongue Publishing
8•8, 200 pages
Author’s home: Salt Spring Island, BC, Canada
L0010000 LITERARY COLLECTIONS / Essays
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OF RELATED INTEREST

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9781896949611, $24.95
Euclid’s Orchard
9781896949635, $22.95
The Dancehall Years
9781896949543, $23.95
Little Red
New Poetry
Kerry Gilbert

In Little Red, Gilbert tells a contemporary verse version of the tale of Little Red Riding Hood.

In this powerful new body of poetry, Gilbert tells a contemporary verse version of one of the original didactic stories about missing and murdered girls/women; in a long history of this kind of violence against women—especially in earlier versions where “Wolf leapt upon Little Red Riding Hood and gobbled her up.” Today the world is just as full of dangers for children, and deeply entrenched lessons in gender roles are only beginning to unwind. Interweaving and layering poetry—Wolf, Nana, Scarlet, the Woodcutter, bear, the forest, lost and innocent children, crows, accidents, homelessness—echo off one another, creating a kaleidoscope of modern cautionary tales. But all is not angst, because “we’ve grown so, so tired of Wolf’s story” and in the end find new ways to navigate the forest with hope instead of fear.

Kerry Gilbert’s 2nd book, Tight Wire was shortlisted for the ReLit Poetry Prize. She won the Gwendolyn MacEwen Poetry Award for Best Suite by an Emerging Writer, and was long listed for the Ralph Gustafson Prize for the Best Poem. She teaches Creative Writing at Okanagan College in Vernon.

OF RELATED INTEREST

Flowers We Will Never Know the Names of
9781896949482, $18.95

Tight Wire
9781896949536, $16.95

Braided Skin
9781896949505, $18.95
Motorcycle Messengers 2
Tales from the Road by Writers who Ride
Edited by Jeremy Kroeker

Motorcycle Messengers 2 is another collection of stories from some of the leading writers in the motorcycle travel genre. Consider it a sample pack of travel tales.

- Billy Ward spends a night out beside a broken motorcycle, considering defense strategies against hungry lions and lascivious hippos in Africa.
- Carla King wrestles with conflicting emotions after crashing her motorcycle in India.
- Sam Manicom battles bulldust and heat exhaustion in the outback of Australia.
- Lois Pryce bonds with a one-legged retired army General while singing “The Final Countdown” in Iran.
- Ed March gets a drunken idea for a stupid, pointless adventure and, in spite of sobering up later, still carries on with it in Mongolia.
- Jeremy Kroeker discovers that his days of crashing motorcycles are not yet behind him in Colombia.
- Ted Simon encounters a healer, of sorts, who helps restore in him a sense of wonder for the journey in Thailand.

Jeremy Kroeker is the author of Motorcycle Therapy and Through Dust and Darkness, as well as the editor of the original Motorcycle Messengers and Motorcycle Messengers 2. With his motorcycle, he has traveled to 30 countries while managing to do at least one outrageously stupid thing in every one. He has evaded police in Egypt, tasted teargas in Israel, scrambled through minefields in Bosnia and Lebanon, and wrangled a venomous snake in Austria. One time he got a sliver in El Salvador.

OF RELATED INTEREST

Motorcycle Messengers
9780991825011, $20

Motorcycle Therapy
9780991825004, $17.95

Through Dust and Darkness
9781927330746, $20.00
Common Wildflowers of the Pacific Northwest
British Columbia, Washington and Oregon
J. Duane Sept

Wildflowers are all around us!

Whether on a hike, in the backyard or in the living room, readers will be inspired by the stunning photography and informative text in this new guidebook.

The guide includes more than 130 wildflower species, arranged by family so readers can find and identify similar species nearby. A concise color guide to wildflowers features photos arranged by flower color so readers can quickly find and identify species.

For each floral gem, biologist and photographer Duane Sept provides a striking full-color photograph, along with a clear description. Notes on habitat, natural history and similar species are included, along with a clear glossary of terms.

Attractive enough to keep on your coffee table, and small enough to travel with you on long or short hikes, this guide will enhance your appreciation of the magnificent wildflowers of the Pacific Northwest.

Anchorages and Marine Parks
Peter Vassilopoulos

This new edition of Anchorages and Marine Parks provides details of popular and useful anchorages in the Pacific Northwest.

Anchorages and Marine Parks includes references to the Gulf Islands National Park Reserve and covers the San Juan Islands, the Sunshine Coast, Desolation Sound, the Broughton Islands, the west coast of Vancouver Island, places south to north along the way among these destinations, and the main waterways to the southern tip of Alaska.

The pages take the mariner from one anchorage to the next in a successive, geographic progression. Maps and diagrams include descriptive icons showing recommended anchorages, coves and bays. Information is provided in a user-friendly format, enabling the reader to readily see where they have been and where they are going in relation to other stops.

Peter Vassilopoulos is a long-time boating author and authority on the waterways, islands and installations on the coast. He has a background in radio and TV news reporting and editing, magazine publishing and book production. He and his wife, Carla, have spent many years of boating, scuba diving and travelling throughout the west coast, with an emphasis on the areas covered in his cruising guides. In addition to his extensive exploration of local waters, his time spent photographing the coast includes numerous flights to cover the area with helpful aerial illustrations for his books.

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PUBLISHING OFFICES

HERITAGE HOUSE
Suite 103-1075 Pendergast Street
Victoria, BC, V8V 0A1
T 250.360.0829 F 250.386.0829
heritagehouse.ca heritage@heritagehouse.ca
media & publicity leslie@heritagehouse.ca

RMB | ROCKY MOUNTAIN BOOKS
Suite 103-1075 Pendergast Street
Victoria, BC, V8V 0A1
T 250.360.0829 F 250.386.0829
rmbooks.com don@rmbooks.com
media & publicity jillian@rmbooks.com

TOUCHWOOD EDITIONS / BRINDLE & GLASS
Suite 103-1075 Pendergast Street
Victoria, BC, V8V 0A1
T 250.360.0829 F 250.386.0829
toucheditions.com
media & publicity info@touchwoodeditions.com
info@brindleandglass.com

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